

# OUTREACH END ZONE

A NEWSLETTER FOR TEDY'S TEAM CENTER  
COMMUNITY OUTREACH VOLUNTEERS



Center of  
Excellence in  
Stroke Recovery  
MGH INSTITUTE  
OF HEALTH PROFESSIONS

FALL 2025

The Tedy's Team Center of Excellence in Stroke Recovery held the Third Annual Waterfront Wellness Walk: Anchored in Stroke Recovery to support health and recovery through community-centered activities specifically designed to accommodate the unique needs of stroke survivors. Held in collaboration with the Coalition for a Resilient and Inclusive Waterfront, participants walked through the Charlestown Navy Yard, experiencing the historic sites and the new art installation, "The Bridge of Joy" before celebrating with some food, beverages, and games at the Anchor.

## WATERFRONT WELLNESS WALK



## UPCOMING VOLUNTEER OPPORTUNITIES HELP SPREAD AWARENESS OF SIGNS OF STROKE!



### STROKE WORKSHOP

DATE: Monday, October 6th  
TIME: 11:30-12:30  
@ East End House  
105 Spring St, Cambridge

### SEASONAL SOCIAL

Client appreciation event with  
festive games and food!~  
DATE: Tuesday, November 18th  
TIME: 1-3 PM  
@ Impact practice center, 2CW



### STROKE WORKSHOP

DATE: Thursday, October 16th  
TIME: 12-1  
@ ABCD, 1 Michelangelo St

DATE: Friday, November 14th  
TIME: 12-1  
@ Nazzaro Community Center

To find out more or to participate as a volunteer, contact:  
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