

**Emily Zeman Eddy, OT, OTD, MS, OTR**  
Department of Occupational Therapy  
School of Health & Rehabilitation Sciences  
MGH Institute of Health Professions  
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### **Education**

<i>Post-Professional</i> Doctor of Occupational Therapy, Tufts University, Medford, MA	2015
Master of Science, Occupational Therapy, Tufts University, Medford, MA	2006
Bachelor of Arts, Biology, University of Rochester, Rochester, NY	2001

### **Certificates and Licensure**

National Board for Certification of Occupational Therapy	2006 - present
Massachusetts License #9310	2006 - present
AOTA Fieldwork Educator Certificate	2011

### **Academic Appointments**

Program Director & Assistant Professor	2022 – present
Associate Director of Clinical Education & Assistant Professor	2019 - present
Associate Director of Clinical Education & Instructor	2016 - 2019
Department of Occupational Therapy MGH Institute of Health Professions Charlestown, MA	
Term Lecturer	2015 - 2016
Department of Occupational Therapy MGH Institute of Health Professions Charlestown, MA	
Instructor, Practicum Course	2015 - 2016
Teaching Assistant, Practice in Pediatrics Department of Occupational Therapy Tufts University Medford, MA	

### **Clinical Appointments**

Per Diem Occupational Therapist Spaulding – Salem Outpatient Center for Children, Salem, MA	2015 - 2017
Advanced Clinician, Pediatric Outpatient Department Spaulding Rehabilitation Hospital, Charlestown, MA	2014 - 2016
Per Diem Home-based Occupational Therapist Children's OT Connection, Boston, MA	2010 - 2015
Student Clinical Program Coordinator & Staff Occupational Therapist OTA-Wakefield, Inc., Wakefield, MA	2009 - 2015
Occupational Therapist Arlington Public Schools, Arlington, MA	2006 - 2009
Per Diem Occupational Therapist Spaulding Hospital- Cambridge, Cambridge, MA	2006 - 2008

### **Administrative Appointments**

<i>Interim</i> Director of Clinical Education	2022
<i>Acting</i> Director of Clinical Education Department of Occupational Therapy MGH Institute of Health Professions Charlestown, MA <i>Responsible for leading OTD Program Academic Fieldwork Team processes during colleague's sabbatical leave.</i>	2018 (6 months)

### **Honors and Awards**

<i>AOTA Service Commendation, AESIS</i> American Occupational Therapy Association	2022
<i>Advisor of the Year Award, SOTA Club</i> MGH Institute of Health Professions	2021
<i>Faculty Teaching Award</i> Department of Occupational Therapy	2020
<i>Faculty Award for Excellence</i> Department of Occupational Therapy	2019
<i>Partners in Excellence Award (Team Award)</i> Spaulding Rehabilitation Network Outpatient Performance Improvement Committee Partners Healthcare	2016
<i>Virginia Auty Nedved-Cook BSOT '52 Endowed Student Research Award</i> Tufts University	2015
<i>Certificate of Appreciation</i> New England Occupational Therapy Education Council	2013

**Grants**

**Current**

MGH Institute of Health Professions 2020-2021  
Faculty Grant (COVID-19)  
***Exploring Practice Patterns of Pediatric Telerehabilitation during COVID - A survey of Physical Therapists and Occupational Therapists***

Boston Public Schools: 2017-2019  
The Harvard-Kent and MGH Institute Community Partnership for Summer Learning  
\$69,000 awarded in 2017; \$66,000 in 2018  
Role: Grant faculty at 8% effort

## Publications

### Peer-Reviewed

Worek, A., Sabo, K.K., **Eddy, E.Z.**, Plummer, L., Baldwin, J., Reidy, P., Hildebrand, M., Riotte, M., & Wong, J. (2022). Students tele-all: Self-efficacy and self-reflection as measures of student success in telepractice training. *Education Sciences*, 12(5):302. <https://doi.org/10.3390/educsci12050302>

