

## Sunny R. Winstead, EdD, OTR/L

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### PROFESSIONAL PROFILE

I am an enthusiastic and effective college educator, with experience in traditional and online teaching, advising, service, leadership, and scholarship. I value collaborative relationships and the opportunity to learn from the diverse experiences and perspectives of others.

### EDUCATION

Doctor of Education in Educational Leadership  
University of New England, Biddeford, ME (5/17)

Master of Science in Occupational Therapy  
Medical College of Virginia, Virginia Commonwealth University, Richmond, VA (5/96)

Bachelor of Arts in English Literature and Rhetoric  
Binghamton University, Binghamton, NY (5/93)

### CURRENT OCCUPATIONAL THERAPY LICENSES AND CERTIFICATION

New York occupational therapy license	# 008819-1
Massachusetts occupational therapy license	# 14476
National Board for Certification in Occupational Therapy (NBCOT)	# 1009458

### HIGHER EDUCATION TEACHING EXPERIENCE

**Assistant Professor**, MGH Institute of Health Professions Post-Professional Occupational Therapy Doctorate (OTD) Program, Boston, MA (4/22-present)

- Courses taught:
  - Health Promotion, Community, and Occupation
  - Clinical Research Methods
  - Innovation Project—Discover
  - Innovation Project—Inform
  - Innovation Project—Build

- Student mentorship for Innovation Project
- Student academic advising
- Curriculum development, including leadership in the development of an academic writing curriculum
- Leadership of Innovation Project mentor team
- Faculty liaison, Community-Building Committee
- Member and interim chair, OT Department Curriculum Committee

**Associate Professor of Occupational Therapy**, Keuka College Division of Applied Health and Wellness (8/19-6/21)

- Tenure and promotion (2020)
- Undergraduate and graduate teaching responsibilities (traditional and online delivery)
- Student academic advising
- Student thesis and independent scholarship mentorship
- Course and curriculum development
- Colleague orientation and mentorship
- Divisional committee work
- Courses developed and taught (as Associate and/or Assistant):
  - Scholarship in Occupational Therapy I (graduate)
  - Scholarship in Occupational Therapy II (graduate)
  - Theory in Practice III (graduate)
  - Action Oriented Research I and II (graduate)
  - Research Methods for the Health Sciences
  - Adult Medical Application (lecture and lab)
  - Adult Medical Conditions
  - Occupation Across the Lifespan
  - Occupational Assessment and Intervention: Middle Adulthood-Older Adulthood I and II (lecture and lab)

**Assistant Professor**, Keuka College Division of Occupational Therapy (8/13- 8/19)

**Adjunct Instructor**, Ithaca College Department of Occupational Therapy (8/05-5/09)

- Courses developed and taught (as Lecturer and/or Adjunct Lecturer):
  - Activity Group Process (graduate)
  - Adaptation and Environmental Modification (graduate)
  - Profession Practice in Community OT (graduate)
  - Professional Concepts II (graduate)
  - Adult Evaluation Processes in OT
  - Clinical Psychiatry in OT
  - Clinical Management in OT
  - Occupations III
  - Supervision in OT

**Clinical Lecturer**, Ithaca College Department of Occupational Therapy (3/05-5/05)

**Lecturer**, Ithaca College Department of Occupational Therapy (8/01-12/01, 8/03-12/03, 8/04-12/04)

**Invited Guest Lecturer**, Ithaca College, Virginia Commonwealth University, and McGuire Veterans Affairs Medical Center (multiple, 1996-2011)

## RECENT INSTITUTIONAL & PROFESSIONAL LEADERSHIP AND SERVICE

**Occupational Therapy Curriculum Committee**, MGH Institute of Health Professions (9/22-present)

- Interim chair 6/23-11/23

**Editorial Review Board for the Open Journal of Occupational Therapy (OJOT)** (2017-present)

**Reviewer, AOTA Inspire 2024**, Critically Appraised Paper (CAP) category (6/23-7/23)

**Institutional Review Board (IRB)**, Keuka College (4/19-6/21)

- Chairperson (1-/21-6/21)
- Committee member (4/19-6/21)
- Chair responsibilities included 1) coordinating and conducting screenings and reviews, 2) training and mentoring committee members, 3) providing education and outreach to faculty, staff, and students, 4) developing IRB policies and procedures, 5) maintaining the IRB website, and 6) administrative duties.

**Middle States Commission on Higher Education re-accreditation steering committee**, Keuka College (1/20-6/21)

- Member, steering committee
- Chair, Student Working Group
- Auditor, Standard I Working Group
- Auditor, Standard IV Working group

**Emerging College Leadership Program**, Keuka College (2/20-5/20)

**Pi Theta Epsilon (PTE) Occupational Therapy Honor Society faculty advisor**, Keuka College (6/16- 6/21)

**Instruction Committee**, Keuka College (6/17-6/20)

- Chairperson, 2018-2020
- Secretary, 2017/18

- Chair responsibilities included 1) review and revision of instruction-related college policies, 2) collaborative development of instruction-related initiatives, and 3) communication and reports to faculty, staff, and administrators, 4) participation in Academic Review Board, and 5) administrative functions.

