

CURRICULUM VITAE

KATE N. JOCHIMSEN, PH.D., ATC

Center for Health Outcomes and Interdisciplinary Research (CHOIR)
Department of Psychiatry, Massachusetts General Hospital
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ACADEMIC APPOINTMENTS

2025-	MGH Institute of Health Professions; Boston, MA Adjunct Assistant Professor
2024-	Harvard Medical School; Boston, MA Assistant Professor, Department of Psychiatry
2023-	Massachusetts General Hospital; Boston, MA Researcher, Department of Psychiatry Center for Health Outcomes and Interdisciplinary Research (CHOIR)
2023-2024	Harvard Medical School; Boston, MA Member of the Faculty, Department of Psychiatry
2020-2023	West Virginia University; Morgantown, WV Assistant Professor & Director of Research Division of Athletic Training, School of Medicine
2013-2015	University of Wisconsin-Green Bay; Green Bay, WI Lecturer, Department of Human Biology

EDUCATION AND TRAINING

2020	The Ohio State University; Columbus, OH Postdoctoral Researcher – Biomechanics <u>Mentor</u> : Stephanie Di Stasi, PT, PhD
2018	University of Kentucky; Lexington, KY Ph.D. in Rehabilitation Sciences Dissertation: <i>The Role of Psychosocial Factors on Pre and Postoperative Pain in Patients with Femoral Acetabular Impingement</i> <u>Mentors</u> : Cale Jacobs, PhD and Carl Mattacola, PhD, ATC, FNATA
2012	Florida International University (FIU); Miami, FL M.S. in Athletic Training
2010	University of Wisconsin-Green Bay; Green Bay, WI B.S. in Human Biology

CLINICAL EXPERIENCE

2020-2023	West Virginia University; Morgantown, WV Licensed Athletic Trainer (5% FTE)
2012-2015	Aurora BayCare Sports Medicine; Green Bay, WI Licensed Athletic Trainer
2011-2012	Florida International University; Miami, FL Graduate Assistant, Department of Athletic Training

HONORS AND AWARDS

2025	Dr. Freddie & Mrs. Hilda Pang Fu New Investigator Award National Athletic Trainers' Association (NATA) Foundation
2024-2026	NIH Loan Repayment Program (LRP) Renewal Award (L30AT013023) National Center for Complementary and Integrative Health (NCCIH)
2024	PURPOSE (The Pain Research Network) Annual Meeting Travel Award National Institutes of Health (NIH) HEAL Initiative
2022-2024	NIH Loan Repayment Program (LRP) Award (L30AR081617) National Institute of Arthritis and Musculoskeletal and Skin Diseases (NIAMS)
2022	Faculty Travel and Development Award West Virginia University; Morgantown, WV
2021	Early-Stage Investigator Award American College of Sports Medicine, Mid-Atlantic Regional Chapter
2021	Faculty Travel and Development Award West Virginia University; Morgantown, WV
2020	Sports Medicine Research Institute (SMRI) Student Travel Support Award The Ohio State University Sports Medicine Research Institute; Columbus, OH
2019	Doctoral Oral Award Finalist National Athletic Trainers' Association (NATA) Clinical Symposia; Las Vegas, NV
2014	Award for Research in Medical Education Aurora BayCare Medical Center; Green Bay, WI
2012	Academic Excellence Award - Highest GPA in the graduating class (3.98) FIU Athletic Training Department; Miami, FL
2011	Arnold S. Friedman Memorial Scholarship FIU College of Nursing and Health Sciences; Miami, FL

PEER-REVIEWED PUBLICATIONS (N=42; 18 first-authored; 6 senior-authored; h-index 12)

Underline indicates mentee

1. **Jochimsen KN**, Johnson G, Cope T, Beneciuk J, Dover G, Pietrosimone L, Doorley J, Main C, Lentz T, Jochimsen I 2

Baez SE. From Research to Practice: Barriers to Implementation of Psychologically Informed Practice in the Sports Setting. *British Journal of Sports Medicine*. Online First: 20 February 2026. doi.org/10.1136/bjsports-2025-111071

2. **Cohen J, Jochimsen KN**, Ali T. Moving Beyond Individual-Level Factors: Evidence-Based Strategies to Advance Structural Competency in Sports and Exercise Medicine. *British Journal of Sports Medicine*. Online First: 21 January 2026. doi.org/10.1136/bjsports-2025-109702
3. **Stanze H**, Wilcox B, Mangino T, Samaan MA*, **Jochimsen KN**.* (Co-Senior Authors) Hip-Related Symptom Duration is Associated with Alterations in Hip Mechanics During a Single Leg Squat. *Clinical Biomechanics*. 2025;128:106630. doi.org/10.1016/j.clinbiomech.2025.106630
4. **Jochimsen KN**, Doorley JD, Monnin J, **Cohen J**, **Robinson HR**, Vasileff WK, Jacobs CA, Di Stasi S, Vranceanu AM. Are psychological health factors associated with patient-reported pain and function in individuals with hip-related pain? A systematic review. PROSPERO registration: CRD42021248562. *PM&R*. 2025;1-33. doi.org/10.1002/pmrj.70015
5. Rees-Punia E, **Jochimsen KN**. From Participation to Prevention: The Expanding Role of Physical Activity in Lifelong Health (Warm-up). *British Journal of Sports Medicine*. 2025;59(14):961-962. doi.org/10.1136/bjsports-2025-110341
6. Lentz T, **Jochimsen KN**, Ring D, Jayakumar P, Blackburn J. Communicating Complexity in Mental and Social Health. *Clinical Orthopaedics and Related Research*. 2025;483(3):588-591. doi.org/10.1097/CORR.0000000000003375
7. Frumkin M, Brewer J, Hooker J, **Jochimsen KN**, Vranceanu AM. Within-Person Relationships between Catastrophizing and Pain Intensity During a Mind-Body Intervention to Prevent Chronic Pain and Disability after Acute Traumatic Orthopedic Injury. *The Journal of Pain*. 2025;26:104737. doi.org/10.1016/j.jpain.2024.104737
8. **Jochimsen KN**, Hooker JE, Szapary CL, Bakhshaie J, Vranceanu AM. Psychosocial Interventions and Physiotherapy Attendance Together Improve Pain and Function Following Traumatic Orthopaedic Injuries. *Clinical Orthopaedics and Related Research*. 2025;483(8):1514-1524. doi.org/10.1097/CORR.0000000000003433
9. Gnall K, **Jochimsen KN**, Brewer JR, Bakhshaie J, Vranceanu AM. Pain Catastrophizing and Pain Anxiety Mediate Changes in Physical Function in a Mind-body Intervention for Adults with Traumatic Orthopedic Injuries. *Pain*. 2025;166(6):1418-1424. doi.org/10.1097/j.pain.0000000000003477
10. Jacobs MV, **Jochimsen KN**, Clasey JL, Samaan MA. Exploratory Analysis of Gait Mechanics in Farmers. *Journal of Occupational & Environmental Hygiene*. 2025; January:1-7. doi.org/10.1080/15459624.2024.2421004
11. Hooker JE*, **Jochimsen KN*** (*co-first authors, these authors contributed equally), Mace RA, Doorley JE, Brewer JR, Vranceanu AM. Clinical Presentation of Adults with Traumatic Orthopedic Injuries Enrolled in a Multisite Psychosocial Trial. *Archives of Bone and Joint Surgery*. 2024;12(12):826-834. doi.org/10.22038/abjs.2024.76953.3559
12. **Williams SM**, Baez SE, **Derrico D**, **Robinson H**, **Coyne K**, Settle H, **Jochimsen KN**. Resiliency and well-being over the course of an NCAA Division I gymnastics season. *Journal of Sport Rehabilitation*. 2024;34(4):432-427. doi.org/10.1123/jsr.2023-0379
13. **Jochimsen KN**, Caron JG, Vranceanu AM, Greenberg J. Why mental health is still being sidelined in sports-related concussion treatment and what we can do about it. (Editorial) *British Journal of Sports Medicine*. 2024;58(18):1032-1034. doi.org/10.1136/bjsports-2024-108090

14. **Jochimsen KN**, **Kramer E**, Van Wyngaarden J, Noehren B, Samaan MA, Duncan ST, Mattacola CG, Jacobs CA. Preoperative temporal summation is associated with impaired recovery following hip arthroscopy for femoroacetabular impingement syndrome. *Archives of Bone and Joint Surgery*. 2024;12(8):580-586. doi.org/10.22038/abjs.2024.78368.3607
15. **Jochimsen KN**, Gomes DA, Di Stasi S, Dijkstra HP, Vranceanu AM, Heerey J. Navigating the Mind Maze: How can musculoskeletal rehabilitation clinicians help patients with hip-related pain? (Editorial) *Journal of Orthopaedic & Sports Physical Therapy*. 2024;54(7):427-430. doi.org/10.2519/jospt.2024.12603
16. **Jochimsen KN**, Archer KR, Pollini RA, Parker RA, **Enkhtsetseg N**, Jacobs CA, Vranceanu AM. A Mind-Body Intervention to Improve Physical Activity for Patients with Chronic Hip-Related Pain: Protocol for a Mixed Methods Study. *Journal of Personalized Medicine*. 2024;14(5):499. doi.org/10.3390/jpm14050499
17. **Coyne NC**, Baez SE, **Murro MA**, **Derrico D**, Mancinelli CA, **Jochimsen KN**. Pain Self-Efficacy is Associated with Patient-Reported Function in Individuals with Chronic Hip Pain. *Journal of Orthopaedic and Sport Physical Therapy Open*. 2024;2(3):1-25. doi.org/10.2519/josptopen.2024.1021
18. Vranceanu AM, **Jochimsen KN**, Brewer JR, Briskin EA, Parker R, Macklin EA, Ring D, Jacobs C, Ly T, Archer KR, Conley CEW, Harris M, Matuszewski P, Obremskey WT, Laverty D, Bahkshaie J, TOR Study Team. A brief mind-body intervention is feasible and may prevent persistent pain after acute orthopedic traumas; A randomized controlled trial. *Clinical Orthopaedics and Related Research*. 2024;482(11):1923-1937. doi.org/10.1097/CORR.0000000000003111
19. Groszklos M*, Perry J* (*co-first authors, these authors contributed equally), Elwood M, **Jochimsen KN**, Di Stasi S. Dynamic Joint Stiffness in Individuals with Femoroacetabular Impingement Syndrome Pre- and Post-Hip Arthroscopy. *Clinical Biomechanics*. 2024;112:106187. doi.org/10.1016/j.clinbiomech.2024.106187
20. Baez S, **Jochimsen KN**. Current Clinical Concepts: Integration of Psychologically Informed Practice for Management of Sports-Related Injuries. *Journal of Athletic Training*. 2023;58(9):687-696. doi.org/10.4085/1062-6050-0556.22
21. Samaan MA, **Jochimsen KN**. Invited editorial for "Age-related Changes in the Spatial Variation of Magnetic Susceptibility of Human Articular Cartilage". *Journal of Magnetic Resonance Imaging*. 2023;58(1):208-209. doi.org/10.1002/jmri.28512
22. **Jochimsen KN**, Kim JS, Jayabalan P, Lawrence C, Lewis CL, Prather H, Bostrom MP. AF/HSS Workshop Summary: Hip Osteoarthritis is an Important Distinct Research Target, Part 3 – Rehabilitation and Exercise. *HSS Journal*. 2023;19(4):394-510. doi.org/10.1177/15563316231192098
23. International Consortium for Mental and Social Health in Musculoskeletal Care (**I-MESH**). Priorities for Advancing Mental and Social Health Among People Presenting for Care of Musculoskeletal Symptoms. *Journal of Clinical Psychology in Medical Settings*. 2023;30:197-203. doi.org/10.1007/s10880-022-09865-w
24. Groszklos M, Lewis C, **Jochimsen KN**, Perry J, Ellis TJ, Vasileff WK, Elwood M, Di Stasi S. Females with Hip-Related Pain Demonstrate Altered Lower Limb Mechanics Compared to their Healthy Counterparts in a Drop Jump Task. *Clinical Biomechanics*. 2022;100:105812. doi.org/10.1016/j.clinbiomech.2022.105812
25. **Jochimsen KN**, Doorley JD, Vranceanu AM, Noehren B, Duncan ST, Jacobs CA. Post-Operative Psychological Factors are Associated with Perceived Improvement Following Hip Arthroscopy.

