

Rebecca Pham, PT, DPT
 Department of Physical Therapy
 MGH Institute of Health Professions
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Education

Doctor of Philosophy Candidate, Health Professions Education, MGH Institute of Health Professions, Boston, MA	2025-ongoing
Doctor of Physical Therapy, MGH Institute of Health Professions, Boston, MA	2017
B.S. Biology & B.A. Dance, Duke University, Durham, NC	2014
<i>Phi Beta Kappa, Graduation with Distinction, magna cum laude</i>	

Certificates and Licensure

Physical Therapy License, MA #22825 <i>Massachusetts Board of Allied Health</i>	2017-present
Board-Certified Cardiovascular and Pulmonary Clinical Specialist <i>American Board of Physical Therapist Specialists (ABPTS)</i>	2023

Academic Appointments

Instructor, MGH Institute of Health Professions, Boston, MA	2023-present
Seminar Facilitator and Lab Instructor, MGH Institute of Health Professions, Boston, MA	2017-2023

Clinical Appointments

Per Diem Physical Therapist, Brigham and Women's Hospital, Boston, MA	2023-present
Senior Physical Therapist, Brigham and Women's Hospital, Boston, MA	2020-2023
Staff Physical Therapist, Brigham and Women's Hospital, Boston, MA	2017-2020
Physical Therapist, Boston Ballet, Boston, MA	2017-present

Honors and Awards

Pillars of Excellence Team Award (MGH Institute of Health Professions) <i>Integrating Diversity, Equity, & Inclusion through the Health Careers Pathway Program</i>	2025
Acceleration Academy (MGH Institute of Health Professions) <i>Accepted to participate in formal professional development and mentoring program to optimize achieving success as a new faculty member</i>	2023-2024
The Brigham Way (Brigham and Women's Hospital)	2023
Rehabilitation Services All-Star Award (Brigham and Women's Hospital)	2022
Institutional Merit Scholarship (MGH Institute of Health Professions)	2014
Julia Wray Dance Award (Duke University)	2014
Amelia Peabody Scholarship (Duke University)	2014
Edward H. Benenson Arts Award	2013

Grants

Current

1. Brigham and Women's Hospital, Rehabilitation Services, Research Committee Funding, PI: Lauren Rimmel, PT, DPT, OCS
Racial Inequities in Referral and Participation in Outpatient Physical Therapy
\$3500
Role: Co-investigator (50-75% effort) 2021-present

Publications

Peer-reviewed articles

1. **Pham R**, Taglieri-Noble K, Rydingsward J. (2025). Confronting Weight Stigma: A Call to Action for Physical Therapy Educators. *Journal of Physical Therapy Education*. [10.1097/JTE.0000000000000460](https://doi.org/10.1097/JTE.0000000000000460)
2. Karim R, Smith L, Baldwin J, **Pham R**, Kim HJ, Miccile L, Sullivan M, Gore S. (2025). Comparison of Telehealth and Onsite Supervised Maintenance Exercise Programs for Adults With Chronic Lung Disease: Protocol for a Pilot Randomized Feasibility Trial. *Journal of Medical Internet Research*. 14: e71039. doi: [10.2196/71039](https://doi.org/10.2196/71039)
3. Rimmel L, Taglieri-Noble K, **Pham R**, Tolland J, Capobianco N, Doshi S, Kumar A. (2025). Investigating Disparities in Physical Therapy Utilization: An Intersectionality Perspective. *Archives of Rehabilitation Research and Clinical Translation*. 7(3):100465. <https://doi.org/10.1016/j.arrct.2025.100465>

