

Lisa Donegan Shoaf, PT, DPT, PhD
Dean and Professor
Murphy Deming College of Health Sciences
Mary Baldwin University
September 2022

CONTACT INFORMATION

Work Address and phone – Mary Baldwin University, Murphy Deming College of Health Sciences,
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LICENSURE AND CERTIFICATIONS:

Virginia License - #2305001899; direct access certification #2307000083 effective 4/29/08.
Board of Physical Therapy; initial licensing August 1981; current license
valid through December 31, 2022.

Additional certifications:

Certified Level 1 APTA Clinical Instructor Credentialing Trainer – current through July 2022
Certified Pilates Instructor through Pilates Method Alliance – current through July 2023
Certified Clinical Cancer Exercise Specialist – Level 2 – July 2019 (currently active)

EDUCATION:

Completed Fellowship through ABPTRFE in the APTA Educational Leadership Institute – July 2014

Completed Transitional DPT program at Virginia Commonwealth University - August 2009

Doctoral of Philosophy in Education -Virginia Commonwealth University May 2002
Dissertation entitled “The Effectiveness of Behavioral Management Program on Adherence to Home
Exercise Programs in Physical Therapy”

Master of Science Degree - James Madison University, May 1990
Concentration in Health Science and Sport
Thesis entitled: “Injury Prevention Education and Knowledge in College & University Dance
Programs.”

Bachelor of Science Degree - Medical College of Virginia/VCU, August 1981
Physical Therapy: Pre - PT courses completed at James Madison University 1977-1979.

ACADEMIC APPOINTMENTS OR OTHER SIGNIFICANT WORK EXPERIENCE:

Academic Appointments:

January 2021 – present Dean, Murphy Deming College of Health Sciences, Mary Baldwin
University

July 2018 –Dec. 2020 Director of the School of Health & Human Performance, Murphy Deming
College of Health Sciences, Mary Baldwin University

July 2012 – Dec. 2020 Director and Professor, Doctor of Physical Therapy Program
Mary Baldwin University, Murphy Deming College of Health Sciences

August 1992-June 2012 Director of Clinical Education,
Department of Physical Therapy, School of Allied Health
Professions, MCV Campus, Virginia Commonwealth University
Additional Appointment Department of Dance and Choreography, VCU

August 2011 – 2016 Adjunct Faculty – Shenandoah University – taught part time in online
program for master’s Certificate in Performing Arts Medicine Program

Jan. 1991-May 1991 Lecturer, Shenandoah University, Program in Physical
Therapy, Part-time

Jan. 1984-May 1991 Lecturer, James Madison University, Athletic Training
Program, Part-time

Other Related Employment:

July 2002 – Aug 2014 Foreign Credentialing Commission for Physical Therapy
Professional Credential Reviewer on contract basis part-time

Clinical Experience:

Feb 2013 – Oct 2019 Augusta Lifetime Fitness – Pilates Instructor for mat and reformer for post –
rehab clients; program development for Pilates program

Sept 2006 – May 2012 CJW Sports Medicine Center, Richmond, VA – prn OP orthopedics

Sept 2005-Aug 2006 At Home Care, Richmond, VA – prn home care

March 2004-Oct 2004 Healthsouth OP Clinic – Canal Street Office, Richmond, VA
Part-time clinical practice; outpatient orthopedics

June 2003 –Dec 2003 Richmond Physical Therapy, Inc., Richmond, VA
Part-time clinical practice; outpatient orthopedics

Sept. 2001 – Apr 2003 John Randolph Medical Center, Hopewell, VA
Part-time Clinical Practice; Outpatient Orthopedics

Oct. 1994- Apr.2000 Medical College of Virginia Hospital, Richmond,
Part-time Clinical Practice; Outpatient Team

Dec. 1993-Sept.1994 Virginia Rehab, Richmond, Part-time
Clinical Practice, Outpatient Orthopedics

Aug. 1992-Nov.1993 Virginia Spine Therapy, Richmond
Part-time Clinical Practice

July 1991-Aug. 1992 Staff Therapist, VCU Sports Medicine Center
Richmond, VA

June 1983-May 1991 Clinical Supervisor, Sports Medicine/Back Institute
Coordinator of Clinical Education
Rockingham Memorial Hospital
Harrisonburg, VA

Aug.1981-June 1983 Staff Therapist, Petersburg General Hospital
Petersburg, VA

May 1982-June 1983 Consultant, Richmond Olympiad Gymnastics Club
Richmond, VA

MEMBERSHIP - SCIENTIFIC, HONORARY, AND PROFESSIONAL SOCIETIES

American Physical Therapy Association (APTA) since 1981– with academy memberships including:
Academy of Orthopedics- member of SIG in performing arts
Academy of Education
The Catalyst: Health Policy Section
APTA Virginia Member – 1981 - present
Virginia Consortium for Clinical Education 1992-2012; served as president of this organization 1994-1999
Member of the Federation of State Boards of Physical Therapy
Member of International Association of Dance Medicine and Science

MEMBERSHIP IN COMMUNITY ORGANIZATIONS

Board Member 2007-2008– Z Mullins Dance Company – professional dance company,
Richmond, VA
Republican Women of Greater Augusta (chapter of VFRW)

SPECIAL AWARDS, FELLOWSHIPS AND OTHER HONORS

Fellowship:

Graduated as a Fellow in the APTA Educational Leadership Institute July 20, 2014.

Awards & Other Honors:

Awarded the *M Scott Sullivan Leadership Award* from the Virginia Physical Therapy Association (VPTA), October 2009 for recognition of leadership, mentoring, vision, and initiative through service to the VPTA.