26. **Jochimsen KN**, Brown-Taylor L, Perry J, Glaws K, Lewis CL, Ryan J, Di Stasi S. Biomechanical Measures of Clinician-Defined Unsteadiness During a Forward Stepdown Task in Individuals Post-Arthroscopy for Femoroacetabular Impingement Syndrome. *Clinical Biomechanics*. 2022;93:105586. doi.org/10.1016/j.clinbiomech.2022.105586
27. Vranceanu AM, Bakhshaie J, Reichman M. **I-MESH**. A Call for Interdisciplinary Collaboration to Promote Musculoskeletal Health: The Creation of the International Musculoskeletal Mental and Social Health Consortium (I-MESH). *Journal of Clinical Psychology in Medical Settings*. 2022;29(3):709-715. doi.org/10.1007/s10880-021-09827-8
28. Zacharias AJ, Lemaster NG, Hawk GS, Duncan ST, Thompson KL, **Jochimsen KN**, Stone AV, Jacobs CA. Psychological Healthcare Burden Lessens After Hip Arthroscopy for those with Comorbid Depression or Anxiety. *Arthroscopy, Sports Medicine, Rehabilitation*. 2021;3(4):e1171-e1175. doi.org/10.1016/j.asmr.2021.05.005
29. Muffly BT, Zacharias A, **Jochimsen KN**, Duncan ST, Jacobs CA, ANCHOR Study Group, Clohisy JC. Age at the Time of Surgery is Not Predictive of Early Patient-Reported Outcomes After Periacetabular Osteotomy. *Journal of Arthroplasty*. 2021;36(10):3388-3391. doi.org/10.1016/j.arth.2021.05.029
30. **Jochimsen KN**, Di Stasi S, Mattacola CG, Noehren B, Duncan ST, Jacobs CA. Preoperative Psychosocial Factors and Short-term Pain and Functional Recovery After Hip Arthroscopy for Femoroacetabular Impingement Syndrome. *Journal of Athletic Training*. 2021;56(10):1064-1071. doi.org/10.4085/1062-6050-139-20
31. Conley CEW, Mattacola CG, **Jochimsen KN**, Dressler EV, Lattermann C, Howard JS. A Comparison of Neuromuscular Electrical Stimulation (NMES) Parameters for Postsurgical Quadriceps Strength in Patients After Knee Surgery: A Systematic Review. *Sports Health*. 2021;13(2):116-127. doi.org/10.1177/1941738120964817
32. **Jochimsen KN**, Mattacola CG, Noehren B, Duncan ST, Picha KJ, Jacobs CA. Low Self-Efficacy and High Kinesiophobia are Associated with Worse Function in Patients with Femoroacetabular Impingement Syndrome. *Journal of Sport Rehabilitation*. 2020;30(3):445-451. doi.org/10.1123/jsr.2019-0498
33. Jacobs CA, Hawk GS, **Jochimsen KN**, Conley CEW, Vranceanu AM, Thompson KL, Duncan ST. Depression and Anxiety Associated with Increased Healthcare Costs and Opioid Use for Patients with Femoroacetabular Impingement Undergoing Hip Arthroscopy: Analysis of a Claims Database. *Arthroscopy*. 2020;36(3):745. doi.org/10.1016/j.arthro.2019.09.048
34. **Jochimsen KN**, Magnuson JA, Mattacola CG, Noehren B, Duncan ST, Jacobs CA. Anxiety and Depression are Associated with Lower Pre-Operative Quality of Life and Function but not Duration of Symptoms in Patients with Femoroacetabular Impingement Syndrome. *Journal of Hip Preservation Surgery*. 2019;6(3):207-213. doi.org/10.1093/jhps/hnz027
35. **Jochimsen KN**, Pelton MR, Mattacola CG, Huston LJ, Reinke EK, Spindler KP, Lattermann C, Jacobs CA. Relationship Between Pain Catastrophizing and 6-Month Outcomes Following Anterior Cruciate Ligament Reconstruction. *Journal of Sport Rehabilitation*. 2019;1(aop):1-5. doi.org/10.1123/jsr.2018-0431
36. **Jochimsen KN**, Jacobs CA, Duncan ST. Femoroacetabular Impingement More Common in Military Veterans with End-stage Hip Osteoarthritis than Civilian Patients: A Retrospective Case Control Study. *Military Medical Research*. 2019;6(1). doi.org/10.1186/s40779-019-0218-5

37. **Jochimsen KN**, Malempati CS, Jacobs CA, Duncan ST. Return to Sport Following Arthroscopic Treatment of Labral Tears in Competitive Athletes: A Systematic Review. *Athletic Training and Sports Health Care*. 2019;11(1):37-43. doi.org/10.3928/19425864-20180510-01
38. Picha KJ, **Jochimsen KN**, Heebner N, Abt JP, Usher E, Capilouto G, Uhl TL. Measurements of Self-Efficacy in Musculoskeletal Rehabilitation: A Systematic Review. *Musculoskeletal Care*. 2018;16(4):471-488. doi.org/10.1002/msc.1362
39. **Jochimsen KN**, Conley CEW, Malempati CS, Jacobs CA, Mattacola CG, Lattermann C. Meniscus Transplantation: A Systematic Review of Return-to-Play Rates. *Athletic Training and Sports Health Care*. 2018;10(2):76-81. doi.org/10.3928/19425864-20170823-01
40. Jacobs CA, Burnham JM, **Jochimsen KN**, Molina IV D, Hamilton DA, Duncan ST. Preoperative Symptoms in Femoroacetabular Impingement Patients Are More Related to Mental Health Scores Than the Severity of Labral Tear or Magnitude of Bony Deformity. *The Journal of Arthroplasty*. 2017;32(12):3603-3606. doi.org/10.1016/j.arth.2017.06.053
41. Lattermann C, Jacobs CA, Bunnell MP, **Jochimsen KN**, Abt JP, Reinke EK, Gammon LG, Huebner JL, Kraus VB, Spindler KP. Logistical Challenges and Design Considerations for Studies Using Acute Anterior Cruciate Ligament Injury as a Potential Model for Early Posttraumatic Osteoarthritis. *Journal of Orthopaedic Research*. 2017;35(3):641-650. doi.org/10.1002/jor.23329
42. Yde R, **Jochimsen KN**, Goddard J. Conservative Management for a Traumatic Cervical Spine Cycling Injury. *Journal of Science and Cycling*. 2015;4(1):3-6.

BOOK CHAPTERS (N=1)

1. Grunberg VA, McDermott K, Manglani H, Rush C, Hooker J, **Jochimsen KN**, Vranceanu AM. Building Interdisciplinary Collaborations Across Healthcare Settings. In: Stern TA, & Fava M (Eds.), *Massachusetts General Hospital Handbook of General Hospital Psychiatry, 8th Edition*. 2024. New York, NY: Elsevier Health Services.

MANUSCRIPTS SUBMITTED FOR PUBLICATION (N=10; 3 first-authored; 4 senior-authored)

1. **Jochimsen KN**, Archer KR, Enkhtsetseg N, Pollini RA, Jacobs CA, Vranceanu AM. Physical Therapists Experiences Treating Patients with Hip Joint-Related Pain: Barriers and Facilitators to Rehabilitation. *PM&R*. Revision under review.
2. Baez SE, Brinkman C, Reiche E, Genoese F, Spang J, **Jochimsen KN**. Differences in physical activity between those with high and low kinesiphobia after ACL reconstruction. *Clinical Journal of Sports Medicine*. Revision under review.
3. **Jochimsen KN**, Allen E, Szapary CL, Vranceanu AM. Identifying the impact of mind-body home skills practice on pain and functional recovery for patients following traumatic orthopaedic injury. *Journal of Complementary and Integrative Medicine*. Revision under review.
4. Elliott HS, **Jochimsen KN**, Mangino AA, Fain AD, Duncan ST, Gaffney BM, Bawab SY, Samaan MA. Magnetic Resonance Imaging-Based Finite Element Model of the Hip Joint. *Journal of the Mechanical Behavior of Biomedical Materials*. Under review.
5. Klein KG, McDermott KA, Hooker JE, **Jochimsen KN**, Yucebas D, Bakhshaie J, Vranceanu AM. Moderating role of racial and ethnic minority status on pain and physical function for adults recovering

from traumatic orthopedic injuries. *PM&R*. Under review.

