Service Learning projects of the students in the Direct-Entry Master of Science, Nursing during the spring 2010 term, as part of NS 664, Community Health.

**Uphams Corner Health Center** – students developed a teaching guide for the Home Health Aide training about depression in the elderly

**North Shore PACE** – with funding from the community project grant, students purchased supplies, developed practice guidelines, and conducted two sessions to certify the Home health aides were trained in vital sign assessment, weights, correct posture for lifting, HIPAA, and infection control.

**Medford VNA** – with funding from the community project grant, students developed a pamphlet with resources for homebound elders living in Medford. They worked with other agencies in the city, like transportation and elder services, and produced the flyer with marketing at the VNA.

**Pine Manor College** – funded with community project grant money, students developed and implemented educational sessions on STI prevention, the hazards of smoking, and good nutrition. They also taught classes, and offered insights into nursing career opportunities for the PMC students

**St. Mary's/St. Theresa's House, Lynn** – students developed and implemented weekly exercise sessions for the senior citizen residents. They made a DVD, and left it for the center to use in three languages: English, Spanish, and Russian. St. Theresa's House is an affordable housing facility for frail elders in need of a supportive housing environment.

**Charlestown CHC/Zelma Lacey House** – students worked with the residents to increase physical activity and prevent obesity, teaching about healthy eating habits and exercise for healthy living

**Kennedy Center Head Start, Charlestown** – students developed nutrition, hygiene and helmet safety kits for the children, and used play to reinforce health teaching weekly

**Brockton VAMC** – the goal of the project was to connect Operation Enduring Freedom and Operation Iraqi Freedom (OEF/OIF) veterans with possible embedded fragments to appropriate services. They created an announcement about the newly implemented screening process for the OEF/OIF Bulletin, and they started a Facebook page with information for the veterans.

Shattuck Hospital – students initiated a peer-to-peer education intervention to address the increased risk of HIV/AIDS in the homeless community through the hopeFound program.

**Pine Street Inn** – students hosted a health information fair for the women's shelter. They measured vital signs, BMI, blood sugar, and provided education to the participants.

Cardinal Medeiros House – students held an eye screening for the homeless guests, and made referrals as appropriate. They also attempted to establish therapeutic relationships with the clients to give them an opportunity to discuss health issues on a weekly basis.

**Women of Means** – students created a weekly rotating lecture series entitles "Health Habits for a Lifetime" and included a 30-minute exercise session weekly. With funding the community project fund, they purchased educational materials, as well as hand sanitizers, hats, and simple wrist weights for use during the exercise class.

**Cambridge Homeless Service sites:** the Heading Home Women's Drop In Program, the Access Group at the CASPAR Albany St. wet shelter, and the Family YWCA – students conducted a needs assessment of topics that the participants were interested in, then created weekly teaching
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plans, covering one of the requested subject areas. The topics included: cardiac health, diabetes, nutrition, oral health, skin infections and infestations, smoking and smoking cessation, stress reduction and sleep hygiene, sexually transmitted infections, and routine screenings and vaccinations.

**West End and Beyond** – The students held weekly blood pressure clinics at the Blackstone apartments for the tenants, and provided education about the interrelatedness of hypertension, the risk factors and the gravity of consuming a diet high in salt, and the importance of adhering to their medicating regimens.

In addition to these clinical groups, there were two RN students, conducted individual projects.

Tammy Rosbach ran a meeting for 4th graders and their parents in North Falmouth, MA, about the dangers of drug abuse.

Brendan Wynne ran an in-service education program on nasal narcan for the staff at the Urgent Psychopharmacology Clinic in Salem, MA.