

Christopher R. Clock PT, DPT, OCS

School or Department
MGH Institute of Health Professions
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Education

Doctor of Physical Therapy, MGH Institute of Health Professions, Boston, MA	2014
Masters of Science in Physical Therapy, Boston University, Boston, MA	1996
Bachelor of Science Health Science, Boston University, Boston, MA	1994

Certificates and Licensure

Massachusetts Physical Therapy License # 19687	2011-present
American Physical Therapy Association Board Certification in Orthopedics	2015-2025

Academic Appointments

Assistant Professor, MGH Institute of Health Professions, Boston MA	2022-present
Instructor, MGH Institute of Health Professions, Boston, MA 0.5 FTE (9/16-8/19) 0.75 FTE (9/19-11/19) 1.0 FTE 12/19-present	2016-present
Adjunct Faculty, MGH Institute of Health Professions, Boston, MA	2015-2016
Lab Instructor, MGH Institute of Health Professions, Boston, MA	2011-2015
Clinical Lab Instructor, University of Washington, Seattle, WA	2009-2011

Clinical Appointments

Staff Physical Therapist, Joint Ventures Physical Therapy, Boston, MA	2011-present
Clinic Manager, Proformance Rehab, Seattle, WA	2005-2011
Staff Physical Therapist, Proformance Rehab, Seattle, WA	2003-2005
Staff Physical Therapist, Northwest Hospital Outpatient Physical Therapy, Seattle, WA	1997-2003
Sharp Chula Vista Medical Center, Chula Vista, CA	1996-1997

Administrative Appointments

Semester Coordinator, MGH Institute of Health Professions, Physical Therapy Department	2020
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Consulting Positions

Boston Ballet, Consultant, responsible for advising artistic director and physical therapy staff with Wellness Program reorganization.	2020-present
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Honors and Awards

Educator Influencer Award at the Education Leadership Conference for abstract entitled 'Supporting Culturally and Linguistically Diverse Learners in a Doctor of Physical Therapy Program'	2019
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Grants

Current

National Institute of Aging. Julie Keysor (PI), Small Business Innovation Research (SBIR) Augmented Reality Platform for Telehealth Rehabilitation, IHP subcontract \$99,500, role 5% 2021-2022

Publications

Peer-Reviewed Presentations and Abstracts

1. **Clock, C**, Cornforth, E, Boutin, E, Laflin, H. Communication skills training in year one of a DPT Program: Explanation of extra-curricular programming and student response, New England Physical Therapy Conference, Poster, Virtual 2021
2. Naidoo K, **Clock C**, Rimmel L, Wong J, Plummer L. Navigating without a Compass: How culturally and linguistically diverse physical therapist students persist in higher education. Best Practices in Health Professions Education, Virtual, Poster. 2021
3. Naidoo K, **Clock C**, Rimmel L, Wong J, Plummer L. Navigating Higher Education: The Experiences of Culturally and Linguistically Diverse Learners in a Doctor of Physical Therapy Program. Social Justice Research Conference hosted by the MGH IHP Office of Justice, Equity, Diversity, and Inclusion. Presentation, Virtual. 2021
4. Tiwari, D, **Clock. C**, Gore, S. Applicability of Neck Pain Measures in Children using International Classification of Functioning, Disability and Health. APTA Combined Sections Meeting, Poster, Virtual 2021
5. Smith, L, **Clock, C**, Kerbel, J. Conservative Management of Carpel Tunnel Syndrome for a Client with Chronic Ataxia: A Case Study. APTA Combined Sections Meeting, Poster, Denver, CO 2020
6. Naidoo, K, Plummer, L, **Clock, C**. Supporting Culturally and Linguistically Diverse Learners in Doctor of Physical Therapy Education. APTA Educational Leadership Conference, Presentation, Seattle, WA 2019

