

Sara L. Smoller, MS, RN, ANP-BC

LISCENSURE/CERTIFICATIONS

Registered Nurse	MA License #267887 Expires 11/2024
ANCC Adult Health Nurse Practitioner Certification	Expires 9/2027
BLS Certification American Heart Association	Expires 06/2025

EDUCATION

UMASS Tan Chingfen Graduate School of Nursing PMHNP Postmasters Certificate	Worcester, MA Graduate August 2023
MGH Institute of Health Professions Master of Science in Nursing	Boston, MA May 2007
University of Vermont Bachelor of Arts in Biology – Cum Laude	Burlington, VT May 2003

PROFESSIONAL EXPERIENCE

Atrius Health, Inc <i>Nurse Practitioner – Adult Telecom</i>	Boston, MA	July 2022- present
North Shore Physicians Group (Formerly Family Doctors, LLC) <i>Nurse Practitioner-Adult Health</i>	Swampscott, MA	September 2007-present

- Serve as the primary care provider, in conjunction with an interprofessional healthcare team, to patients ranging in age from 13 years to 100+ years.
- Provide urgent care services as part of the practice's walk-in/urgent care center
- Serve as a resource for nursing and medical assistant staff
- Interpreting xrays, ECGs and spirometry.
- Performing procedures including suturing, splinting, lesion removal, incision & drainage, Nexplanon removal/insertion
- Read and interpret DEXA bone density exams
- Precept nurse practitioner students of all levels

Clinical Director/Systems Manager

July 2012 – Sept 2022

- Develop and implement clinical workflows to improve patient care and provider satisfaction
- Implementation of system wide quality improvement projects including the Virginia Mason improvement initiatives
- Assistance with staffing/hiring, scheduling and development of staff training modules

MGH Institute of Health Professions <i>Assistant Professor-Direct Entry Nursing program</i>	Boston, MA	August 2009-present
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- *Assistant Professor (2020-present)/ Faculty Instructor (2012-2020):* instruction of Primary Care Theory, Advanced Pharmacology and Diagnostic Measures & Psychomotor Skills to 2nd and 3rd year Nurse Practitioner Students. Modalities used include Team Based Learning, didactic and case based learning as

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well as online instruction. Serve on school of nursing committees, review scholarly requirements for graduation and lead annual medical service trip for students to La Romana, Dominican Republic. Conduct scholarly work in the area of Clinical Application with a scholarly interest in chronic disease management/outcomes and health literacy.

- *Clinical Coordinator (2011-2012)*: supervision and mentoring of 100+ first year nursing students and 20 clinical faculty. Designed and implemented clinical curriculum and lab activities.
- *Clinical Instructor (2009-2011)*: Direct clinical supervision of groups of 6 students performing direct patient care on an inpatient medical unit at MGH. Development of post-clinical conference discussions, lectures and handouts based on student needs and interests

Beth Israel Deaconess Medical Center

Boston, MA

May 2006-September 2007

Clinical Nurse II – Neuroscience, Neuroscience Stepdown Unit

- Registered staff nurse on a 28 bed acute neuroscience unit & stepdown unit.
- Patient population consisted of medical and surgical patients suffering from conditions including seizure disorders, brain tumors, spinal disorders, demyelinating disorders, cerebrovascular disease, head trauma

OTHER PROFESSIONAL EXPERIENCE

National Initiative for Children’s Healthcare Quality

Cambridge, MA

May 2005-April 2006

Project Coordinator

- Coordinated conferences and meetings for national quality improvement projects and internal improvement institutes.
- Responsible for the management and development of internal company infrastructure.

Interim Continuing Education Unit Leader

- Responsible for the oversight of all continuing education applications and activities as well as the continual improvement and development of internal continuing education policies and procedures.

Vermont Child Health Improvement Program

Burlington, VT

June 2003-August 2004

Project Coordinator

- Worked with physicians and public health officials from across the state of Vermont to implement programs to initiate positive change in healthcare for children statewide and nationally.

HONORS/AWARDS

Lucie D Russell Briefcase Award

UMASS Tan Chingfen Graduate School of Nursing, 2023

John Wheeler Award in Chemical Biology

University of Vermont, 2003

Upsilon Lambda Nursing Honor Society

MGH Institute of Health Professions -

(MGHIHP chapter of Sigma Theta Tau)

Inducted 2006

PUBLICATIONS

Peer Reviewed Articles

Sabo, K., Starodub, R., **Smoller, S.**, Quinn, L., Kelly, D., Flaherty, K., & Nicholas, P. K. (2022). Occupational Heat Stress: An Overview for Nurse Practitioners. *Journal of the American Association of Nurse Practitioners*, 34(3), 597-603. doi: 10.1097/JXX.0000000000000665

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Cahn, P. S., & **Smoller, S. L.** (2020). Experiential Learning and Cultural Competence: What Do Participants in Short-Term Experiences in Global Health Learn About Culture?. *Health Professions Education, 6*(2), 230-237. <https://doi.org/10.1016/j.hpe.2019.11.002>

Reynolds R, **Smoller S**, Allen A, Nicholas PK. (2019) Health Literacy and Health Outcomes in Persons Living with HIV Disease: A Systematic Review. *AIDS Behav. 23*(11):3024-3043. doi: 10.1007/s10461-019-02432-9.

Book Chapters

Smoller, S. (2020). Acute Joint Pain. In Neal-Boylan, L. *The Family Nurse Practitioner: Clinical Case Studies*. (2nd Edition) John Wiley & Sons.

Smoller, S. (2020). Preconception Planning. In Neal-Boylan, L. *The Family Nurse Practitioner: Clinical Case Studies*. (2nd Edition) John Wiley & Sons.

Smoller, S. (2020). Vaginal Itching. In Neal-Boylan, L. *The Family Nurse Practitioner: Clinical Case Studies*. (2nd Edition) John Wiley & Sons.

Smoller, S., Lucey, J., Franklin, C., Sheff, E., Nicholas, P. and Evans, L. (2019). Nasal Trauma. In T. Buttaro, J. Trybulski, P. Polgar-Bailey, J. Sandberg-Cook, J. Distler (Eds.), *Primary Care: A collaborative practice* (6th edition). Elsevier.

Sheff, E., **Smoller, S.**, Franklin, C., Lucey, J., Nicholas, P. and Evans, L. (2019). Epistaxis. In T. Buttaro, J. Trybulski, P. Polgar-Bailey, J. Sandberg-Cook, J. Distler (Eds.), *Primary Care: A collaborative practice* (6th edition). Elsevier.

Sheff, E., Lucey, J., **Smoller, S.**, Franklin, C., Nicholas, P. and Evans, L. (2019). Tumors and Polyps of the Nose. In T. Buttaro, J. Trybulski, P. Polgar-Bailey, J. Sandberg-Cook, J. Distler (Eds.), *Primary Care: A collaborative practice* (6th edition). Elsevier.

PRESENTATIONS

“Risks including Potential Liability for Nurse Practitioners in 2021 and Beyond” presented at Risk Management Update for Physicians, Nurse Practitioners, and Other Healthcare Professionals December 3, 2021. Sponsored by Harvard Medical School & Beth Israel Deaconess Medical Center.