Kaur, M., **Eddy, E.Z.**, & Tiwari, D. (2022). Exploring practice patterns of pediatric telerehabilitation during COVID-19: A survey study. *Telemedicine Journal and e-Health*. <https://doi.org/10.1089/tmj.2021.0506>

**Eddy, E.Z.**, Tickle-Degnen, L., & Evenson, M.E. (2021). Occupational therapy fieldwork educators: Examining professional quality of life. *WORK: A Journal of Prevention, Assessment, and Rehabilitation*, 70(2), pp. 479-491. <https://doi.org/10.3233/WORK-213586>

McKinnon, S., Breakey, S., Fanuele, J.R., Kelly, D.E., **Eddy, E.Z.**, Tarbet, A., Nicholas, P.K. & Viamonte, A. (2021). Roles of health professionals in addressing health consequences of climate change in interprofessional education: A scoping review. *The Journal of Climate Change & Health*. <https://doi.org/10.1016/j.joclim.2021.100086>

Tinkham, L., Guyton, K., **Eddy, E.Z.** & Erler, K. (2021). Examining moral distress among occupational therapy practitioners caring for clients with traumatic brain injury. *Annals of International Occupational Therapy*, 4(X). <https://doi.org/10.3928/24761222-20210601-01>

Nicholas, P., Breakey, S., McKinnon, S., **Eddy, E.Z.**, Fanuele, J., Starodub, R. (2020). A CLIMATE: A framework for assessment of climate-change related health consequences in the emergency department. *Journal of Emergency Nursing*. <https://doi.org/10.1016/j.jen.2020.10.002>

Forde, A., **Zeman, E.A.**, Clarke, L. (2020). Effectiveness of an intensive drowning prevention program and skills retention by children with and without disabilities. *International Journal of Aquatic Research and Education*, 12(2), Article 5. <https://doi.org/10.25035/ijare.12.02.xx>

### Online and other materials

1. Chabot, M., Slavik, K. & **Zeman, E. A.** (2019). Life after graduation: A roadmap to your first job. *OT Practice*.
2. **Zeman, E.A.** & N. Harvison. (2017). Burnout, stress and compassion fatigue in occupational therapy practice and education: A call for mindful, self-care protocols. Commentary, National Academy of Medicine, Washington, DC. Retrieved from <https://nam.edu/burnout-stress-and-compassion-fatigue-in-occupational-therapy-practice-and-education-a-call-for-mindful-self-care-protocols/>

### Media appearances

1. McKay, J., Westrick, R., Inzana, R., Merson, J., Plummer, L., Clock, C., **Zeman, E.A.**, & Laird, E. (2018). *PT Pintcast* - MGH Institute of Health Professions Podcast - Part I. [Podcast]. Retrieved from <http://www.ptpintcast.com/2018/07/17/316-mgh-institute-health-professions-part-1/>



**Peer-Reviewed Presentations and Abstracts**

Do, A., Phan, V., & **Eddy, E.** *The Cultural Value of Interdependence in China: Implications for OT in the United States.* Poster presentation at American Occupational Therapy Association (AOTA) INSPIRE National Conference, San Antonio, TX. 2022

Haney, A. & **Eddy, E.Z.** *Effects of an Adapted Virtual Sensory-Enhanced Yoga Program on Self-Regulation in At-Risk Youth: A Program Implementation & Evaluation.* Poster presentation at American Occupational Therapy Association (AOTA) INSPIRE National Conference, San Antonio, TX. 2022

Paquin, J. & **Eddy, E.Z.** *School-based Professionals' Perceptions of Student Attention Amidst COVID-19.* Virtual poster presentation at Massachusetts Association of Occupational Therapy (MAOT) Annual Conference. 2021

Handley, E.E. & **Eddy, E.Z.** *Exploring perceived stress and self-compassion of caregivers of children with chronic conditions.* Virtual poster presentation at MAOT Annual Conference. 2021

Kaur, M., **Eddy, E.Z.**, Tiwari, Devashish. *A Survey of Physical Therapists and Occupational Therapists to Explore Practice Patterns of Pediatric Telerehabilitation during COVID-19.* Virtual Oral Presentation at American Conference of Rehabilitation Medicine (ACRM). 2021

