

Monica Arrigo, PT, DPT
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MGH Institute of Health Professions
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Education

Doctor of Physical Therapy, Simmons College, Boston, MA	2006
Master of Science in Physical Therapy, Boston University, Boston, MA	2002
Bachelor of Science in Health Studies (Cum Laude), Boston University, Boston, MA	2000

Certificates and Licensure

Massachusetts Board of Allied Health, PT License Number 16002	2002-present
Lakshmi Voelker Chair Yoga Instructor	2012

Academic Appointments

Instructor, MGH Institute of Health Professions, Boston, MA	2019-present
Seminar Facilitator and Lab Instructor, MGH Institute of Health Professions, Boston, MA	2013-2019
Clinical Instructor, MGH Institute of Health Professions, Boston University, Northeastern University, Simmons College, and University of Vermont	2003-2018

Clinical Appointments

Clinical Specialist Physical Therapist, Spaulding Hospital for Continuing Medical Care, Cambridge, MA	2012-present
Advanced Clinician Physical Therapist, Spaulding Hospital for Continuing Medical Care, Cambridge, MA	2011-2012
Physical Therapist, Spaulding Hospital for Continuing Medical Care, Cambridge, MA	2009-2011
Traveling Physical Therapist, Core Medical Group, Manchester, NH (contracts in CA, MA, WA, OR, ME)	2005-2009
Physical Therapy Clinical Practice Leader, Youville Hospital and Rehabilitation Center, Cambridge, MA	2004-2005
Staff Physical Therapist, Youville Hospital and Rehabilitation Center, Cambridge, MA	2002-2004

Honors and Awards

Pillars of Excellence Award: MGH IHP DPT Leadership Enrichment Achievement Program (LEAP) <i>Advancing Innovation & Progress</i>	2022
Partners in Excellence Award: EPIC Super-User	2017
Partners in Excellence Award: Spaulding Rehabilitation Network - MGH IHP Clinical Scholars Program	2011

Grants

Completed	2022
MGH Institute of Health Professions School of Health and Rehabilitation Sciences, PI Keshrie Naidoo Mentoring the Mentor: Building Clinical Instructor Cross-Cultural Psychological Capital and Fostering Belonging for Minoritized DPT Students \$3,000 Role: Co-investigator	

Publications

Peer Reviewed Articles

1. Mack, A., Arrigo, M., Fink, T., Garrity, K., Cox, D., Kwasnowski, L., & Wong, J. (2021). Fatigue and functional outcomes in cancer rehabilitation. *Supportive Care in Cancer* 29, 8069-8076. <https://doi.org/10.1007/s00520-021-06405-4>

Peer Reviewed Presentations and Abstracts

- Fitzgerald C, **Arrigo M.** *Coaching Supported Learning Community Design: External Supports to Enhance Full Time Clinical Education.* Platform Presentation: Education Leadership Conference. 2022
- Arrigo, M.**, Brady-Wagner, L., Fink, T., Garrity, K., Mack, A., Wood, L. *Fatigue and Functional Outcomes in Cancer Rehabilitation.* Annual Conference of the American Occupational Therapy Association. 2018
- Arrigo, M.**, Brady-Wagner, L., Fink, T., Garrity, K., Mack, A., Wood, L. *Fatigue and Functional Outcomes in Cancer Rehabilitation.* American Congress of Rehabilitation Medicine. (*Arch Phys Med Rehabil.* 2017(10).) 2017
- Arrigo, M.**, Brady-Wagner, L., Fink, T., Lieberman, B., Purcell, S., Trehan, R. *Factors Predictive of Discharge Disposition from a Long-Term Acute Care Setting in a Neurological Patient Population.* American Physical Therapy Association of Massachusetts Annual Conference. 2012
- Arrigo, M.**, Brady-Wagner, L., Fink, T., Lieberman, B., Purcell, S., Trehan, R. *Factors Predictive of Discharge Disposition from a Long-Term Acute Care Setting in a Neurological Patient Population.* Spaulding Rehabilitation Network Trauma Rehabilitation Conference. 2012