Awarded the *Jack Walker Award* for 2001 from the Chattanooga Group, Inc. & APTA. Award given for the best clinical practice article published in Physical Therapy during 2000. Article award received for was entitled “Relationship of Low Back Flexion Range of Motion to Disability in Patients with Low Back Pain”. Presented during APTA National Conference 2001.

Board Appointments:

Appointed by the Governor of Virginia to serve as a member of the Advisory Board on Physical Therapy for Virginia - July 1999-June 2003. The Advisory Board was a 5 member Board which reported to the Board of Medicine and oversees licensure, practice rules and regulations for all licensed PT's and PTA's in Virginia.

Board of Physical Therapy created July 1, 2000. Appointed by the Governor to a one year term of service July 1, 2000-June 2001. Re-Appointed November 2001 for an additional 4 year term ending 2005. Served as Board president 2001-2003. Served as chair of legislative & rulemaking committee and member of special conference committee.

GRANTS

Funding from the American Physical Therapy Association for study on Direct Access Utilization in Virginia. Awarded \$4500 for fiscal year 2012- 2013 beginning July 2012.

Received grant from the Instructional Development Center at VCU in collaboration with Judy Steel, Department of Dance and Choreography, to design a web-based course - Anatomy for the Dancer. We will serve in the Faculty Mentoring Program. The grant is the receipt of a lap top computer, additional equipment, and applications for completing the course. Grant will be for June 2000-May 2001.

Grant from Center for Creative Teaching, Virginia Commonwealth University, Grant awarded spring 2001 for \$2500.00 to complete activities for Anatomy for the Dancer web-based course in collaboration with the Department of Dance and Choreography.

Grant from Center for Creative Teaching, Virginia Commonwealth University, awarded January 2004 - \$650.00 for materials for Dance Science course, pilot research project for dance, and travel for faculty to related educational programming

INVITED SEMINARS/PRESENTATIONS

Panel Discussion by the Ethics and Judicial Committee of APTA at the APTA Combined Sections Meeting, Friday, February 4, 2022 entitled "Duty to Treat or Right to Refuse Treatment for Unvaccinated Patients".

APTA Clinical Instructor Credentialing Program, Fishersville, VA at Murphy Deming College of Health Sciences, September 2019

APTA Clinical Instructor Credentialing Program, Wytheville, VA at Wytheville Community College, April 2017

APTA Clinical Instructor Credentialing Program, Fishersville, VA, MDCHS, March 2015

APTA Clinical Instructor Credentialing Program, Fishersville, VA, Augusta Health, February 16-17, 2013 and March 6-7, 2015

APTA Clinical Instructor Credentialing Program, Abingdon, VA, April 31- May 1, 2011

APTA Clinical Instructor Credentialing Program, Sheltering Arms Hospital , Richmond, VA
March 19-20, 2011

Invited presenter on “Pilates and Functional Rehab” for the program at CJW Sports Medicine,
“Integrating Functional Rehabilitation into Sports Medicine” – January 9, 2010

APTA Advanced Clinical Instructor Program – Mary Washington Hospital, Fredericksburg,
VA, -November2009

APTA Clinical Instructor Credentialing Program – CJW Johnston Willis Hospital, Richmond,
VA – March 2009

APTA Advanced CI Credentialing Program – Retreat Hospital, Richmond, VA, September
13-14, 2008

APTA Clinical Instructor Credentialing Program, Sheltering Arms Hospital , Richmond, VA ,
April 12-13, 2008

APTA Clinical Instructor Credentialing Program, Carilion Health System, Roanoke, VA,
March 2008

Presentation on New Direct Access Laws to Central District VPTA Meeting – September
2007

APTA Clinical Instructor Credentialing Program, Tidewater Physical Therapy, Newport
News, VA – May 5-6, 2007.

Injury Prevention and Management for Dancers, Core Fitness, Richmond, VA April 7, 2007

APTA Clinical Instructor Credentialing Program, Medical Facilities of America, Richmond,
VA – March 10-11, 2007

APTA Clinical Instructor Credentialing Program, Tidewater Community College, Norfolk,
VA, September 2006.

“Generic Inabilities: Bloopers and Buster: What We Should Do.” – presented in conjunction
with 4 other speakers on Thursday, Feb 2, 2006 – APTA Combined Sections Meeting, San
Diego, CA

APTA Clinical Instructor Credentialing Program, CJW Medical Center, Richmond, VA
November 19-20, 2005

“Ethics in the Trenching: Strategies for Taking Action in Clinical Practice” – presented
Friday, October 21, 2005 – VPTA Annual Conference, Portsmouth , VA

APTA Clinical Instructor Credentialing Program, Centra Health, April 30-May1, 2005

Annual VA/DC Clinical Educator's Workshop, "Maximizing Learning in the Clinical Environment – section presented entitle Providing Reasonable Accommodations in Clinical Setting and Developing Documentation of Student Performance. – Annandale, VA April 1, 2005

APTA Clinical Instructor Credentialing Program, Sheltering Arms Hospital, January 28-29, 2005

APTA Clinical Instructor Credentialing Program, Sheltering Arms Hospital, April 2-3, 2004

APTA Clinical Instructor Credentialing Program, MCV Hospital, May 3-4, 2003

SET-NET live Broadcast Entitle – "In the Trenches: What Works in Higher Education Instruction" , one speaker of 4; spoke about clinical issues for students with disabilities; Broadcast to approximately 75 sites in US & Canada, Match 26, 2003