Brennan, C. & **Eddy, E.Z.** *Exploring parent perception of social skills.* Virtual poster presentation at AOTA INSPIRE. 2021

Handley, E.E. & **Eddy, E.Z.** *Exploring perceived stress and self-compassion of caregivers of children with chronic conditions.* Virtual poster presentation at AOTA INSPIRE. 2021

McKinnon, S., Breakey, S., Fanuele, J., Kelly, D., **Eddy, E.**, Tarbet, A., Nicholas, P., & Viamonte-Ros, A. (2021, April). *Roles of health professionals in addressing health consequences of climate change in interprofessional education.* Poster session at Climate Change & Health 2021: The Intersection of Climate Change, COVID-19, & Structural Racism (virtual presentation). 2021

Kaur, M., **Eddy, E.Z.**, Tiwari, Devashish. *Exploring practice patterns of pediatric telerehabilitation- A survey study.* Virtual poster Presentation at Learning Health Systems Research Rehabilitation Network (LeaRRn) Conference. 2021

**Eddy, E.Z.** et al. *Social media for social participation & connection during COVID-19: A SOTA club's expedition.* Student short course presentation at AOTA INSPIRE. 2021

Mack, A. & **Eddy, E.Z.** *Pioneering Telehealth in Simulated & Patient Encounters in a Mixed-Methods Psychosocial Fieldwork Experience.* Short course presentation at AOTA INSPIRE. 2021

Pantos, P., Yu, S. & **Eddy, E.Z.** *Combatting summer slump for at-risk youth through mindfulness.* Poster presentation at MAOT Annual Conference, virtual format. 2020

Millsap, T. & **Zeman, E.A.** *Specialized Mindfulness Programming in Schools for Reducing Effects of Trauma in At-Risk Youth.* Workshop presented at the ATTACH Conference, Scottsdale, AZ. 2019

**Zeman, E.A.**, Leslie, C., Fairman, A. Sindelar, A., & Worek, A. *Perceived Self-Efficacy Among Occupational Therapy Students: The Impact of a LEGO Club Serving Learning Activity.* Poster at AOTA Education Summit, Las Vegas, NV. 2019

Mack, A. & **Zeman, E.A.** Panel presentation at AOTA Education Summit, Las Vegas, NV. 2019

Millsap, T. & **Zeman, E.A.** *Impact of a Mindfulness-Based Intervention for At-Risk Youth: A Means to Improve Self-Regulation.* Poster at annual meeting of the American Occupational Therapy Association, New Orleans, LA. 2019

Forde, A. & **Zeman, E.A.** *The Effectiveness of an Intensive Drown-Prevention Program and Retention of Skills for Children with and without Disabilities, Ages 3 to 14.* Poster at annual meeting of the American Occupational Therapy Association, April, New Orleans, LA. 2019

Peacock, A. & **Zeman, E.A.** *The Impact of Outdoor Play on Off-Task Behaviors in Elementary-School Students.* Poster at annual meeting of the American Occupational Therapy Association, April, New Orleans, LA. 2019

**Zeman, E.A.** & Mack, A. *Lines, Drains, and Tubes: Utilizing Simulation to Prepare Students.* One-hour session delivered at 2018 MAOT Annual Conference, October, Norwood, MA. 2018

Evenson, M.E., **Zeman, E.A.**, Mack, A. *Promoting fieldwork in home care: Meeting workforce and society's needs.* Poster presentation at 2018 MAOT Annual Conference, October, Norwood, MA. 2018

**Zeman, E.A.** & Mack, A. *Lines, Drains, & Tubes: Using Lab Simulation to Prepare Students for Acute-Care Level II Fieldwork.* Poster presentation at 2018 AOTA Education Summit, October, Louisville, KY. 2018

