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School of Nursing
MGH Institute of Health Professions
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Education

University of Massachusetts Dartmouth PhD in Nursing	December 2021
Boston College Master of Science in Nursing: Family and Community Health Graduated with Distinction	May 2004
Lehigh University Bachelor of Arts: Biology	June 2000

Certificates and Licensure

Certified Nurse Educator, National League of Nursing	July 2021 – present
Registered Nurse License, State of Massachusetts #257208	August 2003 – present

Academic Appointments

Instructor School of Nursing (0.5 FTE) Prelicensure Nursing Programs MGH Institute of Health Professions Boston, MA.	May 2008 – January 2021
Director Ruth Sleeper Nursing Center of Clinical Education and Wellness at the Interprofessional Impact Practice Center, MGH Institute of Health Professions Boston, MA	September 2018-present
Instructor School of Nursing Prelicensure Nursing Programs MGH Institute of Health Professions Boston, MA.	January 2021 – May 2022
Assistant Professor School of Nursing	May 2022 – present

Prelicensure Nursing Program
MGH Institute of Health Professions
Boston, MA.

Clinical Appointments

Staff Nurse: White 10 General Medicine June 2004 – November 2013
Massachusetts General Hospital, Boston MA

Nurse Case Manager June 2007 – June 2009
Natick Visiting Nurse Association, Natick MA

Honors and Awards

Massachusetts Association of Colleges of Nursing 2023 Academic Nursing Early Career
Scholarship Award February 2023

Pillars of Excellence Team Award: SON Prelicensure Faculty Team April 2022

Inge Corliss Research Award, Sigma Theta Tau International Upsilon Lambda Chapter
April 11, 2021

Alexandra Paul Simon Mentoring Award: Sigma Theta Tau International Upsilon Lambda
Chapter April 5, 2020

Partners in Excellence Team Award: IHP Community IMPACT Day Committee March 2019

Massachusetts General Hospital Department of Nursing: Formal recognition as Advanced
Clinician based on clinical expertise. March 2007

Peer-Reviewed Published Manuscripts

Sabo, K., & Lopez, R. (under review). Older adult mental health: A student led project to reduce stigma among residents living in a publicly supported housing. *Issues in Mental Health Nursing*.

Brown, M., **Sabo, K.**, Wong, J., Enloe, K., & Lopez, R. (under review). Psychiatric mental health nurse practitioner student-run supportive counseling program evaluation: Brief Report. *Journal of the American Psychiatric Nurses Association*.

Sabo, K., & Hunter Revell, S. (under review). Facilitating health promoting self-care in older adults: A theory synthesis. *Advances in Nursing Science*.

Sabo, K., Wong, J., & Lopez, P. (2023). Loneliness and unmet needs of older adults living in publicly supported housing. *Research in Gerontological Nursing*.

Worek, A., **Sabo, K.**, Eddy, E., Plummer, L., Baldwin, J., Reidy, P., Hildebrand, M., Riotte, M., & Wong, J. (2022). Students Tele-All: Self-Efficacy and Self-Reflection as Measures of Student Success in Telepractice Training Across Health Professions. *Journal of Interprofessional Education and Practice* 12(5), 302. <https://doi.org/10.3390/educsci12050302>.

Sabo, K. Chin, E., Sethares, K., Hunter Revell, S., & Nicholas, P. (2022). Knowledge, attitudes, and practices of primary healthcare providers with assessing and supporting older informal caregivers. *Geriatric Nursing*, 44, 159-166. <https://doi.org/10.1016/j.gerinurse.2022.02.004>.

Sabo, K., Starodub, R., Smoller, S., Quinn, L., Kelly, D., Flaherty, K., & Nicholas, P. (2022). Occupational heat stress: An overview for nurse practitioners. *Journal of American Association of Nurse Practitioners*, 34(3), 597-603. doi: 10.1097/JXX.0000000000000665

Brown, M., Swales, S., & **Sabo, K.** (2021). Implementing a Telehealth Supportive Counseling Center with PMHNP Students. *Journal of Nursing Education*, 60(11); 651-654. doi: 10.3928/01484834-20210914-02

Nicholas, P., Breakey, S., Tagliarini, E., Simmonds, K., & **Sabo, K.** (2021). Climate change and population health: Incorporating stages of nursing and political development. *Nursing Outlook* 69(1), 65-73. doi: 10.1016/j.outlook.2020.08.001.

Sabo, K., & Chin, E. (2020). Self-care needs and practices of the older adult caregivers: An integrative review. *Geriatric Nursing*, 42(2), 570-581. doi: 10.1016/j.gerinurse.2020.10.013.