Peer-Reviewed Presentations and Abstracts

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| 1. Sutkowi-Hemstreet A, Pham R , Lee V, Rydingsward J., Social Justice, Health Equity and Cardiovascular and Pulmonary Physical Therapy: A Natural Alliance. APTA Combined Sections Meeting, Anaheim, CA (Education Session Presentation). | February 2026 |
| 2. Pham R , Taglieri-Noble K, Rydingsward J., Challenging Size Bias in Physical Therapy Education and Practice. APTA Combined Sections Meeting, Anaheim, CA (Education Session Presentation). | February 2026 |
| 3. Karim R, Smith L, Baldwin J, Pham R , Gore S., Comparison of Telehealth and Onsite Supervised Maintenance Exercise Programs for Adults With Chronic Lung Disease: Protocol for a Pilot Randomized Feasibility Trial. APTA Massachusetts's Annual Conference, Norwood, MA (Platform Presentation) | October 2025 |
| 4. Pham R . Reclaiming Fat: Unpacking and Dismantling Anti-Fatness in Healthcare. MGH Institute of Health Professions Connecting Physical Therapy Practice, Social Justice, and Health Equity Conference, Boston, MA (Oral Presentation) | April 2025 |
| 5. Pham R , Taglieri-Noble K, Rydingsward J., Reclaiming Fat: Unpacking and Dismantling Anti-Fatness in Healthcare. APTA Massachusetts's Annual Conference, Norwood, MA (Education Session Presentation). | November 2024 |
| 6. Rydingsward J, Pham R , Detwiller M, Sullivan S, Powers J., Navigating the Clinical Gray Zones: Mentoring for Clinical Reasoning. APTA Massachusetts's Annual Conference, Norwood, MA (Education Session Presentation). | November 2024 |
| 7. Adams B, Pham R , Naidoo K., Interrupting the Ebbinghaus Forgetting Curve through the Use an Integrated Cross-Curricular Anatomy Thread. APTA MA Chapter Conference, Norwood, MA (Platform Presentation). | November 2024 |
| 8. Pham R , Rydingsward J., Bridging the Clinical Gray Zones: Mentorship for Enhanced Entry-Level Practice. ACAPT Education Leadership Conference (ELC), Oakland, CA (Education Session Presentation). | October 2024 |
| 9. Adams B, Pham R , Naidoo K., Interrupting the Ebbinghaus Curve through the Use of an Integrated Cross-Curricular Anatomy Thread. ACAPT ELC, Oakland, CA (Poster Presentation). | October 2024 |
| 10. Rydingsward J, Pham R , Detwiller M, Sullivan S, Powers J., Fostering critical thinking and cognitive flexibility: a paradigm for enhancing orientation in acute care practice. APTA Combined Sections Meeting (CSM), Boston, MA (Education Session Presentation). | February 2024 |
| 11. Rimmel L, Taglieri-Noble K, Pham R , Tolland J, Capobianco N, Doshi S, Kumar A., Racial Inequities in Referral and Participation in Outpatient Physical Therapy. APTA CSM, Boston, MA (Poster Presentation). | February 2024 |

