

Jessica E. Spissinger LICSW, PA-C, CAQ-Psychiatry
617-726-6909 jspissinger@mghihp.edu

EDUCATION

Rosalind Franklin University of Medicine and Science, North Chicago, IL
Master of Science in Physician Assistant Practice, June 2013

PA Clinical Clerkships May 2012- May 2013

-Emergency Medicine	<i>Advocate Trinity Hospital, Chicago, IL</i>
-Family Medicine	<i>Resurrection Hospital, Chicago, IL</i>
-Internal Medicine	<i>Resurrection Hospital, Chicago, IL</i>
-Women's Health	<i>Community Care Hospital, Dyer IN</i>
-General Surgery	<i>John H. Stroger Jr. Cook County Hospital, Chicago, IL</i>
-Pediatrics	<i>Saint Anthony Hospital, Chicago, IL</i>
-Elective: Breast Diagnostics & Obstetrics	<i>Community Care Hospital, Dyer IN</i>
-Elective: Orthopedic Surgery	<i>Resurrection Hospital, Chicago, IL</i>

Columbia University, School of Social Work, New York, NY
Master of Science in Social Work, Generalist Concentration, May 2004

Clinical Internships September 2002 – June 2004

- HELP USA, New York, NY *Policy Associate Intern*
- YWCA of Metropolitan Chicago, RISE Children's Center, Chicago, IL *Counseling Intern*
- Rape Victim Advocates, Chicago, IL *Medical Advocate Intern*

Publication

Spissinger, J. (2004). Paradigm of Rural Homelessness: A Case Study of Clinton County, New York State. *Columbia University School of Social Work Journal*, (Vol. 2).

Wheaton College, Norton, MA
Bachelor of Arts in Writing & Literature, May 1999

LICENSURE

Physician Assistant, Commonwealth of Massachusetts Division of Health Professions, since July 2013. License number PA4763

NCCPA Certification—Since June 2013

Certificate of Additional Qualification—Psychiatry October 2018

DEA: MS3266093 Since 2014

Licensed Independent Clinical Social Worker, Commonwealth of Massachusetts, Board of Registration of Social Workers, since July 2013. License Number: 117721

CLINICAL EXPERIENCE

Boston Health Care, Walpole, MA, December 2018 to present

Psychiatric Physician Assistant

- Provide outpatient psychiatric services for adults, including diagnostic consultation, psychotropic medication management and psychodynamic and cognitive behavioral interventions
- Advocate on behalf of patient to provide community outreach with therapists and caseworkers
- Initiated and assisted in development telepsychiatry program
- Provide after-hours consult for medication requests and concerns
- Encouraged shadowing opportunities for Pre-PA students
- Developed program for assisted living facilities

Talkspace, Telepsychiatry MA, January 2020 to present

Psychiatric Physician Assistant

- Provide telepsychiatry assessments for individual adults ages 18 and over
- Prescribe medication and therapeutic treatments
- Coordinate care between other providers for continuity of care
- Meet routinely for medication management and psychotherapeutic interventions

Nova Psychiatric Services, Quincy, MA, May 2018 to January 2019

Clinical Director

- Oversaw prescriber recruitment, training and supervision of psychiatric prescribers in the nursing home
- Provided psychiatric consult services in outpatient practice, assisted living facilities, skilled nursing facilities and group homes
- Investigated opportunities for new clinical sites of outreach

New England Geriatrics, Southcoast Region, MA, November 2013 to November 2021

Inpatient Psychiatric Physician Assistant at St. Anne's Geriatric Psychiatric Unit

(Full time, May 2015 to May 2018; Per diem, May 2018 to 2021)

- Provide diagnostic assessment, evaluation and psychopharmacological management
- Initiate admission orders for incoming patients
- Complete discharge paperwork including summaries and medication reconciliation
- Provide on-call coverage for unit on nights and weekends
- Co-lead daily rounds with attending psychiatrist

- *Psychiatric Physician Assistant Consultant in multiple south shore skilled nursing facilities (2013-2015)*
- Clinically evaluated patients residing in assisted living facilities and skilled nursing facilities and provided psychopharmacology recommendations their primary care providers
- Evaluated and documented capacity evaluations and Clinicians Affidavits for Treatment
- Attended routine clinical rounds at facilities to provide clinical updates
- Consulted with facilities to ensure psychiatric guidelines including routine AIMs testing and documented gradual dose requirements were in line with state codes