Peer-Reviewed Interprofessional Presentations and Abstracts

Sabo, K., Reidy, P., Clapp, M. & O'Donnell, M. (2023) An interprofessional approach to assessing clients for health impacts of climate change (virtual podium presentation). NEXUS Virtual Summit 2023. National Center for Interprofessional Education and Practice, University of Minnesota, Minneapolis, MN.

Sabo, K., Pittman, R., & Smith, L. (2022, September 13). Interprofessional Wellness Groups: A Model for Success (virtual podium presentation). NEXUS Virtual Summit 2022. National Center for Interprofessional Education and Practice, University of Minnesota, Minneapolis, MN.

Sabo, K., Pittman, R., & Baldwin, J. (2020, August 6). From, with and about wellness: An interprofessional approach to group health (virtual poster presentation). NEXUS Virtual Summit 2020. National Center for Interprofessional Education and Practice, University of Minnesota, Minneapolis, MN.

Plummer, L. Knab, M., Riotte, M., Baldwin, J., Worek, A. Pittman, R., **Sabo, K.**, Hildebrand, M., Mack, A., & Cruz, A. (2020, August 20). Leading an interprofessional practice pivot: From onsite to virtual in a hot minute (conference presentation and presenter). NEXUS Virtual Summit 2020. National Center for Interprofessional Education and Practice, University of Minnesota, Minneapolis, MN.

Presentations and Abstracts (*Peer-reviewed)

Sabo, K., Wong, John, & Lopez, R. (2023, March 24). Loneliness and unmet needs of older adults living in publicly supported housing. Eastern Nursing Research Society 35th Annual Scientific Session, Philadelphia, PA.

Sabo, K., Wong, John, & Lopez, R. (2023, January 10). Loneliness and unmet needs of older adults living in publicly supported housing. MGH Institute of Health Professions Scholarship Day Poster Session, MGH Institute of Health Professions, Boston, MA.

Brown, M., **Sabo, K.**, & Wong, John. (2023, January 10). Sleeper Nursing Center Supportive Counseling Outcomes: Summer 2022. MGH Institute of Health Professions Scholarship Day Poster Session, MGH Institute of Health Professions, Boston, MA.

Worek, A., Eddy, E., Baldwin, J., Hildebrand, M., Plummer, L., Reidy, P., Riotte, M., **Sabo, K.**, & Wong, J. (2023, January 10). SSET-ing Students up for Success: A Cross-Disciplinary Outcome Measure for Telepractice Education. MGH Institute of Health Professions Scholarship Day Poster Session, MGH Institute of Health Professions, Boston, MA.

Nicholas, P., Breakey, S., Starodub, R., Tagliarini, E., Sipe, M., Olayinka, O., Bearnhardt, J., Cox, R., Quinn, C., Pusey Reid, E., Gona, C., Wong, J., **Sabo, K.**, Reidy, P., Evans, L., Evans, R., O'Brien, L., Donati, C., Grande, V., & Leary, T. (2023, January 10). The NIH Climate Change and Health Initiative Strategic Framework. MGH Institute of Health Professions Scholarship Day Poster Session, MGH Institute of Health Professions, Boston, MA.

Sabo, K. (2022, September 22). Utilizing Grant Funding to Support Student Learning at the Sleeper Nursing Center. MGH Institute of Health Professions Board of Trustees Research Poster Session, MGH Institute of Health Professions, Boston, MA.

Dykes, P., **Sabo, K.**, & Brown, M. (2022, June 10). Nuts and Bolts of Outcome Research. MGH Institute of Health Professions School of Nursing Faculty Development, MGH Institute of Health Professions, Boston, MA.

Sabo, K., & Wong, J. (2022, June 2). Students Tele-All: Self-Efficacy and Self-Reflection as Measures of Student Success in Telepractice Training. MGH Institute of Health Professions School of Nursing 4th Annual Celebration of Faculty Scholarship, MGH Institute of Health Professions, Boston, MA.

Sabo, K. & Reidy, P. (2021, April 15). COVID-19 Vaccine: Questions and answers webinar (virtual presentation). Harvard Kent School Annual Wellness Fair, Charlestown, MA, United States.

***Sabo, K.** (2021, April 15). Caregiver self-care needs and practices: An integrative review (virtual poster presentation). University of Massachusetts Dartmouth College of Nursing and Sigma Theta Tau International Honor Society of Nursing Theta Kappa Chapter: Sister Madeline Clemence Vaillot Scholarship Day, North Dartmouth, Massachusetts, United States.

Reidy, P. & **Sabo, K.** (2021, February 25). COVID-19 vaccine: questions and answers webinar (virtual presentation). Kennedy Community Center, Charlestown, MA, United States.