Invited Presentations

Regional

1. **Pham R**, Taglieri-Noble K, Rydingsward J. *Reclaiming Fat: Unpacking and Dismantling Anti-Fatness in Healthcare*. Rehab Grand Rounds, Beth Israel Deaconess Medical Center, Boston, MA June 2025
2. Rydingsward J, **Pham R**, Detwiller M, Powers J. *Navigating the Clinical Gray Zones: Mentoring for Clinical Reasoning*. Clinical Educator Series, Brigham and Women's Hospital, Boston, MA May 2025
3. **Pham R**, *Foundational Concepts in Justice, Equity, & Anti-racism*, MCPHS, Worcester, MA 2024, 2025
4. **Pham R**, *Foundational Concepts in Disability Justice*, MCPHS, Worcester, MA 2024, 2025
5. **Pham R**, *Foundational Concepts in Justice, Equity, & Anti-racism*, Brigham and Women's Hospital, Boston, MA 2024
6. **Pham R**, Ng J. *ECMO and Mobility*, ECMO Specialist Course, Brigham and Women's Hospital, Boston, MA 2024, 2025
7. **Pham R**. *Career Spotlight Series: Physical Therapy*. Dearborn Stem Academy, Boston, MA 2024, 2025
8. **Pham R**. *Heart and Lung Transplant*, PT 605 Guest Lecture, MGH Institute of Health Professions, Boston, MA 2023, 2022
9. **Pham R**. *Pneumonia, Pleural Conditions, and Hypercoagulable States*, PT 605 Guest Lecture, MGH Institute of Health Professions, Boston, MA 2022
10. **Pham R**, Krasney S. *Advanced Oxygen Delivery*. Rehabilitation Services Continuing Education Series, Brigham and Women's Hospital, Boston, MA 2022
11. **Pham R**, *Multiple Myeloma and Lymphoma Overview*, Rehabilitation Services Oncology Meeting, Brigham and Women's Hospital, Boston, MA 2022
12. **Pham R**, *Upstander Intervention*, Rehabilitation Services Anti-Racism Roundtable Discussions, Brigham and Women's Hospital, Boston, MA 2021
13. **Pham R**, *Discussing Race, Microaggressions, and Implicit Bias*, Rehabilitation Services Anti-Racism Roundtable Discussions, Brigham and Women's Hospital, Boston, MA 2020
14. **Pham R**, *Debriefing Racial Injustice*, Rehabilitation Services Anti-Racism Roundtable Discussions, Brigham and Women's Hospital, Boston, MA 2020
15. **Pham R**, *Current Best Practice in Rehabilitation in Interstitial Lung Disease*, Rehabilitation Services Cardiovascular and Pulmonary Journal Club, Brigham and Women's Hospital, Boston, MA 2019
16. **Pham R**, Szkolt J. *Lines, Drains, Airways*. Rehabilitation Services Continuing Education Series, Brigham and Women's Hospital, Boston, MA 2019
17. **Pham R**. *BPPV Assessment and Treatment in Acute Traumatic Brain Injury*. Rehabilitation Services Continuing Education Series, Brigham and Women's Hospital, Boston, MA 2018
18. **Pham R**, Dindial A. *Comprehensive Approach to Aging Confidently: Geriatric Posture, Core, and Balance*. Rehabilitation Services Continuing Education Series, Brigham and Women's Hospital, Boston, MA 2018
19. **Pham R**, Powers E. *Enhancing Patient Education using Motivational Interviewing and Cognitive Behavioral Therapy*. Rehabilitation Services Continuing Education Series, Brigham and Women's Hospital, Boston, MA 2018
20. Barry A, **Pham R**. *Early Mobility in the Neuro ICU*. Rehabilitation Services Continuing Education Series, Brigham and Women's Hospital, Boston, MA 2017

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| 21. Pham R. Cervicogenic Headaches. Rehabilitation Services Continuing Education Series, Brigham and Women's Hospital, Boston, MA | 2016 |
| 22. Pham R. Caring for Patients who are Obese. Schwartz Rounds, MGH Institute, Boston, MA | 2016 |

Educational Activities

Courses taught, MGH Institute of Health Professions, Boston, MA

PT-604 Patient/Client Management: Cardiovascular and Pulmonary 1	2023-Present
PT-605 Patient/Client Management: Cardiovascular and Pulmonary 2	2023-Present
PT 850 DPT Capstone Project	2024-Present
Home Based Complex Care Training Program, Weekend Intensive	2025
HP-819 Interprofessional Model of Person and Client-centered Teams II	2024

Clinical supervision

Clinical Instructor, Marjorie K. Ionta PT Center for Clinical Education and Health Promotion, MGH Institute of Health Professions, Boston, MA	2024-Present
Interim Lead, Thoracic Team, Brigham and Women's Hospital, Boston, MA	2022-2023
Clinical Instructor, Brigham and Women's Hospital, Boston, MA	2019-2023
Co-Op Student Training, Brigham and Women's Hospital, Boston, MA	2019-2023
Internship Bootcamp, Brigham and Women's Hospital, Boston, MA	2018-2020

Mentoring

HEAL Fellow, MGH Institute of Health Professions

Ashley Ma, DPT Department (2025-2028)	2025-Present
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DPT Students, MGH Institute of Health Professions

Up to 6 students per year, Academic Advisor	2023-Present
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BIPOC Meet and Greet Mentorship Program, MGH Institute of Health Professions

Mentorship and consulting with students and faculty on as needed basis	2023-Present
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Clinical Staff, Brigham and Women's Hospital

