

Sheila Swales, MS, RN, PMHNP-BC

Assistant Professor

School of Nursing

MGH Institute of Health Professions

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Education

Master of Science, (Nursing), MGH Institute of Health Professions, Boston, MA 2007
Bachelor of Science, Economics / Finance, Cum Laude, Bentley University, Waltham, MA 2009

Postgraduate Training

Fellowship, Harvard Vanguard Medical Associates, Wellesley MA 2007 - 2008

Certificates and Licensure

Registered Nurse (MA License # RN268445)
Psychiatric Mental Health Nurse Practitioner (ANCC Certification # 2007009133)
Prescriptive Authority: Current DEA and Mass Control Substance

Academic Appointments

Assistant Professor, MGH Institute of Health Professions, Boston MA 2021-Present
Instructor, MGH Institute of Health Professions, Boston MA 2013-2020
Term Lecturer, MGH Institute of Health Professions, Boston MA 2011-2012

Clinical Appointments

Psychiatric-Mental Health Nurse Practitioner, Private Practice, Peabody, MA 2013-Present
Psychiatric-Mental Health Nurse Practitioner, MIT Medical, Cambridge, MA 2012-2015
Psychiatric-Mental Health Nurse Practitioner, Harvard Vanguard Medical Associates, Peabody, MA 2008-2013

Honors and Awards

Harriet Towle Excellence in Clinical Nursing Practice Award, MGH Institute of Health Professions 2007
Sigma Theta Tau International Nursing Honor Society 2006
Beta Gamma Sigma Honor Society of Business and Management 1990

Grants

Current

Health Resources & Services Administration, HRSA 21-089, Patricia Reidy, DNP, FNP-BC (Principal Investigator) 2021-2025
“Integrated Healthcare Partnership: Bridging the Behavioral Health Gap”
Total, direct & indirect costs: \$1,615,007
Role: Content Expert (5% effort)

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Chin Family Philanthropy, Boston, MA, United States, Kathryn Sabo, MS, RN, 2021-2024
CNE (Principal Investigator)
“Assessing Effectiveness of Ruth Sleeper Nursing Center Behavioral Health Practices”
\$200,000 three -year grant to enhance SON's ability to conduct patient centered outcomes research and to expand and evaluate the behavioral health services provided through the Ruth Sleeper Nursing Center for Clinical Education and Wellness
Role: Content Expert (5% effort)

Publications

Peer-reviewed articles

1. Brown, M., **Swales, S.** & Sabo, K. (2021). Implementing a Telehealth Supportive Counseling Center with PMHNP Students. *Journal of nursing education*. 60(11): 651-654. Doi: 10.3928/01484834-20210914-02
2. Stevens, S., Acker, S., Green, K., **Swales, S.**, Fulmer, H. M., Fortinsky, R. & Nicholas, P. K. (2019). Understanding the mental health impact of human trafficking. *Journal of the American Association of Nurse Practitioners*, 31(12):699-704.

Books and Chapters

1. **Swales, S.** (2020). Section 9: Sad Mood. In Neal-Boylan, L. *The family nurse practitioner: Clinical case studies* (2nd edition). (229-230). Hoboken, NJ: Wiley Global Research
2. **Swales, S.** (2020). Section 9: Anxiety. In Neal-Boylan, L. *The family nurse practitioner: Clinical case studies* (2nd edition). (239-240). Hoboken, NJ: Wiley Global Research.

Peer-Reviewed Presentations and Abstracts

Swales, S. , Sakai, K., King, C., Kanazawa, C., Reidy, P. JEDI curriculum integration: Bridging the gaps in nursing education programs. American Association of Colleges of Nursing (AACN) Conference, Poster Presentation	December 2021
Sakai, K., Kanazawa, C., King, C., Campbell, N., Swales, S. , Hunt, K., Reidy, P., Simmonds K., & Roy, K. JEDI curriculum integration: Bridging the gaps in nursing education programs. Social Justice Research Conference, MGH Institute of Health Professions	2020
Brown, M., deLong, M., Patel, D., Swales, S. Telepractice: Challenges and strategies for compassionate caregiving through the screen. Kenneth B. Schwartz Center Educational Rounds, MGH Institute of Health Professions.	2020
Swales, S. Understanding the mental health impact of human trafficking. Faculty Convocation, MGH Institute of Health Professions.	2018
Green, K., Stevens, S., Acker, S., Swales, S. , Nicholas, P. The Role of Advanced Practice Clinicians in Interprofessional Care of Trafficked Persons, National Organization of Nurse Practitioner Faculties (NONPF) Conference, Podium Presentation	2018
Acker, S., Stevens, S., Swales, S. , RN, Green, K., Nicholas, P. The Role of Physician Assistants and Nurse Practitioners in Addressing Human Trafficking, American Association of Physician Assistants (AAPA) Conference, Poster Presentation	2018

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Curriculum Development

Curriculum Redesign, Psychiatric-Mental Health Nurse Practitioner Coursework	2019-2020
Codeveloped NP-848, Advanced Topics, Psychiatric-Mental Health Nurse Practitioner Curriculum	2018
Developed Soft Skills Assessment Tool, NP885, Psychiatric Mental Health Practicum	2015

Professional Memberships and Activities

Member, American Psychiatric Nursing Association	2014 - Present
Member, International Society of Psychiatric Nurses	2016 - Present
Member, Massachusetts Association of Advanced Practice Psychiatric Nurses	2014 - Present
Member, Massachusetts Coalition of Nurse Practitioners	2018 - Present
Member, American Association of Colleges of Nurses	2021 - Present

Institutional Service

Member, JEDI Faculty Development Community of Practice	2021-Present
Member, SON Evaluations Committee	2021-Present
Member, Justice, Equity, Diversity and Inclusion Curriculum Task Force	2020-Present
Member, Member, SON Appeals Committee	2020-Present
Member, SON Policy Committee	2017-2021
Member, SON Admissions Committee	2015-2017
Application Reviewer, SON Admissions Committee, MGH Institute of Health Professions	2013-Present
Volunteer – provide professional support to new NP graduates to strengthen and maintain relationships with alumni	2020-2021
Volunteer – assisted MBA students from UVA - Darden School on consulting project aimed to enhance client recruitment efforts at the Ruth Sleeper Nursing Center	2020
Volunteer - MGH Youth Scholars event	2019-2020
Volunteer - Community outreach to recruit clients for Ruth Sleeper Nursing Center	2018-2020
Guest Lecturer, Starting a Private Practice, Professional Issues course, MGH Institute of Health Professions DEN Program	2018
Guest Lecturer on Psychopharmacology, Biobehavioral: Principles and Theories course, MGH Institute of Health Professions ABSN and DEN Program	2018-2019