

Samantha L. Bernstein, PhD, RNC-OB, IBCLC, CNL

School of Nursing
MGH Institute of Health Professions
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Education

Doctor of Philosophy, Nursing Science, Medical University of South Carolina, Charleston, SC.	2021
Master of Science, Nursing, University of New Hampshire, Durham, NH	2019
Master of Arts, American Studies, Fairfield University, Fairfield, CT	2013
Bachelor of Science, Nursing, Simmons College, Boston, MA	2001
Bachelor of Arts, Anthropology, University of Colorado, Boulder, CO	1995

Licensure and Certifications

Licenses

Massachusetts Registered Nurse License #RN2338663	Exp. 2024
New Hampshire Registered Nurse Compact License #071193-21	Exp. 2024
New York State Registered Nurse License #654042	Exp. 2026
Connecticut Registered Nurse License #066402	Exp. 2017

Certifications

Certified Nurse Educator, National League for Nursing	2023-2028
Respectful, Equitable Care certified, Family to Family Support Network	2023-2025
Inpatient Obstetric Certification, National Certification Corporation	2019-2025
International Board-Certified Lactation Consultant, International Board of Lactation Consultant Examiners	2018-2028
Clinical Nurse Leader Certification, Commission on Nurse Certification	2019-2024

Other Certificates

Collaborative Institutional Training Initiative (CITI), GCP Social and behavioral research best practices, human subject research curriculum	2020-2026
Basic Life Support, American Heart Association	Exp 11/2024
Fundamentals of TeamSTEPPS certificate	2020
IHI Open School Basic Certificate in Quality and Safety	2018
Fetal Monitoring Credential, Perinatal Quality Forum	2016-2022

Academic Appointments

Assistant Professor, MGH Institute of Health Professions, Boston, MA	2022-
Instructor, MGH Institute of Health Professions, Boston, MA	2021-2022
Adjunct Clinical Instructor, Keene State College, Keene, NH	2018, 2021

Clinical Appointments

Staff nurse and Lactation Consultant, per diem, Blake/Ellison 13 (postpartum unit), Massachusetts General Hospital, Boston, MA	2022-
Co-Facilitator, Interdisciplinary Breastfeeding Support Group, MGH Institute of Health Professions & Massachusetts General Hospital, Boston, MA	2021-
Staff nurse, charge nurse, Lactation Consultant, nurse/patient educator.	2015-2019
Committee work: perinatal practice committee, co-led Baby Friendly re-designation committee, decision-to-incision c-section committee. Monadnock Community Hospital, Peterborough, NH	2020-2021

Updated: 7/1/23

Administrative Appointments

Track Coordinator, Pre-licensure Direct Entry Nursing Program, MGH Institute of Health Professions, Boston, MA 2022-

Funding, Honors, and Awards

Grants-Funded

School of Nursing Faculty Seed Grant (funded, \$7500), MGH Institute for Health Professions, Boston, MA 2022

Stewart Dissertation Award (\$1500), College of Nursing, Medical University of South Carolina, Charleston, SC 2021

Other funding:

Graduate Scholarship (\$500) Sigma Theta Tau, Theta-at-Large Chapter 2019

Olimpia "Bia" Vallis Scholarship (\$25,000), College of Nursing, Medical University of South Carolina, Charleston, SC 2019

Grants- Not funded

Helene Fuld Health Trust National Institute Grant (not funded, \$5000) 2021

Honors & Awards

Elected Pinner, ABSN Pinning Ceremony 2023

Elected Pinner, DEN Pinning Ceremony 2022

Faculty DAISY award (student nominated), MGH Institute for Health Professions, Boston, MA 2022

Pillars Of Excellence Team Award for Collaboration, pre-licensure nursing team MGH Institute for Health Professions, Boston, MA 2022

Silver Circle Award, Monadnock Community Hospital, Peterborough, NH 2017

Bronze Circle Award, Monadnock Community Hospital, Peterborough, NH 2016

Marjorie Stimson Honors Award, Simmons College, Boston, MA 2001

Publications

Peer-reviewed articles (*data based, ^students/residents as co-authors)

