

## Multicultural Resource Handbook

Welcome to the MGH Institute of Health Professions and to Boston! Boston is an exciting city for students, professionals and families alike. As you begin your transition into graduate student life, we hope that this guide will help you adjust to life in a new city that could be hundreds, possibly thousands, of miles away from home.

Most of the information in this guide was compiled from promotional material provided by Boston area organizations on the Internet as well as input from members of the BWH and Institute community. This guide does not represent all the organizations in the area. It is meant to serve as a complement to the other resource materials you have already received.

We hope your move to Boston goes smoothly. As you begin to experience life in Boston for yourself, please contact the Office of Student and Alumni Services with any questions or feedback.

### **General Resources for all “New-to-Boston” students**

#### **Office of Student and Alumni Services**

(OSAS)

36 1<sup>st</sup> Ave

Building 34, 2<sup>nd</sup> Floor

Boston, MA 724-2742

Email: [studentlife@mghihp.edu](mailto:studentlife@mghihp.edu)

#### **Employee Assistance Program (EAP)**

The Employee Assistance Program offers short-term counseling, and referral programs to help IHP students and their families with all types of personal, family, school and work-related concerns. The EAP provides free, confidential, and voluntary assessments, short-term problem-focused counseling, and referrals for treatment or other assistance, including a monthly support group for those involved with elder care. Please see their website or stop by OSAS for more information.

175 Charles River Park at MGH

Other offices located at different Partners locations in the Greater Boston area, the North Shore, and on Cape Cod.

Call (866) 724-4327 to speak to a counselor.

Watch the newly admitted student orientation [video on EAP](#).

#### **Boston Central**

Highlighting fun, family activities in Boston

#### **Straight from the Locals: Advice on Relocating to Boston**

Boston English is probably unlike anything you’ve ever heard- here’s a guide to get you started:

General information on just about everything: [Boston Online](#)

Online forum where you can post questions to be answered by locals: [Universal Hub](#)

Local online news like [Boston.com](#) has a lot of great information about things to do in Boston!

## Ethnic and Cultural Organizations/Associations

### General Tips

- Check with your country's consulate office in Boston about any associations or programs that may be of interest to you.
- Talk to others in the Boston area about their experiences, a personal reference is always better than something found online!

### South Asian

#### Pakistan Association of Greater Boston

- Non-political, non-sectarian, cultural and educational organization that serves the Pakistani community by inviting scholars, poets, artists, and dignitaries from Pakistan to share their knowledge, arts, and experience
- Organizes and participate in cultural shows and festivals held in the Boston area and publishes a newsletter, Nida E Waqt
- Young Association of Pakistani Professionals coordinates their own events and networking programs

#### Bangladesh Association of New England

- Organization for Bangladeshi community living in New England area of USA (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island and Vermont)
- Arranges Bangladeshi cultural programs and celebrates Bangla New Year, Bangla Language day, Bangladesh

Independence Day, Bangladesh Liberation Day and other events

- Also organizes concerts, fairs, dance, music events as part of its activities
- Also helps Bangladeshi kids to learn Bangla

#### India Association of Greater Boston

- A sociocultural organization, IAGB plays an important role in bringing the Indian community together to celebrate India's Independence Day as "India Day" in Greater Boston area

#### New England Marathi Mandal

- Serves the Marathi community by preserving Marathi culture through various cultural activities
- Celebrates Marathi festivals such as Ganesh Chaturthi, Diwali, Padwa and Sankrant

#### Gurjar- Gujarati Association of New England

- Well-established, non-profit organization from the New England Area that organizes year-round cultural events such as youth program, diwali, navratri, spring/summer mela, scholarship, charity fund-raising, grandparents club, drama, musical concerts, and poetry recitals

#### Telugu Association of Greater Boston (TAGB)

- Non-profit organization that provides a forum to connect people whose mother tongue is Telugu as well as those who love the Telugu language.
- Serves the local community by promoting various cultural, educational and humanitarian activities.

### [Kerala Association of New England](#)

- Non-profit, non-political, non-religious cultural organization working towards the betterment of the social lifestyle of the Malayalee in the New England area
- Major events for the year include the Onam and Christmas Celebrations, Arts & Talents Day, Annual Camp and Picnic
- KANE also allows the youth of the community to participate via KANE Jr; this subgroup participates in the parent events and also conducts events of its own

### [Prabasi \(Bengali\)](#)

- Non-profit, tax exempt organization established in 1981 to celebrate and promote Bengali and Indian culture within its community

### [Bangla Biswa](#)

- Celebrates Durga Puja, Saraswati Puja, Kali Puja, Bengali New Year, and an annual picnic for its members as well as concerts and other performances throughout the year

### [Mandaara New England Kannada Koota](#)

- Organizes four major gatherings as part of its activities for the year: Ugadi is celebrated during spring followed by an annual picnic in summer. The next major gatherings are Ganesha Chaturthi and Kannada Rajyothsava, as well as Deepavali and Childrens Day in November.

