

**GENERAL INFORMATION**

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Telephone: 774.217.3221  
Email: [swechsler@mghihp.edu](mailto:swechsler@mghihp.edu)

**EDUCATION**

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2022 Doctor of Philosophy in Rehabilitation Sciences, MGH Institute of Health Professions, Boston, MA  
Mentor: Lisa Wood, PhD, RN, FAAN  
Dissertation: Beyond Tired: A Multimethod Approach to Understanding Persistent Cancer-Related Fatigue's Impact on Postural Control and Exercise Behavior After Treatment for Breast Cancer

2012 Doctorate of Physical Therapy, Ithaca College, Ithaca, NY

2010 Bachelor of Science in Clinical Health Sciences, Ithaca College, Ithaca, NY  
*Summa Cum Laude*

**LICENSURE**

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2019 – Present Commonwealth of Massachusetts Physical Therapist License: #24567

**CERTIFICATIONS**

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2016 – Present Board-Certified Clinical Specialist in Neurologic Physical Therapy, American Board of Physical Therapy Specialties

2018 Vestibular Rehabilitation Certification, Emory University, Atlanta, GA

**CLINICAL POSITIONS**

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2014 – 2019 Memorial Sloan Kettering Cancer Center, New York, NY  
Clinical Specialist, Sillerman Center for Rehabilitation  
Clinical Specialist, Neurology Multidisciplinary Care Clinic  
Senior Physical Therapist, Sillerman Center for Rehabilitation

2012 – 2014 Mount Sinai Hospital, New York, NY  
Staff Physical Therapist, Inpatient Acute Care  
Staff Physical Therapist, Inpatient BI/CVA/SCI Acute Rehabilitation

**ACADEMIC/TEACHING APPOINTMENTS**

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2020 – Present	Instructor, Physical Therapy Doctoral Program, MGH Institute of Health Professions, Boston, MA  <i>Selected Topics: Oncology elective course (2021, 2022)</i> <i>Fundamentals of Patient and Client Management (Co-instructor, 2020)</i>
2019 – Present	Term Lecturer, Physical Therapy Doctoral Program, MGH Institute of Health Professions, Boston, MA
2019	Instructor, Pre-conference Course, American Physical Therapy Association Combined Sections Meeting. “Oncology Rehabilitation: Tools for the PT/PTA Generalist.” Washington, D.C.
2019	Guest Lecturer, Physical Therapy Doctoral Program, Emory University, Atlanta, GA
2019	Guest Lecturer, Physical Therapy Doctoral Program, Columbia University, New York, NY
2018 – 2019	Clinical Liaison/Instructor, New York University Doctorate of Physical Therapy Master Clinician Program, Memorial Sloan Kettering Cancer Center, New York, NY
2017	Guest Lecturer, School of Continuing Education, University of Wisconsin-Milwaukee, Milwaukee, WI
2015	Clinical Instructor, Memorial Sloan Kettering Cancer Center, New York, NY
2013	Clinical Instructor, Mount Sinai Hospital, New York, NY
2010	Graduate Teaching Assistant, Ithaca College, Ithaca, NY

**RESEARCH POSITIONS**

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2022 – Present	Post-doctoral Research Fellow, Cancer Rehabilitation (CaRe) Lab, MGH Institute of Health Professions, Boston, MA
2019 – 2022	Research Fellow, Fatigue Research Lab, MGH Institute of Health Professions, Boston, MA
2021 – Present	Manuscript Reviewer, <i>Rehabilitation Oncology</i>
2018 – 2019	Physical Therapist, Neurology Multidisciplinary Care Clinic, Memorial Sloan Kettering Cancer Center, New York, NY

**LEADERSHIP POSITIONS**

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2019 – Present	Physical Therapy Doctoral Program Advisory Council, Ithaca College, Ithaca, NY
2018 – 2022	Secretary, Academy of Oncologic Physical Therapy, American Physical Therapy Association
2018 – 2019	Residency Program Committee Member, Memorial Sloan Kettering Cancer Center Oncology Physical Therapy Residency, New York, NY
2015 – 2019	Chair of Social Media, Academy of Oncologic Physical Therapy, American Physical Therapy Association

- 2012 – 2014 Volunteer, Mount Sinai Spinal Cord Injury Life Challenge & Do It Program, Mount Sinai Hospital, New York, NY
- 2010 – 2012 Graduate Class Representative (Elected), Ithaca College, Ithaca, NY

## **PUBLICATIONS**

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### Peer-Reviewed Manuscripts – Published