6. Kapoor A, Levey N, Mace RA, Scott K, **Jochimsen KN**. The use of mind-body skills by college students with and without chronic pain. *Journal of American College Health*. Under review.
7. Wong J, Adams B, Mace RA, Mangino T, Wilcox B, Samaan MA, **Jochimsen KN**. Current but Not Previous Activity Level is Associated with Symptoms and Impaired Single Leg Squat Kinematics in Patients with Chronic Hip Joint-Related Pain. *Journal of Orthopaedic and Sports Physical Therapy*. Under review.
8. **Jochimsen KN**, Mangino T, Elliott HS, Jacobs MV, Heebner NR, Fain A, Duncan ST, Samaan MA. Protocol for the Rucking-Related Assessment of Muscular, Psychological, and Biomechanical Contributors to Hip Pain and Cartilage Integrity in Females (RAMP) Study. *JOSPT Methods*. Under review.
9. Yucebas D, **Jochimsen KN**, Mace RA. Exploring Psychological Mechanisms of Virtual Reality for Sub-Acute Pain Following Acute Orthopedic Injury. *Annals of Behavioral Medicine*. Under review.
10. Elliott HS, Wilcox BJ, Samaan MA, **Jochimsen KN**. Hip Joint Power During a Single Leg Squat is Related to Patient-Reported Function, Physical Activity, and Symptom Duration in Individuals with Chronic Hip-Related Pain. *Journal of Physical Therapy in Sport*. Under review.

SELECTED MANUSCRIPTS IN PREPARATION (N=5; 4 first-authored; 1 senior-authored)

1. Hooker JE, Mace RA, Jacobs CA, Duncan ST, Noehren B, **Jochimsen KN**. Ipsilateral Hip Pain Pressure Thresholds are Associated with Pain During Activity in Patients Undergoing Hip Arthroscopy for Femoroacetabular Impingement Syndrome. *Arthroscopy*.
2. **Jochimsen KN**, Malloy P, Wilcox B, Mangino AA*, Samaan MA*. A Novel Cluster Analysis to Examine Symptomatic and Movement-Based Presentation of Patients with Chronic Hip Joint-Related Pain.
3. **Jochimsen KN**, Archer KR, Enkhtsetseg N, Pollini RA, Jacobs CA, Vranceanu AM. Physical Therapists Perceptions and Preferences for Mind-Body Interventions. *Journal of Clinical Psychology in Medical Settings*.
4. **Jochimsen KN**, Archer KR, Levey N, Kapoor A, Parker RA, Jacobs CA, Vranceanu AM. A Mind-Body Intervention to Reduce Pain Interference for Patients with Chronic Hip Joint-Related Pain: Protocol for a Feasibility Randomized Controlled Trial. *PTJ*.
5. **Jochimsen KN**, Hendry KE, Wong J, Adams B. Postpartum-Onset Hip Pain: Timing & Clinical Characteristics. *Journal of Orthopaedic and Sports Physical Therapy*.

INVITED LECTURES (N=40; 2 Keynote Lectures; 1 Distinguished Lecture)

INVITED LECTURES – INTERNATIONAL (N=5; 1 Keynote)

1. Psychology of a Hip Patient: What do we need to consider? *ISHA Annual Scientific Meeting – Physiotherapy Program*. Washington D.C. October 17-19th, 2024.
2. Integrating Psychological Interventions into Rehabilitation for Patients with Chronic Hip Pain. *Young Athlete's Hip Research (YAHiR) Conference and Research Meeting*. Oxford, England. September 25-27th, 2024. **Keynote lecture**.

3. The Psychological Impact of Hip Pain — 5 Principles to Help Athletes Cope. *Young Athlete's Hip Research (YAHiR) Conference and Research Meeting*. Oxford, England. September 25-27th, 2024.
4. Integrating Psychologically Informed Physiotherapy for Athletes with Hip Pain. *Young Athlete's Hip Research (YAHiR) and Journal of Orthopaedic and Sport Physical Therapy (JOSPT) Young Athlete's Hip Webinar Series*. (Presentation and live panel discussion). May 1st, 2024.
5. Developing Psychological Interventions for Patients with Hip-Related Pain. *La Trobe Sport and Exercise Medicine Research Centre Research Seminar*. La Trobe University. Virtual. June 22nd, 2023.

INVITED LECTURES – NATIONAL (N=14; 1 Distinguished Lecture)

6. The Pain Puzzle: Understanding and Treating What Hurts. *National Athletic Trainers' Association Annual Meeting and Symposium*. Philadelphia, PA. July 2, 2026.
7. Adopting Psychologically Informed Care in Hip Preservation. *The Ohio State University Wexner Medical Center, Rehab Services Hip Team*. Columbus, OH. March 31st, 2026.
8. Biomechanics and Beyond: How Mindsets Shape Movement and Recovery. *Lunch & Learn: New Balance Sports Research Lab*. Boston, MA. December 11th, 2025.
9. Moving Towards Whole-Person Healthcare: Addressing the Mind-Body Connection in Rehabilitation. *Denise Fandel Distinguished Lecture Series: University of Nebraska at Omaha*. Omaha, NE. November 17th, 2025.
10. Mental Health and Psychological Considerations for Hip Pathology. *AOSSM-AF Think Tank: Clinical Research Gaps in the Prevention and Treatment of Hip Osteoarthritis (OA)*. Nashville, TN. July 9th, 2025.
11. Staying Hip on Hip Rehab: A Comprehensive, Patient-Centered Approach to Hip Rehabilitation. *National Athletic Trainers' Association Annual Meeting and Symposium*. Learning Lab. Orlando, FL. Lab Leader: Lauren Gilliam, MS, ATC, CEAS III and Moderator: Colby Mangum, PhD, ATC. June 27th, 2025.
12. Moving Towards Whole-Person Healthcare: Addressing the Mind-Body Connection in Hip Pain. *National Athletic Trainers' Association Annual Meeting and Symposium*. Distinguished Scholars Presentation. Orlando, FL. June 26th, 2025.
13. Embracing the Mind-Body Connection to Improve the Prevention and Management of Hip Injuries. *American College of Sports Medicine (ACSM) Annual Meeting*. Exchange Lecture Program. Atlanta, GA. May 27th, 2025.
14. Don't Psych Yourself Out: Optimizing Return-to-Sport Through Psychologically Informed Practice. *National Athletic Trainers' Association Annual Meeting and Symposium*. Learning Lab. Co-Speaker: Shelby Baez, PhD, ATC. New Orleans, LA. June 26th, 2024.
15. Grant Writing Lecture and Panel Discussion: National Athletic Trainers' Association Foundation Grant Writing Workshop. *National Athletic Trainers' Association Annual Meeting and Symposium*. New Orleans, LA. June 26th, 2024.
16. Psychological Considerations in Athletes with Hip-Related Pain. *American Academy of Sports Physical Therapy (AASPT) Hip Special Interest Group*. Virtual Educational Lecture (pre-recorded webinar). Published March 19th, 2024.

17. Keep your head in the game: Prioritizing mental health for success on and off the field. *Women's Collegiate Lacrosse Associates (WCLA) Championships Tournament*. Co-Speaker: Shelby Baez, PhD, ATC. Virtual. April 23rd, 2023.
18. Novel Rehabilitation and Movement-Based Interventions for Treating Chronic Hip Pain. *Arthritis Foundation, Osteoarthritis Clinical Studies (OACS) Hip Conference*. Hospital for Special Surgery. New York, NY. February 17th, 2023.
19. Connection Between Injury and Mental Health. *2023 USA Lacrosse Sport Medicine Symposium*. Baltimore, MD. January 20th, 2023.

INVITED LECTURES – REGIONAL (N=10; 1 Keynote)

20. Psychological Factors of Chronic Hip Pain. *8th Annual Hip Preservation Conference*. University of Pittsburgh Medical Center (UPMC) Orthopaedic Care and Sports Medicine. Virtual. May 17th, 2025.
21. How you move matters... so does how you feel about it: Untangling the mind-body connection in hip pain. *University of Kentucky Exercise Science Seminar*. Lexington, KY. April 11th, 2025.
22. Consideration of Psychological Factors in the Treatment of Patients with Hip-Spine Syndrome. *7th Annual Hip Preservation Conference*. University of Pittsburgh Medical Center (UPMC) Orthopaedic Care and Sports Medicine. Virtual. May 11th, 2024.
23. Identifying Opportunities for Movement Retraining in Patients with Hip-Related Pain. *Mid-Atlantic Regional Chapter, American College of Sports Medicine Annual Meeting*. Lancaster, PA. November 3rd, 2023.
24. Psychologically Informed Clinical Practice: Improving Outcomes for Patients with Chronic Hip Pain. *MGH Institute of Health Professions Research Seminar*. Virtual. May 23rd, 2023.
25. Psychological Health in Patients with Hip-Related Pain. *6th Annual Hip Preservation Conference*. University of Pittsburgh Medical Center (UPMC) Orthopaedic Care and Sports Medicine. Virtual. May 13th, 2023.
26. Embracing a Biopsychosocial Approach for the Treatment of Chronic Hip Pain. *Massachusetts General Hospital Center for Health Outcomes and Interdisciplinary Research (CHOIR) Research Seminar*. Virtual. June 3rd, 2022.
27. The Who, When & How of Mental Health Screening in Athletes. *Mid-Atlantic Athletic Trainers' Association (MAATA) Annual Symposium*. EBP Lecture. Co-Speaker: Shelby Baez, PhD, ATC. Virtual. 2021. **Keynote lecture.**
28. Evidence-Based Interventions for Improving Psychosocial Health in the Athletic Training Setting. *Virginia Athletic Trainers' Association (VATA) Secondary Schools Annual Symposium*. Virtual. December 2nd, 2020.
29. The Impact of Poor Psychosocial Health on Injury Outcomes. *Virginia Athletic Trainers' Association (VATA) Secondary Schools Annual Symposium*. Virtual. December 2nd, 2020.

INVITED LECTURES – STATE/LOCAL (N=11)

30. From Ouch to Ongoing: Understanding Acute and Chronic Pain. *MGB Behavioral Medicine Program*. Boston, MA. December 9th, 2025.