1. *^Samost-Williams, A., **Bernstein, S.L.** (Co-first authors), Thomas, A.T., Piersa, A.P., Hawkins, J.E., Pian-Smith, M.C. (forthcoming). A qualitative study of the work systems and culture around end-of-day intraoperative anesthesia handoffs in a tertiary care center. *Anesthesia and Analgesia*.
2. Erickson, E., Barcelona, V., Turchioe, M.R., **Bernstein, S.L.**, Dreisbach, C. (under review). Predictive analytics for the care of individuals during the peripartum period. *MCN: The American Journal of Maternal/Child Nursing*.
3. Penner, S.B., Mercado, N., **Bernstein, S.L.**, Erickson, E., Dreisbach, C. (under review). Fostering informed consent in obstetric nursing with the advancement of artificial intelligence. *MCN: The American Journal of Maternal/Child Nursing*
4. Mack, A., O'Donnell, M., Henning, A., **Bernstein, S.L.** (forthcoming). Development of a hospital-academic collaboration to implement an interprofessional telehealth breastfeeding support group to meet community needs and student clinical needs. *Journal of Interprofessional Care*.
5. Cox, R., **Bernstein, S.L.**, Roy, K. (2023). A guide to application of diversity, equity, and diversity (DEI) principles for prelicensure nursing education. *Journal of Professional Nursing*, 46 (2023), 146-154. doi.org/10.1016/j.profnurs.2023.03.002
6. ***Bernstein, S.L.**, Catchpole, K., Kelechi, T.J, & Nemeth, L.S. (2022). Systems level factors affecting registered nurses during care of women in labor experiencing clinical deterioration. *Joint Commission Journal on Quality and Patient Safety*, 48(6-7), 309-318 doi: 10.1016/j.jcjq.2022.02.007.
7. **Bernstein, S.L.**, Kelechi, T.J, Catchpole, K., & Nemeth, L.S. (2021). Prevention of failure to rescue in obstetric patients: A realist review. *Worldviews on Evidence-Based Nursing*, 18, (6) 352-360. doi: 10.1111/wvn.12531
8. **Bernstein, S.L.** (2021). Scoping review on the use of early warning trigger tools for women in labor. *Journal of Obstetric, Gynecologic, and Neonatal Nursing*, 50, (3) 256-265. doi.org/10.1016/j.jogn.2021.01.003
9. *Hernandez-Tejada, M., Balasubramanian, S., Bian, J., Madisetti, M., Nagel, A., **Bernstein, S.L.**, Kelechi, T. (2021). Addressing physical, functional, and physiological outcomes in older adults via integrated mHealth intervention. *Innovation in Aging* 5 (Suppl 1), 934-935.
10. Acquaviva, K.D., Mugele, J., Abadilla, N., Adamson, T., **Bernstein, S.L.**, Bhayani, R.K., Büchi, A.E., Burbage, D., Carroll, C. L., Davis, S.P., Dhawan, N., English, K., Grier, J.T., Gurney, M.K., Hahn, E.S., Haq, H., Huang, B., Jain, S., Jun, J., ... Trudell, A.M. (2020). Documenting social media engagement as scholarship: A new model for assessing academic accomplishment for the health professions. *Journal of Medical Internet Research*, 22(12), e25070. doi.org/10.2196/25070

Editorials, columns, and critical reviews

1. Bernstein, S.L. (forthcoming). Update on perinatal mental health disorders. *MCN: The American Journal of Maternal/Child Nursing*.
2. **Bernstein, S.L.** (forthcoming). Understanding postpartum urinary retention. *MCN: The American Journal of Maternal/Child Nursing*, 48(3): 224.
3. **Bernstein, S.L.** (2023). Evidence-based guidelines for labor support that promote vaginal birth. *MCN: The American Journal of Maternal/Child Nursing*, 48(2):103. doi: 10.1097/NMC.0000000000000897
4. **Bernstein, S.L.**, Frederick, A., Abbu, S., Condo DiCioccio, H., Thomas, A., Dreisbach, C. (2023). Reflections on the 2021 MCN editorial fellowship. *MCN: The American Journal of Maternal/Child Nursing*, 48(1):6-7. doi: 10.1097/NMC.0000000000000872
5. **Bernstein, S.L.** (2022). New management guidelines for hypertension in pregnancy. *MCN: The American Journal of Maternal/Child Nursing*, 47(6), 359. doi: 10.1097/NMC.0000000000000857
6. **Bernstein, S.L.** (2022). Respectful maternity care. *MCN: The American Journal of Maternal/Child Nursing*, 47(4), 35. doi: 10.1097/NMC.0000000000000828.
7. Rohan, A., Abbu, S., **Bernstein, S. L.**, Krowchuk, H. (2022). Towards evidence-based practice. *MCN: The American Journal of Maternal/Child Nursing*, 47(2), 112-114. doi: 10.1097/NMC.0000000000000806
8. **Bernstein, S.L.** (2022). Important Safety Role of Nurses in Improving Maternal Health. *Joint Commission Blog*. Available at <https://www.jointcommission.org/resources/news-and-multimedia/blogs>.
9. **Bernstein, S.L.** (2021). Accurate respiratory rate assessment for women in labor. *MCN: The American Journal of Maternal/Child Nursing*, 46(5), 35. doi: 10.1097/NMC.0000000000000758.
10. Wright, M. L., Morse, B., Phillips, C., Muir, K. J., Manges, K., White, A., & **Bernstein, S.** (2020). Concerned nurses ask: Are we heroes or expendable? *Ms. Magazine* online.
11. **Bernstein, S.L.** (2019). Funding Planned Parenthood. *New Hampshire Nursing News* 43, (1). January-February 2019.