- Zeman, E.A.**, Doherty, R.F., & Hurley, L. *Learning by Doing in the Doctoral Experiential Component: Developing a Mindfulness Program for an Urban Population in a Student-Run, Pro-Bono Clinic*. Platform presentation at 2018 AOTA Education Summit, October, Louisville, KY. 2018
- Zeman, E.A.** & Evenson, M.E. *Embedding Koru mindfulness into occupational therapy fieldwork preparatory coursework: Supporting the quadruple aim*. Short Oral presentation at WFOT Congress, May, Cape Town, South Africa. 2018  
[https://wfotcongress.org/downloads/presentations/SE09/emily\\_zeman.pdf](https://wfotcongress.org/downloads/presentations/SE09/emily_zeman.pdf)
- Evenson, M.E. & **Zeman, E.A.** *Mapping interprofessional core competencies to an occupational therapy curriculum: Focus on entry to practice clinical education*. Short Oral presentation at WFOT Congress, May, Cape Town, South Africa. 2018  
[https://wfotcongress.org/downloads/presentations/SE75/mary\\_evenson.pdf](https://wfotcongress.org/downloads/presentations/SE75/mary_evenson.pdf)
- Millsap, T. & **Zeman, E.A.** *Exploring mindfulness interventions for children who have experienced trauma: A scoping review*. Poster at annual meeting of the American Occupational Therapy Association, April, Salt Lake City, Utah. 2018
- Evenson, M.E., **Zeman, E.A.** & Mack, A. *Promoting fieldwork in home care: Meeting workforce and society's needs*. Poster at annual meeting of the American Occupational Therapy Association, April, Salt Lake City, Utah. 2018
- Evenson, M.E. & **Zeman, E.A.** *Innovative collaborations to support level I fieldwork in emerging areas*. Poster presentation at MAOT Annual Conference, November, Norwood, MA. 2017
- Zeman, E.A.** & Evenson, M.E. *Incorporating Koru, a standardized mindfulness program in occupational therapy fieldwork preparatory coursework*. Session presentation at MAOT Annual Conference, November, Norwood, MA. 2017
- Evenson, M.E. & **Zeman, E.A.** *Innovative collaborations to support level I fieldwork in emerging areas*. Poster presentation at AOTA Education Summit, October, Fort Worth, TX. 2017
- Zeman, E.A.** & Evenson, M.E. *Incorporating a standardized mindfulness program in occupational therapy fieldwork preparatory coursework: Enhancing professionalism and socialization*. Panel presentation at AOTA Education Summit, October, Fort Worth, TX. 2017
- Evenson, M.E. & **Zeman, E.A.** *Innovative collaborations to support level I fieldwork in emerging areas*. Presentation at the annual meeting of the American Occupational Therapy Association, April, Philadelphia, PA. 2017
- Zeman, E.A.** *Constructing a meaningful narrative as OT practitioner, educator & student: Self-care tools for sustaining a career in compassionate caring*, Poster presentation at the annual meeting of the American Occupational Therapy Association, April, Philadelphia, PA. 2017
- Zeman, E.A.**, Hurley, L., & Nathanson, R. *Parental self-efficacy & confidence: A critical component of client-centered care*. 2017  
Presentation at the annual meeting of the American Occupational Therapy Association, April, Philadelphia, PA.
- Zeman, E.A.** & Tickle-Degnen, L. *Professional quality of life in occupational therapists: Navigating the dual role of fieldwork educator and practitioner*. Research poster session presented at annual meeting of the American Occupational Therapy Association, April, Chicago, IL. Retrieved from <https://ajot.aota.org/article.aspx?articleid=2582663&resultClick=3> 2016

**Invited Presentations**

**Institutional and Practice Partners**

*Expanding Educational Opportunities via Service Learning: Outcomes of a LEGO Club Pilot* 2019  
Faculty Development Day Onramps Poster presentation  
MGH Institute of Health Professions

*Unsung Heroes, Mindful Schools in the Classroom*  
All Faculty Senate Meeting, MGH Institute of Health Professions 2018

*Implementing an Interprofessional Preceptor Development Program in Primary Care:  
A Scoping Review* 2018  
Faculty Development Day Onramps Poster presentation  
MGH Institute of Health Professions