31. The Pain Puzzle: Understanding and Treating What Hurts. *CHOIR Intern Pain Training*. (Virtual) July 9th, 2025.
32. Integrating psychological skills into rehabilitation for athletes with hip pain. *Mass General Brigham PT and AT Educational Conference*. (Virtual) April 10th, 2025.
33. Psychologically informed practice to enhance treatment outcomes for patients with hip-related pain. *MGH Sports Physical Therapy*. (Virtual) May 28th, 2024.
34. Human Movement Analysis as an Outcome for Biobehavioral Intervention Studies. *Center for Health Outcomes and Interdisciplinary Research (CHOIR) Team Meeting*. (Virtual) April 8th, 2024.
35. Consideration of Psychological Factors in the Evaluation and Treatment of Patients with Chronic Musculoskeletal Pain. *MGH Interdisciplinary Pain and Headache Rounds*. Boston, MA. (Virtual) February 28th, 2024.
36. Integrating the Biopsychosocial Model into Practice: Improving Clinical Outcomes for Patients with Orthopaedic Injuries. *Mass General Brigham (MGB) Sports Medicine Monthly Research Meeting*. Boston, MA. (Virtual) November 6th, 2023.
37. Evidence-Based Diagnosis and Treatment of Non-Arthritic Hip Disease. *West Virginia University (WVU) Medicine Center for Integrative Pain Management, Continuing Medical Education (CME) Meeting*. Morgantown, WV. December 15th, 2020.
38. The Impact of Psychological Factors on Musculoskeletal Rehabilitation. *West Virginia University (WVU) College of Physical Activity and Sport Sciences, Athletic Training Symposium*. Morgantown, WV. November 13th, 2020
39. The Effect of Pain Catastrophizing on Post-Operative Recovery. *Wisconsin Orthopaedic Society Fall Conference*. Middleton, WI. October 19th, 2018.
40. The Effect of Psychosocial Variables on Post-Operative Pain. *Aurora BayCare Sports Medicine Symposium*. Green Bay, WI. April 5th, 2019.

PEER-REVIEWED LECTURES & LABS (N=6)

1. Turning Care for Hip-Related Pain on Its Head: A Comprehensive, Psychologically Informed Patient-Centered Approach. *Combined Sections Meeting, American Physical Therapy Association*. Educational Session. Co-Speakers: Stephanie Di Stasi, PT, PhD and Marcie Harris-Hayes, PT, DPT, MSCI. Houston, TX. 2025.
2. Psychosocial Factors and Mental Health Matters in Hip Preservation Care. *ISHA – The Hip Preservation Society Annual Scientific Meeting*. Instructional Course Lecture. Co-Speakers: William Kelton Vasileff, MD; Craig Smith, MD; Chad Mather, MD. Washington, DC. 2024.
3. Psychologically Informed Practice to Enhance Outcomes after Sports-Related Injuries. *American College of Sports Medicine Annual Meeting (Online Exclusive Session)*. Lecture. Co-Speaker: Shelby Baez, PhD, ATC. Virtual. 2024.
4. A Systematic Evaluation Strategy for Hip and Groin Pain. *National Athletic Trainers' Association Annual Meeting and Symposium*. Lecture. Indianapolis, IN. 2023.
5. Hips Don't Lie: Keys to Successful Rehabilitation for Chronic Hip Pain. *National Athletic Trainers' Association Annual Meeting and Symposium*. Lecture. Philadelphia, PA. 2022.

6. Navigating Chronic Hip Pain in Athletes (EBP Lecture). *Mid-Atlantic Athletic Trainers' Association (MAATA) Annual Symposium*. Lecture. Virtual. 2021.

PEER-REVIEWED ABSTRACTS (N=70; 18 first-authored; 23 senior-authored)

Underline indicates mentee

1. Ballennger ES, Elliott HM, Fain AD, Mangino AA, Duncan ST, **Jochimsen KN**, Samaan MA. Structural and Symptomatic Hip Osteoarthritis are not Associated with Weaker Hip and Knee Musculature. *American College of Sports Medicine Annual Meeting*. Poster presentation. Salt Lake City, UT. May 26-29, 2026.
2. Elliott HM, **Jochimsen KN**, Mangino AA, Fain AD, Gaffney BM, Bawab SY, Duncan ST, Samaan MA. Individuals with Symptomatic Hip Osteoarthritis Ambulate with Different Hip Stress Contact Locations. *10th World Congress of Biomechanics*. Podium presentation. Vancouver, Canada. July 13, 2026.
3. Samaan MA, Sharp AG, Mangino AA, Fain AD, Duncan ST, **Jochimsen KN**. Altered Neuromuscular Patterns Yet Similar Hip Joint Contact Forces in Hip OA During Aerobic Exercise. *OARSI 2026 World Congress on Osteoarthritis*. Poster presentation. West Palm Beach, FL. April 24-25, 2026.
4. Sharp AG, Roper JA, Fain A, Duncan ST, Mangino AA, **Jochimsen KN**, Samaan MA. Aging Adults with Hip Osteoarthritis Ambulate with Lower Joint Power During a 30-Minute Walking Task. *10th World Congress of Biomechanics*. Poster presentation. Vancouver, Canada. July 15, 2026.
5. Kapoor A, Levey N, Mace RA, Scott K, **Jochimsen KN**. The use of mind-body skills by college students with and without chronic pain. *6th Annual Symposium of the International Musculoskeletal, Mental, and Social Health (I-MESH) Consortium*. Podium presentation. Virtual. March 26, 2026.
6. Wong J, Adams B, Mace RA, Wilcox B, Mangino T, Samaan MA, **Jochimsen KN**. Current Physical Activity, Not Pre-Pain Activity, Associates with Pain Self-Efficacy and Hip Kinematics in Chronic Hip-Related Groin Pain. *6th Annual Symposium of the International Musculoskeletal, Mental, and Social Health (I-MESH) Consortium*. Podium presentation. Virtual. March 26, 2026.
7. Stanze H, Wilcox B, Mangino A, **Jochimsen KN**, Samaan M. Effect of Hip Symptom Duration on Joint Power During a Single Limb Squat in Individuals with Hip Related Pain. *Annual Meeting of the Southeast Chapter of the American College of Sports Medicine*. Podium presentation. Greenville, SC. February 26, 2026.
8. Arizpe O, Price H, **Jochimsen KN**, Depp S, Vasileff WK, Sullivan L, Di Stasi S. Fear, Function, and Physical Activity in Individuals with Femoroacetabular Impingement Syndrome. *Combined Sections Meeting, American Physical Therapy Association*. Poster. Anaheim, CA. February 12, 2026.
9. Sharp AG, **Jochimsen KN**, Fain AD, Mangino AA, Duncan ST, Roper JA, Samaan MA. Aging adults with hip osteoarthritis walk with altered lower extremity joint power. *American Society of Biomechanics Annual Meeting*. Podium presentation. Pittsburgh, PA. August 15, 2025.
10. Stanze H, Wilcox B, Mangino AA, Samaan MA, **Jochimsen KN**. Effect of Hip Symptom Duration on Total Support Moment During Unilateral Squat in Individuals with Hip-Related Pain. *American Society of Biomechanics Annual Meeting*. Poster. Pittsburgh, PA. August 15, 2025.
11. Mangino A, Kim C, Samaan M, **Jochimsen KN**. Techniques in Team Science: The Preponderance of Evidence for Good Decision-Making in Biomechanics. *Joint Statistical Meetings*. Podium presentation. Nashville, TN. August 4, 2025.

12. **Sharp AG, Jochimsen KN**, Samaan MA. Assessment of Sagittal Plane Hip Power in Aging Adults with Radiographic Hip Osteoarthritis. *Annual Meeting of the Southeast Chapter of the American College of Sports Medicine*. Greenville, SC. February 20-22, 2025.
13. **Stanze H**, Wilcox B, Zgoda M, Samaan MA, **Jochimsen KN**. Total Support Moment During Unilateral Squat in Individuals with Hip-Related Pain. *Annual Meeting of the Southeast Chapter of the American College of Sports Medicine*. Greenville, SC. February 20-22, 2025.
14. **Machado L, Jochimsen KN**, Samaan MA. Altered Lumbopelvic Coordination Patterns in Aging Adults with Hip Osteoarthritis. *Annual Meeting of the Southeast Chapter of the American College of Sports Medicine*. Greenville, SC. February 20-22, 2025.
15. **Jochimsen KN**, Archer K, Pollini R, **Enkhtsetseg N**, **Wright E**, Wilk R, Preszler J, McInnis K, Borgstrom H, Jacobs C, Vranceanu AM. "Sounds like a Dream": Patient Perceptions of Mind-Body Skills for the Treatment of Hip-Related Pain. *Combined Sections Meeting, American Physical Therapy Association*. Poster. Houston, TX. February 13-15, 2025.
16. **Stanze HM, Jochimsen KN**, Duncan ST, Samaan MA. Hip Joint Mechanics During a Bilateral Squat in Individuals with Femoroacetabular Impingement Syndrome (FAIS). *American Society of Biomechanics Annual Meeting*. Poster. Madison, WI. August 5-8, 2024.
17. Baez SE, Reiche E, Brinkman C, Genoese F, **Jochimsen KN**. No sex differences in kinesiophobia in individuals with a history of ACL reconstruction. *American College of Sports Medicine Annual Meeting*. Poster. Boston, MA. May 28, 2024.
18. Samaan MA, Fain A, Jacobs CA, Noehren B, Duncan ST, **Jochimsen KN**. Biomechanical and Psychological Factors Associated with Hip Pain in Aging Adults. *OARSI 2024 World Congress on Osteoarthritis*. Poster. Vienna, Austria. April 18-21, 2024.
19. **Jochimsen KN**, Archer K, Pollini R, Jacobs CA, Vranceanu AM. Implementation of a Psychological Skills Intervention for Patients with Hip-Related Pain Delivered by Physical Therapists. *Combined Sections Meeting, American Physical Therapy Association*. Poster. Boston, MA. February 15-17, 2024.
20. **Jochimsen KN**, Hooker J, Szapary C, Vranceanu AM. Baseline Characteristics Associated with Physiotherapy Attendance Following Traumatic Orthopaedic Injuries. *4th Annual Symposium of the International Musculoskeletal, Mental, and Social Health (I-MESH) Consortium*. Podium presentation. Virtual. March 28th, 2024.
21. **Jochimsen KN**, Doorley JD, Monnin J, Cohen J, **Robinson H**, Vasileff WK, Jacobs CA, Di Stasi S, Vranceanu AM. Are psychological health factors associated with patient-reported pain and function in individuals with hip-related pain? A systematic review. *4th Annual Symposium of the International Musculoskeletal, Mental, and Social Health (I-MESH) Consortium*. Podium presentation. Virtual. March 28th, 2024.
22. Duque Urrego D, Pinnock Brandford K, Aristizabal Pla Gerard, **Robinson HM**, Settle HA, **Jochimsen KN**, Cain SM. IMU-Based Measures of Stability Reveal Differences in Balance Performance Between Gymnasts With and Without a History of Sport Related Concussion. *Annual American Society of Biomechanics Meeting*. Podium. Knoxville, TN. 2023.
23. **Williams SM, Derrico D, Robinson H**, Settle H, **Jochimsen KN**. Self-efficacy is lower following musculoskeletal injury than sport-related concussion in Division I female gymnasts. *Annual American College of Sports Medicine Meeting*. Poster. Denver, CO. 2023.