Update on Uniform Pathway Taskforce, Fall Education Meeting of FSBPT, Chicago, IL, September 2002

Current Issues in Physical Therapy - State and National Levels; given to rehabilitation staff at John Randolph Medical Center, June 14, 2001

Presentation on Board of Physical Therapy activities to Southwest District of VPTA, May 15, 2001

Presented on Educational Changes due to Medicare Reimbursement at Annual Clinical Education Workshop, March 2, 2001

APTA Clinical Instructor Credentialing Program, Healthsouth Rehab Hospital, Richmond, VA; April 2000

APTA Clinical Instructor Credentialing Program, Retreat Hospital, Richmond,VA., October 2000

APTA Clinical Instructor Credentialing Program, Healthsouth Medical Center, Richmond, VA., March 2001

Improving Adherence to Exercise , Westminster Canterbury Retirement Community, February 18, 1999

Modalities for the Occupational Therapist, Virginia Beach, VA. August, 1992.

COMMITTEE SERVICE

Mary Baldwin University:

Serving as the Dean member of the Mary Baldwin University General Education Program Committee – August 2021 – May 2024

Elected to 3-year term as the MDCHS member of the Workload/Benefits Committee for MBU – term

2017-2019

Elected to a 3-year term as the MDCHS member of the Institutional Review Board for MBU to review all human subjects research. – 2014-2017

Serve on EPC for Murphy Deming College of Health Sciences - current

Served on Art Committee for MDCHS building – 2014-2015

Virginia Commonwealth University:

School of Allied Health:

Nominating Committee 1995-97, School of Allied Health

Secretary, 1995-96, School of Allied Health

LINKS Newsletter Representative for Physical Therapy 2000-2008, School of Allied Health University:

Criminal Delinquency Task Force – 2006-2007

Faculty Senate Representative for Allied Health 1998-2000;

Co-Chair of Legislative Committee of Faculty Senate 1999-2000

Physical Therapy:

State:

Chief Delegate – Virginia Physical Therapy Association (VPTA) – 2011– 2013, 2013-2015

President - VPTA 2006-2008

President Elect - VPTA -2005-2006

State - Nominating Committee Chair VPTA - 1994-1997

Member of Legislative Committee for VPTA - 1997-present

Virginia Delegate to APTA House of Delegates – 1997- 2019

Public Relations Chair, VPTA - 1989-91

President, Virginia Consortium for Clinical Education - 1995-1999

National:

Member of APTA Ethics and Judicial Committee, serving as chair 2022 – 2017-2022

Member QRC Committee – FCCPT, Alexandria, VA 2013-2017, re-appointed 2018-2021

Vice President, Performing Arts Special Interest Group, Orthopedic Section, American Physical Therapy Association, 2010 - 2013

Member Steering Committee for Health Policy and Administration Section of APTA Project LAMP Development of the Emerging Leader Institute – January 2008-2009; Co-chair curriculum committee for development of educational materials

Credentialed Reviewer for Foreign Credentialing Commission for Physical Therapy – July 2002 – 2011 (prn position)

Member of APTA Task Force for Advanced Clinical Instructor Credentialing 2005-2007–

this group developed the second level of CI credentialing through APTA.

Appointed by APTA to serve as a member of the Clinical Instructor Education Board for 3-year term beginning July 2003. Re-appointed to this committee for additional 3-year term beginning July 2006-2009.

Appointed by APTA to serve as a member of the Liaison Panel to the Federation of State Boards of Physical Therapy for a 3 year term beginning July 2004. Re-appointed to this panel for an additional 2 year term July 2006- June 2008.

Served as Annual Delegate for Virginia to the Federation of State Boards of Physical Therapy (FSBPT) Annual Meeting - April 2000 and April 2001, September 2002. Served on Continuing Competency Task Force for FSBPT June 1, 2000 – December 2002. Served as member of Uniform Pathway Task Force for 2002-2003.

Invited to serve on the Consensus for Clinical Education Conference sponsored by the APTA November 13-16, 1998. Invited by APTA to be among 48 professionals to address national issues in clinical education. Asked to be the member of a 5 person Adhoc committee from this group of 48 to finalize the decisions from this conference and prepare an RFP from the APTA - January 1999.

Credentialed to serve as a Trainer for APTA Clinical Instructor Credentialing Program - completed credentialing process April 1999-present

Credentialed as a Trainer for Advanced Clinical Instructor Credentialing Program – July 2007 – re-credentialed From August 2011 – June 2016.

OTHER SIGNIFICANT SCHOLARY, RESEARCH, OR ADMINSTRATIVE EXPERIENCE

Program Director of DPT Program, Mary Baldwin University, Murphy Deming College of Health Sciences, Staunton, VA – July 1, 2014 – December 2020.

Current Teaching Assignments at Mary Baldwin University:

PTH 814 Administration and Organization of PT Practice Settings – Summer 2021– 2 credits

PTH 921 Doctoral Project 3 – Fall 2021 – 1 credit

PTH 922 Doctoral Project 4 – Spring 2022 – 1 credit

Several guest lectures in several PT courses

PhD Doctoral Students Mentored:

Nija Chinn Gonsalves – served on dissertation committee 2008-2012 – University of Indianapolis DrSci program;

Title of study - “Investigation, Development, and Implementation of an Evidenced-Based Program to Reduce Diastasis Recti Abdominus in Post-Partum Women Using Pilates-Based Exercises”.