*Combatting Burnout: Self-care for Caregivers*  
Wellness Week for Nurses 2018  
White 10, Massachusetts General Hospital

*Constructing a Meaningful Narrative as OT Practitioner, Educator & Student:  
Self-care Tools for Sustaining a Career in Compassionate Caring* 2017  
Fall Faculty Convocation Poster presentation  
MGH Institute of Health Professions

*Mindfulness as a Self-Reflective Practice*  
*Emerging Adulthood* 2017  
Faculty Development Day presentations, MGH Institute of Health professions

<i>The Role of Occupational Therapy in Primary Care</i> Crimson Care Collaborative, Massachusetts General Hospital	2017
<b>Regional</b>	
<i>Integrating Trauma-Informed Treatment Strategies into your School-Based Practice: Evidence-based Approaches during the COVID-19 Era</i> Therapies in the School 21 <sup>st</sup> Annual Conference Education Resources, Inc., Virtual	2020
<i>Trauma Informed Care and its Application to the School Based Therapist</i> Keynote, Therapies in the School 20th Annual Conference, 200 attendees Education Resources, Inc. Framingham, MA	2019
<i>Wellness as a Health Professions Educator</i> College of Pharmacy and Health Sciences Professional Development Day Western New England University, Springfield, MA, 30 attendees	2019
<i>Mindful Moments in the midst of Caregiving</i> Saturday Seminar Series Workshop (4 hours), 39 attendees Therapro, Inc., Framingham, MA	2016
<i>Self-care for Special Education Professionals</i> Professional Development Workshop Invited Speaker (7 hours), 50 attendees Springfield Public Schools, Springfield, MA	2015
Keynote Speaker: 2015 MAOT Spring Conference Worcester State University, Worcester, MA, 65 attendees	2015
<i>Refresh &amp; Renew: Managing the Complex Roles of Fieldwork Educator &amp; Practitioner</i> 2014 NEOTEC Annual Conference Invited Speaker (5.5 hours), 132 attendees Worcester State University, Worcester, MA	2014

**Educational Activities**

CSD – OT – Collaboration in Handwriting Pilot Educated 2 <sup>nd</sup> year CSD students on role of occupational therapy in handwriting Supervised OTD student in administering <i>Test of Handwriting Skills-Revised</i> in CSD clients Ongoing consult as needed during CSD summer Handwriting Clinic	2018
IHP Clinical Teachers Workshop Part 1: Wellness and Mindfulness as a Clinical Preceptor Office of Continuing & Professional Development MGH Institute of Health Professions – MGH	2017 & 2018
S-IHP-CAP Wellness Program Mindfulness and self-care sessions for clients with Aphasia Spaulding Rehabilitation Hospital- MGH Institute of Health Professions	2017-2019
Professional Development Workshop 1, Team session, Harvard Medical School Interprofessional Faculty Debrief Team member, 60 students	2017

## **Courses Taught**

### **Primary Course Instructor**

OT 622- Professional Reasoning II  
OT 630 – Human Development & Occupation Across the Lifespan  
OT 663 – Level I Fieldwork 4  
OT 664 – Level I Fieldwork 5  
OT 766 – School-based Practice in Occupational Therapy (elective)

### **Co-Instructor**

OT 760 – Fieldwork Seminar  
OT 761 – Level II Fieldwork 1  
OT 762 – Level II Fieldwork 2  
OT 792 – International Innovations Project (elective)  
OT 810 – Professional Reasoning IV (2019-2022 Course Coordinator)  
OT 880 – Professional Competencies  
OT 885 – Advanced Doctoral Experience  
OT 894 – Research IV: Dissemination & Capstone  
OT 899 – Independent Study: Global Immersion in China (elective)  
HP 818 – IMPACT I  
HP 819 – IMPACT II  
HP 999 – Ann W. Caldwell Interprofessional Rounds

