

SARAH C. ROSSMASSLER

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CURRICULUM VITAE

EDUCATION

- 2018 DNP, School of Nursing, MGH Institute of Health Professions, Boston, MA
- 2014 Palliative Care Fellowship, Harvard Palliative Care Interdisciplinary Fellowship, Boston, MA
- 2001 MSN, Nursing, MGH Institute of Health Professions, Boston, MA
- 1992 BA, English Literature, St. Lawrence University, Canton, NY

PROFESSIONAL EXPERIENCE

- 2020 – present Assistant Professor, School of Nursing, MGH Institute of Health Professions (IHP), Boston, MA
- 2020 – present Nurse Champion, ED GOAL Research Study, (IRB Protocol 2021P003093) Brigham & Women’s Hospital, Boston, MA
- 2014 – present Palliative Care Nurse Practitioner, Inpatient Consultation Service, Baystate Medical Center, Springfield, MA
- 2022 – present Palliative Care Nurse Practitioner, Advanced Heart Failure Service, Baystate Medical Center, Springfield, MA
- 2022 – present Hospice Medical Director, Baystate Hospice, West Springfield, MA
- 2014 – 2017 Palliative Care Nurse Practitioner, D’Amour Comprehensive Cancer Center, Springfield, MA
- 2010 – 2013 Hospice Nurse Practitioner, VNA & Hospice of Cooley Dickinson, Northampton, MA
- 2005 – 2013 Primary Nurse, VNA & Hospice of Cooley Dickinson, Northampton, MA
- 2005 – 2013 Overnight On-Call Nurse, VNA & Hospice of Cooley Dickinson, Northampton, MA
- 2001 – 2004 Primary Care Nurse Practitioner, Chelmsford Primary Care, Chelmsford, MA
- 2000 – 2001 Charge Nurse, Cambridge Nursing Home, Cambridge, MA
- 1999 Patient Care Associate, Emergency Department, Massachusetts General Hospital, Boston, MA

AWARDS

- 2017 Exceptional Advanced Practice Clinician and Mentor Award, MGH Institute of Health Professions
- 2013 Cooley Dickinson All-Star Award, Cooley Dickinson Hospital
- 2011 Caring Moments Awards, VNA & Hospice of Cooley Dickinson

PUBLICATIONS

Lopez, R. P., Kris, A. E., & **Rossmassler, S. C.** (2022). Nursing Leadership and Palliative Care in Long-Term Care for Residents with Advanced Dementia. *The Nursing Clinics of North America*, 57(2), 259–271.

<https://doi.org/10.1016/j.cnur.2022.02.006>

Ouchi, K., Lee, R. S., Block, S. D., Aaronson, E. L., Hasdianda, M. A., Wang, W., **Rossmassler, S.**, Palan Lopez, R., Berry, D., Sudore, R., Schonberg, M. A., & Tulsky, J. A. (2022). An emergency department nurse led intervention to facilitate serious illness conversations among seriously ill older adults: A feasibility study. *Palliative Medicine*, 2692163221136641. <https://doi.org/10.1177/02692163221136641>

Palliative Medicine, 2692163221136641. <https://doi.org/10.1177/02692163221136641>

Prachanukool, T., Block, S. D., Berry, D., Lee, R. S., **Rossmassler, S.**, Hasdianda, M. A., Wang, W., Sudore, R., Schonberg, M. A., Tulsky, J. A., & Ouchi, K. (2022). Emergency department-based, nurse-initiated, serious illness conversation intervention for older adults: a protocol for a randomized controlled trial. *Trials*, 23(1), 866. <https://doi.org/10.1186/s13063-022-06797-6>

Rossmassler, S. C. (2015). Life, Death and... Rice and Beans. *Journal of Palliative Medicine*, 18(8), 719–720.

<https://doi.org/10.1089/jpm.2015.0079>

Rossmassler, S. C. (2017a). The Hidden Life of Trees. *Journal of Palliative Medicine*, 20(12), 1420–1420.

<https://doi.org/10.1089/jpm.2017.0543>

Rossmassler, S. C. (2017b). The Violet Hour: Great Writers at the End. *Journal of Palliative Medicine*, 20(5),

573. <https://doi.org/10.1089/jpm.2017.0134>

Rossmassler, S. C. (2020). Maybe I Could Sleep Here. *Journal of Palliative Medicine*, 23(5), 729–730.

<https://doi.org/10.1089/jpm.2019.0600>

PROFESSIONAL AFFILIATIONS

Hospice and Palliative Care Nurses Association, Member

Boston Area Chapter of Hospice and Palliative Nurses Association, Member

GRANTS RECEIVED

2022 MGH IHP Impact Practice Center Clinical Innovations Grant: Mindfulness Group for People with mTBI/TBI (\$5,000)

PRESENTATIONS

- 2022 Deprescribing in Serious Illness: Using the Evidence and a Framework to Guide Practice, MGH IHP Clinical Preceptor Appreciation Event
- 2021 Fostering Shared Decision-Making in Frail Older Adults Facing Surgical Emergencies: Reflections for APPs at Baystate, Baystate APP Grand Rounds
- 2021 Introducing Scenario Planning and Graphic Aids for Patients and Families Facing Difficult Medical Decisions, Baystate Medical Center Academic Half Day
- 2019 Fostering Shared Decision-Making in Frail Older Adults Facing Surgical Emergencies: Borrowing Backcasting from Sustainability Science, MGH Palliative Care & Geriatric Medicine Grand Rounds
- 2019 Nurses' Roles and Responsibilities in Providing Care and Support at the End of Life, Baystate Health Nurse Residency Program
- 2019 Shared Decision-Making in the Appropriate Initiation and Withdrawal from Dialysis: Breaking it Down with Palliative Care, Baystate Medical Center Renal Fellowship
- 2019 Ethics in End-of-Life Care: Building Ethical Competence and Cultivating Moral Resilience, MGH Institute of Health Professions, Boston, MA and Baystate Medical Center Academic Half-Day
- 2019 Palliative Care March Madness: Bracket-Style Recent Research from the Palliative Care Literature, Baystate Medical Center House Staff
- 2018 Syndrome of Imminent Death. Presented to clinical staff at Western Mass Hospital, Westfield, MA
- 2017 Adapting Palliative Care to the Era of Immunotherapy. Presented to D'Amour Center for Cancer Care Staff
- 2016 Empathy, Compassion and Professional Resilience, in two parts. Presented to Geriatric Fellowship Core Lecture Series
- 2015 Palliative Care at Baystate Medical Center for Pastoral Education Students
- 2015 Difficult Conversations in Oncology: A Roadmap and Rationale. Presented to D'Amour Center for Cancer Care Oncology Clinical Staff
- 2014 MGH Palliative Care Grand Rounds: Extubating Jesus: Integrating Mindfulness into Palliative Care Interventions
- 2012 Understanding Hospice Eligibility, VNA & Hospice at Cooley Dickinson
- 2012 Managing Common End of Life Symptoms, VNA & Hospice at Cooley Dickinson
- 2012 Hospice Nursing and Volunteer Intersections, VNA & Hospice at Cooley Dickinson