Evie Burnett – served on dissertation committee for 2006-2008; student in PhD program in Exercise Science at VCU

J. Eric Wilson - committee member, completed May 2001 from Rocky Mountain University
Doctor of Science in Physical Therapy program

Major Teaching and Administrative Assignments while at VCU:

Teaching in Entry-Level Doctoral Program:

PHTY 520 Clinical Education I -summer clinical experience, 4 credits
PHTY 650 Clinical Education II - summer clinical experience, 8 credits
PHTY 680 Clinical Education III - spring clinical experience, 16 credits
PHTY 651 Professional Issues, fall semester, 2 credits
PHTY 512 Professional Aspects of PT, fall semester, 2 credits
PHTY505 & 648 Measurement/Assessment and Orthopedics – selected sections

Administrative:

Served as the Director of Clinical Education- Administrative activities for oversight of the clinical education component of the program; provide management of sites, education to clinical sites and clinical instructors, oversee contract agreements and other needed mailings, oversee student clinical experiences and provide on-going communication with the approximately 250 clinical affiliation sites in the United States.

Member Curriculum Committee for DPT program

Teaching in Other University Departments:

DANC 317 Anatomy for the Dancer, web-based course, fall semester, 1 credit
DANC 318 Dance Science, spring semester, 3 credits

PEER REVIEWED PUBLICATIONS:

Thompson, A, Shoaf, LD (2021) Developing Student Professional Behaviors in the Clinical Setting. Credentialed Clinical Instructor Refresher Course (Booster Module 3); published on APTA Learning Center Spring 2021.

Shoaf, LD, Steel, J. (2018) Integrating the Shoulder Complex to the Body as a Whole: Applications for the Dancer; Online peer reviewed educational resource for the International Association of Dance Medicine and Science

Wolff-Burke, M, Ingram, D, Lewis, K, Odom, C, Shoaf, L.(2007 winter) Generic Inabilities and the Use of a Decision-Making Rubric for Addressing Deficits in Professional Behavior. Journal of PT Education, 21(3), 13-22.

Wilson, JE., Payton, O., Shoaf, LD., Dec, K. (2003) Muscle Energy Technique in Patients with Acute Low Back Pain: A Pilot Clinical Trial. JOSPT, 33 (9), 502-510.

Sullivan, MS, Shoaf, LD, Riddle, DL. (2000) Relationship of Low Back Flexion Range of Motion to Disability in Patients with Low Back Pain. Physical Therapy, 80(3), 240-250.

Shoaf, LD. Managed Care and Implications for Individuals with Disabilities.(Winter 1999) Focus on Autism and Developmental Disabilities. 14(4), 240-250.

Shoaf, LD. Comparison of the Students/Site Computer Matching Program and Manual Matching of Physical Therapy Students in Clinical Education. Journal of Physical Therapy Education, Vol. 13, No. 1, Spring 1999.

Shoaf, LD, Rucker, K.: Case History: Non-Surgical Management of Avascular Necrosis of the Hip. Journal of Back and Musculoskeletal Rehab. 43-47, Summer 1992.

PEER REVIEWED PRESENTATIONS:

Shoaf, LD, Steel, J. “Inversion – Exploring Function of the Upper Body and Trunk for Safe and Successful Weight Bearing”. Experiential Presentation, October 31, 2022, International Association for Dance Medicine and Science Conference, Limerick, Ireland.

Shoaf, LD, Tarleton, GB, Cintron, G, Searce, R. “Assessment of Physical Therapy Student Clinical Performance on Interprofessional Behaviors Using the IPA Tool”, Poster Presentation, October 22, 2021 at APTA Educational Leadership Conference, Atlanta, GA.

Shoaf, LD, Hilton, A, Patel, R. “Perceived Barriers & Facilitators to Exercise During & Subsequent to Cancer Treatment in Cancer Survivors”, Poster Presentation, APTA Combined Sections Meeting, February 15, 2020. This poster was awarded a blue ribbon by the Global Health SIG for Social Responsibility.

Shoaf, LD, Steel J. “Utilizing Strategies from Motor Learning to Enhance Verbal Cueing in Dancers”, Educational Session, International Association for Dance Medicine & Science, annual conference, Montreal, Canada, October 25, 2019

Shoaf, LD, Steel, J. “Experiential Anatomy for the Dancer: Tips for Teachers”. Educational Session, International Association for Dance Medicine & Science, annual conference, Helsinki, Finland, October 25, 2018.

Miller, T, Costello, E, Wruble, E, **Shoaf, LD**, Lebex, M, Tepper, SH. “How Can Academic Leadership Drive Excellence in Online Education? A Panel Discussion.” Educational Session, APTA Educational Leadership Conference, Sunday, October 14, 2018, Jacksonville, FL

Shoaf, LD and Tarleton, GB. “Going to New Heights in Interprofessional Education: One University Shares Ideas and Experiences from their Innovative IPE Courses”. Educational Session, APTA Educational Leadership Conference, Friday, October 12, 2018, Jacksonville, FL

Bierlein, JR, **Shoaf, LD**. “Exploration of Education and PT Treatment for Postpartum Recovery: Current Barriers Limiting Care”. Platform Presentation, February 24, 2018, Combined Sections Meeting, New Orleans, LA

Shoaf, LD, Green-Wilson, J, Ziegler, S. “Igniting, Empowering, and Engaging High Performing

Teams”. Presented as a 2 hour educational session at Combined Sections Meeting, February 23, 2018.