Peer-reviewed presentations, abstracts, and posters

1. Hunt, K, **Bernstein, S.L.**, and Roy, K.M. (2022, September 28-30). *Changing the Climate: Highlighting Moral Courage in Nursing Education* [Poster]. National League for Nursing Education Summit, Las Vegas, NV, United States.
2. **Bernstein, S.L.**, Catchpole. K., Kelechi, T.J., Nemeth, L.S. (2022, July 21-25). *Systems level factors affecting registered nurses during care of women in labor*. [Conference Presentation]. Sigma International Nursing Research Congress, Edinburgh, Scotland.
3. **Bernstein, S.L.**, Catchpole. K., Kelechi, T.J., Nemeth, L.S. (2022, March 31-April 1). *From coal miners to nurses: A project using sociotechnical systems theory to evaluate the work system of obstetric nurses* [Conference Presentation]. Eastern Nursing Research Society 2022, Providence, RI, United States.
4. VanRavenstein, K.M., Hernandez-Tajado, M., Balasubramanian, S., Madisetti, M. Bian. J., **Bernstein, S.**, & Kelechi, T.J. (2021, February 24-25). *Activate for life: a nurse-led hybrid telehealth/mHealth "Aging in Place" intervention to address pain and fatigue in older adults* [Conference presentation]. Southern Nurses Research Society [Virtual].
5. **Bernstein, S.L.** (2020) *Utilizing early warning systems in laboring women with preeclampsia*. Nursing Mutual Aid Conference. Twitter presentation.
6. **Bernstein, S.L.** (2020) *Utilizing early warning systems in laboring women with preeclampsia*. Eastern Nursing Research Society. Boston, MA. [Cancelled due to Covid.]
7. **Bernstein, S.L.** (2018, September 22). *Nathaniel Hawthorne hated cohousing* [Conference presentation]. Northeast Cohousing Summit, Amherst, MA, United States.

Invited presentations and other media appearances

1. "How to Fail," Keynote speech, ABSN Pinning Ceremony, MGH Institute of Health Professions, August 2023.
2. "A qualitative study to understand the work system of rural obstetric nurses." MGH IHP School of Nursing Scholarship Day, June 2, 2023.
3. "Thinking Aloud in Your Classroom: A Method for Active Learning," Faculty Development Workshop, MGH Institute of Health Professions, May 23, 2023.
4. "Spotlight on Practice," featured IBCLC in *Leading Lactation Insights* by Medela, May, 2023.
5. "Using Human Factors to Study the Nurse Work System," invited presentation at the Nursing Research and Scholarship Collaboration, Mass General Hospital Munn Center for Nursing Research & MGH Institute for Health Professions Office of Research and Scholarship, February 13, 2023.
6. "Listen to Nurses" project, ConnectRN, October, 2022.
7. "How to be a Steadfast Nurse," Keynote Speech, ABSN Pinning Ceremony, MGH Institute of Health Professions, August, 2022.
8. "Incorporating Intersectionality in Nursing Education," presentation to nursing faculty, with Dr. Kaveri Roy and Dr. Rachel Cox, February 25, 2022.
9. "Obstetric Nursing and Patient Safety," *Healthcetera* podcast special guest, January 2022.
10. "Roller Derby and Third-wave Feminism," *Consensual* podcast special guest, April 2021.
11. "Using Concept Mapping in QI Projects," presentation to Quality and Safety Improvement Committee of the Massachusetts General Hospital Department of Anesthesia, Critical Care, and Pain Medicine, June, 2020.

Educational Activities

Courses taught

NS 530A/685/521. Nursing Care of the Childbearing Family. 2021-

Course coordinator. Teach lecture component in accelerated BSN and direct-entry master's degree programs. Course is taught twice/semester, three semesters/year.

Clinical coordination: supervise ten clinical and simulation instructors across six hospitals.

HP 818. IMPACT 1. Interprofessional Practice. Co-taught Fall 2022

Curriculum Development

Course Coordinator- NS 530A/685/521. Nursing Care of the Childbearing 2021-

Family.