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ADMINISTRATIVE EXPERIENCE

MGH Institute of Health Professions, PA Program, December 2021 to present

CME Content Consultant

- Delineate pertinent educational content for development of a post-graduate, PA CME initiative
- Develop programmatic and course curriculum objectives
- Collaborate with tech designers to create content delivery mechanisms
- Consult with clinicians to evaluate curricula
- Recruit staff to provide course instruction and students participates for program launch

Adjunctive Instructor

- Develop and create didactic educational material for first year PAs
- Facilitate group discussions following clinical evaluations with standardized patients
- Provide proctoring for clinical interviews with standardized patients

Association of PAs in Psychiatry (APAP), 2016 to present

Past-Secretary, January 2022 to present

- Provide consultation to present APAP Secretary
- Orient and train current Board of Directors to navigate the website and social media platforms

Secretary 2016-2021

- Created and developed APAP social media platforms
- Organized group communication modalities via google office
- Initiated and steered website design and development
- Implemented design review to rebrand APAP logo
- Developed membership funding stream, resulting in approximately \$15000 of income

American Academy of Physician Assistants (AAPA) Ad-hoc Committee, 2019 to 2020

Committee Chair

- Appointed committee chair to explore how to bring more PAs into mental health
- Lead multiple meetings and discussions with psychiatric PAs throughout the country
- Authored summery paper of the committee findings

Association of PAs in Psychiatry (APAP) House of Delegates, 2016 to 2020

Chief Delegate 2016-2020

- Attended AAPA HOD meetings representing interests and affiliations of APAP

COMMITTEES

- Member, International-Government Affairs, *Association of PAs in Psychiatry, 2022*
- Member, Social/Membership Committee, *Association of PAs in Psychiatry, 2022*
- Chair, Ad-Hoc Committee Expanding PA Practice in Mental Health, *AAPA, June 2019-2020*
- Member, Advisory Board, *Supernus Pharmaceuticals, March 2020*
- Reference Committee Member, *American Academy of Physician Assistants, House of Delegates, May 2018*
- Chair, Medication Requisition Committee, *Huntington Memorial Hospital, 3/08-6/08*
- Member, Organ Donation Committee, *Huntington Memorial Hospital, 8/07-6/08*
- Member, Bioethics Committee, *Huntington Memorial Hospital, 8/07-6/08*

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PROFESSIONAL MEMBERSHIPS

American Academy of Physician Assistants

CLINICAL SOCIAL WORK EXPERIENCE

Northwestern Memorial Hospital, Chicago, IL, October 2008 to June 2013

Psychiatric Social Worker

- Provide intensive psychiatric assessments for patients in need of acute psychiatric stabilization.
- Collaborate with physicians regarding treatment planning.
- Assist with precepting social work interns and psychiatric residents.
- Facilitate discharge planning process.

Huntington Memorial Hospital, Social Services, Pasadena, CA, November 2006 to June 2008

Medical Social Worker

- Clinical services to Emergency Department, ICU, Pediatric, Maternal Health/Newborn Nursery
- Facilitated notification and crisis counseling pertaining to sudden loss or life-altering medical conditions
- Coordinated, trained and oversaw the volunteer program in the Critical Care Unit
- Negotiated bioethical concerns collaborating with Risk Management and Bioethicist as needed
- Preceptor to second year MSW interns, providing supervision and mentoring

Santa Monica-UCLA Medical Center, Rape Treatment Center, Santa Monica, CA, October 2005 to 2007

Clinical Social Worker, On-Call Clinician, 2005-2007

- Provided crisis intervention and accompaniment through an acute medical and forensic exam following a report of a sexual assault

Clinical Social Worker, Therapist, 2005-2006

- Provided ongoing psychotherapy utilizing a cognitive behavioral and brief psychotherapy treatment modality
- Accompanied clients at meetings with law enforcement throughout criminal investigation proceedings
- Co-facilitated a 16-session psychoeducational group for adolescent survivors of childhood sexual assault
- Designed, organized and facilitated support group integrating creative writing for trauma survivors

Princeton House Behavioral Health, Women's Trauma Program, Princeton, NJ, June 2004 to August 2005

Primary Therapist

- Facilitated group psychotherapy focused on emotional and behavioral impact of trauma
- Utilized clinical techniques reflecting the Relational-Cultural model to provide individual and family therapy
- Provided crisis intervention and ongoing treatment to a psychiatrically acute population, prone to self-injury, addictions, eating disorders and suicidal ideation, drawing on the tenants of Dialectical Behavior Therapy
- Provided intake assessments, ongoing case-management and discharge planning
- Conducted utilization reviews for intensive outpatient, partial hospitalization and inpatient levels of care