### [New England Tamil Sangam](#)

- Promotes Tamil language and Culture since 1970's
- Non-profit organization that organizes events like movies, music, dance and

drama and encouraging local talents in and around New England area

### [European](#)

#### [Boston French Library Alliance Française of Boston](#)

Tel: (617) 912-0400

- Non-profit organization whose mission is to provide an authentic French cultural and social experience
- Features a language school part of the Alliance Française network, the 2nd largest private French Library in the US, and the cultural center for the francophone world in New England
- [Calendar of Events](#)

#### [Irish Cultural Centre of New England](#)

Tel: (781) 821-8291

- Working in collaboration with Irish organizations and the Irish government - as well as with the region's educational, arts, and cultural institutions - the ICCNE is poised to expand current programming and to actively support Irish cultural activities throughout New England
- [Calendar of Events](#)

#### **Russian American Cultural Center of Boston**

Tel: (617) 542-0707

- Offers a multitude of services for people interested in all things Russian
- Specific services: Business translations (legal documents, adoption papers, birth certificates, diplomas, etc.), language classes, Russian and English tutoring, celebrations and parties in observance of Russian holidays, lectures, talks, and concerts

### [Turkish Cultural Center of Boston](#)

Tel: (617) 779-8222

- Non-profit organization devoted to the promotion of Turkish Culture and Language in Boston
- Organizes educational and cultural activities such as art exhibits, concerts, trips, children's activities, movie screenings, lectures, seminars, dinners, language courses, workshops, library events and informational programs about Turkey and Turkish culture

### [Turkish American Cultural Society of New England](#)

- Non-profit, charitable, grass-roots organization whose primary goals are to promote Turkish culture and heritage, to bring together the people of Turkish heritage, and to welcome and assist permanent residents, visitors, and students arriving from Turkey
- Organizes conferences, seminars, concerts, exhibitions as well as educational programs on Turkish culture

### [The Boston Euro Social Meetup Group](#)

- A chance to meet and socialize with other local Euros and Europhiles and enjoy sharing stories and experiences living in Europe or places you visited in Europe. Meet Americans of European heritage who enjoy European culture. All those from Western and Eastern European backgrounds are welcome.

### **FIERI Boston: International Organization of Students and Young Professionals Celebrating Italian Culture**

Tel: (617) 567-6442

- Non-profit organization of young Italians, Italian Americans, and Italophiles who promote the study of Italian and Italian-American history,

higher education, & professional networking

### [Dante Alighieri Society](#)

Tel: (617) 876-5160

- Non-profit organization whose objective is to promote and foster Italian language and culture
- Organizes a cultural event every 3rd Friday of the month

### [Eastern Massachusetts Italian Language, Food, and Culture Club \(21+, Fluent Speakers Only\)](#)

### [North Shore Brits and Euros](#)

### [German Expatriates in Boston](#)

### [Greater Boston Area Greek Culture Meetups](#)

### [Cine Club Francophone de Boston](#)

### [Boston French Language Meetup](#)

### [Massachusetts Alliance of Portuguese Speakers](#)

### [East Asian](#)

### [Asian Community Development Corporation](#)

Tel: (617) 482-2380

- Non-profit that serves the Asian American community of Greater Boston
- Youth development program: Asian Voices of Organized Youth for Community Empowerment (A-VOYCE) supports young people in projects that provide leadership development and skill building

- Speakeasy– offers interpretation services between individuals and city service agencies, community organizations and local businesses via cell phone

#### [Asian American Civic Association \(AACA\)](#)

Tel: (617) 426-9492

- Provides limited English speaking and economically disadvantaged people with education, occupational training and social services enabling them to realize lasting economic self-sufficiency
- AACA has five major components: the Workforce Development Center, the Education Center, Multi- Service Center, Sampan (biweekly newspaper), and the Youth Initiative

#### [Greater Boston Chinese Cultural Association](#)

Tel: (617) 332-0377

- Registered non-political, non-profit organization located in West Newton
- Programs include GBCCA Library, the Huaxin Chinese Language School , Huaxin School of Arts, Huaxin After School Program, Chinese Music Ensemble, New England Chinese Youth Summer Camp and Chinese Cultural Outreach Program
- Sponsors and participates in many cultural events, such as the Dragon Boat Festival and First Night
- GBCCA Educational Outreach Program provides Chinese culture/language/arts classes and workshops at GBCCA and local schools

#### [Boston Chinatown Neighborhood Center, Inc.](#)

Tel: (617) 635-5129

- An affiliate of the Boston Centers for Youth and Families, BCNC works with

the department's 40 community centers to coordinate and improve city services and resources for Boston neighborhoods

#### [Chinese Progressive Association](#)

Tel: (617) 357-4499

- Grassroots community organization which seeks to involve ordinary community members in making important decisions such as the campaign to save Chinatown
- Sponsors the Chinese Youth Initiative and an Adult Education Program

#### [Chinese Consolidated Benevolent Association of New England](#)

Tel: (617) 542-2574

- Sponsored programs include ping pong club, senior citizens dance program, ESL classes, Chinese chess club, mandarin class, dance troupes, and music classes