24. Ulrich I, Solger E, **Jochimsen KN**. HAGOS and Copenhagen Squeeze Test Score Changes During the Season in Division I Male Soccer Players. *Annual American College of Sports Medicine Meeting*. Poster. Denver, CO. 2023.
25. Dewig DR, **Jochimsen KN**, Tenan MS. Inter-day Variance During Squatting Using a Markerless Motion Capture System. *Annual American College of Sports Medicine Meeting*. Poster. Denver, CO. 2023.
26. Robinson HM, Duque Urrego D, Pinnock Branford K, Aristizábal Pla G, Settle HA, Cain SM, **Jochimsen KN**. Clinical and High-Resolution Balance Assessments in Division I Collegiate Gymnasts With and Without A History of Sport-Related Concussion. *National Athletic Trainers' Association Annual Meeting and Symposium*. Poster. Indianapolis, IN. 2023.
27. Williams SM, Derrico D, Robinson H, Settle H, **Jochimsen KN**. Well-being and performance anxiety following sport-related concussion in Division I female gymnasts. *National Athletic Trainers' Association Annual Meeting and Symposium*. Poster. Indianapolis, IN. 2023.
28. Ulrich I, Solger E, **Jochimsen KN**. Relationship Between Groin Function and Previous Groin Injuries in Division I Male Soccer Players. *National Athletic Trainers' Association Annual Meeting and Symposium*. Poster. Indianapolis, IN. 2023.
29. **Jochimsen KN**, Murro M, Derrico D, Nguyen AD, Mancinelli CA. Self-efficacy and physical activity are related in patients with hip-related pain. *National Athletic Trainers' Association Annual Meeting and Symposium*. Podium. Indianapolis, IN. 2023.
30. Kramer EM, Murro M, Samaan MA, Dewig D, Nguyen A, Mancinelli CA, **Jochimsen KN**. Sagittal Plane Single Leg Squat Kinematics and Kinesiophobia Before and After a Strength and Neuromuscular Training Intervention in Individuals with Hip-Related Pain. *National Athletic Trainers' Association Annual Meeting and Symposium*. Poster. Indianapolis, IN. 2023.
31. Spaeder D, Murro M, McCrory JL, Nguyen AD, Mancinelli C, Mauro C, **Jochimsen KN**. Muscle activation during squatting related to symptom duration and kinesiophobia in individuals with hip-related pain. *Combined Sections Meeting, American Physical Therapy Association*. Podium. San Diego, CA. 2023.
32. Brill H, Billman C, Mancinelli C, **Jochimsen KN**. The Relationship Between Pain During Therapeutic Exercise and Functional Improvement in Individuals with Hip-Related Pain. *West Virginia University DPT Research Day*. Poster. Morgantown, WV. 2023.
33. **Jochimsen KN**. Higher Pain Catastrophizing is Associated with Lower Hip Flexion Angles during Single-Leg Tasks but Not Walking Gait in Individuals with Hip-Related Pain. *3rd Annual Symposium of the International Musculoskeletal, Mental, and Social Health (I-MESH) Consortium*. Podium. Virtual. 2023.
34. Williams SM, Derrico D, Robinson H, Settle H, **Jochimsen KN**. Self-efficacy is lower following musculoskeletal injury than sport-related concussion in Division I female gymnasts. *Annual West Virginia Athletic Trainers' Association Meeting*. Poster. Charleston, WV. 2023.
35. Coyne NC, **Jochimsen KN**. Higher Pain Catastrophizing is Related to Lower Hip Flexion Angles during a Step-Down Task in Individuals with Hip-Related Pain. *West Virginia University Van Liere Research Conference*. Poster. Morgantown, WV. 2023.
36. Heckert TE, Blankenship VT, Foster SZ, **Jochimsen KN**, Nguyen A. Differences in Agility Performance in Response to Visual Stimuli Using Virtual Reality Motion Analysis. *Annual American College of Sports Medicine Meeting*. Poster. San Diego, CA. 2022.

37. Heckert TE, Blankenship VT, Foster SZ, Dornbusch NK, Meyers ML, **Jochimsen KN**, Nguyen A. Relationship Between Neuromuscular Factors and Virtual Reality Agility Performance Screenings. *National Athletic Trainers' Association Annual Meeting and Symposium*. Poster. Philadelphia, PA. 2022.
38. Derrico DM, Settle HA, Robinson HM, Ciulla CI, Nguyen AD, **Jochimsen KN**. Do Self-Efficacy and Resilience Differ Between Injury Status and Class in Division I Student-Athletes? *National Athletic Trainers' Association Annual Meeting and Symposium*. Poster. Philadelphia, PA. 2022.
39. **Jochimsen KN**, Jia L, Vasileff WK, Ryan J, Di Stasi S. Self-Efficacy and Symptom Duration are Not Associated in Patients Presenting to a Hip Preservation Clinic. *Combined Sections Meeting, American Physical Therapy Association*. Podium. San Antonio, TX. 2022. *Abstract withdrawn – unable to present due to COVID-19*.
40. York S, **Jochimsen KN**, Vasileff WK, Jia L, Di Stasi S. Self-efficacy, socioeconomic status, and function in persons following hip arthroscopy or total hip arthroplasty. *Combined Sections Meeting, American Physical Therapy Association*. Poster. San Antonio, TX. 2022.
41. Ferrell A, Ellis M, Mancinelli C, **Jochimsen KN**. The Relationship Between Self-Efficacy, Well-Being, and Hip Function in Individuals with Chronic Hip-Related Groin Pain. *West Virginia University DPT Research Day*. Poster. Morgantown, WV. 2022.
42. Robinson HM, Settle HA, Derrico DM, Nguyen A, **Jochimsen KN**. Do Psychosocial Factors Differ Between Class and Injury Status in Division I Gymnasts? *Annual West Virginia Athletic Trainers' Association Meeting*. Poster. Morgantown, WV. 2022.
43. Heckert TE, Blankenship VT, Foster SZ, **Jochimsen KN**, Nguyen A. Differences in Agility Performance in Response to Visual Stimuli Using Virtual Reality Motion Analysis. *Annual West Virginia Athletic Trainers' Association Meeting*. Podium. Morgantown, WV. 2022.
44. Murro M, **Jochimsen KN**. Relationship between self-efficacy and physical activity in individuals with and without chronic hip pain. *Mid-Atlantic Regional Chapter, American College of Sports Medicine Annual Meeting*. Podium. Harrisburg, PA. 2021. **Master's Student Oral Award Session**.
45. **Jochimsen KN**, Di Stasi S, Vasileff WK. Self-efficacy and previous activity level are associated with self-reported hip function in patients presenting to a hip preservation clinic. *National Athletic Trainers' Association Annual Meeting and Symposium*. Podium. Virtual. 2021.
46. Murro M, **Jochimsen KN**. Collection Rate Investigation of ActiGraph wGT3X-BT: A Pilot Study. *American College of Sports Medicine Annual Meeting*. Poster. Virtual. 2021.
47. Glaws K, Di Stasi S, Pedroza A, **Jochimsen KN**, Vasileff W, Ryan J. Does Hip Morphology Severity Help to Explain Self-Reported Disability in Patients with Femoroacetabular Impingement Syndrome? *Combined Sections Meeting, American Physical Therapy Association*. Virtual. 2021.
48. Zastrow L, Perry J, **Jochimsen KN**, Ryan J, Ellis T, Di Stasi S. Total Support Moment Analysis of a Drop Vertical Jump Task in Athletes with FAIS. *Combined Sections Meeting, American Physical Therapy Association*. Virtual. 2021.
49. Elwood M, **Jochimsen KN**, Perry J, Ryan J, Ellis T, Di Stasi S. Joint and Total Leg Stiffness Before and 6 Months Post-Arthroscopy for Femoroacetabular Impingement Syndrome. *Combined Sections Meeting, American Physical Therapy Association*. Virtual. 2021.
50. **Jochimsen KN**, Doorley JD, Vranceanu AM, Noehren B, Duncan ST, Jacobs CA. Rumination,

Kinesiophobia, and Pain Self-Efficacy are Associated with Perceived Improvement Following Hip Arthroscopy. *Inaugural International Consortium for Addressing Mental and Social Health in Musculoskeletal Care (I-MESH) Symposium*. Podium. Virtual. 2021.

