# Dr. Joshua D. Dion DNP, A.C.N.P-BC, R.N.-BC E-Mail: jdion@mghihp.edu

Education:	<b>Northeastern University,</b> Boston MA, Doctor of Nursing Practice Degree (January 2014).
	<b>MGH Institute of Health Professions</b> , Boston, MA, Master of Science in Nursing with specialization in Acute Care Advanced Practice (May 2002)
	<b>University of Massachusetts at Amherst</b> , Amherst, MA, Bachelor of Science Degree in Exercise Science (May 1999)
	<b>Boston College,</b> Chestnut Hill, MA, Nursing PhD in Nursing Program, All but Dissertation (9/05 to 12/2011).
Experience: 9-2014 to Present	MGH Institute of Health Professions Charlestown, MA Track Coordinator Acute Care Nurse Practitioner Program Direct a team of Acute Care faculty in the delivery of advanced practice nursing education. Coordinate the Acute Care Nurse Practitioner Program clinical placements in MA, RI, NH, ME, and VT. Additional responsibilities include: monthly track coordinator meetings, weekly clinical coordination meetings with placement coordinator, advising all students within the track on education plans, advising students and being a reference for employment as a nurse/medical professional while going through the program as well as post-graduation, modification of curriculum based on national test scores and ongoing changes in the delivery of healthcare.
8-2011 to Present	MGH Institute of Health Professions Charlestown, MA Clinical Assistant Professor School of Nursing Instructing clinical seminar, student advisement, curriculum development, and performing ongoing evaluations of student progress in the acute care nurse practitioner program. Additional responsibilities include: attend monthly advanced practice committee meetings, attend monthly school of nursing meetings lead class discussions, lecture on selected topics, organization of online coursework, organize expert panels on selected topics for

class presentation, clinical site visits, preceptor communication on student progress, review of clinical notes, clinical logs, and hour sheets to ensure course objectives are met, and grading.

## 6/4/07-Present: Integrated Pain Care of Bedford New Hampshire Director of Clinical Services and Owner.

Working as an independent pain management nurse practitioner within a large network of specialty providers. Developed the business plan, the model of care, and the practice management system. Responsibilities include: practice management, performing pain consultations, follow up visits, comprehensive pain medication management, ordering and interpretation of diagnostic studies, trigger point injections, joint injections, patient education, and coordination of care among a network of specialists.

# 9/6/2005-5/1/2007 Boston College Chestnut Hill, MA University Research Fellow

Working with Dr. Judith Vessey RN, PhD, MBA as a research fellow on actively funded research projects. Responsibilities include: organization of files and data using SPSS statistical package and paper filing systems, training undergraduate and graduate students on software applications pertaining to research projects, writing portions of research papers and articles, literature reviews, and other various projects pertaining to ongoing nursing research projects headed by Dr. Vessey.

## 8/06- 5/2011 MGH Institute of Health Professions Charlestown, MA

Adjunct Faculty for Acute Care Nurse Practitioner Program. Instructing clinical seminar and performing ongoing evaluations of student progress in acute care clinical rotations. Responsibilities include: leading class discussions, formal lecture on selected topics, organization of online coursework, clinical site visits, ongoing preceptor communication on student progress, correction and critique of clinical notes, as well as reviewing clinical logs and hour sheets to ensure course objectives are met.

## 1/3/2005-5/20/2007 Interventional Spine Medicine/Barrington Surgical Center Barrington, NH

#### **Acute Care Nurse Practitioner**

Incorporating a multidisciplinary approach into evaluating and treating patients who suffer from acute and chronic pain conditions. Implementation and development of the first Acute Care Nurse Practitioner role into the practice. Responsibilities include: Performing histories and physical exams, interpretation and ordering of radiographic and laboratory studies, management of pharmacological treatments, prescribing medications and monitoring their effects on patient outcomes, scheduling of interventional procedures, performing trigger point injections and occipital nerve blocks, traveling to satellite locations to render care services, on call status seven days per week for patients routinely \ treated, assisting with surgical procedures, and providing education to patients and families regarding chronic pain and treatment options.

