Dr. Serena Fasano Rosa, OBGYN-DNP, MPH, CLC

Profile: Doctorial prepared Nurse Practitioner with a background in leadership and clinical training. Assistant Professor at Massachusetts General Hospital Institute for Health Professionals. Deeply passionate about teaching and patient empowerment. Specialized in sexual health and education.

EDUCATION MGH Institute of Health Professions

Boston, MA

Doctor of Nursing Practice, Leadership Tract

2020-2021

Master of Science in Nursing, OBGYN Nurse Practitioner

2015-2018

Merit Scholarship

Columbia University

New York, NY

Master of Public Health, Sociomedical Science. Health Education & Promotion 2011-2013

Summa Cum Laude

University of Maryland

College Park, MD

Bachelor of Public Health, Health Education and Disease Prevention

2007-2011

President of Student Class, Leadership Award, 2007

LICENSURE

NCC Board Certified Women's Health Nurse Practitioner #NP2311932

Through Oct.2024 Through Oct.2024

Registered Nurse, MA Board of Nursing #RN2311932 Certified Lactation Counselor #ALPP-203609

Through June 2024

CERTIFICATIONS

Certified Nexplanon inserter, Certified Lactation Counselor, Certified BLS, Certification in

Fetal Heart Monitoring, and clinically trained to administer MonaLisa Touch laser

PROFESSIONAL

Mystick Women's Health

Medford, MA

Nurse Practitioner

July 2018-Dec. 2022

Provide full scope prenatal, postpartum and gynecological care for women across the lifespan. Perform vulvar and endometrial biopsies. Provide patient centered education including breastfeeding consults. Initiate appropriate diagnostic testing and/or treatment. Complete appropriate medical records in a timely manner. Conduct the hiring and training of NPs, nurses, and medical assistants. Supervise schedule and staff meetings. Carry out systems improvements. Train and support staff is providing patient affirmative care.

MGH Institute for Health Professional

Boston, MA

Assistant Professor, OBGYN Advance Nursing Practice

Teaching graduate students and conducting research. Collaborate with their clinical team and conduct check-ins. Review their clinical notes and provide feedback on their copy.

Mystick Women's Health

Medford, MA

Registered Nurse and Lactation Counselor

August 2016- May 2018

Evaluated and assessed patient's health care needs using established triage guidelines. Administered injections, immunizations and contraceptive methods. Assisted providers with procedures such as: LEEP, Colposcopy, IUD insertion EMB & biopsies of skin and breast. Prepared full panel hereditary cancer genetic testing for eligible patients. Performed non-stress fetal monitoring and analyzed results.

Community Healthcare Network, New York-Presbyterian Hospital

New York, NY

Sexual Health Educator

May 2013- June 2015

Conducted one-on-one clinical sessions on reproductive health topics using motivational interviewing and the Transtheoretical Model of Behavior Change. Facilitated reproductive health curriculum to New York City schools, community organizations, and other venues throughout NYC. Worked collaboratively with health center staff to ensure quality of patient care in reproductive service.

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The Center for Health and Wellbeing

College Park, MD

Peer Educator/Mentor

August 2009- June 2011

Planned and implemented wellness, nutrition, body image, and stress management workshops for students. Coordinated wellness events, promoted The Center for Health and Wellbeing, and connected students to health resources. Managed and trained 13 peer educators.

The Center for Vaccine Development

Bamako, Mali

Program Coordinator

June-August 2010

Designed and implemented surveillance questionnaires to obtain quantitative and qualitative data from women and children in Bamako. Oversaw team member's household visits and screening women and children for influenza. Developed, coordinated, and administered health care delivery programs, including individual and community health promotion and disease prevention.

ACEDEMIC EXPERIENCE

MGH Institute of Health Professions

Women's Health NP Clinical Preceptor

January 2019-Present

Facilitate and supervise the NP student's delivery of patient care. Provide supportive and useful feedback for growth. Allow increasing independence of student practice according to demonstrated capability. Evaluate student progress formally once each term and discuss the evaluation with the student.

Columbia University School of Public Health

New York, NY

Teaching Assistant, Foundation of Public Health and Health Behavior June 2011- June 2013 Ensured student comprehension of class material. Used organizational and teaching skills to plan and design interactive discussion sections. Strong organizational skills utilized to successfully meet grading deadline.

University of Maryland School of Public Health

College Park, MD

Teaching Assistant HLTH470 Women's Health

August 2008- June 2010

Maintained organization of class materials. Designed and presented "Women and Global Health". Created exam questions and monitored exams. Managed electronic grading.

PUBLICATIONS/ PRESENTATIONS

A Nurse Practitioner's Role in Breastfeeding Education and Support During Prenatal Care, Guest Lecture at Massachusetts General Hospital Institute for Health Professionals

Mindfulness Interventions for Increasing Breastfeeding Self-Efficacy, *DNP Graduate Thesis*, *MGHIHP*, 2021

Preventive genetic testing in black women: How healthcare providers can help their patients overcome barriers of future personalized medicine, NP Scholarly Project, MGHIHP, 2017

Comparing Type 1 and Type 2 Diabetes: A Model Towards Understanding Treatment Adherence in Chronic Disease, MPH Graduate Thesis, Columbia University, 2013

Lu, R., Fasano, S. & Nataro J. (2009). Lactobacillus GG elaborates small peptides that exert anti-bacterial effect. *Journal of Pediatric Gastroenterology and Nutrition*, 49:23-30.

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Fasano, S., Lu, R. & Nataro J. (2006). Identification and characterization of a novel antibacterial protein elaborated by Lactobacillus GG. *Journal of Pediatric Gastroenterology and Nutrition*.

LANGUAGES Fluent in English and Italian