## **Mentoring**

### **Students**

<i>OTD Program ADE Advisees – Capstone Thesis Research &amp; Project Advisor</i>	2020 – 2022
Sarah Attanasio Meghan Costello Kylie Nee Haley Willis	
Emily Handley, <i>Compassion Scholar, Schwartz Center for Compassionate Healthcare</i>	2019 - 2021
Samantha Abate Courtney Brennan Alexandra Haney Jackie Paquin	
Ashley Glicksberg Polyxenia Pantos Sophia Yu	2018 - 2020
Anna Forde Amirra Johnson Taelor Millsap Kristen Peacock	2017 - 2019
Rae Nathanson Leah Hurley	2016 – 2018
<i>Other Advisees</i>	
Anna Enright, MS, NP, DNP candidate School of Nursing	2019

**Mentoring (con)**

**Clinical Faculty & Term Lecturers  
Occupational Therapy Program**

Anna Forde, OTD, OTR/L, CTRS <i>School-Based Practice</i>	2021-22
Sammy Kublin Brown, OTD, OTR/L <i>Level I Fieldwork 4</i>	2020
Cora Finley, OTD, OTR/L <i>Professional Reasoning IV &amp; School-Based Practice</i>	2019-2022
Eriana Buteau, OTD, OTR/L <i>School-based Practice &amp; Professional Reasoning IV</i>	2019-2021
Jenny Cleary, MS, OTR/L	2019
Stefanie Larsen, MS, OTR/L	2019
Marisa Capogreco, OTD, OTR/L	2019
Tee Stock, OTD, MS, OTR/L <i>Lab Instructor, School-based Practice &amp; Professional Reasoning IV</i>	2019
Cathy Leslie, PhD, MS, OTR/L, CEIS <i>Level I FW 4, Course Support &amp; Instructor</i>	2016-2019
Kellie Nashawaty, OTR/L <i>Term Lecturer, Level I Fieldwork 4, Professional Reasoning IV</i>	2017 - 2020
Irene Kershaw, OTR/L <i>Term Lecturer, Level I Fieldwork 4</i>	2016 - 2017
Michael Monteiro, OTR/L <i>Term Lecturer, Level I Fieldwork 4</i>	2017
Julia Stein, MS, OTR/L <i>Term Lecturer, Level I Fieldwork 4 &amp; School-based Practice</i>	2016, 2018-19
Katrin Meret Bastos, OTR/L <i>Graduate Assistant, Level I Fieldwork 4</i>	2016

**Clinical Innovations and Quality Improvement Projects**

Spaulding Rehabilitation Network Outpatient Performance Improvement Committee <i>Streamlining EMR processes and PROMs with EPIC roll-out</i>	2015 - 2016
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**Professional Memberships and Activities**

<i>Academic Education SIS New Professionals Coordinator, 3 Year Term, AOTA</i>	2019 - present
New England Occupational Therapy Education Council Committee (NEOTEC) member, regional	2016 – present
AOTA member, national organization	2012 – present
Massachusetts Occupational Therapy Association (MAOT), member, state chapter	2011 - present

**Institutional Service**

Faculty Senate, Course Curriculum Review Committee	2021 - 2023
Interprofessional Activities Committee, Co-Chair MGH Institute of Health Professions	2020 - present
Interprofessional Activities Committee, member MGH Institute of Health Professions	2017 - present
Harvard-Kent Elementary School & Kennedy Center - IHP Partnership, Faculty MGH Institute of Health Professions	2017 – present
Student Occupational Therapy Association (SOTA), Faculty Advisor Department of Occupational Therapy MGH Institute of Health Professions	2017 – present
Faculty Development Day Planning Committee Member & workshop presenter/panelist, May	2017, 2021
OT CLiPR Committee, IMPACT Practice Center, member Department of Occupational Therapy MGH Institute of Health Professions	2017 - present
Committee on Academic Policies & Procedures (CAPP), member Department of Occupational Therapy MGH Institute of Health Professions	2017 – present