# 03/2003-12/31/04 Advanced Pain Management/Northeast Ambulatory Center Stoneham, MA

#### **Acute Care Nurse Practitioner**

Evaluate, diagnose, and treat patients who suffer from various types of chronic pain syndromes. Role included: Initial consultations, interpretation of radiographic films and pertinent laboratory information, collaboration with primary care physicians and medical specialists, assisting with surgical procedures, performing trigger point injections and occipital nerve blocks, managing comprehensive medication regimens, ordering diagnostic studies, and providing referrals to specialty providers.

## 9/9/2004-12/13/04 MGH Institute of Health Professions Boston, MA

**Clinical Preceptor for Acute Care Nurse Practitioner Student** Provided education and training for a second year Acute Care Nurse Practitioner Student at Advanced pain Management Center in Stoneham, MA. Responsibilities included: nine hours of preceptorship per week, provided ongoing feedback to the student regarding performance, mutual expectations, and attainment of agreed upon goals, updated professor on performance, and completion of a formal clinical evaluation.

#### **Massachusetts General Hospital**

#### 08/2001-05/2003 Boston, MA

#### **Clinical Staff Nurse**

Provide comprehensive nursing care for patients admitted to the Cardiac access unit for percutaneous transluminal coronary angioplasty, stent placement, and/or coronary artery bypass grafts. Responsibilities included: Obtaining pertinent medical history, acquiring laboratory specimens, monitoring and assessing pre and post intervention, performing diagnostic tests, coordinating and administering medications, completing admission paperwork, progress notes, and discharge summaries, delegating tasks to ancillary personnel, educating patients on cardiac risk factors and lifestyle modification techniques,

	practicing in close collaboration with the health care team which included attending physicians, cardiac fellows, and NP's
9/2000-3/2001	<ul> <li>Beth Israel Deaconess Medical Center</li> <li>Boston, MA</li> <li>Operating Room Practice Assistant</li> <li>Responsibilities included: conducting preoperative nursing assessments, recording mental status, anxiety level, vital signs, and pertinent past medical history prior to surgical procedure, providing assistance to Anesthesiologists while putting in epidural catheters, and providing patients and family members education surrounding the surgical experience.</li> </ul>
5/1998-3/2001	Beth Israel Deaconess Medical Center Boston MA, Emergency Room Practice Assistant Responsibilities included: phlebotomy, electrocardiograms, splinting of orthopaedic injuries, wound debridement, assisting with minor surgical procedures, educating patients' regarding wound care, splint care, and crutch training.
<u>Professional</u> <u>Licensure:</u>	Registered Nurse licensed by Commonwealth of MA Division of Professional Licensure. Expiration date 03/31/2024. Acute Care Nurse Practitioner licensed by Commonwealth of MA Division of Professional Licensure. Expiration 03/31/2024. Registered Nurse licensed by the state of New Hampshire. Expiration 03/31/2024. Acute Care Nurse Practitioner licensed by the state of NH. Expiration 03/31/2024.
<u>Certifications:</u>	<ul> <li>Acute Care Nurse Practitioner Certification by American Nurses Credentialing Center. Expiration 12/31/2027.</li> <li>Board Certified in Pain Management by American Nurses Credentialing Center. Expiration 7/2024</li> <li>BLS Provider through the American Heart Association. Expiration 09/2023.</li> <li>Completed Opioid Management Society Opioid Certification Program 4/2006.</li> <li>Completed Certificate Course in Nutritional Pain Management 11/2018.</li> </ul>

