

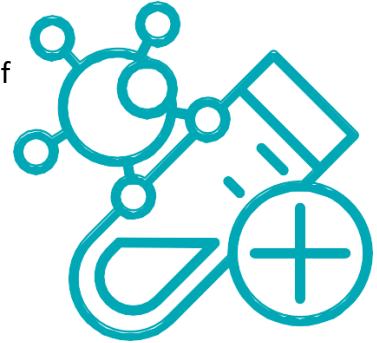
Employees Who Test Positive for COVID-19



This guidance applies to all employees, regardless of COVID-19 vaccination status.

My test results are positive, what are the next steps?

If you have tested positive by NAAT/PCR or by an antigen test, a member of the Mass General Brigham Occupational Health System Services team will reach out to you within approximately 24 -72 hours of receiving your positive test results to provide you with next steps and start the contact tracing process.



If you tested at home or outside of Mass General Brigham, you must submit your positive test result as soon as possible so OHS is aware of your positive test- follow the instructions below for how to submit your test result.

Note that contact tracing is focused on patient exposures from employees who work in Emergency Department and Inpatient Mass General Brigham locations.

You do not need to contact Occupational Health at this stage.

Do I need to submit my positive test results?

You do not need to submit your results if you tested at a Mass General Brigham facility.

If you tested at a non-Mass General Brigham location, you will be contacted 24-72 hours **after** you submit your results to Occupational Health Services.

- You must submit results within 24 hours of receiving your results to PHSOHSCOV19@partners.org
 - All results must be accompanied by an identifier, including name and date of birth, and result date; photographs of home tests are acceptable.

Contact Tracing

- Contact Tracing refers to the process of identifying and notifying contacts of a confirmed case of COVID-19 of a potential exposure, determining if an exposure has occurred, and if so, providing the exposed individual with recommendations for evaluation, monitoring, and quarantine, consistent with public health guidance and Mass General Brigham policies.
- In addition to the Occupational Health System Services team, your local Occupational Health clinic may also contact you to conduct an interview for contact tracing purposes, if needed.
- Contact tracing is focused on employees in specific locations and on identifying patient exposures.

What should I do in the meantime?

Until an OHS clinician has reached out to you, please follow the guidance below:

- Stay home from work to isolate
- Notify your manager that you need to stay home and remain out of work until you meet the return to work criteria, and that you have submitted your test, if tested outside of Mass General Brigham.

When can I return to work?

You can return to work earlier than the standard 10-day isolation period using **at-home antigen** testing no sooner than 5 days after your positive test collection date, or onset of symptoms, whichever is later. You must attest to your **negative** antigen test result at <https://redcap.link/day5test>. At-home antigen testing kits are being mailed to employee home addresses following the documentation of any initial positive COVID-19 test (antigen or NAAT/PCR) by Mass General Brigham Occupational Health System Services. In addition, you may use your own antigen test for day 5 testing if the test is on the list Mass General Brigham-approved antigen tests (see list below). As our operations team fully activates the process of sending test kits, employees who use their own test kit between **Jan. 3 and Jan. 21** to support their return to work will be reimbursed up to \$40. To submit reimbursement, employees should email Mass General Brigham Covid Test Reimbursement (mgbcovidtestreimbursement@partners.org) and will then receive additional information.

- **If you were positive for COVID-19 without any symptoms, you can return when:**
 - ✓ 5 days have elapsed from the positive test (day 0 = test collection; return to on-site work on day 6) **AND**
 - ✓ the result of a Mass General Brigham-approved **antigen test** (see list below) obtained no sooner than day 5 is negative.
- **If you were positive for COVID-19 with symptoms, you can return when:**
 - ✓ 5 days have elapsed from the positive test (day 0 = day test collected or symptom onset, whichever is later; return to on-site work on day 6) **AND**
 - ✓ Symptoms have either resolved or, if, mildly symptomatic, with improving symptoms, including at least 24 hours have passed since last fever without the use of fever-reducing medications **AND**
 - ✓ the result of a Mass General Brigham-approved **antigen test** (see list below) obtained no sooner than day 5 is negative.
- **If your antigen test on day 5 is positive:**
 - ✓ Re-test with a Mass General Brigham-approved antigen test on day 7
 - if the day 7 test is negative, return on day 8
 - if the day 7 test is positive, isolation is extended through day 10, return on day 11
 - Do **not** re-test after day 7
- **If you were positive for COVID-19 and required hospitalization, or you are immunocompromised:**

If you had illness requiring hospitalization or if you are immunocompromised based on Mass General Brigham [policy](#), you can come back after at least 20 days have elapsed (day 0 = test date or symptom onset, whichever is later; return to on-site work on day 21).

NAAT/PCR should **NOT** be used for day 5 testing; OHS may consider applying [SARS-CoV-2 Infection Statuses and Resolution Policy](#) on a case-by-case basis

Once you meet the Return to Work criteria, you may return to on-site work *without* calling Occupational Health Services. For more details, please visit the Pulse page for the [Return to Work Policy for Employees](#).

Mass General Brigham-approved antigen tests:

- | | |
|---|---|
| 1. Abbott BinaxNOW COVID-19 Antigen Self Test | 6. iHealth COVID-19 Antigen Rapid Test |
| 2. ACON/Flowflex COVID-19 Antigen Home Test | 7. Ellume COVID 19 Home Test Kit |
| 3. Quidel QuickVue At-Home OTC COVID-19 Test | 8. Orasure IntelliSwab COVID-19 Rapid Test Rx |
| 4. BD Veritor At-Home COVID-19 Test | 9. Access Bio CareStart COVID-19 Antigen |
| 5. Intrivo Diagnostics On/Go 10-minute COVID-19 Antigen Self-Test | Home Test |

Find your day 5

Follow the steps below to determine when you can return to on-site work.

1. Find day 0
 - ✓ Circle the date of your positive test was collected
 - ✓ Circle the date you developed symptoms, if any
 - ✓ Pick the one that's the latest and label that "day 0"
2. Now count day 1, 2, 3, 4, 5 after day 0
 - ✓ Circle day 5; that's your day 5 and the earliest date you can test by antigen
3. Do your day 5 test no sooner than day 5
 - ✓ If you test **negative** by antigen on day 5, and meet the criteria above, come back to work on day 6; attest to your negative test result at <https://redcap.link/day5test>
 - ✓ If you test **positive** by antigen on day 5
 - Re-test with a Mass General Brigham-approved antigen test on day 7
 1. if the day 7 test is negative, return on day 8
 2. if the day 7 test is positive, isolation is extended through day 10, return on day 11

JANUARY 2022						
SUN	MON	TUE	WED	THU	FRI	SAT
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

FEBRUARY 2022						
SUN	MON	TUE	WED	THU	FRI	SAT
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27	28					

MARCH 2022						
SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
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