1. Brittany Catcher, Mentorship Program, Clinical Mentor	2023
2. Ashton Day, New Employee Orientation, Onboarding Mentor	2023
3. Nina Bustamante, New Employee Orientation, Onboarding Mentor	2022

Clinical Students, Brigham and Women's Hospital

1. Meghan St. Amand, Simmons University, Full-time 3, Clinical Instructor	2021
2. Josephine Nguyen, MGH Institute, Part-time ICE, Clinical Instructor	2021
3. Zaida Block, MGH Institute, Part-time ICE, Clinical Instructor	2021
4. Hannah Dike, Simmons University, Part-time ICE, Clinical Instructor	2020
5. Amanda Kasper, Simmons University, Part-time ICE, Clinical Instructor	2020
6. Chandra Kumar, Simmons University, Part-time ICE, Clinical Instructor	2019
7. Erin Fleming, Simmons University, Part-time ICE, Clinical Instructor	2019

Non-Clinical Students, Brigham and Women's Hospital

1. Gemima Germain, High School Intern, Mentor	2022-2023
2. Alia Lopes, High School Intern, Mentor	2021-2022

Clinical Innovations and Quality Improvement Projects

New Hire Orientation Re-design and Team Orientation Binder Development, Brigham and Women's Hospital, Boston, MA	2022
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Professional Development

1. American Physical Therapy Association Massachusetts Chapter Annual Conference, Norwood, MA 2025
2. Women of Color in the Academy Conference, Northeastern University, Boston, MA 2025
3. Connecting Physical Therapy Practice, Social Justice, and Health Equity, MGH Institute of Health Professions, Virtual 2025
4. American Physical Therapy Association Massachusetts Chapter Annual Conference, Norwood, MA 2024
5. Education Leadership Conference (American Physical Therapy Association Academy of Education), Oakland, CA 2024
6. Physical Therapy Faculty Development Workshop (American Physical Therapy Association Academy of Education), Chicago, IL 2024
7. Dismantling the -Isms of Genetic Counseling (MGH Institute of Health Professions), Virtual 2024
8. Combined Sections Meeting (American Physical Therapy Association), Boston, MA 2024
9. Managing Complexity and Building Autonomy (MGH Institute of Health Professions), Virtual 2023
10. Cultivating Safe Learning Environments (MGH Institute of Health Professions), Virtual 2023
11. Connecting PT Practice, Social Justice, & Health Equity (MGH Institute of Health Professions), Virtual 2023
12. Specialist Certification Examination Item Writing: An Overview 2023
13. Using Inclusive Language in Scholarly Writing: A Roundtable Discussion (American Medical Association), Virtual 2023
14. Diversity, Equity, Inclusion, & Accessibility Grand Rounds: Affirmative Action (Mass General Brigham), Virtual 2023
15. Diversity, Equity, Inclusion, & Accessibility Grand Rounds: Addressing Justice & Equity in Healthcare – An Organizational Ethics Approach (Mass General Brigham), Virtual 2023
16. Best Practices for COPD (Medbridge), Virtual 2023
17. Advanced Rehabilitation for the Acute & Subacute Cardiovascular Patient (Good Heart Education), Virtual 2022
18. Advanced Heart Failure (Good Heart Education), Virtual 2022
19. Diversity Equity and Inclusion Summit: Understanding and Dismantling Racism (Mass General Brigham), Virtual 2022
20. Diversity, Equity, and Inclusion Summit: Building Inclusive Health Care Organizations During COVID-19 (Mass General Brigham), Virtual 2021
21. Racial Justice & Equity Training 1 & 2 (Southern Jamaica Plain Health Center), Boston, MA 2021
22. Violence in Context: Understanding the Current Atlanta Tragedy within the History and Systems of Anti-Asian Violence (MGH Institute JEDI Office), Virtual 2021
23. Clinical Instructor Credentialing Level 1 (American Physical Therapy Association), Virtual 2021
24. 9th Annual Critical Care Rehabilitation Conference (John Hopkins University), Virtual 2020
25. Racial Justice and Health Equity Summit (Brigham and Women's Hospital), Virtual 2020
26. Combined Sections Meeting (American Physical Therapy Association), Washington, D.C. 2019

