

Curriculum Vitae

Victoria E. Dubin, DPT

Education

Doctor of Physical Therapy

The George Washington University

Washington, DC (2015 – 2018)

Bachelor of Science in Kinesiology

University of Massachusetts Amherst

Amherst, MA (2011 – 2014)

Licensure & Certifications

Massachusetts State Physical Therapy License (2021 – Present)

Washington State Physical Therapy License (2018 – 2021)

APTA Credentialed Clinical Instructor Level I (2022)

AHA BLS/CPR Certified

Dry Needling Certified, Levels I & II

Clinical Appointments and Internships

Physical therapist – Kins Physical Therapy (Mobile outpatient)

Greater Boston Region (2021 – Present)

As an Independent Contractor with Kins Physical Therapy, I provide hybrid in-home and telehealth rehabilitation to older adults with complex mobility and musculoskeletal needs. My approach focuses on evidence-informed care planning, adherence, self-management, and long-term functional outcomes within real-world home and community environments. I routinely use EMR-based outcome tracking and functional assessments to evaluate progress and guide ongoing clinical decision-making. In addition to my clinical responsibilities, I serve as a clinician reviewer for Kins' developing EMR platform, collaborating with engineering and operations teams to refine documentation structure, workflow efficiency, outcome-measure integration, and the overall user experience. This work has strengthened my interest in technology-enabled, scalable models of rehabilitation and practice-based data capture.

Physical therapist – Luna Physical Therapy (Mobile outpatient)

Seattle, WA / Boston, MA (2020 – Present)

Provide mobile outpatient rehabilitation as one of the early clinicians following Luna's expansion beyond California, contributing to the development of a scalable, technology-enabled home- and community-based care model. Deliver evidence-informed treatment for adults with mobility, musculoskeletal, and chronic health conditions who face barriers to traditional clinic access. Adapt interventions to varied home and community environments while independently managing scheduling, caseload organization, and patient communication. Utilize Luna's digital tools and early remote therapeutic monitoring capabilities to support patient adherence, track functional progress between visits, and integrate real-time data into collaborative care planning.

Physical Therapist – BayState Physical Therapy (Outpatient)

Salem & Swampscott, MA (2021 – 2024)

Provided outpatient orthopedic, post-surgical, neurologic, and occasional pediatric rehabilitation within a large, team-based practice. Delivered evidence-informed interventions while coordinating care closely with referring physicians and support staff to promote continuity and high-quality outcomes. Managed a shared caseload across multiple clinicians, requiring strong communication, adaptability, and collaborative clinical reasoning. Worked alongside exercise technicians and rotating students in a fast-paced environment and engaged in ongoing professional development, completing training in dry needling (Levels I & II) and becoming an APTA Credentialed Clinical Instructor.

Lead Physical Therapist – ZoomCare Physical Therapy (Outpatient/urgent care)

Seattle, WA (2020 – 2021)

Directed clinical operations for the physical therapy service line across Washington and Oregon while maintaining a direct-access outpatient caseload in a fast-paced, interdisciplinary environment. Developed and monitored key performance indicators to support clinical quality, consistency, and service-line performance. Collaborated with clinical quality leadership to refine practice standards, optimize visit flow, and address system-level barriers affecting patient outcomes and provider efficiency. Partnered with operational and retail teams to improve room design, documentation processes, and resource accessibility, contributing to the development of a scalable, high-quality outpatient care model.

Physical Therapist – Select Physical Therapy (Outpatient)

Seattle, WA (2018 – 2020)

Provided comprehensive outpatient rehabilitation across two clinics serving a highly diverse patient population, including individuals with Medicaid insurance, recent refugees, patients experiencing housing instability, and adults with significant psychosocial and behavioral-health needs. Delivered evidence-informed care across a wide range of orthopedic, neurologic, and

cardiopulmonary conditions while adapting treatment plans to social, environmental, and access-related constraints. Developed strong skills in managing complex caseloads, coordinating care for patients with limited resources, and supporting engagement in therapy within a high-volume, productivity-driven clinical environment.

Academic Appointments / Teaching Experience

Presenter, Zoom U Continuing Education Series (Quarterly, 2020–2021)

Delivered evidence-based continuing-education sessions to multidisciplinary providers on current rehabilitation topics.

Clinical instructor, assistant instructor, and clinical supervision

Served as a primary clinical instructor for a full-time DPT student during a 12-week outpatient rotation at Select Physical Therapy. Provided ongoing assistant clinical instruction for multiple DPT students across outpatient clinics at Select Physical Therapy and Bay State Physical Therapy. Throughout my career, have consistently supervised and mentored physical therapist assistants and exercise technicians in outpatient rehabilitation settings, emphasizing evidence-informed practice, professional development, and high-quality patient care.

Teaching Assistant – Department of Kinesiology, University of Massachusetts Amherst

KIN 100 – Introduction to Kinesiology (Dr. Gary Kamen), two semesters (2013 – 2014)

KIN 101 – Human Performance and Nutrition (Dr. Barry Braun), one semester (2014)

Led weekly seminars and labs; graded assignments and quizzes; maintained attendance; and provided individualized support during office hours.

Volunteer & Community Service

Balance and Strength Instructor, Salem Senior Center - Salem, MA (2021 - 2022)

Lead weekly evidence-informed group exercise classes for older adults emphasizing strength, balance, functional mobility, fall prevention, and confidence in movement.

Adaptive Sports Instructor, Outdoors for All – Seattle, WA(2019 - 2020)

Delivered adaptive alpine and Nordic ski instruction for individuals with physical and cognitive disabilities, applying principles of motor learning and assistive technology to promote inclusion and participation.

Professional Membership & Advocacy

Participant, APTA Federal Advocacy Forum – Washington DC (2017)

Participant, PT Day on the Hill – Massachusetts (2018)

Attendee, APTA Combined Sections Meeting – Virtual 2021, Boston 2024

Research & Scholarly Communication

Consultant – Allen Institute for Artificial Intelligence (AI2) (2020)

Provided expert physical therapy input to early-stage research exploring the use of AI-driven computer vision for remote musculoskeletal assessment and therapeutic exercise monitoring. Advised on clinical applicability, workflow integration, and potential use cases in outpatient and home-based rehabilitation.

Journal Club Leader - Select Physical Therapy, Seattle, WA (2018 - 2020)

Organized and facilitated weekly discussions on current rehabilitation literature to foster evidence-based practice initiatives among staff clinicians.

Writer/Contributor for GW DPT Program Website (2015-2018)

Produced written features highlighting student research, faculty scholarship, and departmental events. Conducted interviews with researchers and clinicians to communicate scientific insights to a broader audience. Mentored by Dr. Elise Ruckert in research communication and knowledge translation.

Continuing Education & Professional Development

MedBridge Online Learning – 300 + hours (2020 – present)

Evidence in Motion OCS Preparation Course (2020 – 2021)

CPTA Virtual Pain Summit (2020)

ReVital Cancer Rehabilitation Certification (2018 – 2019)

Select Physical Therapy Training Courses: Lumbar Spine, Chronic Pain, Cervical Spine, Vestibular (2019)