Talbot, M, Young, M, **Shoaf, LD**. “Correlation Between Roles Performed & Injuries Sustained During the Nutcracker in Professional Ballet Companies”. Presented as a poster presentation at the International Association for Dance Medicine and Science annual meeting in Houston, TX, October 14, 2017

Gil-Figueroa, J, **Shoaf, LD**. “Physical Therapists’ Perspectives on Usage & Effectiveness of Interpretation Services during Encounters with Patients with Limited English Proficiency.” Poster Presentation at VPTA State Conference, October 6, 2017, Newport News, VA.

Shoaf, LD and Lake, D. “Implementing the Flipped Classroom in PT Education”. Presented as a 7 hour pre-conference course at Combined Sections Meeting in Anaheim, CA, APTA, February 17, 2016.

Shoaf, LD and Kennedy, VK. “Ready, Set, IPE: Implementing Meaningful Interprofessional Education in a DPT Program”. Presented a 1.5 hour conference session at the Educational Leadership Conference for APTA, October 4, 2015, Baltimore, MD.

Shoaf, LD and Groseclose, IS. “Physical Therapy Direct Access Utilization in Virginia and Patient Satisfaction about Direct Access Care Received”. Presented a platform presentation for HPA section at Combined Sections Meeting for APTA in Indianapolis, IN, February 6, 2015.

Steel, J., Shoaf, LD. “Using Experiential Anatomy and Cueing to enhance the Dancer’s Integration of the Pelvis, Hip, and Lower Extremity.” workshop session at the International Association for Dance Medicine and Science meeting, Basel Switzerland October 16, 2014.

Shoaf, LD, Hahn, LR. “The Strategic Approach to Expanding Scope”. Research presentation at the Federation of State Boards of Physical Therapy annual meeting, San Francisco, CA, September 20, 2014.

Seestedt-Stanford LC, Shoaf, LD, Her, NB, Modlin, MO, Schnuck, L. “Designing Interprofessional Education: A Closer Look at Creating a New College of Health Sciences at Mary Baldwin College. Platform Presentation at the Association of Schools of Allied Health Professions annual meeting, October 24, 2013.

Steel, J, Shoaf, LD.” The Upper Body Disconnect: Revisiting the Role of the Scapula in Whole Body Integration”; presented workshop session at Performing Arts Medicine Association Symposium, Snowmass, CO, July 2012.

Shoaf, LD, Steel, J. “Agreement of Visual Assessment of Lumbar Spine Extension with Tendu Derriere in University Modern Dancers” ; platform presentation at International Association for Dance Medicine and Science meeting, Washington, DC, October 2011

Shoaf, LD, Steel, J. “Awakening the Antigravity Muscles: Exercises for Improving Technique and Decreasing Overuse Injuries” - 1 hour session presented at the International Association for Dance Medicine & Science meeting, Birmingham, England, Oct 28-31, 2010.

Jewell, DV, Shoaf, LD, Wilson, J, Ziegler, S. "Hitting the Ground Running: Integrating Principles of LAMP into Entry Level PT Education" – 3 hour session at CSM 2010, San Diego, CA., February 2010

Shoaf, LD, Steel, JK "Lumbopelvic Posture Control in University Modern Dancers and Relationship to Skill Level" – poster presentation, APTA Combined Sections Meeting, Las Vegas, NV – Feb 9-12, 2009

Shoaf, LD, Wheeler, EG "Clinical Instructor Behavior Change Associated with Completion of the APTA Clinical Instructor Credentialing Program: - poster presentation, APTA Combined Sections Meeting, Las Vegas, NV – February 9-12, 2009

Shoaf, LD, Steel, JK "Determining Lumbopelvic Posture Control in University Modern Dancers and its Relationship to Dance Skill Level" – platform presentation, International Association of Dance Medicine and Science, Cleveland, OH, October 24, 2008.

Wheeler, EG, Shoaf, LD "The Impact of Access to Electronic Library Resources on Clinical Instructors' Attitudes Toward and Use of Physical Therapy Evidence" – poster presentation, APTA Combined Sections Meeting, Boston, MA – February 15-17, 2007.

Shoaf, LD, Wheeler, EG. "Integrating Evidence Based Practice from the Classroom to the Clinical Setting". – poster presentation, APTA Combined Sections Meeting, San Diego, CA February 2-5, 2006

Wolff-Burke, M, Shoaf, LD, Odom, C, Ingram, D, Lewis, K, "Generic Inabilities: Blooper and Buster in the Clinic – What Should We Do." Presented 3 hour presentation at Combined Section Meeting, February 2006, San Diego, CA.

Shoaf, LD, Steel, J. "Strategies for Developing a Self-Assessment Tool for BFA Dance Majors in a Dance Science Course", platform presentation, International Association of Dance Medicine and Science Annual Meeting, San Francisco, CA, October 16, 2004.

Shoaf, LD, Wheeler, EG. "Determination of Pass Scores on the CPI Using a Modified Angoff Procedure", platform presentation, Combined Sections Meeting, Nashville, TN, February 6-8, 2004.

Shoaf, LD. "Patient Characteristics and Attitudes Related to Adherence to Home Exercise Programs in Outpatient Physical Therapy", platform presentation, Combined Sections Meeting, Tampa, FL Feb. 13-16, 2003.

Wilson, E. Payton, O, Shoaf, L, Dec, K. "Efficacy of Muscle Energy Technique in Patients with Acute Low Back Pain; A randomized Sequential Clinical Trial" poster presentation, Combined Sections Meeting, Tampa, FL, Feb. 13-16, 2003.

Shoaf, LD & Steel, J. "Teaching Anatomy to Dancers in a Web-Based Format: A Collaborative Experience", platform presentation at the International Association of Dance Medicine and Science, October 25-27, 2002, New York, NY.