51. Perry J, **Jochimsen KN**, Willy R, Di Stasi S. Dynamic Joint Stiffness During Single Leg Drop in FAIS Participants. *American Society of Biomechanics Annual Meeting*. Poster. Virtual. 2020.
52. **Jochimsen KN**, Perry J, Di Stasi S. Altered Ankle Kinematics as a Strategy to Reduce Hip Moments During a Drop Vertical Jump in Individuals with Femoroacetabular Impingement Syndrome. *National Athletic Trainers' Association Annual Meeting and Symposium*. Podium. Virtual. 2020.
53. Muffly BT, Zacharias AJ, **Jochimsen KN**, Duncan ST, Clohisy JC, ANCHOR Study Group, Jacobs CA. Age is Just a Number: No Difference in Post-Operative HOOSglobal or Satisfaction in Patients Above or Below Age 30 Who Undergo Periacetabular Osteotomy. *American Academy of Orthopaedic Surgeons Annual Conference*. Podium. Orlando, FL. 2020.
54. **Jochimsen KN**, Mattacola CG, Noehren B, Duncan ST, Jacobs CA. Low Self-Efficacy and Mental Health Disorders Predict Persistent Postoperative Pain 3-Months Following Hip Arthroscopy. *National Athletic Trainers' Association Annual Meeting and Symposium*. Podium. Las Vegas, NV. 2019. **Doctoral Oral Award Finalist**.
55. Duncan ST, **Jochimsen KN**, Conley CEW, Thompson K, Jacobs CA. Mood Disorders Common and are Associated with Increased Preoperative Healthcare Costs for Patients Undergoing Hip Arthroscopy. *American Academy of Orthopaedic Surgeons Annual Meeting*. Podium. Las Vegas, NV. 2019.
56. Muffly BT, **Jochimsen KN**, Duncan ST, Clohisy JC, ANCHOR Study Group, Jacobs CA. Age is Just a Number: No Difference in Post-Operative HOOSglobal or Satisfaction in Patients Above or Below Age 30 Who Undergo Periacetabular Osteotomy. *American Association of Hip and Knee Surgeons Annual Meeting*. Podium. Dallas, TX. 2019.
57. Duncan ST, **Jochimsen KN**, Conley CEW, Thompson K, Jacobs CA. Mood Disorders Common and are Associated with Increased Preoperative Healthcare Costs for Patients Undergoing Hip Arthroscopy. *American Association of Hip and Knee Surgeons Annual Meeting*. Podium. Dallas, TX. 2018.
58. **Jochimsen KN**, Mattacola CG, Duncan ST, Lattermann C, Jacobs CA. Pain Catastrophizing Behaviors are More Common in Patients with Femoroacetabular Impingement of the Hip than Acute Anterior Cruciate Ligament Injuries. *National Athletic Trainers' Association Annual Meeting and Symposium*. Poster. New Orleans, LA. 2018.
59. Nzegwu I, **Jochimsen KN**, Noehren B, Lattermann C, Duncan ST, Jacobs CA. Synovitis associated with joint space narrowing and cartilage degeneration for those with femoroacetabular impingement. *Southern Orthopaedic Association's Annual Meeting*. Podium. Palm Beach, FL. 2018.
60. Kocan K, **Jochimsen KN**, Duncan ST, Noehren B, Jacobs CA. The Relationship Between Duration of Symptoms and Pre-Operative Pain Catastrophizing Scores in Patients with Femoral Acetabular Impingement. *National Athletic Trainers' Association Annual Meeting and Symposium*. Poster. New Orleans, LA. 2018.
61. **Jochimsen KN**, Duncan ST, Mattacola CG, Noehren B, Jacobs CA. Synovitis Associated with Joint Space Narrowing and Cartilage Degeneration for those with Femoroacetabular Impingement. *Athletic Trainers' Osteoarthritis Consortium Annual Meeting*. Podium. New Orleans, LA. 2018.
62. **Jochimsen KN**, Mattacola CG, Noehren B, Duncan ST, Jacobs CA. The Effect of Pain Catastrophizing on Preoperative Pain in Patients Undergoing Hip Arthroscopy. *University of Kentucky Center for Clinical and Translational Sciences Conference*. Podium. Lexington, KY. 2018.

63. **Jochimsen KN**, Mattacola CG, Noehren B, Duncan ST, Jacobs CA. The Effect of Pain Catastrophizing and Pain Pressure Thresholds on Preoperative Pain in Patients Undergoing Hip Arthroscopy. *College of Health Sciences Rehabilitation Sciences Research Day*. Poster. Lexington, KY. 2018.
64. Jacobs CA, Burnham JM, Whale CE, King PM, **Jochimsen KN**, Howard JS, Malempati CS, Mattacola CG, Lattermann C. Lower Mental Component Scores are Associated with Lower Return-to-Work Rates after Patellofemoral Autologous Chondrocyte Implantation. *American Orthopaedic Society for Sports Medicine*. Podium. Toronto, ON. 2017.
65. Lattermann C, Jacobs CA, Whale CE, **Jochimsen KN**, Johnson DL, Reinke E, Huston LJ, Kraus VB, Spindler KP. Biomarkers on the Day of ACL Reconstruction and Sex Predictive of Knee-related Quality of Life at 2-Year Follow-up. *American Orthopaedic Society for Sports Medicine 2017 Specialty Day*. Podium. Toronto, ON. 2017.
66. **Jochimsen KN**, Pelton MR, Jacobs C, Mattacola CG, Lattermann C. The 6-month Progression of Pain Catastrophizing in an Acute ACL Population. *National Athletic Trainers' Association Annual Meeting and Symposium*. Podium. Houston, TX. 2017.
67. Burnham J, Domingo, Hamilton, **Jochimsen KN**, Hunt, Jacobs CA, Duncan ST. Lower Preoperative VR-12 Mental Component Scores Are Associated with Lower Return-to-Work Rates After Arthroscopic Acetabular Labral Repair. *American Academy of Orthopaedic Surgeons Annual Conference*. Podium. San Diego, CA. 2017.
68. **Jochimsen KN**, Duncan S, Nzegwu I, Noehren B, Jacobs C. The Potential Role of Synovitis in Femoroacetabular Impingement Symptoms and Osteoarthritis Progression. *University of Kentucky Center for Clinical and Translational Sciences Conference*. Poster. Lexington, KY. 2017.
69. Jacobs CA, Burnham J, Malempati C, Molina, Hamilton, **Jochimsen KN**, Hunt E, Duncan ST. Preoperative Symptoms for Femoroacetabular Impingement Patients More Related to Mental Health Scores than the Condition of the Local Tissue. *American Association of Hip and Knee Surgeons Annual Meeting*. Podium. Dallas, TX. 2016.
70. **Jochimsen KN**, Mattacola CG, Whale Conley CE, Jacobs C, Proffitt M, Gammon L, Kraus VB, Abt J, Reinke EK, Huebner J, Spindler KP, Lattermann C. Acute ACL Injury and Early Posttraumatic Osteoarthritis Biomarker Variability. *University of Kentucky Center for Clinical and Translational Sciences Conference*. Poster. Lexington, KY. 2016.

TEACHING EXPERIENCE – PRIMARY COURSE INSTRUCTOR (N=9 courses)

- AT 697: Research, Division of Athletic Training, West Virginia University. (Fall 2022, Spring 2023)
- AT 530: Therapeutic Interventions I, Division of Athletic Training, West Virginia University. (Spring 2022, Spring 2023)
- AT 632: Evidence-Based Practice III, Division of Athletic Training, West Virginia University. (Spring 2022, Spring 2023)
- AT 531: Therapeutic Interventions II, Division of Athletic Training, West Virginia University. (Spring 2022)
- AT 621: Advanced Neuromuscular Concepts, Division of Athletic Training, West Virginia University. (Fall 2021, Fall 2022)

- AT 523: Evidence-Based Practice II, Division of Athletic Training, West Virginia University. (Spring 2021)
- AT 520: Musculoskeletal Assessment & Diagnosis I (Lower Extremity Evaluation), Division of Athletic Training, West Virginia University. (Fall 2020)
- PT 686: Specialty Electives - Athletic Taping, Department of Physical Therapy, University of Kentucky. (Summer 2016, Summer 2017, Summer 2018)
- Hum Bio 210: Prevention and Treatment of Athletic Injuries, Department of Human Biology, University of Wisconsin, Green Bay. (Spring 2013, Spring 2014, Spring 2015)

TEACHING INNOVATION AND CURRICULUM DEVELOPMENT

2022-2023 MS in Exercise Physiology – Emphasis in Tactical Performance Physiology
 Department of Human Performance, School of Medicine, West Virginia University
 Core faculty member for new area of emphasis preparing students to optimize the readiness and resiliency of tactical professionals

TEACHING EXPERIENCE – GUEST LECTURES

Clinical Residency in Orthopaedic PT – MGH IHP Department of Physical Therapy
Topic: Hip Evaluation & Intervention
 Date: February 7th, 2026 (9 am-4 pm all-day lab)

EXSS 581 Psychology of Injury – University of North Carolina
Topic: Ouch to Ongoing: Understanding Chronic Musculoskeletal Pain
 Date: February 5th, 2026

Behavioral Medicine (BMED) Seminar – Mass General Brigham/Harvard Medical School
Topic: From Ouch to Ongoing: Understanding Acute and Chronic Pain
 Date: December 9th, 2025

EXSS 581 Psychology of Injury – University of North Carolina
Topic: When Ouch Turns to Ongoing: Understanding Persistent Musculoskeletal Pain
 Date: September 23rd, 2025

Psychology Intern Pain Training – Mass General Brigham/Harvard Medical School
Topic: The Pain Puzzle: Understanding and Treating What Hurts
 Date: July 9th, 2025

EXSS 581 Psychology of Injury – University of North Carolina
Topic: Understanding and Managing Persistent Musculoskeletal Pain
 Date: February 6th, 2025

AT 530: Therapeutic Interventions I – West Virginia University
Topic: Pain Processing and Psychologically Informed Practice
 Date: January 29th, 2025

EXSS 581 Psychology of Injury – University of North Carolina
Topic: Chronic Musculoskeletal Pain & Psychological Considerations
 Date: April 30th, 2024

- PT 607 Gait Evaluation – MGH Institute of Health Professions DPT Program
Topic: Musculoskeletal Gait Evaluation
Date: February 14th, 2024 (*Canceled due to weather*)
- PT 607 Hip Evaluation – MGH Institute of Health Professions DPT Program
Topic: Musculoskeletal Hip Evaluation
Date: February 14th, 2024 (*Canceled due to weather*)
- AT 513 Fundamental Skills – Division of Athletic Training, West Virginia University
Topic: Pain Processing & Perception
Date: June 30th, 2023
- AT 611 Pathophysiology – Division of Athletic Training, West Virginia University
Topic: Pathophysiology of Musculoskeletal Disorders
Date: May 30th, 2023
- EXPH 481 Performance Enhancement for Dancers – Division of Exercise Physiology, West Virginia University
Topic: Using Biomechanics to Enhance Dance Performance
Date: March 8th, 2023
- PT 797 Research – Division of Physical Therapy, West Virginia University
Topic: Mentoring physical therapy students through a research proposal, project, and presentation
Dates: Fall/Spring 2021-2022 (2 students), Fall/Spring 2022-2023 (2 students)
- PT 708 Movement Diagnosis I – Division of Physical Therapy, West Virginia University
Topic: Using 3D Biomechanics for Human Movement Assessment
Dates: September 9th, 23rd, 30th, and October 14th, 2022
- AT 513 Fundamental Skills – Division of Athletic Training, West Virginia University
Topic: Pain Processing & Perception
Date: June 23rd, 2022
- AT 611 Pathophysiology – Division of Athletic Training, West Virginia University
Topic: Pathophysiology of Musculoskeletal Disorders
Date: June 15th, 2022
- AT 520 Musculoskeletal Assessment & Diagnosis I – Division of Athletic Training, West Virginia University
Topic: Hip Anatomy, Pathology & Evaluation
Date: September 15th, 2021
- AT 611 Pathophysiology – Division of Athletic Training, West Virginia University
Topic: Pathophysiology of Musculoskeletal Disorders
Date: June 2nd, 2021
- AT 530 Interventions I – Division of Athletic Training, West Virginia University
Topic: Tissue Healing and the Psychology of Pain
Date: January 12th, 2021
- MSK 521 Musculoskeletal Assessment & Diagnosis II – Division of Athletic Training, West Virginia University
Topic: Elbow & Forearm Anatomy, Pathology & Evaluation
Dates: October 27th & 29th, 2020
- KNS 200 Department of Kinesiology, Recreation, and Sport Studies, University of Tennessee,
Topic: Seminar – The Athletic Training Profession
Date: October 23rd, 2020