**Academic Review Board**, Keuka College (6/17-6/20)

- Bi-annual review and action determination for all students of the institution not achieving satisfactory academic progress (SAP)

**Students Helping Students faculty advisor**, Keuka College (9/13-6/20)

**Judith Oliver Brown Memorial Scholarship review committee**, Keuka College (10/14 to 6/17)

**Student Success Collaborative—Workflow Group**, Keuka College (9/15 to 12/16)

## CLINICAL EXPERIENCE

**Co-owner**, Winstead & Sandritter Occupational and Physical Therapy, PLLC (2006-2020)

**Occupational Therapist**, TST BOCES, Ithaca, NY (11/12-6/13)

**Occupational Therapy Consultant**, Challenge Workforce Solutions, Ithaca, NY (9/08-1/13)

**Clinical Coordinator**, Challenge Industries, Ithaca, NY (1/02-1/03)

**Occupational Therapist**, Challenge Industries, Ithaca, NY (10/98-1/03)

**Occupational Therapist**, Visiting Nurse Service, Ithaca, NY (9/00-12/01)

**Occupational Therapist**, Defense and Veterans Head Injury Project, McGuire Veterans Affairs Medical Center, Richmond, VA (7/96-9/98)

## RECENT PEER-REVIEWD PUBLICATIONS

Henshaw, A. M., & Winstead, S. R. (2023). Building bridges in palliative rehabilitation: An evidence-based toolkit to promote collaboration. *American Journal of Hospice and Palliative Medicine*. Advance online publication. <https://doi.org/10.1177/10499091231184621>

Winstead, S. R., & Holman, C. (2021). American college students' performance on the clock drawing test. *The Annals of International Occupational Therapy*, 4(3), 1-5. <https://doi.org/10.3928/24761222-20210601-02>

Winstead, S. R., & Alterio, C. J. (2021). The use of online data sources in a qualitative analysis learning project. *The Qualitative Report*, 26(3), 764-775. <https://doi.org/10.46743/2160-3715/2021.4695>

Winstead, S. R. (2020). The rehabilitation frame of reference. In D. Powers Dirette and S. Gutman (Eds.) *Occupational therapy for physical dysfunction* (8<sup>th</sup> ed., pp. 685-698). Wolters Kluwer.

Winstead, S. R. (2016). What's in the fridge? Unique competencies of community-based occupational therapists. *Open Journal of Occupational Therapy*, 4(4), article 12. <http://dx.doi.org/10.15453/2168-6408.1236>

### RECENT PEER-REVIEWED PRESENTATIONS

McKinnon, S., Asiello, J., & Winstead, S. (2023, April 20). *Innovation in dissemination: Preparing practitioners with dissemination strategies that break the mold* [poster session]. AOTA Inspire, Kansas City, MO.

Tardiff, A., & Winstead S. R. (2022, October 28). *Developing an occupational therapy vocational profile* [poster session]. Massachusetts Association for Occupational Therapy Annual Conference, Norwood, MA.

McKinnon, S., Asiello, J., & Winstead, S. (2022, October 28). *Want to Innovate, but don't know how? Learn here* [poster session]. Massachusetts Association for Occupational Therapy Annual Conference, Norwood, MA.

DeSorbo, K. E., & Winstead. S. R. (2022, March). *Virtual reality intervention for individuals with Parkinson's Disease* [poster session]. American Occupational Therapy Association 2022 Annual Conference and Expo, San Antonio, TX.

Bell, H. M., & Winstead, S. R. (2020, April). *Critically appraised paper: The effect of community-based occupational therapy on quality of life and engagement for women with breast cancer* [poster session—canceled]. American Occupational Therapy Association 2020 Annual Conference and Expo, Boston, MA.

Alterio, C. J., & Winstead, S. R. (2020, January 15). *Online data sources for narrative analysis: An innovative use of technology in a graduate project* [conference presentation]. The Qualitative Report Annual Conference, Ft. Lauderdale, FL.

Winstead, S. R. (2018, April 21). *Competency development in community-based occupational therapy* [poster session]. American Occupational Therapy Association 2018 Annual Conference and Expo, Salt Lake City, UT.

### OTHER DISSEMINATION

Winstead, S. R. (2023, April 18). *Writing an abstract for AOTA Inspire and beyond: Showcasing your work* [Webinar]. MGH Institute of Health Professions OT Professional Development Series.

Winstead, S. R. (2022, January). *Choosing a topic for your healthcare scholarship: Strategies and resources* [Webinar]. Defend and Publish. <https://vimeo.com/670472552/ee8ace87bb>

### TEACHING AWARDS

Sigma Alpha Pi Dedication to Academics Award, Keuka College, May 2019