***Sabo, K.** (2021, March 25-26). Caregiver self-care needs and practices: an integrative review. (virtual poster presentation). Eastern Nursing Research Society 33rd Annual Virtual Scientific Session, Leesburg, VA., United States.

Sabo, K. (2020, May 13). Educating future nurses (virtual presentation). Rotary Club of Bridgewater, MA, United States.

***Sabo, K., & Chin, E.** (2020, April 14). Theory of nurse facilitated health promotion (virtual poster presentation). University of Massachusetts Dartmouth College of Nursing and Sigma Theta Tau International Honor Society of Nursing Theta Kappa Chapter: Sister Madeline Clemence Vaillot Scholarship Day, North Dartmouth, Massachusetts, United States.

***Sabo, K., & Chin, E.** (2020, March 26). Theory of nurse facilitated health promotion (virtual poster presentation, University of Massachusetts Dartmouth College of Nursing and Health Sciences PhD Student Selected Poster Presenter). Eastern Nursing Research Society 32nd Annual Virtual Scientific Session, Leesburg, VA., United States.

***Sabo, K.** (2019, April 23). Health promotion in older adults: A concept analysis (poster presentation). University of Massachusetts Dartmouth College of Nursing and Sigma Theta Tau International Honor Society of Nursing Theta Kappa Chapter: Sister Madeline Clemence Vaillot Scholarship Day, North Dartmouth, Massachusetts, United States.

***Sabo, K., Zeytoonjian, T., Lussier-Duynstee, P. Kelly, D., & Grobecker, P.** (2018, May 31). Utilizing Jeffreys' cultural competence and confidence model to intervene with at risk nursing students in the final semester (poster presentation). The 26th Annual Conference for Nurse Educators: Clinicians and Educators: Partnering to Develop Competence, Falmouth, Massachusetts, United States.

***Sabo, K.** (2018, April 24). The adult learning theory: Use in clinical education of an accelerated Bachelor of Science in nursing program (poster presentation). University of Massachusetts Dartmouth College of Nursing and Sigma Theta Tau International Honor Society of Nursing Theta Kappa Chapter: Sister Madeline Clemence Vaillot Scholarship Day, North Dartmouth, Massachusetts, United States.

***Sabo, K.,** Sheff, E., Kilroy, S. & Dykes, P. (2006, May). The feasibility of the digital pen and paper technology for vital sign data captured in the acute care setting (poster presentation). Nurses Week Massachusetts General Hospital, Boston, Massachusetts, United States.

Grants

US Department of Health and Human Resources and Service Administration
July 2022-July 2026
Impacting Health in Partnerships: Nurses on the Move Toward Health Equity and Climate Justice
\$3.1 million 4-year grant to develop nurse-led mobile health services to address social determinants of health and the health consequences of climate change.
20% effort

MGH Institute of Health Professions Impact Practice Center ENRICH grant
July 20 22-July 2023
Impact Practice Center Clinical Innovations Aging Mastery Community Wellness Program
\$5000 to pilot a community-based wellness program for older adults using the National Council on Aging Curriculum: Aging Mastery
In Kind

MGH Institute of Health Professions School of Nursing Seed Grant May 2022 – May 2023
Psychometric Testing of the Caregiver Self-Care Survey for Healthcare Providers
\$7800 one-year grant to conduct psychometric testing to validate the research instrument Caregiver Self-Care Survey for Healthcare Providers.
15% effort

Chin Family Philanthropy, Boston, MA, United States August 2021 – July 2024
Principal Investigator
Assessing Effectiveness of Ruth Sleeper Nursing Center Behavioral Health Practices
\$200,000 three -year grant to enhance SON's ability to conduct patient centered outcomes research and to expand and evaluate the behavioral health services provided through the Ruth Sleeper Nursing Center for Clinical Education and Wellness
20% effort

Dissertation Research Grant: Sigma Theta Tau International Theta Kappa Chapter
March 2021

University of Massachusetts Dartmouth, Dartmouth, MA, United States.