1. Wood Magee, L., Kneiss, J., **Wechsler, S.**, Fox, A., Peppercorn, J., Pirl, W. Increased fatigability in women with persistent cancer-related fatigue after breast cancer treatment: a pilot study. In Review. *Rehabil Oncol*. doi: 10.1097/01.REO.0000000000000305
2. **Wechsler, S.**, \*Fitzgerald Jones, K., Zulewski, D., Wood, L. (2022) Pharmacological and non-pharmacological management of chemotherapy-induced peripheral neuropathy: a scoping review of randomized control trials. Published Online: 2/4/2022. *Journal of Palliative Medicine*. <http://doi.org/10.1089/jpm.2021.0512> (\*Author contributed equally as co-first author)
3. **Wechsler, S.** Wood, L. (2021). The Effect of Chemotherapy on Balance, Gait, and Falls Among Cancer Survivors: A Scoping Review. *Rehabil Oncol*. 39(1):6-22. doi: 10.1097/01.REO.0000000000000238
4. **Wechsler, S.** (2020). Facial Pain and Temporomandibular Joint Dysfunction Secondary to Acromegaly: Treatment with Manual Therapy, Neuromuscular Reeducation—A Case Report. *Rehabil Oncol*. 38(3):127-133 doi: 10.1097/01.REO.0000000000000190

### Peer-Reviewed Manuscripts – Accepted/Awaiting Publication

1. **Wechsler, S.**, Kneiss, J., Adams, B., Wood Magee, L. Persistent cancer-related fatigue after breast cancer treatment predicts postural sway and post-exertional changes in sit-to-stand strategy. In Press. *Rehabil Oncol*.

### Peer-Reviewed Manuscripts – Submitted/In Development

1. **Wechsler, S.**, Fu, Mei R., Lyons, K., Wood, KC., Wood Magee, LJ. The role of exercise self-efficacy in exercise behaviors among women with persistent fatigue after breast cancer: A mixed-methods study. Under Review. *PT Journal*.

## **PRESENTATIONS**

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### Peer-Reviewed Presentations

1. **Wechsler, S.** (2022) Cancer-related fatigue predicts postural sway and post-exertional changes in sit to stand strategy in breast cancer survivors. Platform Presentation, American Physical Therapy Association (APTA) Combined Sections Meeting (CSM).
2. **Wechsler, S.** (2021) Persistent cancer-related fatigue predicts static and dynamic balance in women with a history of breast cancer. Poster Presentation, American Congress of Rehabilitation Medicine (ACRM) Annual Conference.
3. **Wechsler, S.**, (2018) Custodio, C., Kim, E., Moore, L. Chemotherapy-induced Peripheral Neuropathy: Implications for Rehabilitation. Memorial Sloan Kettering Cancer Rehabilitation Symposium. New York, NY.
4. **Wechsler, S.** (2018) Facial Pain And Temporomandibular Joint Dysfunction Secondary To Acromegaly In The Setting Of Pituitary Adenoma: Conservative Treatment With Physical Therapy. Poster Presentation, Memorial Sloan Kettering Cancer Rehabilitation Symposium. New York, NY.

Invited Presentations

1. **Wechsler, S.** (2021) The Effect of Chemotherapy on Balance, Gait, and Falls Among Cancer Survivors: A Scoping Review. APTA Combined Sections Meeting APTA Oncology Balance and Falls Special Interest Group Panel Discussion. February 18.
2. **Wechsler, S.** (2021) Mapping it Out: Chemotherapy's Impact on Balance, Gait, and Falls. Virtual Oncology Physical Therapy Summit. April 17.
3. **Wechsler, S.** (2019) Cancer Rehabilitation: Overview and Essentials. Live Webinar, PhysicalTherapy.com. July 12.
4. **Wechsler, S.** (2018) Head & Neck Cancer and CNS Cancers: Considerations for Rehabilitation. Dominican College Day, Memorial Sloan Kettering Cancer Center, New York, NY. November 26.
5. **Wechsler, S.** (2018) Cancer Rehabilitation: What Every PT & PTA Needs to Know. APTA National Student Conclave. Providence, RI. October 13.
6. **Wechsler, S.** (2015) Keynote Speaker, Ithaca College DPT Program Pinning Ceremony. Ithaca, NY.

GRANT ACTIVITY

6/2021 – 5/2022	<b>Wechsler, S.</b> (Primary Investigator) Exploring Realities of Exercise in Cancer Survivors with Persistent Fatigue. Boston College Post-Doctoral Research Grant. Awarded: \$2,500
2021	<b>Wechsler, S.</b> Dr. David Krebs Doctoral Research Award, MGH Institute of Health Professions, Boston, MA. Awarded: \$500
2021	<b>Wechsler, S.</b> (Primary Investigator) Exploring Realities of Exercise in Cancer Survivors with Persistent Fatigue. Academy of Oncologic Physical Therapy, APTA. <i>Not funded.</i>

HONORS & AWARDS

2022	Academy of Oncologic Physical Therapy Best Research Platform Presentation, American Physical Therapy Association Combined Sections Meeting
2019	President's Award, Academy of Oncologic Physical Therapy, American Physical Therapy Association
2017	Emerging Leader Award, American Physical Therapy Association
2012	Michael A. Pagliarulo Service Award, Ithaca College, Ithaca, NY
2011	Ray Boone Scholarship, Ithaca College, Ithaca, NY

PROFESSIONAL ORGANIZATION MEMBERSHIP

2021 – Present	Member, Research and Outcomes Taskforce, Cancer Rehabilitation Networking Group, American Congress of Rehabilitation Medicine
2014 – Present	Member, Academy of Oncologic Physical Therapy, American Physical Therapy Association
2010 – Present	Member, American Physical Therapy Association
2010	Phi Kappa Phi Honor Society