#### [Chinatown Committee](#)

Tel: (617) 495-5526

- Provides personal and academic enrichment to children and teenagers, teaches English to adults, offers civic and history classes for naturalization, and provides tech resources
- Programs include Chinatown Afterschool Program, Chinatown Big Sib program, Chinatown ESL/Citizenship program, and Chinatown Teen Program

#### [Greater Boston Chinese Golden Age Center](#)

Tel: (617) 357-0226

- Committed to promoting the general welfare of Chinese-speaking Asian elders including their psychosocial and economic well-being
- Assists elders to maintain their independence and remain at home by offering programs such as Nutrition,

Adult Day Health, Elder-at-Risk, Lifeline, Transportation and Congregate Housing

### [Cambridge Center for Chinese Culture](#)

Tel: (781) 786-2050 or (781) 788-8558

- Non-profit organization aimed at promoting Chinese culture through afterschool programs in Waltham and Cambridge as well as summer school and weekend programs that include a karaoke club, ballroom dancing club, ping pong club, and other spaces available for rent

### [Greater Boston Chinese Community Services](#)

Tel: (617) 472-9470

### [Japan Society of Boston](#)

Tel: (617) 522-0740

### [Consulate General of Japan in Boston's Cultural and Education Enrichment Website](#) (has links to local Japanese Events)

### **Korean Association of New England**

Tel: (781) 933-8822

### Hispanic

### [Association of Latino Professionals for America: Boston Chapter](#)

### [Sociedad Latina \(based in Mission Hill\)](#)

Tel: (617) 442-4299

- A myriad of cultural events and programs targeted towards Latino and Latina youth that are divided into 4 categories: education and career exploration, workforce development, cultural & arts enrichment, and civic engagement

- Popular programs include the summer seedlings program, health careers exploration program, unique rhythms, and the Three Kings Celebration that happens annually in Mission Hill

### [La Alianza Hispana](#)

Tel: (617) 427-7175

- Programs include youth development, after school programs, camps, and family support groups as well as a computer center at their main office

### [Massachusetts Alliance of Portuguese Speakers](#)

### [Venezuelan Cultural Events sponsored by Consulate General of Venezuela](#)

### African American/Black

### [Black Boston](#)

- A community portal of events, businesses, culture, historical sites, job listings, and much more all pertaining to Black Boston; a must-see multidimensional resource website

### [The Boston Black Professionals Meetup Group](#)

- The key objective of (TPNO) Boston/New England Chapter is to establish links between the national organization and the community as well as the corporate and political sectors in the Boston area
- Economic, professional, and social empowerment as well as networking opportunities for new Bostonians

### [NAACP- Boston Branch](#)

Tel: (617) 427-9494

- Features news and social, historical, and networking events for all ages

### [Urban League of Eastern Massachusetts](#)

Tel: (617) 442-4519

- Invaluable resource that features an employment resource center, empowerment center, technology resources, parent & youth services, and much more

The [Office for Multicultural Faculty Careers \(OMC\)](#) has a website with helpful resources

## Middle Eastern

### [Network of Arab American Professionals- Boston](#)

- Links to local events, job recruitment, cultural happenings, technology resources, art shows, music, and news

### [Center for Arab Culture](#)

Tel: (877) 222-9740

- Non-profit organization dedicated to celebrating Arabic language, culture, art, history, and Arab-American cultural experience
- The Arabic School is currently located at Mt Ida College in Newton

### [YallaBoston! Events Calendar](#)

YallaBoston is a great resource to connect with other Middle Eastern nationals living in Boston; lots of online listings of local restaurants, markets, entertainment, and more!

### [Boston Palestine Film Festival](#)

- Promotes Palestinian art and culture in Massachusetts and Palestine

## Athletic Clubs/Leagues

### General Resources

#### [YMCA/YWCA](#)

Find your local branch on the website

#### [Boston Sports Clubs](#)

#### [BodyScapes](#)

#### [Boston Athletic Club](#)

#### [Sports Programs for Girls in Massachusetts](#)

The [Boston Center for Adult Education](#) also has a wide variety of courses in the arts and recreational activities which you can participate in for a nominal fee

### South Asian

#### [Massachusetts State Cricket League](#)

- Games played throughout Boston, begin the season on the first weekend of May and end in the middle of September

### European

The [European Club at the Massachusetts Institute of Technology](#) has several clubs and league sports including summer tennis, basketball, soccer (football), volleyball, running, and handball. Check out their website for details and contact information.