Shoaf, LD. "Enhancing Adherence to Home Programs: Helping Patients Follow Through" presented 2.5 hour presentation at APTA National Conference 2001, June 23, 2001

Kramer, T, and Shoaf, LD. Platform Presentation at APTA National Conference, Washington, DC, June 1999 “ The Relationship of Measures of Student and Academic Stress, Obsessive-Compulsive Behaviors, Self Esteem, and Various Demographic Variables Among Physical Therapy Students”

Shoaf, LD. Poster Presentation at APTA National Conference, Minneapolis, MN, June 1996 ,“ The 2:1 Collaborative Clinical Education Model - A Pilot Study”

OTHER SCHOLARLY PRODUCTS:

Books Reviewed:

Patient Practitioner Interaction, Slack Publishers, provided input for 4th edition publication.

The Physical Therapists’ Guide to Orthopedic Manual Therapy: An Eclectic Evidence-Based Approach for Lippincott, Williams, & Wilkins, May 2003.

Compliance Issues in Physical Therapy – prospective text for Slack, March 2003.

Books, Chapters, other Invited Publications Authored:

Krencicki, D, **Shoaf, LD**, Cohn, R, Jensen, G, Gorman-Badar, D. (November 2022) “A Call to Reflective Action: Our Responsibility to Society and the Profession”. APTA Magazine, 14 (10), 16-21.

“APTA Advanced Clinical Instructor Program” – published and released in February 2008; served on Task Force for development of the program and publication of the document through APTA.

“Going to College: Expanding Opportunities for People with Disabilities” published by Brooks Publishing. Co-wrote chapter entitled – Strategies for Students with Hidden Disabilities in Professional School. Publication summer 2005

Other - Reviews, Exhibits, Films, Tapes, etc developed:

Swisher, D, Davis, S, Greenfield, B, Krencicki, D, **Shoaf, LD**, Dockter, L. (2018) “Professionalism Module 3: Ethical Compass”. Online educational resource on the APTA Learning Center (LMS-975). Launched May 22, 2018.

Anatomy for the Dancer - web-based course to offered to VCU dance majors Fall 2001; developed in collaboration with Judy Steel from Department of Dance and Choreography.

CONTINUING EDUCATION COURSES ATTENDED:

Clinical Cancer Exercise Certification workshop, July 21-25, 2019, Greeley, CO at the University of

Northern Colorado Cancer Rehabilitation Institute, resulted in level 2 certification.

Pilates on Tour – Phoenix, AZ – April 9-11, 2015; attended sessions on Fascia in Motion, and Pilates for Total Hip and Knee Replacements

“Clinical Reasoning for Cervical Spine Dysfunction” – 2 day course at VPTA Annual Conference, Richmond, VA, October 11-12, 2013

Pilates on Tour – Washington, DC, August 17-18, 2013. Attended courses on Post-Natal Care with Pilates and Reformer

“Pilates for Osteoporosis” – 2 day course, Miami, FL, February 25-26, 2012

“Comprehensive Pilates Mat Essentials” – 3 day course, Smithfield, VA March 2011

“Upper Extremity Pathokinesiology” and “Advanced Spine” for Pilates at Polestar, Miami, FL, September 2010

“Regional Interdependence – Assessing Lower Quarter Issues in Dancers”, New York University, New York, NY, July 31, 2009

Advanced Concepts of Managing the Athletic Upper Extremity, Richmond, VA, CJW Sports Medicine – January 10, 2009

The SI Joint Evaluation and Treatment, VPTA Annual Conference, Virginia Beach, VA, October 10, 2008

Advanced Concepts in Managing the Athletic Lower Extremity – January 12, 2008, CJW Sports Medicine Center, Richmond, VA

Developing a Clinical Education Curriculum in the Clinical Setting – VA/DC Annual Clinical Educator’s Workshop, Williamsburg, VA, March 2006.

Maximizing Learning in the Clinical Environment – VA/DC Annual Clinical Educator’s Workshop, Annandale, VA, April 1, 2005

Polestar Pilates Certification Program, 4 weekends beginning October 23, 2004., Arlington, VA. Will culminate in certification process in May 2005.

Somatic as Applied to Dance, May 18-21, 2004, Salt Lake City, UT.

Annual Clinical Educator Workshop, April 30, 2004, Charlottesville, VA, topic – Your True Colors: What they mean to you and your students.

Annual Clinical Educator Workshop, March 28, 2003, Charlottesville, VA, topic – Evidence Based Practice: What does it mean for Clinical Education?

Spring Education Meeting of the Federation of State Boards of Physical Therapy, March 14-16, 2003, Salt Lake City, UT, various education sessions attended.

Fall Education Meeting of the Federation of State Boards of Physical Therapy, September 17-20, 2002 Chicago, IL, various education sessions attended.

Spring Meeting of the Federation of State Boards of Physical Therapy, March 28-30, 2002, Orlando, FL, various education session attended.

Functional Movement Screen, November 16, 17, 2001 - Richmond, VA; evaluation and exercise approach for orthopedic patients

Fall Educational Meeting of the Federation of State Boards of Physical Therapy, September 8-10, 2001, Baltimore, MD; various education sessions attended

Round Table Discussion on Creative Teaching. Sponsored by VCU Center for Teaching Excellence, May 17, 2001.