# **Professional**

Professional	
Organizations:	Elected Secretary of the New Hampshire Nurse Practitioner
	Association 4/2021.
	Honor Society of Nursing, Sigma Theta Tau International, January
	2014 Northeastern University Chapter.
	Past Member of the board of directors for the New England Pain
	Association.
	Past Editor of Newsletter and Membership Chair of the New
	England Pain Association. Member of the American Academy of Pain Management.
	Elected member of the MGH Institute of Health Professions
	Alumni Board of Directors 9/2008.
	Elected Member of the New Hampshire Medical Society Task
	Force for Prescription Drug Misuse within the state of NH 9/2010.
Presentations:	
	Invited Speaker: Men's Health: TRT, ED, and Peptide therapies.
	New Hampshire Nurse Practitioner Association Annual
	Conference, 4-12-2023 Recorded Session, NH.
	Invited Speaker: Pain Management Workshop. New Hampshire
	Nurse Practitioner Association Annual Conference, 4-14-2023
	Three Hour Workshop Session, NH.
	Invited Speaker: Men's Health: TRT, ED, and Peptide therapies.
	New Hampshire Nurse Practitioner Association Annual
	Conference, 4-7-2022 Recorded Session, NH. Invited Speaker: Chronic Pain Management in an Opioidphobic
	Society, 4-1-2022. New England Regional Psychiatric Nursing
	Conference Virtual Live Webinar at St. Anselm's College, NH.
	Invited Speaker: Chronic Pain Management in an Opioidphobic
	Society, 6-14-2019. New England Public Health Conference in
	Kenebunkport, ME
	Guest Lecturer: Pain Management for Chronic Pain Patients, 1-31-
	2019 & 2-4-2021. Family and Adult Nurse Practitioner Students at
	the MGH Institute of Health Professions in Boston, MA.
	Guest Lecturer: Paradigm Shift in Pain Management, 2-14-2019.
	Northeastern University in Boston, MA.
	Guest Lecturer: Pain Pathways and Opioid Analgesics, 4-1-2019,
	4-13-2020, & 3-29-2021. CRNA Students at Northeastern
	University in Boston, MA.
	Invited Speaker: Chronic Pain Management in an Opioidphobic
	Society, 4-5-2019. New England Regional Psychiatric Nursing
	Conference Concord, NH.
	Invited Speaker: Use of Opioid Analgesics in Pain Management,

Invited Speaker: Use of Opioid Analgesics in Pain Management, 6/25/2018. Nurse Practitioner Associates for Continuing Education Conference in Falmouth, MA. Invited Speaker: Non-Opioid Pain Management In Primary Care, 6/25/2018. Nurse Practitioner Associates for Continuing Education Conference in Falmouth, MA.

Guest Lecturer: Sociocultural and Ethical Aspects of Pain Management, 10/2012, 6/2013, 11/4/2014, 6/16/2015, 10/25/2016, 7/13/2017, and 11-6-2018. Tufts University Boston, MA.

Invited Speaker: Pain Management for The Primary Care Provider, 9-11-2016. Nurse Practitioner Associates for Continuing Education Conference in Indianapolis, IN.

Invited Speaker: Pain Management for The Primary Care Provider, 4-3-2016. Nurse Practitioner Associates for Continuing Education Conference in Orlando, FLA.

Presenter: Acute Care Case Studies and Updates in Pain Management, 6/2014. Nurse Practitioner Associates for Continuing Education Conference in Falmouth, MA.

Presenter: Pain Management in Primary Care and Acute Care Topics for NPs: Pancreatitis and Renal Colic, 9-7-2014. Nurse Practitioner Associates for Continuing Education Conference in Nashville, TN.

Presenter: Pain management in Primary Care and Acute Care Topics for NPs: Pancreatitis and Renal Colic, 10/2014. Nurse Practitioner Associates for Continuing Education Conference in Phoenix, AZ.

Presenter: Primary Care Pain Management Workshop, 11/8/2014. Nurse Practitioner Associates for Continuing Education Conference in Boston, MA.

Poster Presentation: Driving on Opioid Analgesics, 6/8/2014. International Conference On Opioids in Boston, MA.

Presenter: Pain Management for Primary Care, 4/2014. Nurse Practitioner Associates for Continuing Education Conference in Orlando, Florida.