### East Asian

#### [Boston Chinese Freemasons Athletic Club](#)

- Organizes Chinese youth in the vicinity of Boston in a friendly group that engages in athletics and social activities
- As the oldest Chinese athletic club in Boston, the BCFAC is the only organization that provides members access to a clubhouse in Chinatown and teaches the art of the Lion dance alongside athletic programs

#### [Gund Kwok- Asian Women Lion & Dragon Dance Troupe](#)

- Established in 1998 to give Asian women the opportunity to express their power and strength through the art of lion and dragon dance
- Performing troupe of diverse Asian women of varying ages and occupations. Ten-week trial classes are offered to prospective members once or twice a year. Regular troupe members meet once a week to practice routines, refine techniques, increase strength and endurance, build community and teamwork and prepare for performances

#### [Chinese Medicine for Health/ NE School of Tai Chi](#)

- The New England School of Tai Chi is located at 1564A Washington Street in Holliston, MA. The school is a division of Chinese Medicine for Health. It is a professional Tai Chi training center, instructing individuals in both exercise and the healing potential of traditional

#### [Chinese Arts Gin Soon Tai Chi Chaun Federation](#)



- Oldest school teaching Tai Chi Chuan in the Greater Boston Area today
- All instructions at the headquarters, private and group, are taught by Master Gin Soon Chu and his son Vincent Chu

The [NAAP \(Network for Arab American Professionals\)](#) sponsors tournaments and trips centered around sports such as soccer, skiing, snowboarding, and paintballing

### Hispanic

(See general resources)

### African American/Black

#### [William J. Devine Golf Course at Franklin Park](#)

Tel: (617) 265-4084

- 18 hole public golf course minutes from downtown Boston with a state of the art club house and beautiful fairways

#### [Sportsmen's Tennis Club](#)

Tel: (617) 288-9092

#### [Reggie Lewis Track and Athletic Center](#)

Tel: (617) 541-3535

- The center boasts not only state of the art athletic facilities including an indoor track and gymnasium but also various community outreach programs and events

### Middle Eastern

### **Music/Art/Dance Schools and Classes**

#### General Tips/Resources

- Many of the cultural centers and associations listed in the "Ethnic Groups/Cultural Organizations/Associations" section

offer music, art, and dance classes for its members and affiliates

- The [Museum of Fine Arts](#), Boston offers art classes to all interested students

regardless of age. For a list of offerings please click the link to their website.

- [Boston Central's link to Music and Dance classes.](#)
- More established [area music schools](#) including the Berklee College of Music, Boston Conservatory, Longy School of Music, Community Music Center of Boston and much more.
- The [Boston Center for Adult Education](#) also has an wide variety of courses in the arts and recreational activities which you can participate in for a nominal fee.

## South Asian

### [Triveni School of Dance](#)

- Founded by Nina Gulati, Triveni teaches three forms of classical Indian dance: Bharat Natyam from Tamil Nadu, Kuchipudi from Andhra Pradesh, and Odissi from Orissa
- 175 students of all ages perform in festivals, cultural events and benefit performances throughout the year
- Triveni Dance Ensemble consists of Neena Gulati and her senior students that perform professionally around New England

### [LearnQuest Academy of Music](#)

- Non-profit institution devoted to providing formal instruction in Indian Classical Music, both Hindustani and Carnatic Styles
- Classes are held in Waltham, Acton and Andover, MA on Saturdays and some weekday evenings
- Instruction in flute, guitar, carnatic vocal music, hindustani vocal music, keyboard

and harmonium, mridangam, sarod, vocal music, sitar, tabla, and veena

- Organizes seminars, workshops and concerts, the most popular of which is the Classical Music Conference held each year in April which brings talented artists from India to perform at a 3 day event

### [Durga Krishnan's New England School of Carnatic Music](#)

- Teaching and Promoting Carnatic Music in its purest Form and bringing Carnatic Music to Mainstream America

### [The Chhandam Institute of Kathak Dance](#)

- Non-profit organization dedicated to Kathak dance, affiliated with the Chhandam Chitresh Das Dance Company in San Francisco, California as well as the Nritya Bharati Institute in Kolkata, India
- Provides a supportive and multi-cultural environment in which to explore the benefits of Kathak dance
- Offers classes for men, women, and children of all ages

### [Sangeetayan School of Hindustani Music](#)

- School of music dedicated to the dissemination of Indian Music in the New England Area

### [Sri Kuchipudi Natyalaya](#)

- Pioneering Kuchipudi dance institute in the New England area

### [More Organizations](#)

## European

### [European Piano School](#)

- State of the art teaching facilities and 7 experienced piano teachers with training from Europe
- Weekly lessons on theory and different styles of music as well as performance opportunities

### East Asian

#### Boston Guzheng Ensemble

- The only Guzheng ensemble in the New England area aimed at promoting Chinese culture and music to the public

#### Odaiko New England

- New England Area Japanese Drumming Group engaging and performing the art of taiko

#### Greater Boston Chinese Cultural Association

- Offers classes through the Huaxin School of Arts and has a Chinese Music Ensemble

### Hispanic

#### Salsa Boston

- Offers beginner Salsa lessons and a variety of events and club nights for novice and experienced dancers alike

#### Havana Club Boston

- Offers a variety of lessons and club nights for dancers of all skill levels

#### Mambos

- Complimentary salsa lessons on club nights from 9:30-11:00
- Open to ALL AGES; family friendly