TEACHING EXPERIENCE – TEACHING ASSISTANT

2016-2018 University of Kentucky, Department of Athletic Training
AT 695 - Orthopaedic Evaluation and Rehabilitation of the Lower Extremity

2016-2018 University of Kentucky, Department of Athletic Training
AT 740 - Musculoskeletal Anatomical Dissection

RESEARCH MENTORSHIP – GRADUATE STUDENTS/POSTDOCS (N=22; N=2 PhD committees; N=4 M.S. committees; N=1 postdoc)

2026- Christopher Webster, PhD: MGH CHOIR – ***K co-mentor***
Postdoctoral Fellow
K23 application: TBD

2025- Katherine Hendry, DPT, PT: MGH Institute of Health Professions
Physical Therapy Orthopaedic Resident
Research project: TBD

2025- Justin Wong, DPT, PT: MGH Institute of Health Professions – ***co-primary mentor***
Ph.D. in Rehabilitation Sciences
Thesis: TBD

2024- Amara Sharp: University of Kentucky – ***committee member***
Ph.D. in Health Sciences
Thesis: TBD

2023-2025 Holly Stanze: University of Kentucky – ***committee member***
Master of Science in Kinesiology
Thesis: *Innovative Biomechanical and Engineering-Based Assessments of Hip Mechanics in Individuals with Hip-Related Pain*
Defense date: April 10th, 2025

2022-2024 Nicholas Coyne: West Virginia University
Doctor of Medicine (MD)
Research project: *Identifying clinical treatment targets to improve hip function in patients with chronic hip pain*

2022-2023 Sarah-Margaret Williams: West Virginia University
Master of Science in Athletic Training (MSAT; non-thesis)
Research project: *The impact of social support on readiness to return to sport following musculoskeletal injury in Division I collegiate athletes*

2022-2023 Ian Urlich: West Virginia University
Master of Science in Athletic Training (MSAT; non-thesis)
Research project: *Association Between Pre-Season Copenhagen Squeeze Test and In-Season Groin Injuries in Male Collegiate Soccer Players*

2022-2023 Hunter Brill: West Virginia University
Doctorate in Physical Therapy (DPT)
Research project: *The relationship between pain during therapeutic exercise and patient-reported hip function in individuals with hip-related pain*

- 2022-2023 Clay Brillman: West Virginia University
 Doctorate in Physical Therapy (DPT)
Research project: *The relationship between pain during therapeutic exercise and patient-reported hip function in individuals with hip-related pain*
- 2022-2023 Nick Linn: West Virginia University – **committee member**
 Master of Science in Exercise Physiology
Thesis: *Kinematics during a Forward Step-Down Task With and Without a NuNee Brace in Individuals with Patellofemoral Pain*
- 2022-2023 Emilie Kramer: West Virginia University
 Doctor of Medicine (MD)
Research project: *The Relationships Between Kinesiophobia, Pain, and Sagittal Plane Hip and Knee Kinematics During Walking in Individuals with Hip-Related Pain*
- 2021-2023 Hunter Robinson: West Virginia University
 Master of Science in Athletic Training (MSAT; non-thesis)
Research project: *Balance Measures Pre- and Post-Concussion in Division I Gymnasts*
- 2022-2023 Killian Coyne: West Virginia University
 Doctor of Medicine (MD)
Research project: *Psychosocial health over the course of a Division I gymnastics season*
- 2020-2022 Millissia Murro: West Virginia University – **committee member**
 Master of Science in Exercise Physiology
Thesis: *Differences in Hip Muscle Activation in Individuals with Chronic Hip Pain During Double and Single Legged Squats*
 Defense date: June 16th, 2022
- 2020-2022 Demitria Derrico: West Virginia University
 Master of Science in Athletic Training (MSAT; non-thesis)
Research project: *Examining Psychosocial Health to Identify Opportunities to Support Division I Student-Athletes*
- 2021-2022 Amanda Ferrell: West Virginia University
 Doctorate in Physical Therapy (DPT)
Research project: *The Relationship Between Self-Efficacy, Well-Being, and Hip Function in Individuals with Chronic Hip-Related Groin Pain*
- 2021-2022 Martha Ellis: West Virginia University
 Doctorate in Physical Therapy (DPT)
Research project: *The Relationship Between Self-Efficacy, Well-Being, and Hip Function in Individuals with Chronic Hip-Related Groin Pain*
- 2020-2021 Walter Menke: University of Kentucky – **committee member**
 Master of Science in Kinesiology
Thesis: *Mechanical Deviations in Gait in the Femoroacetabular Impingement Syndrome Population and Verbal Cue Altered Gait*
 Defense date: July 22nd, 2021
- 2019-2020 Megan Elwood: The Ohio State University
 Doctorate in Physical Therapy (DPT)
Research specialization project: *Hip Stiffness During a Drop Vertical Jump in Individuals with Femoroacetabular Impingement Syndrome*

2016-2018 Kelsea Kocan: University of Kentucky
Post-Professional Master of Science in Athletic Training
Thesis: *Are High Preoperative Pain Catastrophizing Scores Associated with a Longer Duration of Symptoms in Patients Undergoing Hip Arthroscopy?*

2015-2017 Margaret Pelton: University of Kentucky
Post-Professional Master of Science in Athletic Training
Thesis: *Effects of Pain Catastrophizing on Patient Reported Knee Function After Index Anterior Cruciate Ligament Reconstruction*

RESEARCH MENTORSHIP – RESEARCH COORDINATORS & VOLUNTEERS (N=4)

2025- Nadine Levy: Massachusetts General Hospital, Department of Psychiatry
Center for Health Outcomes and Interdisciplinary Research
Clinical Research Coordinator (CRC)

2025- Abigail Kapoor: Massachusetts General Hospital, Department of Psychiatry
Center for Health Outcomes and Interdisciplinary Research
Undergraduate Research Volunteer

2024-2025 Emily Wright: Mass General Brigham Sports Medicine
Clinical Research Coordinator (CRC)

2023-2024 Nomin Enkhtsetseg: Massachusetts General Hospital, Department of Psychiatry
Center for Health Outcomes and Interdisciplinary Research
Clinical Research Coordinator (CRC)

RESEARCH MENTORSHIP – UNDERGRADUATE STUDENTS (N=1)

2022-2023 Katelyn Scott: West Virginia University
Bachelor of Science in Exercise Physiology
Research project: *The use of mind-body skills by college students with and without chronic pain*

EXTRAMURAL GRANTS (ACTIVE)

NIH Mentored Patient-Oriented Research Career Development Award (Parent K23 Independent Clinical Trial Required), PA-20-206

Agency: National Center for Complementary and Alternative Medicine (NCCIH)

Primary Investigator: Jochimsen

Impact Score: 20

Status: Active (02/15/2023-01/31/2028)

Award number: 1K23AT011922-01A1

Title: *Development and feasibility of a mind-body intervention to improve physical activity for patients with chronic hip pain*

Award Amount: \$710,565

Role: PI (75% FTE)

DOD Peer-Reviewed Orthopaedic Research Program (PRORP) Women's Health Research Award

Primary Investigator: Samaan

Status: Active (09/01/2025-08/31/2028)

Award number: HT94252510406

Title: Rucking-Related Assessment of Muscular, Psychological, and Biomechanical Contributors to Hip Pain and Cartilage Integrity in Females (RAMP)

Award Amount: \$1,442,152 (MGH Subaward \$148,816)

Role: Co-Investigator; Site PI (15% FTE)

EXTRAMURAL GRANTS (PENDING)

NIH Clinical Coordinating Center for NCCIH Multi-Site Investigator-Initiated Clinical Trials of Mind and Body Interventions (Collaborative UG3/UH3 Clinical Trial Required) (PAR-21-243)

Agency: National Center for Complementary and Alternative Medicine (NCCIH)

Primary Investigators: Vranceanu (Contact PI), Jochimsen (MPI)

Status: Recommended for funding; JIT submitted 11/21/2025

Title: Toolkit for Optimal Recovery after Orthopedic Injury to Prevent Chronic Pain and Disability

Award Amount: \$9,001,988

Role: MPI (20% FTE)

PCORI Broad Pragmatic Studies (BPS)

Primary Investigators: Mace (Contact PI), Jochimsen (Dual PI)

Status: Revision LOI accepted; Full application due 01/13/26

Title: Comparing Innovative Nonpharmacological Solutions for Pain Interference Reduction & Empowering Women with Pelvic Pain: The INSPIRE Trial

Award Amount: \$8,678,445

Role: Dual PI (30% FTE)

Arthritis Foundation TrialLaunch Program, Planning Stage A

Primary Investigator: Samaan

Status: Submitted 01/31/2026

Title: Power-based Rehab to Optimize Postoperative hip joint Loading (PROPEL): Planning for a multi-site clinical trial

Award Amount: \$100,000

Role: Consultant

ISHA - The Hip Preservation Society Research Grant

Primary Investigators: Jochimsen (Contact PI), Mace (MPI), McClincy (MPI)

Status: Submitted 3/31/26

Title: Recover Stronger: A Multi-Center Trial of a Mobile App for Pain Self-Management Following Hip Preservation Surgery

Award Amount: \$20,000

Role: MPI (0% FTE)

EXTRAMURAL GRANTS (COMPLETED)

American College of Sports Medicine, Mid-Atlantic Regional Chapter (MARC) Early-Stage Investigator Award

Primary Investigator: Jochimsen

Status: Completed (12/01/2021 – 04/20/2023) (no-cost extension)

Title: *Real-time Biofeedback for Optimizing Hip Mechanics (RE-OPT): A Pilot Study*

This study will examine the immediate effects of gait retraining with real-time biofeedback on walking mechanics in individuals with chronic hip pain