Principal Investigator

Primary Healthcare Provider Knowledge, Attitudes, and Practices of Engaging Older Informal Caregivers in Health Promoting Self-Care

\$500

Interprofessional Educational Activities

MGH Institute of Health Professions, Boston, MA, United States

Moderator: Biannual Impact Practice Center Grand Rounds: Caregiving April 7, 2021

Faculty Lead: Parkinson's Disease Virtual Wellness Group October 2020 – present

Course Faculty: Interprofessional Impact Course September 2019 – present

Faculty Lead: Interprofessional Wellness Group September 2017 – present

Uniprofessional Educational Activities

MGH Institute of Health Professions School of Nursing, Boston, MA, United States

Parkinson's Disease Care Partner Support Group February 2021 – present

Clinical Coordinator: Public Health Nursing Practice and Theory May 2020 – present

Harvard Kent Pediatric Health Promotion Day December 2020

IHP Faculty, student, and staff flu clinics October 2019 – present

Harvard Kent Annual Earth Day Event April 12, 2019

National Parks Service Work Wellness Program September 2017 – March 2020

Harvard Kent Annual Nurse for a Day Event November 2018-November 2019

Course Coordinator, Role Immersion (senior preceptorship) May 2014 – May 2019

Course Faculty, Public Health Nursing Practice and Theory January 2008 – May 2014

Sleeper Nursing Center Initiatives

Student Clinician Telehealth Visits March 2020 – present

Student Clinician Home visits to Robert Georgine Towers (elderly housing)
September 2019 – present

Clinical Supervision

Clinical Oversight Instructor: Role Immersion January 2014 – May 2014

Clinical Instructor: Common Problems of Adult Health September 2007 – May 2013

Clinical Instructor: Community Health Nursing Principles and Practice
January 2007 – December 2008, September 2017 – present

Curriculum Development

Mobile Health Service Program July 2022-present

Interprofessional Parkinson's Disease Wellness Group October 2020 – present

Virtual Public Health Clinical Practicum
Interprofessional Adult Wellness Group
Role Immersion Simulations

April 2020 – present
May 2017 – present
March 2018 – May 2019

Mentoring

Students

Master of Public Health Student from University of Haifa April 2021 – present
MGH Institute of Health Professions ABSN Public Health Students at Warren Prescott School March 2018 – April 2018
Ruth Sleeper Nursing Center Graduate Assistants December 2018 – present
Academic Advisor to ABSN students September 2012 – present

Faculty

SON Faculty Mentor April 2022 – present
Role Immersion Simulation Instructor May 2018 – May 2019
Role Immersion Clinical Oversight Instructors May 2014 – May 2019
Public Health Clinical Instructor January 2008 – December 2014
January 2018 – May 2020

Professional Memberships and Activities

Mobile Healthcare Association February 2023-present
Sigma Theta Tau International May 2004 – present
Board Member, Upsilon Lambda Chapter September 2018 – present
Vice President, Upsilon Lambda Chapter September 2020 – present
Dual member of Theta Kappa Chapter January 2021 – present
Member: Eastern Nursing Research Society September 2019 – present
Member: Gerontological Society of America October 2020 – March 2023
Member: National Academies of Practice November 2021 – January 2023
Policy Committee June 2022 – January 2023

Interprofessional Institutional Service

BIPOC Enrollment and Retention Initiative May 2022 – December 2021
Faculty Lead for 100 Ferrin St Interprofessional Health Fair February 3, 2020
Member of IHP Impact Practice Center Operations Committee February 2019 – present
MGH Youth Scholars: Coordinator for SON panel members March 2019 – present
Panel Member for Faculty Development Day: Interprofessional Education May 2, 2019
Member of IHP Impact Practice Center Curriculum Committee January 2018 – present

Institutional Service

Member of SON Nurses Response to Gun Violence Task Force	January 2023 - present
Member of SON Center for Climate Change, Climate Justice, and Health Steering Committee	August 2022 - present
IHP Faculty Senate Faculty Governance & Academic Policies Committee	September 2022 – present
Member of IHP Virtual Clinical Design Committee	March 2020 – December 2021
Member of IHP Clinical Redesign Committee	March 2020 – December 2022
Member of IHP Community IMPACT Day Committee	April 2017 – September 2019
Member of SON Search Committee	September 2021 – present
Co-Chairperson	September 2022-September 2023
Member of SON Nominating Committee	September 2021 – present
Member of SON Center of Excellence Task Force	April 2022-present
Member of SON Appeals Committee	September 2016 – August 2021
Member: SON Judicial Board	September 2016 – August 2022
Co-Chairperson	January 2018 – August 2020
Member: SON ATI Policy Task Force	September 2018 – January 2020
Facilitator for Power, Privilege and Positionality Program	September 2019 – June 2020
IHP Search Committee for Impact Practice Director	April 2019 – July 2019
Faculty Facilitator for Saudi Arabian Nurse Faculty	March 2019

Community Service

Volunteer: Service for Individuals Living with Dementia First Congregational Church, Milford, MA	February 2019- February 2020
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Continuing Professional Development

Dean Nominated Participant for the MGH Institute Nurse Leadership Program	March 2022 – June 2022
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