#### Brazilian Cultural Center of New England

Tel: (857) 246-4090

- Dedicated to promotion, preservation and advancement of Brazilian culture, especially Afro-Brazilian culture and the performing arts. The center is home to two long-standing performing entities: Group Capoeira Camara Angola and Samba Tremeterra. Instruction is provided in Capoeira Angola and Samba drum and dance, as well as traditional instrument making. The BCCNE also offers training and rehearsal space for a full range of other martial arts and performing arts, including African and Latin dance and percussion

### African American/Black

#### OriginNation Cultural Arts Center

Tel: (617) 522-3900

- Empowering the local community, particularly youth, through educational programs in art, dance, and African history
- Sponsors various workshops including Tae Kwon Doe, meditation, theatre, conflict resolution, and simple Q & A sessions

### Middle Eastern

#### Arabiqa (Karim Nagi)

Tel: (617) 629-9262

- Enthusiastic and talented teacher Karim Nagi leads workshops and classes in the Boston area centered around Arabic music, dance, and culture
- Also leads a Boston area vocal ensemble that performs at various events in the city

#### Sharq Music Ensemble

Tel: (617) 924-7675

- SHARQ Arabic Music Ensemble is composed of Arab Americans. The group specializes in traditional Arabic music, as it was performed for hundreds of years in the royal courts, art houses and concert halls of past Arabic kingdoms. SHARQ maintains this lost

tradition and renews it with the vitality of modern musical acumen, perspective and expertise.

### **Places of Worship/Religious Organizations**

#### General Tips/Resources

- Attending a place of worship in your community can be a great way to meet other families or individuals in your community
- Visit [pluralism.org](http://pluralism.org) for a list of all major places of worship in Boston organized by religion (Click on "Religious Centers" Link)
- You can visit the website of the town you live in or check your local Yellow Pages for a list of religious organizations and places of worship in your town
- The list below is not comprehensive! Please use the links above or talk to others at work or in your neighborhood who can give you advice about the right religious community for you and your family

- Harvard Longwood Muslims is an Islamic organization focused on Muslim activities in the Longwood Medical area. All are welcome to attend events and/or join the announcements email list. We are here to provide relevant services for both Muslims and non-Muslims in the Longwood area.
- Organizes and maintains Friday prayers as well as a prayer room for daily usage. Other activities include Ramadan programs, lectures, and interfaith dialogue.

#### [Harvard Islamic Society](#)

Student Organization Center at Hilles  
Box # 61  
59 Shepard Street  
Cambridge, MA 02138  
Email: [harvardislamicsociety@gmail.com](mailto:harvardislamicsociety@gmail.com)

#### Muslim

##### [American Islamic Congress](#)

Tel: (617) 266-0080

- Non-religious civic association promoting programs that empower leadership among youth

##### [Harvard Longwood Muslims](#)

260 Longwood Avenue  
Boston, MA 02115

##### [Muslim American Society \(MAS\) Boston Chapter](#)

Tel: (617) 427-2636

- A charitable, religious, social, cultural, and educational, not-for-profit organization. It is a pioneering Islamic organization, an Islamic revival, and reform movement that uplifts the individual, family, and society

##### [Islamic Center at Tufts University](#)

### [Islamic Society of Northeastern University](#)

360 Huntington Avenue, 3rd floor, Ell Hall  
Boston, MA 02115

### [Islamic Finder](#)

- Non-profit organization is dedicated to serving Islam on the Internet and currently provides information about mosques (masjids), prayer times, Islamic organizations, Islamic centers, and Muslim owned businesses all over the world

### [Islamic Society of Boston Cultural Center](#)

Tel: (617) 858-6114

- A cultural landmark. The largest and newest Islamic cultural center in New England. Located in the heart of Boston at Roxbury Crossing. Right off the Orange Line T stop for "Roxbury Crossing." The ISBCC is not just a mosque, but also houses a school, a library, an interfaith center, an exhibition space and a morgue and significant community relations and social services

### [Islamic Masumeen Center of New England](#)

115 Wood Street  
Hopkinton, MA  
Tel: (508) 497-3462

### [Islamic Society of Greater Worcester](#)

57 Laurel Street  
Worcester, MA 01605  
Tel: (508) 752-4377

### [Islamic Center of New England](#)

470 South Street  
Quincy, MA 02169  
Tel: (617) 479-8341

### [Yusuf Mosque](#)

186 Chestnut Hill Avenue

Brighton, MA 02135

Tel: (617) 254-1939

### [Society for Islamic Brotherhood \(S.I.B.\)](#)

724 Shawmut Avenue  
Roxbury, MA 02119  
Tel: (617) 442-2805

### [Click Here for More Boston Area Mosques](#)

### Hindu

### [Sri Lakshmi Temple](#)

117 Waverly Street  
Ashland, MA 01721  
Tel: (508) 881-5775

- The temple has daily poojas as well as special events and programs on major religious holidays. The temple also organizes cultural events as well including Hindustani and Carnatic classical music concerts, folk music demonstrations, classical and modern dance performances, and theater.
- Youth, Cultural and Educational Programs (YCEP) Committee organizes cultural and heritage based programs for children (ages 5-20)