Current/Active Research Activities

1. Arrigo M, **Clock, C**, Boutin, E. Balint Groups: Developing Empathy and Compassion in Physical Therapy Students through Structured Small Group Discussion, CSM poster submitted
2. Keysor, J, Gross, KD, Schmidt, C, **Clock C**, Karim, R. Can Augmented Reality be Used to Quantify Clinical Assessments for Older Adults with Knee Osteoarthritis? A Proof-of-Concept Feasibility and Usability Study, SBIR Grant. CSM poster submitted

Educational Activities

Courses taught

PT 606 Patient/Client Management Hip Lumbo-Pelvic	2017-2021
PT 607 Patient/Client Management Lower Extremity and Gait	2019-2021
PT 608 Patient/Client Management Cervico-thoracic	2017-2018
PT 602 Fundamentals of Patient/Client Management 2	2018-2020
PT 605 Patient/Client Management Cardiovascular and Pulmonary 2	2017-2021
PT 850 Capstone	2018-2021
PT 761 Clinical Seminar and Practicum	2016
PT 657 Teaching Procedural Interventions	2016

Mentoring

Students

1. Damian Johnson, Networked Mentoring Program 2019-2020
2. Jeffrey Kerbel, Research Project- Conservative Management of Carpel Tunnel Syndrome for a Client with Chronic Ataxia: A Case Study, development of poster presented at CSM 2019-2020
3. Natasha Fett, Emily Finger, Sasha Gunther, Vanessa Singleton, Student Driven Development & Implementation of an Elective Course in an Entry Level DPT Program 2019-2020
4. Haley Harrison, Jacqueline Iglesias, Miguel Santiago, Development & Implementation of a Strength and Conditioning Elective Course in an Entry Level DPT Program-PT 880 2018-2019

Faculty

1. Lesley Smith, PT Department, Instructor, Mentoring in teaching in PT curriculum 2018-2019

Professional Development

FSBPT Item Writing Workshop	2022
APTA New Faculty Development Workshop	2022
APTA Combined Sections Meeting	2019-2021
Educational Leadership Conference	2019-2021
Instructional Designer Lunch Bites: Improving the Flipped Classroom Experience	2021
Teaching Practices Inventory	2021
Instructional Designer Lunch Bites: Technology for Active Learning Online	2020
Annual Conference APTA of Massachusetts	2018-2021
APTA Orthopedic Section Annual Meeting	2017
The Science of Running Medicine	2015
Evidence in Motion OCS Prep Course	2014-2015
The Running Course	2011
Functional Biomechanics of the Lower Quarter II	2010
Biomechanics, Examination and Selected Interventions for Chronic Foot Disorders	2010
Lower Quarter Biomechanics PTWA Fall Conference	2009
The Hip and Pelvis in Function and Dysfunction: Biomechanical and Clinical Aspects of Hip and Pelvic Pain	2008
Screening for Medical Referral: Musculoskeletal Complaints and Conditions	2008
Upper Quarter Mulligan Concepts	2007
Running Medicine from Biomechanics to the Prevention and Management of Overuse Injuries	2007
Clinical Symposium on Low Back Pain	2006
Orthotic Reaction: The Art and Science of Locomotor Biomechanics and Foot Orthoses	2005
North American Institute of Manual Therapy Level III Upper Quadrant	2004
North American Institute of Manual Therapy Level II Upper and Lower Quadrant	2003
North American Institute of Manual Therapy Level I	2002
The McConnell Institute Patellofemoral Treatment Plan	2000
Intensive Orthopedics: Everything You Wanted to Know About Total Joints and Traumatic Fractures	2000

Professional Memberships and Activities

Member APTA	1996-present
Member APTA MA	2011-present
Member APTA WA	1997-2011

Institutional Service

Community Service

John Furey Boston Marathon Training Program, volunteer physical therapist for charity runners, Boston, MA.	2012-present
Faculty Advisor for Capstone Project that designed and implemented healthy cooking and activity class for residents at Ida Glover Residential Facility in Charlestown, MA.	2017-2018
Super Jock n Jill, volunteer, weekly runner education sessions, Seattle., WA.	2002-2011