**Mentoring
Students**

Fadzai Semtayo, Black Maternal Health, Scholarly Reader	2024
Scarlett Santos-Soto, Black Maternal Health, Scholarly Reader	2024
Suhad Shahin, Black Maternal Health, Scholarly Reader	2024
Bettya Jean-Baptiste, Black Maternal Health, Scholarly Reader	2024
Shannon Metzger, ongoing formal mentoring relationship	2023
Stefanie Barnard, MSN Education, Practicum supervisor, "Development of a postpartum hemorrhage simulation scenario for prelicensure ABSN students"	2023
Maya Collins, BSN, RN, labor and delivery nurse, current co-author on Seed Grant	2023
Elisabeth Grills, BSN, RN, postpartum nurse, current co-author on Seed Grant	2023
Brigit Falcon, MSN, RN, "Benefits to Breastfeeding, a Pamphlet Guide for Populations Breastfeeding with Substance Use," reader for MSN Scholarly Project	2023
Sabrina Jacques, MSN, RN, "Benefits to Breastfeeding, a Pamphlet Guide for Populations Breastfeeding with Substance Use," reader for MSN Scholarly Project	2023

Quality Improvement Projects

Improving Terminal Operating Room Handoffs Using the SEIPS Model. Qualitative project to better understand facilitators and barriers to handoffs between anesthesiologists at change of shift. Developed recommendations to improve patient safety. Department of Anesthesia, Critical Care, and Pain Medicine, Massachusetts General Hospital, Boston, MA	2021- 2023
Understanding the Experiences of an Anesthesia Department during Covid-19 Crisis. Mixed methods project to identify lessons learned and implement necessary changes to department processes. Department of Anesthesia, Critical Care, and Pain Medicine, Massachusetts General Hospital, Boston, MA	2020- 2021
Talk to me! Patient Safety Huddles on an Inpatient Obstetric Unit. Instituted daily safety huddles for nurses, obstetricians, and pediatricians, resulted in measurable improvement in communication and teamwork. Monadnock Community Hospital, Peterborough, NH	2019
Decision-to-Incision Committee. Project to improve workflow during stat and urgent c-sections in a rural, critical-access hospital. Monadnock Community Hospital, Peterborough, NH	2018

Professional Development

Editorial Fellowship, MCN: The American Journal of Maternal/Child Nursing	2021
Plant-based Nutrition Certificate, T. Colin Campbell Center for Nutrition Studies, Ithaca, NY	2017

Professional Memberships and Activities

Human Factors Transforming Healthcare	2020-
International Lactation Consultants Association	2019-
Eastern Nursing Research Society	2019-
Association of Women's Health, Obstetric, and Neonatal Nurses	2015-
Sigma Theta Tau, Theta-at-large chapter, Upsilon Lambda chapter	2001-
Board member, Upsilon Lambda chapter	2022-

Editorial Boards and Reviewing

Nursing for Women's Health, reviewer	2022-
Editorial Board member and reviewer, MCN: The American Journal of Maternal/Child Nursing	2021-
JOGNN: Journal of Obstetric, Gynecologic, and Neonatal Nursing, reviewer	2021-
Journal of Immigration and Minority Health, reviewer	2021-

Institutional Service

Member, Appointments and Promotion Committee (Elected), Faculty Senate, MGH Institute of Health Professions	2023-2024
Member, Faculty Senate Review Task Force (Voluntary), School of Nursing representative, MGH Institute of Health Professions	2023-2024
Member, Interprofessional Dedicated Education Unit committee member, MGH Institute of Health Professions	2022-
Member, Appeals Committee member (Elected), School of Nursing, MGH Institute of Health Professions	2022-2024
Member, Evaluations Committee member (Elected), School of Nursing, MGH Institute of Health Professions	2022-2024
Member, Admissions Committee member (Appointed), School of Nursing, MGH Institute of Health Professions	2021-2022
ATI Task Force Member, School of Nursing, MGH Institute of Health Professions	2021-2022
Power, Privilege and Positionality workshop, Faculty facilitator, MGH IHP	2022-2023
Human Factors Nurse Consultant, (voluntary position), Quality and Safety Improvement Committee, Department of Anesthesia, Critical Care, and Pain Medicine, Massachusetts General Hospital, Boston, MA	2020-2021
Student representative, PhD Curriculum Committee, Medical University of South Carolina, Charleston, SC	2019-2020

Professional Service

Association of Women's Health, Obstetric, and Neonatal Nurses, Massachusetts Section planning committee	2023-
<ul style="list-style-type: none">Coordinator, <i>Every Woman, Every Baby</i> fundraising campaign	
Sigma Theta Tau, Board Member, Upsilon-Lambda chapter	2022-
Co-facilitator, Interprofessional breastfeeding community group	2021
Greater Monadnock Medical Reserve Corps	2019-
<ul style="list-style-type: none">Attend trainings, maintain preparedness for regional response to emergency eventsVolunteer at Covid-19 vaccination clinics, supporting National Guard	
Contocook Valley Regional High School, Peterborough, NH	2020
<ul style="list-style-type: none">Supervised two high school students in writing new consent-based sexual health curriculum. Resulted in change to high school curriculum and bill in NH legislature (HB1533- deemed "inexpedient to legislate")	
New Hampshire Nurses' Association	2017-2020
<ul style="list-style-type: none">Commission on Nursing PracticeExcellence in Nursing Task Force, Maternal-Child Health Subgroup	