

BRIDGET M. MCGOVERN PT, DPT, ATC

Department of Physical Therapy
MGH Institute of Health Professions
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Education

Doctorate in Physical Therapy	2007
Certificate of Advanced Study in Physical Therapy MGH Institute of Health Professions, Boston, MA	2005
Bachelor of Science in Physical Therapy, December Simmons College, Boston, MA	1986

Licensure Information

Physical Therapist MA License Number 6361
Athletic Trainer MA License Number 549

Certifications

Board Certified Clinical Specialist in Sports Physical Therapy	1995-2005
Certification in Applied Functional Science (CAFS), Gray Institute	2013
CPR / AED Certification	2007- Present

Academic Appointments

MGH Institute of Health Professions, Boston, MA Instructor, Department of Physical Therapy	2025 - Present
Adjunct Faculty, Department of Physical Therapy	2024
Lab Instructor, Department of Physical Therapy	2017
Simmons University, College of Natural, Behavioral and Health Sciences, Boston, MA Adjunct Faculty, Department of Physical Therapy	2021-2025
Lab Instructor, Department of Physical Therapy	2000
Boston University Sargent College, Boston, MA Lecturer, Department of Physical Therapy	1994-1996

Clinical Appointments

Physical Therapist, Next Level Physical Therapy, Scituate, MA	2012 - Present
Medical Record Reviewer, Expert Review, Inc, Boston, MA	2012
Physical Therapist, Baystate Physical Therapy, Scituate, MA	2010-2012
Physical Therapist, Braintree Hospital, Braintree, MA Resource Clinician	1996-1999
	1991-1993
Staff Physical Therapist	1987-1989
Athletic Trainer	1990-1991

Physical Therapist, Newton-Wellesley Hospital, Newton, MA	1993-1994
Clinical Specialist	
Physical Therapist, Magill and Gardner Physical Therapy, Scituate, MA	1990-1991

Professional Presentations (Past 10 years)

APTA of Massachusetts Conference and Exposition	2015
Bridget McGovern PT, DPT, ATC & Daniel McGovern PT, DPT, SCS, ATC	
“The Relationship of a Self-Report Measure of Function to a Physical Performance Measure in Subjects Following ACL Reconstruction”	

Membership in Scientific/Professional Organizations

American Physical Therapy Association	1987-1995
Sports Physical Therapy Section	1987-1995
Massachusetts Chapter, American Physical Therapy Association	1987-1995
National Athletic Trainer’s Association	1993-1995
National Youth Sports Foundation for the Prevention of Athletic Injuries	1993-1995

Community Service

Community Based Sports Injury Prevention	2013 - Present
Athletic training services	
Boston Marathon	1993
World Cross-Country Championships	1992
National Cross-Country Championships	1992
Reebok 3 on 3 Basketball Tournament	1992 - 1993
Religious Education Teacher/Parish Volunteer, St. Anthony Church	2013 - Present

Honors and Awards

Joan Drevins Commitment to Education Award Simmons College	2020
Member of Simmons College Honors Academy	1986
Rhodes Scholar Nominee	1985

Professional Development

Complex Elbow Injuries Evaluation and Treatment	2023
Differential Diagnosis and Treatment of Lateral Elbow Pain	2023
Manual Therapy for the Elbow and Wrist	2023
Advanced Musculoskeletal Management of the Distal Upper Extremity	2023
Assessment and Treatment of Knee	
Meniscal, Ligament and Patellofemoral Disorders:	2023
Lifestyle Medicine	2023
Concussion Assessment and Treatment	2023
Nutrition Support for Injury and Rehabilitation	2023
Inflammation and its Impact on Performance and Chronic Disease	2023
Nutrition in Sport	2023
Nutrition and Immune Health	2023
Shoulder and Knee Evaluation and Treatment	2021
Certification in Rehabilitation of the Shoulder	2021
Andrews Institute Innovations in Sports Medicine	2021
Certification in Modern Athletic Science of Returning the Injured Athlete to Sports	2021
Certification in Orthopedic Excellence: The Upper Quarter	2019

Certification in Orthopedic Excellence: The Lower Quarter	2019
Differential Diagnosis and Medical Screening	2019
Certificate in Shoulder Rehabilitation	2019
Certification in Orthopedic Excellence: The Spine	2014
Certification in Y-Balance Test	2014
Sports-Related Injuries in the Young Athlete, Cross Country Education	2013
Therapeutic Ultrasound, Cross Country Education	2013
Boston Shoulder and Sports Symposium	2011
Manual therapy for the Lumbopelvic Region	2011
ACL Injury Prevention Program	2010
Functional Video Digest: Gray Institute	2010

Educational Activities

Courses Taught

MGH Institute of Health Professions Physical Therapy Program, Boston, MA	
Adjunct Faculty, Co-lecturer Fundamentals of Patient/Client Management II	2022, 2024
Adjunct Faculty, Lead Instructor Independent Study in Physical Therapy	2024 - Present
Adjunct Faculty, Co-Lecturer Patient/Client Management: Upper Extremity	2025
Lab Instructor Fundamentals of Patient/Client Management I and II	2017 - Present
Lab Instructor Patient/Client Management Musculoskeletal Regions	2017 - Present
Simmons University Physical Therapy Program, Boston, MA	
Instructor, Lab Instructor Frameworks of Physical Therapy Practice: Musculoskeletal I and II	2021-2025
Lab Instructor Fundamentals of Movement Science I and II	2005-2025
Lab Instructor Fundamental Concepts and Skills in Physical Therapy I and II	2000-2025
Boston University Sargent College Physical Therapy Program, Boston, MA	
Lecturer, Musculoskeletal Evaluation and Treatment	1994-1996
Course Coordinator, Clinical Medicine II	
Lab Instructor, Musculoskeletal Evaluation and Treatment	