

**Mary Samost**

Assistant Professor

**Department:** DNP School: School of Nursing

**Date of Appointment:** July 2020 **Date of Rank:** Years of Service: 4

**Employment:**

- 2020 - Present Assistant Professor, DNP, MGH IHP
- 2019 - Present Executive Clinical Director, Perioperative Division, Mass General Brigham, Salem Hospital, Salem, MA.
- 2018 – Present Consultant: Patient Safety/ Risk Management, Legal, Melrose Wakefield Healthcare, Melrose, MA.
- 2017 - 2018 System Director, Surgical Services, Nursing, Melrose Wakefield Healthcare, Melrose, MA. 2016 - 2017 Chief Clinical Officer/ Chief Nursing Officer (interim), Nursing, Kindred Hospital, Peabody, MA.
- 2011 - 2016 Associate Chief Nursing Officer, Nursing, Cambridge Health Alliance, Cambridge.
- 2010 - 2018 Adjunct Nursing Faculty, ABSN Program, Nursing, Northeastern University, Boston.
- Adjunct Nursing Faculty – Lawrence Memorial Regis Nursing Program, Medford MA (& Essex Agricultural Technical School of Vocational Nursing Program (pediatric didactic and clinical)
- Executive Nurse Leader, Case Management Blue Cross Blue Shield of Massachusetts, Quincy, MA
- Nursing Supervisor, Saint John's Hospital, Lowell, MA
- Intensive Care Staff Nurse, Boston Childrens Hospital, Boston, MA
- Medical Surgical Staff Nurse, New England Memorial Hospital, Stoneham, MA

**Degrees**

- DNP Northeastern University, 2011
- MSN Salem State College, 1997
- BSN Boston College, 1986

**Certificates & Licensure**

- Registered Nurse License (#RN175185), State of Massachusetts, 01/10/2024
- CENP, Certified Executive Nursing Practice, American Organization of Nurse Leaders, 02/02/2017 –03/01/2026 (Executive Nursing Practice)
- Massachusetts Institute of Technology, Sloan School of Management, Artificial Intelligence in Health Care – Certificate of Completion May 2024 (Executive Program)
- MGH IHP Equity Advocate Program, Completion May 2024
- Inclusive Leadership (DEI) Program Completion– Suffolk University, Boston, MA (2022)
- Human Research & Biomedical Research Investigation (Record #46866264, CITI Program, 01/28/2025
- TeamSTEPPS, Certified Master Trainer, Agency for He
- Healthcare Research and Quality , 07/01/2017 (Patient Safety)
- Certified DaVinci Xi Robotic Coordinator, Intuitive Surgical, 02/10/2018 (Robotic Surgery)

- Certified Executive Patient Safety Officer, Institute for Healthcare Improvement, 01/01/2008 (Patient Safety and Quality)
- Certified e-Learning Instructor, Northeastern University, 05/05/2010 (Educational virtual platforms) Publications

## Publications

- Bernhardt, J., Trowers, L., ... **Samost, M** (2024) Influences of social determinants of health on heat-related illnesses in context of climate change and excess heat: A scoping Review. *Manuscript pending publication.*
- Evans, L., Bell, J., **Samost, M.**, Wolford, L., Sipe, M., ... (2023) Health Consequences of Climate Change: Continuing Education Opportunities for Health Professionals in the United States. *Journal of Continuing Education Nursing* 2023 Dec;54(12):561-566 doi 10.3928/00220124-20231013-02
- Pusey, E., Quinn, L., **Samost, M.**, Reidy, P. (2023) Skin Assessment in Patients with Dark Skin Tone. *American Journal of Nursing*, March 2023, Vol. 123, No.3
- Smith, T. & **Samost, M.** (2020). Mediating Roles: Working through other People (Chapter 3) In L. Joel (ed.). *Advanced Practice Nursing, Essentials for Role Development*, 4th Edition, Philadelphia, PA: F. A. Davis Company ISBN-13: 978-0-8036-2785-7.
- **Samost, M.**, Bausk, L., & Racca, S., (2016) Nurse Leadership improving the culture of safety through unit-based nurse safety huddles. Podium presentation at the annual Massachusetts Coalition for the Prevention of Medical Errors conference.
- Gengo, D., & **Samost, M.**, (2016) Nurse of the future and competency-based assessment. Poster presentation at the Northeast Organization of Nurse Educators Annual Conference.
- Forestell, T., Fournier, P., **Samost, M.** (2016) Restraint Reduction through enhanced sensory integration in the inpatient psychiatric setting. Podium Presentation at the Department of Mental Health Annual Conference.
- **Samost, M.**, LaPlante, J., & Peterson, D., (2014) When the power goes off, a technology emergency. Podium presentation at the Massachusetts Society for Healthcare Risk Management Annual Conference.
- Maraldo, P & **Samost, M.** (2012). Gender & Leadership (pp 172- 172), In H. Feldman (ed.). *Nursing Leadership: A Concise Encyclopedia*, 2nd Edition, New York, NY: Springer Publishing.
- **Samost, M.** (2012). Certificate of Need (pp 66-68) In H. Feldman (ed.). *Nursing Leadership: A Concise Encyclopedia*, 2nd Edition, New York, NY: Springer Publishing.