### [Ramakrishna Vedanta Society](#)

58 Deerfield Street  
Boston, MA 02215-1803  
Tel: (617) 536-5320

### **The Ganesh Hindu Temple**

48 Edson Street  
Dorchester, MA 02124  
Tel: (617) 298-7309

### Sikh

### [Gurudwara Sikh Sangat Boston](#)

Sikh Sangat Society, is conveniently located near the border of Somerville and Cambridge  
561 Windsor Street  
Somerville, MA 02145  
Tel: (781) 975-1531

### [Gurdwara Guru Nanak Darbar](#)

226 Mystic Avenue  
Medford, MA 02155  
Tel: (781) 396-0769

### Jain

### Jain Sangh

223 Middlesex Turnpike  
Burlington, MA 01803  
Tel: (781) 221-7864

- The Jain Sangh not only runs daily services and events, it also has a pathshala for children located at the Marshall Simonds Middle School in Burlington. The school holds cultural and religious classes once a month. See [website](#) for more details.

### Christian

### **Indian Christian Fellowship of New England**

Hellenic Gospel Church  
187 Church Street  
Newton, MA 02458  
Tel: (508) 865-1574

### [American Chinese Christian Educations & Social Services, Inc.](#)

244 Harrison Avenue  
Boston, MA 02111  
Tel: (617) 426-1070

- Non-profit, non-denominational Christian outreach community service agency

- Current programs include ASEP: After School Enrichment Program (K2 to 5th grade), SEP: Summer Enrichment Program (K2 to 5th grade), IRIS: Information Referral and Interpretation Service, VITA: IRS Volunteer Income Tax Assistance Service, College Scholar's Award, Family Life Education Library, Parent-Child Consultation, Adult Computer Literacy Classes, Workshops and Training on Marriage and Parenting, Workshops and Training on Chinese-American Biculturalism

### [Boston Chinese Bible Study Group](#)

234 Franklin Street  
Cambridge, MA 02139

- Group of Chinese students and professionals who meet regularly on Friday night for Bible study. See website for schedule of meeting times.

### [Boston Chinese Catholic Community](#)

Chinese Catholic Pastoral Center  
78 Tyler Street  
Boston, MA 02111-1831

- Serves all Chinese Catholics from the Archdiocese of Boston even though its host/anchor church is St. James the Greater, Boston (Chinatown), Massachusetts.
- The predominant dialect is Cantonese, followed by Mandarin, Toishanese, and Fujianese.

### [Chinese Bible Church of Greater Boston](#)

149 Old Spring Street  
Lexington, MA 02421  
Tel: (781) 863-1755

874 Beacon Street  
Boston, MA 02215  
Tel: (617) 299-1266

[Chinese Christian Church of New England](#)

1835 Beacon Street  
Brookline, MA 02445-4206  
Tel: (617) 232-8652

[Boston Chinese Evangelical Church](#)

Chinatown Campus  
249 Harrison Avenue, Boston, MA 02111  
Tel: (617) 426-5711

Newton Campus  
218 Walnut Street, Newtonville, MA 02460  
Tel: (617) 243-0100

- One church composed of 6 congregations ministering in 3 different languages, Cantonese, English, and Mandarin, over 2 campuses, Chinatown and Newton.

[Hispanic Community Church, UCC of Boston](#)

85 Seaverns Avenue  
Jamaica Plain, MA 02130-2866  
Tel: (617) 232-1416

**Iglesia Bautista Hispano American de Boston**

Hispanic Service- Sundays 11 am  
88 Tremont Street  
Boston, MA 02108  
Tel: (617) 248-0008

[Congregation Lion of Judah](#)

68 Northampton Street  
Boston, MA 02118

**Iglesia Bautista Hispana of Jamaica Plain**

10 Kingsboro Park  
Jamaica Plain, MA 02130  
Tel: (617) 522-9006

[Click Here for More Hispanic Churches](#)

[People's Baptist Church of Boston](#)

134 Camden Street  
Boston, MA 02118  
Tel: (617) 427-0424

[First Church of Christ, Scientist](#)

210 Massachusetts Ave  
Boston, MA 02115  
Tel: (617) 450-2000

[New Hope Baptist Church](#)

1450 River Street  
Hyde Park, MA 02136  
Tel: (617) 272-3542

[Charles Street AME](#)

551 Warren Street  
Dorchester, MA 02121  
Tel: (617) 442-2770

[Blue Hill Church of Christ](#)

1505 Blue Hill Avenue  
Mattapan, MA 02126  
Tel: (617) 296-5882

[Morning Star Baptist Church](#)

1257 Blue Hill Avenue  
Mattapan, MA 02126  
Tel: (617) 298-0278

[Concord Baptist Church](#)

180 Blue Hill Avenue  
Milton, MA 02186  
Tel: (617) 698-9300

[Jewish](#)

[Synagogue Council of Massachusetts's List of Synagogues in Massachusetts \(Search by Town/City\)](#)

## Specialty Foods/International Markets

The links below are to maps of some of the area's most popular international grocery stores. Most of these stories carry not only traditional, imported vegetables, meats, and spices, but also carry local fresh produce, frozen meals, imported goods, and rent out DVDs. Included are some grocery stores close to the city of Boston. Since some of these stores are family owned, they may go out of business or change ownership frequently. Phone numbers are also provided. Please call before you go and ask for hours and location.