Professional Memberships and Activities

Member, American Physical Therapy Association	2016-Present
<i>Massachusetts Section, APTA</i>	2016-Present
<i>Cardiovascular and Pulmonary Section, APTA</i>	2016-Present
<i>Diversity, Equity, and Inclusion Committee, APTA</i>	2020-2021
Member, Functional Neurologic Disorder Special Interest Group, Brigham and Women's Hospital	2017-2023
Member, Vestibular Special Interest Group, Brigham and Women's Hospital	2017-2023
Member, Neurology Special Interest Group, Brigham and Women's Hospital	2017-2023

Institutional Service

MGH Institute of Health Professions, Boston, MA

Co-Lead, Equitable Education in Large Cohorts SoTL Community of Practice	2025-2026
Member, IHP Faculty Senate Governance and Academic Policies Committee	2024-present
Member, OnRamps: An Evaluation of the Power, Privilege, and Positionality Program	2024-present
Member, IHP Faculty Senate Course Evaluation Task Force	2025-present
Member, IHP Faculty Senate Content Preview Task Force	2024-2025
Member, IHP Faculty Senate Task Force: JEDI	2023-2025
Member, DPT Strategic Plan Goal 4: JEDI	2023-present
Member, DPT Curriculum Committee	2023-present
Member, DPT LEAP Committee	2023-present
Member, IHP JEDI Community of Practice	2023-present
Member, IHP Faculty of Color Committee	2023-present
Facilitator, IHP Community Excellence Course	2023-present
Co-Chair, IHP BeFit Team	May-July 2024

Mass General Brigham, Boston, MA

Member, Achieving Research Equity and Inclusion (AREI) Committee	2023-2024
Member, Community of Practice	2023-2024
Member, Health Equity Response Team	2020-2023

Brigham and Women's Hospital, Boston, MA

Co-Chair, Rehabilitation Services Diversity, Equity, and Inclusion Committee	2017-2023
Member, Rehabilitation Services Recognition Committee	2017-2023
Member, Rehabilitation Services Community Resource Committee	2017-2023
Member, Rehabilitation Services Person of the Year Planning Committee	2017-2023

Other Professional Committees

Item Writer, Specialization Academy of Content Experts for Cardiovascular & Pulmonary Specialty Council	2024-2026
Reviewer, Clinical Practice Guidelines for Rehabilitation of Patients following Post-acute Cardiovascular Events or Surgeries in the Home Setting, APTA Cardiovascular and Pulmonary Section	2023-ongoing

Community Service

Boston Juneteenth Parade, Participant	June 2025
APTA DEI Committee & Pelvic Health SIG at Boston Pride Festival, Volunteer	June 2025
Boston Pride Parade, Participant	June 2025
Juneteenth Dance Event, Healthworks Community Fitness Center, Instructor	June 2025
Rooted in Movement Event, MGH Institute of Health Professions, Instructor	May 2025
JEDI Book Club: The Wake-up, Facilitator	March 2025
MGH Youth Neurology Education & Research Program Health Professions Career Panel, Panelist	July 2024
Boston Waterfront Coalition Wellness Week Dance Class, Instructor	June 2024
Juneteenth Dance Event, Healthworks Community Fitness Center, Instructor	June 2024
Central Rock Gym Adaptive Climbing Program, Volunteer	2024-present
Boston Marathon American Liver Foundation, PT Faculty Supervisor	April 2024
MGH IHP Community IMPACT Day, Team Leader	2023-present
Brigham and Women's Hospital Pen Pal Program	2016-2023
Student Success Jobs Program Summer Science Academy, Guest Speaker	2022
Boston Ballet Adaptive Dance Program, Lead Teacher	2017-2021
Mass General Brigham Community Care Van, Volunteer	2020-2021
COVID Equity Response and Community Messenger Program, Volunteer	2020-2021
Election Text and Phone Banking, Volunteer	2020
PT Day of Service 5K, Participant	2020
More than A Run Virtual 5K, Participant	2020
305 Fitness Class for Racial Justice and COVID Relief, Instructor	2020