## Presentations

- Pusey, E., Momburn , C., **Samost, M**, ... (2024) Examining Inclusivity in Fundamental Nursing Textbooks: A direct qualitative content analysis. Poster Presentation MGH Yvonne Munn Center for Nursing Research.
- Rainey, S., **Samost, M.**, Michelman, B, Murphy, J... (2024) Workplace Violence in Ambulatory Healthcare Settings: A quality improvement project Poster Presentation MGH Yvonne Munn Center for Nursing Research.

- Mary Samost, "Sterile Processing Improvement Journey - through Lean Methodology." Poster accepted at the Quality Improvement Poster Fair, Salem Hospital, Salem Hospital, member of Mass General Brigham on June 8, 2022.
- Mary Samost, "Evidence-based Practice Changes to Promote Nurse Leaders' Resilience in Tertiary Care Hospital." Poster presented at the Karsh Nursing Scholars' Day, Brigham & Women's Hospital Research Day on May 26, 2022.
- Mary Samost, "Improving Emergency Department Nursing Teamwork: A Quality Improvement Project." Poster presented at the Setting the Pace 2022: New York State Emergency Nurse Association, Virtual on April 27, 2022.
- Melanson, M., Schuler, E., **Samost, M.** (2022) Evidence based practice changes to promote nurse leaders' resilience in a tertiary care hospital. Poster Presentation Brigham & Women's Hospital Annual Nurse Research Symposium.
- Zeiman, L., **Samost, M.**, Clarke, S., Keller, R. (2022) Improving Emergency Department Nursing Teamwork: A quality improvement project. Poster Presentation New York State Emergency Nurse Association Annual Conference. Awarded 1<sup>st</sup> Place Evidence Based Practice category.
- Zeiman, L., **Samost, M.**, Clarke, S., Keller, R. (2021) Improving Emergency Department Nursing Teamwork: A quality improvement project. Poster Presentation Eastern Nurse Research Society Annual Conference.
- Mary Samost, T. Forestell and P. Fournier, "Restraint Reduction through enhanced sensory integration in the inpatient psychiatric setting." Presentation to the Department of Mental Health Annual Conference, on October 1, 2016.
- D. Gengo and Mary Samost, "Nurse of the future and competency-based assessment." Presentation to the Northeast Organization of Nurse Educators Annual Conference, Boston, MA on September 1, 2016.
- Mary Samost, L. Bausk, L. Bausk, S. Racca and S. Racca, "Nurse Leadership improving the culture of safety through unit based nurse safety huddles." Presentation to the Massachusetts Coalition for the Prevention of Medical Errors Conference, Boston, MA on June 1, 2016.
- Mary Samost, J. LaPlante and D. Peterson, "When the power goes off, a technology emergency." Presentation to the Massachusetts Society for Healthcare Risk Management Annual Conference, on February 1, 2014.

## Grants

- R. Balaban, M. Batalden and Mary Samost, Improving Hospital to Home Care Transition for High Risk Younger Adult Patients: activating partnerships among patients, families and the care team, Crico Funding Grant.
- Mary Samost, Health Career Learning Partnerships, Workforce Competitive Trust Fund, Commonwealth Fund: \$500,000.

## Service

- MGH IHP Community Service,
  - Appeals Committee January 1, 2024 – Present (volunteered to fill an unexpected vacancy)
  - Admission Committee June 1, 2022 – October 2023.

- Appeals Committee. Interim appointment by Dean Tuck November 26, 2018 - June 1, 2019.
- ISMP Nurse Medication Safety Alert: Nurse AdviseERR Newsletter, Reviewer for monthly publication.
- Organization of Nurse Leaders, MA, RI, NH, VT - September 1, 2018, Member - Present.
- American Organization of Nurse Executives, Member. September 1, 2018 - Present.
- Association of Perioperative Registered Nurses, Member. October 2020 - Present.
- Association of Perioperative Registered Nurses: e-Chapter, Treasurer 2023- 2025; Nominating Committee 2021-2023
- Agent of the North Reading Board of Health, North Reading, MA August 3, 2018 - Present.
- Association of Perioperative Registered Nurses e-Chapter Nomination Committee. Elected (2021): Nomination Committee for the AORN e-Chapter.