Annual Meeting of Federation of State Boards of Physical Therapy, Scottsdale, Arizona, April 27-30, 2001, educational courses on various aspects of legal issues for board members, NPTE, and continuing competency

National Clinical Educator's Workshop. March 2001, San Francisco CA. 3 day workshop with courses related to educational theory, clinical teaching, and legal issues in clinical education

Annual Meeting of Federation of State Boards of Physical Therapy - New Orleans LA, April 1-2, 2000 - attended sessions of Board service, legal issues, and team building

Annual Education Meeting of the FSBPT. September 2000, San Francisco, CA - 3 day meeting with topics on legal issues and competency issues for board members

Web in the Box Course - beginning level; VCU Instructional Technology Center, 1 day course, March 2000

Problem Based Learning: An Overview of the Rationale, Process, and Outcomes. Presented by Jill Binkley, PT, MCISc to the Faculty of the Department of Physical Therapy, VCU, January 7, 1999

National Clinical Education Workshop, Orlando, FL, January 24-27, 1999. Attended various educational sessions including Generic Abilities and Alternative Models for Clinical Education

Training Course to Become an APTA Credentialed Trainer, Alexandria, VA, April 1999.

APTA Clinical Instructor Credentialing Workshop; Roanoke, VA; May 1998

What will the Typical Patient look like in 2005? Implications for PT Practice with the Elderly; Williamsburg, VA; March 1998

Renegotiating Health Care: New Models and Changing Relations; pre conference workshop; Boston, MA - February 11, 1998

Introduction to Trager Practice for the PT; June 23-25, 1997; Richmond, VA

Cervical Spine and Whiplash - Management of the Whiplash Patient - Lance Twoomey, Richmond, VA November 1996

5th National Physical Therapy Clinical Education Conference, Manhattan Beach, CA, March 1993

Manual Therapy for the Upper Quarter, Richmond, VA, April 1992

Muscle Energy Techniques I, Michigan State University, October 1991

Science and Somatics of Dance, American Dance Association, Temple University, Philadelphia, PA, February 1991

Principles of Manual Medicine, Michigan State University, East Lansing, MI, December 1990

PROFESSIONAL CONFERENCES ATTENDED:

APTA Combined Sections Meeting, San Antonio, TX February 2-5, 2022:

“Designing Meaningful Course Assessments for PT Education”

“Educating for Ethics and Professionalism: Lessons Learned during the Covid-19 Pandemic”

“Linda Crane Lecture, Dr. Steven Tepper, “Heart Strings: Stories of Love, Appreciation & Cycles”

“Oncology Curriculum in Entry Level DPT Programs – Where Are We and Where Can we Go?”

Pauline Cerasoli Lecture, Dr. Gail Jensen, “PT Education through the lens of the Master Adaptive Learner”

APTA Educational Leadership Conference, Atlanta, GA, October 21-24, 2021:

“Cultivating Habits at the Heart of Patient Care: Compassion, Vulnerability, and Imagination”

“Consortium for Humanities, Ethics, and Professionalism” - Dr. Ben Reiss presenter

“Pathway to Excellence by Understanding the Student Experience: A Multi-Center Trial using the PT-GQ Survey”

“Café, Community, and KSAs: A Conversation on Leadership in Physical Therapy”

“Universal Design for Learning: Bringing Equity and Inclusion into PT Education”

APTA Combined Sections Meeting, Denver, CO, February 12-15, 2020:

“A Clinical Reasoning Blueprint: Linking Learning Theories to Curricular Innovations”

“Emotional Intelligence Across the Professional Lifespan in PT: From Novice Student to Expert Practitioner”

“National Accreditation Standards in Oncology Care: Where does PT Fit?”

“Where Am I Working Today? Successful Floating in Acute Care.”

“Reaching the Summit: From Exposure to Immersion in Quality Improvement in PT Education”

“Exploring Leadership in Excellence in PT Education: Blazing a Research Path”

International Association for Dance Medicine & Science Annual Meeting. Montreal, Canada, October 24-27, 2019 – attended various session on dance medicine.

APTA Educational Leadership Conference, Belluvue, WA, October 18-20, 2019:

Attended CAPTE Self-Study Workshop October 16-17

“Geneva Johnson Forum – Transforming Relationships to Meet the Needs of Patients and Providers – Parts 1 & 2”

“ACAPT Business Meeting
“The Results are in: Leadership Competencies for the PT”
Oxford Debate

APTA Combined Sections Meeting, Washington, DC, January 23-26, 2019:
“Leaky Pipelines and Revolving Doors: Why Diversity and Inclusion in PT Seems Elusive”
“Emerging Issues in Medicare: Payment Updates and Hot Topics”
“Science Meets Practice: Verbal Cues Affect Lower Extremity Movement”
“Navigating Ethical and Professional Conundrums: The Price of a Teachable Moment”
“Personalized Physical Therapy: The Time is Now for Genomics”

International Association for Dance Medicine & Science Annual Meeting. Helsinki, Finland, October 24-27, 2018.

APTA Combined Sections Meeting, New Orleans, LA, Feb 21-25, 2018:
“Linking Informatics, EMRs and Quality Improvement: Preparing for the Future”
“Entry-Level Competencies from APTA Academies: Resources to Guide Curriculum”
“Expanding Diversity in the PT Profession through Purposive Admissions Practices”
“Pauline Cerosoli Lecture – Coddwomple – Dr. Jody Frost
“Starting Early with PT/PTA Collaboration: why Not Start as Students”

International Association for Dance Medicine & Science Annual Meeting. Houston, TX, October 12-15, 2017.