### Highly Recommended Directory of Many Ethnic Grocery Stores in Boston Area:

- [Boston Ethnic Markets](#)
- [Chow Hound](#) is also a great place to talk to others about cheap, delicious eats around the city

### South Asian

[Click Here for a Comprehensive South Asian Grocery Store Map!](#)

*Some Highly Rated Stores:*

#### **[Patel Brothers](#)**

425 Moody Street  
Waltham, MA 02453-0401  
Tel: (781) 893-1003

#### **Foodland**

2234 Massachusetts Avenue  
Cambridge, MA 02140  
Tel: (617) 349-0009

### European

[Click Here for the European Foods Market Map!](#)

Below is an excerpt from the MIT European Club's advice for European nationals regarding food and dining:

### **Where could I buy French food (crepes, baguettes, saucisson, croissants...)?**

[Formaggio Kitchen](#) (on Huron Ave, Cambridge and South End, Boston) is a great source for all French cuisine, including croissants, baguettes and brioches. [Clear Flour](#) also has great French baguette. They are located in Brookline but they distribute through other places. [Iggys Bread](#) in Cambridge makes baguettes and patisseries. [Bricco Panetteria](#) in the North End has delicious pastries and baguettes. You can also get real saucisson in the North End. They must import it from some Midwestern state and call it by an Italian name, sobresata, but it is saucisson. The store is located on Cross Street, half-way between Endicott and Salem Streets. Catch the green line to Haymarket.

### **And Italian food?**

You can get Italian food mainly in the North End.

### **Where could I get fresh "mozzarella"?**

In the North End at Purity Cheese (55 Endicott St).

### **Cheese, wine...?**

Nice fresh cheese -not wrapped up but to be sliced from big round cheeses- at the [Wine and Cheese Cask](#), Washington St, Somerville.



Cheap and good wine at Trader Joe's grocery store on 727 Memorial Drive, Cambridge, as well as high quality groceries from Europe. [Bazaar's](#) two locations are the right places for gourmet European foods. We have also heard that Market Basket at Union Square, 400 Somerville Ave, Somerville, has a great selection of fruits and vegetables.

### East Asian

[Click Here for a Comprehensive East Asian Grocery Store Map!](#)

*Some Highly Rated Stores:*

#### **Mings Supermarket, Inc.**

1102 Washington Street  
Boston, MA 02118  
Tel: (617) 338-1588

#### **C-Mart Supermarket**

109 Lincoln Street  
Boston, MA 02111  
Tel: (617) 426-8888

50 Herald Street  
Boston, MA 02118  
Tel: (617) 338-8811

### Hispanic

[Click Here for a Comprehensive Hispanic Grocery Store Map!](#)

*Some Highly Rated Stores:*

#### **Latin Market**

3201 Washington Street  
Jamaica Plain, MA 02130  
Tel: (617) 522-8719

#### **Mineirao One Stop Mart**

57 Union Square  
Somerville, MA 02143  
Tel: (617) 625-0022

#### **Modelos Market Café**

501 Medford Street  
Somerville, MA 02145  
Tel: (617) 625-2868

#### **Tropical Foods**

450 Melnea Cass Blvd  
Roxbury, MA 02119  
Tel: (617) 442-7439

### African American/Black

[Click Here for a Comprehensive African American/Black Grocery Store Map!](#)

*Some Highly Rated Stores:*

#### **South End Food Emporium**

465 Columbus Avenue  
Boston, MA 02116-5960  
Tel: (617) 536-7172

#### **Tropical Foods**

450 Melnea Cass Blvd  
Roxbury, MA 02119  
Tel: (617) 442-7439

#### **Kaba African Market**

29 Roxbury Street  
Roxbury, MA 02119  
Tel: (617) 445-5200

### Middle Eastern/Halal

[Click Here for a Comprehensive Middle Eastern Grocery Store Map!](#)

*Some Highly Rated Stores:*

**Arax Market**

585 Mount Auburn Street  
Watertown, MA 02472  
Tel: (617) 924-3399

**Sevan Bakery**

599 Mount Auburn Street  
Watertown, MA 02472  
Tel: (617) 924-3243

**Alhoda Market**

304 Prospect Street  
Cambridge, MA 02139  
Tel: (617) 441-7854

**Boston Halal Meat Market**

114 Blackstone Street  
Boston, MA 02109  
Tel: (617) 722-9969

**Roxbury Alal Market**

1433 Tremont Street  
Roxbury Crossing, MA 02120  
Tel: (617) 606-7108

**Movie Theaters and TV/Radio Programs**

**South Asian**

Arlington, MA 02474  
Tel: (781) 648-4340

Bollywood movies are shown at several theaters in the Boston area. Please see [aapkamanoranjn.com](http://aapkamanoranjn.com) for a list of current films and show times. The most common "Bombay Cinema" theaters are listed below:

**Regal Cinema**

231 Turnpike Road  
Westborough, MA 01581  
Tel: (844) 462-7342

**Apple Cinemas Freshpond**

168 Alewife Brook Parkway  
Cambridge, MA 02138  
Tel: (617) 229-6555

**WJIB 740 AM** Sargam 1 PM - 3 PM  
(Sundays)

**1330 AM** Sounds of India 10:30 AM - 12:30 PM  
(Sundays)

**Capitol Theater**

204 Massachusetts Avenue

**WNTN 1550 AM** Jhankar Saturdays 10:30 AM-12 PM

### European

#### [Boston French Library Alliance Française of Boston](#)

French movies played twice a week with English subtitles!