Invited Presentations

- Peer Assisted Learning Strategies to Promote Student Success in the Cognitive, Affective and Psychomotor Domains. Clinical Faculty Development Workshop, MGH Institute of Health Professions, Boston, MA. 2016
- Oncology Rehabilitation. Spaulding Hospital Cambridge, Cambridge, MA. 2015
- Challenging Assumptions About Effective Clinical Education: Is 1:1 Really Better? Invited panelist, NEC ACCE Nancy Peatman Clinical Faculty Institute. Simmons College, Boston, MA.
- Rehabilitation in the Long Term Acute Care Setting. Spaulding Hospital Cambridge, Cambridge, MA. 2014
- Standards of Care in Rehabilitation after Bone Marrow Transplant. Spaulding Hospital Cambridge, Cambridge, MA. 2013
- Optimizing Care in Oncology Rehabilitation. Spaulding North End and Spaulding West Roxbury, Boston, MA. 2012
- Hematological Laboratory Values and Rehabilitation; A Reference Guide. Spaulding Hospital Cambridge, Cambridge, MA. 2012

Educational Activities

Courses Taught

MGH Institute of Health Professions, Department of Physical Therapy, Boston, MA

- PT880S Special Topics: Oncology 2019-2020
- PT850 Capstone 2019-present
- PT741 Clinical Experience I 2019-present
- PT742 Clinical Experience II 2019-present
- PT843 Clinical Internship 2019-present

Clinical Supervision

- Full-time DPT Clinical Experience Instructor, Spaulding Hospital for Continuing Medical Care 2010-2018
- Full-time DPT Clinical Experience Instructor, Youville Hospital and Rehabilitation Center 2003-2005

Curriculum Development

- Re-designed PT741 10 week Clinical Experience into a 4 week Clinical Experience course (due to pandemic) 2021
- Special Topics: Oncology 2019

Mentoring

Students

Erin Flajnik, Sophie John, Miriam Aviles, Hargun Khanna; DPT Capstone Project	2021-2022
Samantha Jozwik, Samantha Yarbrough, Jacqueline Maestas, Derick Garza; DPT Capstone Project	2020-2021
Benjamin Gordon, Rebecca Langdon, Ryan Beierle; DPT Capstone Project	2019-2020

Professional Development

American Physical Therapy Association New Faculty Development Workshop, Chicago, IL	2022
American Physical Therapy Association Combined Sections Meeting, Virtual	2021
MGH IHP Manuscript Writing Group, Boston	2019
American Physical Therapy Association Educational Leadership Conference, Bellevue, WA	2019
New England Consortium of Clinical Educators Clinical Faculty Institute, Simmons College, Boston, MA	2019
Spaulding Rehabilitation Network - MGH Institute of Health Professions Clinical Scholars Program	2013-2019
American Congress of Rehabilitation Medicine Annual Conference, Atlanta, GA	2017
New England Consortium of Clinical Educators Clinical Faculty Institute, Simmons College, Boston MA	2015
Reiki Level I and II Training, Spaulding Rehabilitation Hospital, Boston, MA	2014
Lakshmi Voelker Chair Yoga Teacher Training, Kripalu Center for Yoga and Health, Stockbridge, MA	2012
American Physical Therapy Association of Massachusetts Annual Conference, Waltham, MA	2012
<i>Therapeutic Yoga: Bridging Ancient Practices with Traditional Therapy Techniques</i> , Manchester, NH	2011
<i>Designing Clinical Research (HP-720, 2 credits)</i> . MGH Institute of Health Professions, Boston, MA	2010
<i>Facilitating and Assessing Clinical Reasoning: An Essential Skill in Clinical Education</i> , New England Consortium of Clinical Educators Clinical Faculty Institute, Springfield, MA	2010

Professional Membership and Activities

American Physical Therapy Association (MA Chapter, Education & Oncology Sections)	2011-present
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Institutional Service

Reviewer, Collaborative to Recognize Sites of Excellence in Clinical Education, New England and New York/New Jersey Consortiums of Clinical Education	2021-present
Member, DPT Committee of Academic Policies and Procedures, MGH Institute	2020-present
Member, DPT Leadership, Enrichment, Achievement Program (LEAP) Committee, MGH Institute	2019-present
Member, New England Consortium of Clinical Educators	2019-present
Chair, Rehabilitation Education Committee, Spaulding Hospital Cambridge	2013-2019
Member, Patient Experience Committee, Spaulding Hospital Cambridge	2011-2019
Member, Epic Electronic Medical Record 'Super-User' Committee, Spaulding Hospital Cambridge	2017
Member, Oncology Inservice Committee	2016-2017
Member, Rehabilitation Practice Council, Spaulding Hospital Cambridge	2015-2017
Member, Employee Satisfaction Rehabilitation Task Force, Spaulding Hospital Cambridge	2015
Member, Restraint Committee, Youville Hospital	2003-2005

Community Service

MGH Institute Charlestown Community Service Day Volunteer	2019
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