**Community Service**

IHP IMPACT Community Day, Team Lead MGH Institute of Health Professions Charlestown, MA	2016, 2018, 2020
Friday Night Supper Program Volunteer Boston, MA	2017
Hurricane Harvey Student OT Association (SOTA) Fundraiser Raised \$1000 for PIMA Institute's OTA students displaced by storm in Houston, TX MGH Institute of Health Professions	2017
SOTA Blanket-a-thon Occupational Therapy Global Day of Service, Activity Leader Department of Occupational Therapy, MGH Institute of Health Professions Blankets for homeless persons	2016, 2019
Harvest on Vine 1 <sup>st</sup> Annual SRH-Charlestown Food Pantry Collection Created connection with food pantry & organized drive as competition between unit staff Spaulding Rehabilitation Hospital	2015

**Professional Development**

MAOT Annual Conference (Virtual)	2021
AOTA INSPIRE (Annual Conference in Virtual format)	2021
MAOT Annual Conference (Virtual)	2020
Therapies in the School Annual Conference, Education Resources, Inc., (Virtual)	2020
Car-Fit Virtual Workshop, Self-Assessment	2020
Virtual Compassion in Action Healthcare Conference, <i>The Schwartz Center, Boston, MA</i>	2020
Therapies in the School Annual Conference, Education Resources, Inc., Framingham, MA	2019
AOTA Education Summit, Las Vegas, NV	2019
NEOTEC Annual Conference, Springfield, MA	2019
AOTA Annual Conference, New Orleans, LA	2019
Cognitive Orientation to daily Occupational Performance (CO-OP), Boston, MA	2019
Therapies in the School Annual Conference, Education Resources, Inc., Framingham, MA	2018
MAOT Annual Conference, Norwood, MA	2018
Adverse Childhood Experiences (ACEs) Conference, San Francisco, CA	2018
AOTA Education Summit, Louisville, KY	2018
World Federation of Occupational Therapists (WFOT) Congress, Cape Town, South Africa	2018
NEOTEC Annual Conference, Worcester, MA	2018
AOTA Annual Conference, Salt Lake City, UT	2018
The Campaign to Heal Childhood Trauma, Calo Programs, Needham, MA	2017
MAOT Annual Conference, Norwood, MA	2017
AOTA Education Summit, Fort Worth, TX	2017
NEOTEC Annual Conference, Worcester, MA	2017
AOTA Annual Conference, April, Philadelphia, PA	2017
<i>Koru</i> Mindfulness Training, Durham, NC	2017
MAOT Annual Conference, Norwood, MA	2016
AOTA ALC & AFWC Meeting, San Diego, CA	2016
Mindful Schools <i>Fundamentals</i> Certificate, 16 hours	2016
AOTA Annual Conference, Chicago, IL	2016
<i>Interprofessional Collaborative Education course, (6-hour pre-conference institute)</i>	2016
Mindful Schools <i>Educator Essentials</i> Training Certificate, 18 hours	2016
MAOT Annual Conference, Norwood, MA	2015
AOTA Annual Conference, Nashville, TN	2015
<i>Transitioning from Practitioner to Educator, (6-hour pre-conference institute)</i>	2015
AOTA Annual Conference, Baltimore, MD	2014
<i>Developing a Community Wellness Program (6-hour pre-conference institute)</i>	2014
Presentation Skills Workshop: Connect, Project & Deliver, Graduate School of Arts and Sciences, Drama Department, Tufts University	2014
University Wide-Teaching Conference on Teaching & Learning, Center for Enhancement of Learning & Teaching (CELT), Tufts University	2013
MAOT Annual Conference, Norwood, MA	2013
Mindfulness-based Stress Reduction (MBSR) 8 –week course participant	2013
Grantsmanship Strategies: Developing a Competitive Proposal Amy Gantt, Office of Proposal Development, Tufts University	2013
Smart but Scattered: Executive Dysfunction, <i>Richard Guare, PhD</i>	2013
11 <sup>th</sup> Annual International Scientific Conference Center for Mindfulness in Medicine, Health Care, & Society University of Massachusetts Medical School	2013
MAOT Annual Conference, Norwood, MA	2012
AOTA Fieldwork Educator Certificate Workshop, Springfield, MA	2011
MAOT Annual Conference, Norwood, MA	2011