Presenter: Acute Care Update in Primary Care, Atrial Fibrillation and Acute Pancreatitis, 4/2014. Nurse Practitioner Associates for Continuing Education Primary Care Conference in Orlando, Florida.

Poster Presentation: Driving on Opioid Analgesics, 4/2014. Nurse Practitioner Associates for Continuing Education Conference in Orlando, Florida.

Presenter: Chronic Pain Management for the NP in Primary Care, 6-2013. Nurse Practitioner Associates for Continuing Education Conference in Falmouth, MA.

Effective Pharmacology Management of Pain Including High Risk Patients, Contracts and Clinical Pearls, 4-2013. Nurse Practitioner Associates for Continuing Education Conference in Chicago, IL. Chronic Pain Management for the NP in Primary Care, 6-2011 and 6-2012. Nurse Practitioner Associates for Continuing Education Conference in Brewster, MA.

Guest Lecturer at Northeastern University on Effective Pharmacology Management of Pain Including High Risk Patients, Substance Abuse, and Counseling 2/2012 to Acute Care Nurse Practitioner Students and 6-2012 and 2/2013 to Nurse Anesthesia Students.

Presenter: Effective Pharmacology Management of Pain Including High Risk Patients, Substance Abuse, and Counseling. Maine Nurse Practitioner Association Conference in Lincolnville, Maine 4-2012

Guest Lecturer at the MGH Institute of Health Professions on Effective Pharmacology Management of Pain Including High Risk Patients, Substance Abuse, and Counseling, 3/2012, 3/2013, 2/2014, and 2/2015 to Adult and Family Nurse Practitioner Students.

Presenter: Chronic Pain Management. Maine Nurse Practitioner Association Conference in Lincolnville, Maine on 4-2011. Guest Lecturer at the MGH Institute of Health Professions on Pain Management. Boston, MA 03/05, 11/05, 2/07, 10/08, 4/09,

11/2010, 1/2012, 2/2013, 3/2016, and 12/2017 to acute care nurse practitioner students.

Presenter: Effective Pharmacology Management of Pain Including High Risk Patients, Substance Abuse, and Counseling, 10-7-2011. Nurse Practitioner Associates for Continuing Education. Boston, MA.

Guest Lecturer at Lasell College in Newton MA on Professional Development 1-24-2011.

Co-Presenter for National Webinar on Navigating the Challenging, New Treatment Crossroad for Chronic Pain for Risk and Insurance Magazine, 11-3-2010.

Guest Lecturer at Northeastern University on Medical and Interventional Pain Management Strategies for Lower Back Pain 5/06 and 1/07 to Nurse Anesthesia Students.

The Role of Advanced Practice Nurses in Chronic Pain Management. Manchester, NH 1/05 to RNs and NP's.

#### **Awards/Honors:**

Affiliate Associate Professor Northeastern University, June 2017. Inductee: Sigma Theta Tau International Nursing Society, January 2014.

	Partners in Excellence Award 12/2009: Recognition of outstanding performance and commitment to excellence as a member of the faculty at the MGH Institute of Health Professions.
Publications:	<ul> <li>Palliative Care Nursing-Caring for Suffering Patients, 2e (in press).</li> <li>Potter, M. L., &amp; Dion, J. Chapter 2, Suffering in Special</li> <li>Populations, (in press).</li> <li>Opinion Editorial Published in the Union Leader Manchester NH,</li> <li>4-15-2013: Your Turn, NH: Patients should be able to take the</li> <li>drugs their doctors prescribe.</li> </ul>
<u>Clinical Preceptor:</u>	Preceptor for Northeastern University 1/2013 to 4/2013: 40 hour clinical immersion experience in pain management for acute care nurse practitioner student for final clinical rotation. Provided education on: assessment, diagnosis, treatment, and management of acute and chronic pain conditions in an outpatient setting. At end of clinical experience student presented lecture and case study to peers as part of clinical seminar requirement.