APTA Combined Sections Meeting, San Antonio, TX, Feb 15-19, 2017:
“Research Funding Symposium”
“Working Smarter, Not Harder: Crafting Scholarly Projects That Count”
“Using IP Simulations in Physical Therapy”
“1st Annual Kay Shepherd Qualitative Research Symposium”
“Interprofessional Professionalism”
“Helping Students Survive Rigor in a DPT Program”

Educational Leadership Conference, Phoenix, AR, Oct 2016

APTA Combined Sections Meeting, Anaheim, CA Feb 17-20, 2016

APTA Combined Sections Meeting, Indianapolis, IN, February 4-8, 2015 – multiple sessions

FSBPT Annual Meeting, San Francisco, CA, September 18-20, 2014

APTA Combined Sections Meeting, Las Vegas, NV, Feb 2014 – multiple sessions

Educational Leadership Conference, APTA, Portland, OR – October 4-6, 2013- multiple sessions attended.

APTA Combined Sections Meeting, Chicago, IL, February 2012 – multiple sessions attended

International Association for Dance Medicine and Science meeting, attended multiple session including a day for health professional focus on the ankle -Washington, DC, October 2011

APTA Combined Sections Meeting, New Orleans, LA, February 2011 – multiple sessions attended.

International Association for Dance Medicine & Science, Birmingham, England, October 28-31, 2010 - attended multiple sessions, including a day on hypermobility syndrome.

APTA Combines Section Meeting – San Diego, CA – February 2010 – multiple sessions attended.

VPTA Annual Conference – Dulles, VA – October 2010 – attended session on Medical Screening and Differential Diagnosis for Direct Access

VPTA Annual Conference – Richmond, VA – October 2009- attended session on management of Low Back Pain.

VPTA Annual Conference – October 2009, Richmond, VA – attended session on Evidence for Interventions of the Spine and Pelvic

APTA Combined Sections Meeting – Las Vegas, NV – February 2009 – multiple sessions attended

International Association of Dance Medicine and Science Meeting- Cleveland, OH, October 23-26, 2008 – attended a variety of research sessions and workshops on topics related to treating the injured dancer

VPTA Annual Conference – Virginia Beach, VA, October 10-12, 2008 – attended session on Evaluation and Treatment of the SI Joint

APTA Combined Sections Meeting – Nashville, TN, February 2008 – attended a variety of sessions

VPTA Annual Conference – October 2007; Roanoke, VA; attended Anatomy Review

APTA Combined Sections Meeting – Boston, MA; February 15-17, 2007; attended a variety of sessions on orthopedic lower extremity topics

VPTA Annual Conference – Reston, VA, October 2006; attended sessions on Medicare and Issues in Today's Healthcare Environment

APTA Combined Sections Meeting – Pasadena, CA; February 2006 – attended a variety of educational sessions

Annual Leadership Conference – AASIG and Clinical Education SIG of Education Section of APTA, October 1-3, 2005, Pasadena, CA – various topics related to clinical education and management

Virginia Physical Therapy Association Annual Conference, October 21-23, 2005, Portsmouth, VA – various topics including ethics, and shoulder rehab

Combined Sections Meeting APTA February 2-5, 2006, San Diego, CA- attended various educational programming in education and orthopedics.

Combined Sections Meeting, APTA , February 24-27, 2005, New Orleans, LA; attended various session.

FSBPT Annual Meeting, Philadelphia, PA, September 17-19, 2004; served as alternate delegate to Delegate Assembly of FSBPT; attended various educational sessions.

National Clinical Education Meeting, St. Louis, MO; October 1-3, 2004; attended various educational sessions- conference theme was patient-centered care and spirituality issues

International Association for Dance Medicine and Science Annual Meeting, San Francisco, CA, October 14-17; attended various educational sessions about dance medicine.

Combined Sections Meeting, APTA, February 5-8, 2004, Nashville, TN . Attended sessions.

Annual VPTA State Conference, October 17-19, 2003, Roanoke, VA. Attended session on Knee Rehabilitation.

APTA Annual Conference and Exposition, June 19-22, 2003, Washington, DC; attended various education sessions.

VPTA Annual Conference, Williamsburg, VA October 19-21, 2001; attended session on Differential Diagnosis in PT Practice as well as other seminars

APTA National Conference and Symposium, June 2001, Anaheim, CA; attended sessions

Combined Sections Meeting of APTA, New Orleans, LA, February 2000 - attended sessions

VPTA Annual Conference, Richmond, VA April 7-9, 2000, attended session of Reimbursement and Updates on CPT Coding

State Government Affairs Forum for APTA, October 1999, Hartford, CT

APTA Scientific Exposition; Orlando, FL, June 3-7, 1998; served in House of Delegates

Combined Sections Meeting; Boston, MA, February 11-15, 1998; conference attendee

7th National Clinical Education Conference - March 1997; Milwaukee, WI

APTA Scientific Exposition; San Diego, CA June 1-5, 1997; served in APTA House of Delegates

Virginia Physical Therapy Assoc State Conference; April 1997; Herndon, VA

National APTA Conference - Minneapolis, MN, June 1996

Virginia Physical Therapy Association; State Conference, Norfolk, VA, April 12-14

World Confederation for Physical Therapy; Washington, DC; June 25-30, 1995

Virginia Physical Therapy Association, State Conference; Roanoke, VA; April 7-9

6th National Clinical Education Conference; Buffalo, New York, March 30-April 2, 1995

Virginia Physical Therapy Association State Conference; Richmond, VA; April 1995

Combined Sections Meeting, New Orleans, LA, February 1994

VPTA State Conference, Richmond, VA, April 1994

APTA National Conference; Cincinnati, OH, June, 1993

Hearing on Development of APTA Clinical Education Guidelines, Alexandria, VA Apr 1992