Award Amount: \$1,500

Role: PI

INTRAMURAL GRANTS (ACTIVE)

None

INTRAMURAL GRANTS (PENDING)

None

INTRAMURAL GRANTS (COMPLETED)

West Virginia University Research and Scholarship Advancement (RSA) Grant

Primary Investigator: Jochimsen

Status: Completed (07/01/2021 – 06/30/2022)

Title: *A strength and neuromuscular training intervention to improve walking biomechanics*

This pilot study tested the effect of a strength and neuromuscular training program on walking gait biomechanics in 10 individuals with hip-related groin pain

Award Amount: \$10,000

Role: PI

West Virginia Clinical and Translational Science Institute – Pilot Grants Program

Primary Investigator: Jochimsen

Status: Completed (03/15/2021 – 04/28/2022) (no-cost extension)

Title: *The relationship between fear and movement in individuals with chronic hip pain*

This study examined the relationship between fear and physical activity in 45 individuals with chronic hip pain

Award Amount: \$5,000

Role: PI

RECENT TRAINING

- MGH Institute of Health Professions – The Fundamentals of Cognitive Behavioral Therapy (CBT)
- Duke University Cognitive Behaviorally Informed Skills Training (CBIST) for PT and OT
- MGH Division of Clinical Research Qualitative and Mixed Methods Research Overview for Investigators
- Harvard Catalyst Grant Review and Support Program (GRASP)
- Brown University Mindfulness-Based Cognitive Therapy (MBCT)
- Harvard Catalyst Introduction to Designing & Conducting Mixed Methods Research

CERTIFICATION AND LICENSURE

2024-	Massachusetts Licensed Athletic Trainer #ATL3971
2022	Mental Health First Aid Certification
2015-	National Provider Identifier (NPI) #1356792725
2012-	BOC Certified Athletic Trainer (ATC) #2000009729
2010-	American Red Cross CPR/AED for Health Care Provider
2010-	American Red Cross First Aid
2020-2026	West Virginia Licensed Athletic Trainer (LAT) #AT001744
2012-2020	Wisconsin Licensed Athletic Trainer (LAT) #1350-39
2015-2018	Kentucky Licensed Athletic Trainer (LAT) #AT1314

PROFESSIONAL MEMBERSHIPS

2023-	Young Athletes' Hip Research (YAHiR) Collaborative
2020-	International Musculoskeletal Mental and Social Health (I-MESH) Consortium
2019-	Athletic Trainers' Osteoarthritis Consortium
2010-	National Athletic Trainers' Association
2023-2024	Society of Behavioral Medicine
2022-2024	American Physical Therapy Association
2021-2023	Mid-Atlantic Regional Chapter, American College of Sports Medicine
2020-2024	American College of Sports Medicine
2020-2023	Association for Athletic Training Education
2020-2023	West Virginia Clinical and Translational Science Institute
2020-2023	West Virginia Athletic Trainers' Association
2019-2020	Ohio State Postdoctoral Association
2015-2018	Kentucky Athletic Trainers' Association
2012-2020	Wisconsin Athletic Trainers' Association
2012-2015	Great Lakes Athletic Trainers' Association- District IV
2010-12; 2015-18	Southeast Athletic Trainers' Association
2010-2012	Athletic Trainers' Association of Florida
2010-2012	Alpha Kappa Honor Society
2010-2012	FIU Athletic Training Student Organization

PROFESSIONAL SERVICE ACTIVITIES

International:

2026-	President, International Musculoskeletal Mental and Social Health Consortium (I-MESH)
2024	Lead, Psychosocial Terminology Work Group; International Musculoskeletal Mental and Social Health Consortium
2026	Moderator; International Musculoskeletal Mental and Social Health Consortium Symposium
2023-2026	Chair, Research Special Interest Group; International Musculoskeletal Mental and Social Health Consortium
2022;23;26	Conference planning committee member; International Musculoskeletal Mental and Social Health Consortium Symposium
2022;23;26	Conference abstract reviewer; International Musculoskeletal Mental and Social Health Consortium Symposium
2021-2023	Research Special Interest Group member; International Musculoskeletal Mental and Social Health Consortium
2020-	International Musculoskeletal Mental and Social Health Consortium, member

National:

2026	National Athletic Trainers' Association Convention; Invited Moderator – Session title: “Assessment and Management of Mental Health in Athletes”
2025	Team USA Injury Working Group
2024	NIH Reviewer <ul style="list-style-type: none"> ▪ Musculoskeletal, Skin, and Oral Sciences (MSOS) Special Emphasis Panel on musculoskeletal rehabilitation sciences (November 2024)
2024	National Athletic Trainers' Association Foundation Grant Writing Workshop; Mentor
2023	Society of Behavioral Medicine; rapid communication poster submission reviewer
2023-2024	NIH Early Career Reviewer Program <ul style="list-style-type: none"> ▪ MRS study section (February 2024)
2021-	National Athletic Trainers' Association Convention; proposal reviewer
2021	Athletic Trainers' Osteoarthritis Consortium Biomechanics Steering Committee, member

Regional/State:

2022	Mid-Atlantic Athletic Trainers' Association Career Workshop – Resume reviewer
2021	West Virginia Team Up for Sports Safety (TUFSS)

- 2020-2023 West Virginia Clinical and Translational Science Institute Females Advancing Clinical and Translational Science
 2020-2023 West Virginia Athletic Trainers' Association, Young Professionals Committee

University:

- 2026 Harvard Catalyst, Grant Reviewer
 2026 Mass General Brigham Academic Medical Centers, Center for Academic Development and Enrichment (CADE), LRP Webinar (Planning & Presentation)
 2024 Harvard Catalyst's Clinical and Translational Research Academy First Grant Bootcamp, Panel of Successful Early-Stage Investigators, Invited Panelist
 2020-2023 West Virginia University Office of Research and Graduate Education "Tweak my Aims" program, Reviewer
 2020 Ohio State University Edward F. Hayes Graduate Research Forum, Oral Presentation Judge
 2014-2015 University of Wisconsin, Green Bay Athletic Training Education Program Proposal Committee

Department/Division:

- 2025- Annual CHOIR Report – Lead
 2024- Psychophysiological Core (PPC), Center for Health Outcomes and Interdisciplinary Research, Co-Lead
 2023- Education and Training Core, Center for Health Outcomes and Interdisciplinary Research, Member
 2021-2023 West Virginia University Department of Human Performance and Exercise Science, Tenure and Promotion Committee
 2020-2023 West Virginia University Division of Athletic Training, MSAT Admission Committee
 2020-2023 West Virginia University Division of Athletic Training, Director of Research
 2020-2023 Mountaineer Sports Medicine Research Laboratory, Director
 2020-2023 West Virginia University Division of Athletic Training, Director, Student Research Program
 2020-2023 West Virginia University Division of Athletic Training, Student Progress Committee
 2020-2023 West Virginia University Department of Athletics, Athletic Trainer
 2022 West Virginia University Department of Human Performance and Exercise Science, Exercise Physiology Faculty Search Committee
 2013-2015 Aurora Sports Medicine Symposium Planning Committee

Journal Article Reviewer (Ad hoc):

British Journal of Sports Medicine; Mindfulness; Journal of Orthopaedic & Sports Physical Therapy; Gait & Posture; Medicine & Science in Sports & Exercise; Journal of Athletic Training; Clinical Biomechanics; Sports Health; Human Movement Science; International Journal of Athletic Therapy & Training; Journal of Sport Rehabilitation; Archives of Physical Medicine and Rehabilitation

Journal Associate Editor:

2024- British Journal of Sports Medicine

Journal Editor:

British Journal of Sports Medicine; Issue 59(14) – Invited Guest Editor

Grant Application Reviewer:

- 2026 Harvard Catalyst Pilot Funding Opportunity
 2024 NIH MSOS SEP: Musculoskeletal Rehabilitation Sciences (November 2024)
 2024 NIH MRS Study Section (February 2024)
 2021 Eastern Athletic Trainers' Association

MEDIA COMMUNICATIONS

1. University Orthopedics PT Podcast – 04/11/2025

- Episode 9: <https://open.spotify.com/show/5WWQF1hsdk17cAmQeNgrVN>
- 2. Movement Optimism Podcast – 11/26/2024
 - “Dr. Kate Jochimsen – how we think and feel influences our pain”
 - <https://open.spotify.com/episode/2SbCoDy4BnWAXZffUlnKC3?si=wboOLfyJRCedPZV BaBSxhA>
- 3. Journal of Orthopaedic and Sport Physical Therapy (JOSPT) Insights Podcast – 03/18/2024
 - Episode 171: “Mind-body connections in people with hip pain – how clinicians can help, with Dr. Kate Jochimsen”
 - <https://open.spotify.com/episode/4wC8MPoi1r1QAIHDNvWXOR>
- 4. Journal of Athletic Training (JAT Chats) Podcast – 11/27/2023
 - “Integrating Psychologically Informed Practice”
 - <https://open.spotify.com/episode/7tfoGtA8e9r5H8iXCslBH8?si=-XpEEEnAEQ9Gt8EyTtHpRTQ>
- 5. West Virginia University (WVU) Today – 03/23/2023
 - “WVU researchers working to get people with hip pain moving”
 - <https://wvutoday.wvu.edu/stories/2023/03/23/wvu-researchers-working-to-get-people-with-hip-pain-moving>
- 6. Madam Athlete Podcast – 08/23/2022
 - “Mentorship with Assistant Professor of Athletic Training Kate Jochimsen”
 - <https://open.spotify.com/episode/5Ai1K4xW5rtTNTY4lh07sr?si=3b8659c21d7c4c36>

PROFESSIONAL REFERENCES

1. Ana-Maria Vranceanu, PhD
Associate Chief of Research, Mass General Brigham Academic Medical Centers Psychiatry Department
Founding Director, Center for Health Outcomes and Interdisciplinary Research (CHOIR)
Mass General Brigham Academic Medical Centers Psychiatry Department
David T. Rovee PhD and Joanne V. Rovee Endowed Professor in Psychology
Harvard Medical School
2. Cale Jacobs, PhD
Director of Outcomes Research
Mass General Brigham (MGB) Sports Medicine
3. Stephanie Di Stasi, PT, PhD
Associate Professor, Division of Physical Therapy, School of Health and Rehabilitation Sciences
The Ohio State University

PERSONAL INFORMATION

Born: April 18th, 1987
Birthplace: Auburn, Washington