#### [Annual Boston Turkish Film Festival](#)

- The festival screens dozens of Turkish films complimented with great Turkish cuisine, concerts by up and coming Turkish artists, and forums for discussion

#### [The Museum of Fine Arts Film Program](#)

#### [Harvard Film Archive](#)

### East Asian

The following theaters frequently show films from China, Hong Kong and Taiwan.

#### [The Brattle Theatre](#)

#### [The Coolidge Corner Theatre](#)

#### [Harvard Film Archive](#)

#### [The Museum of Fine Arts Film Program](#)

Also keep an eye out for annual film festivals, such as:

#### [Films at the Gate](#)

Five nights of free screenings of kung fu and classic Chinese-language movies in Boston Chinatown in early September.

"The ONLY locally produced live Chinese program since 1992!"

**WMSX 1410 AM** 9 - 11 AM (Sundays)

**WJDA 1300 AM** 8 - 11 PM (Sundays)

### Hispanic

**WUNI- Channel 27**

Univision

#### [Boston Latino TV](#)

#### [SPC Noticias – WUNR 1600 AM](#)

Mon-Fri, 6 AM - 8 AM

**WAZN 1470 AM**

**WRCA 1330 AM**

**WAMG 890 AM**

**Con Salsa WBUR 90.9 FM**

Saturdays 10 PM - 3 AM

### African American/Black

#### **Black Boston TV Shows**

Basic Black- WGBH Channel 2

CityLine- Channel 5

Urban Update- Channel 7

BBN TV- Comcast Channel 23

See [boston.blacksoftware.com](http://boston.blacksoftware.com) for details

#### [Strand Theatre](#)

543 Columbia Road

Dorchester, MA 02125

Tel:(617) 635-1403

**Touch Radio 106.1 FM**

**WILD Radio 1090 AM**

## Middle Eastern

### [Arabic Hour TV Show](#)

Link to schedule of show times on local cable TV and online viewing:

### [Boston Palestinian Film Festival](#)

- Established to showcase the extraordinary narrative of Palestinians through the medium of cinema to audiences in the New England area. The festival is sponsored by Tawassul, an organization committed to sharing and celebrating Palestinian arts and culture

## **Calling Home**

Making international calls from a landline can be expensive. There are many online, prepaid calling card services to help you call and stay in touch with relatives. Those listed below are the most well-known and frequently used. Please see individual websites for rates and details.

### [Skype](#)

### [Airtel](#)

### [Tel3Advantage](#)

### [Reliance Global Calling \(South Asia\)](#)

### [Rebtel](#)

### [United World Telecom](#)

### [WhatsApp](#)

## **Newsletters/Online Media**

### [South Asian](#)

#### [Lokvani](#)

- Lokvani provides a central portal for Indian Americans in Boston with information about everything from local events, art and culture, family programs, job searches, matrimonials, etc.

#### [Boston Indian NRI Classifieds](#)

- This website is comparable to Craigs List, providing Indian Americans in the community with a form to discuss issues as well as conduct basic business.

### [India Abroad](#)

### [European](#)

#### [MIT European Club's Newsletter](#)

#### [Boston Accueil: Newsletter for French newcomers to Boston](#)

## [Boston Irish Reporter](#)

### **Russian Bulletins:**

[russianday.com](http://russianday.com)

[Russian Boston](#)

[Russian Life](#)

[bestperiodica.com](http://bestperiodica.com)

## [East Asian](#)

### [Sampan](#)

- New England's only bilingual Chinese-English newspaper

### [World Journal](#)

- This national Chinese-language newspaper maintains a Boston office and a bookstore at 216 Lincoln St.

## [Boston Chinese News](#)

- Published monthly by Southern Newspapers Group

## [Shenghuonet](#)

## [Hispanic](#)

### [El Planeta](#)

### [El Mundo Boston](#)

## [African American/Black](#)

### [Bay State Banner](#)

- Weekly community newspaper with articles of interest for the Black community in Boston

### [Boston Offline](#)

- A website designed to link Boston's African American community together: free job and business listings, event

submissions, forums, dating and artist showcase

### [Unity First](#)

## [The Black Pages of New England](#)

Tel: (617) 298-3000

[Middle Eastern](#)

### [Yalla Boston](#)

- Strives to spread awareness of the many local Middle Eastern communities in the Boston and greater Massachusetts areas by serving as an informational directory for numerous Middle Eastern businesses