

# 5 Steps to Active Learning

## What is active learning?

Active learning is the ability to gain knowledge on content and think critically while collaborating with others to build understanding and application of learning.

### 1. Planning Ahead

Complete your prework and get the “big picture” on topics. This means... Best practices includes: focusing on learning objectives while reviewing PowerPoints and skimming readings.

### 2. Connect the dots

Attend lecture and listen carefully to what faculty highlight. Since you accomplished step 1, you know basic information about the topics prior to attending lecture. Use your learning objectives to focus and review information presented during lecture. Ask yourself *why* does this matter?

### 3. Review Often

Look over lecture, PowerPoints, attend office hours, do practice questions daily. When you are prepared to teach others the information and make sure you stick with your study plan to be able to understand the material.

### 4. Reach out for help!

Do not be afraid to ask questions! It is better to clear up your confusion on the spot rather than wondering for weeks. Learn from your mistakes and be flexible in adjusting your learning.

### 5. Stay engaged and interested

Connect the material you're learning to personal interests or future career goals to make learning more meaningful.



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