

Curriculum Vitae

JANICE H. GOODMAN, PhD, PMHCNS-BC, PMHNP-BC

School of Nursing
MGH Institute of Health Professions
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DEGREES EARNED

- 2014 MGH Institute of Health Professions, Certificate of Advanced Study in Nursing
- 2004 Boston College, PhD, Nursing
- 1986 Hunter College, City University of New York, MSN, Psychiatric/Mental Health Nursing
- 1983 North Park College, BSN, Nursing

ADDITIONAL EDUCATION

- 2013 Institute for Meditation and Psychotherapy, Newton, Massachusetts
Certification in Mindfulness and Psychotherapy
- 2012 University of San Diego Center for Mindfulness
5-day professional training in *Mindfulness Based Cognitive Therapy for the Prevention of Depression Relapse*
- 2012 Center for Mindfulness in Medicine, Health Care, and Society, University of Massachusetts Medical School
Practicum in Mindfulness-Based Stress Reduction: Living Inside Participant/Practitioner Perspectives Program
- 2011 Benson-Henry Institute for Mind Body Medicine at Massachusetts General Hospital
5-day professional training in *The Revolutionary Practice of Mind Body Medicine*
- 2011 Center for Mindfulness in Medicine, Health Care, and Society, University of Massachusetts Medical School
7-day professional training retreat in *Mindfulness-Based Stress Reduction in Mind-Body Medicine*
- 2010 University of Massachusetts Boston
Infant-Parent Mental Health Postgraduate Certificate Program
- 1987 University of Pennsylvania Medical School, Marriage Council of Philadelphia,
Certification in Marriage, Family & Sex Therapy
- 1986 Adelphi University, New York
Certification in Rape and Sexual Abuse Counseling

LICENSES AND BOARD CERTIFICATIONS

- 2015-present Board Certification as a Psychiatric Mental Health Nurse Practitioner by American Nurses Credentialing Center

1985-present	Advanced Practice Registered Nurse in Massachusetts
1985-present	Board Certification as a Clinical Specialist in Adult Psychiatric and Mental Health Nursing by American Nurses Credentialing Center
1987	Certification in Marriage, Family, and Sex Therapy by the American Association of Marriage and Family Therapists
2000-2005	Board Certified Lactation Consultant, International Board of Lactation Consultant Examiners

ACADEMIC APPOINTMENTS

2015-present	Professor MGH Institute of Health Professions, Boston, MA
2012-present	Coordinator of the Mind Body Spirit Nursing Certificate Program MGH Institute of Health Professions, Boston, MA
2009-2015	Associate Professor MGH Institute of Health Professions, Boston, MA
2004-2009	Assistant Professor MGH Institute of Health Professions, Boston, MA
2004-2005	Track Coordinator, Graduate Psychiatric/Mental Health Specialty MGH Institute of Health Professions, Boston, MA
2002-2003	Teaching Assistant Connell School of Nursing, Boston College, Chestnut Hill, MA

CLINICAL EXPERIENCE

2004-present	Psychiatric Advanced Practice Nurse Private practice specializing in perinatal and women's mental health Wakefield, MA
2003-2004	Behavioral Health Fellow Harvard Vanguard Medical Associates, Wellesley, MA Provided assessment, psychotherapy and psychopharmacology in managed care environment as part of an interdisciplinary academic/clinical fellowship.
2001-2002	Unaccompanied Refugee Minor Program, Lutheran Social Services Newton, MA Developed and led psychotherapeutic group for adolescent refugee girls from Sudan
1999-2000	Psychiatric Clinical Nurse Specialist Lynn Community Mental Health Center, Lynn, MA Provided mental health services to adults, families, and children
1991-2002	Lactation Consultant Private practice, Winchester, MA
1987-1991	Psychiatric Clinical Nurse Specialist Family Services of Greater Boston, Quincy, MA Provided mental health services to individuals, couples, and families
1987-1989	Psychotherapist/Nurse Consultant Pathways for Children, Canton, MA Psychotherapy to families with terminally ill children; Staff consultation
1987	Psychiatric Clinical Nurse Specialist Duxbury Counseling Services, Duxbury, MA

- 1986-1987 Provided mental health services to adults and children
Psychiatric Clinical Nurse Specialist/Family Therapy Trainee
University of Pennsylvania Medical School, Marriage Council of Philadelphia
Provided individual, couples, and family therapy
- 1986-1987 Group leader for sex education groups
University of Pennsylvania, Philadelphia, PA
- 1985-1986 Charge Nurse
South Oaks Psychiatric Hospital, New York
- 1984-1985 Psychiatric clinical nurse specialist
Bellevue Psychiatric Hospital, New York
- 1983-1984 Staff Nurse
Tobey Hospital, Wareham, MA

HONORS AND AWARDS

- 2016 Award for Excellence in Research, American Psychiatric Nurses Association
- 2009-2012 Robert Wood Johnson Foundation Nurse Faculty Scholar
- 2009 Partners in Excellence award from Partners Healthcare for “exemplary performance in leadership and innovation.”
- 2008 “Unsung Heroine of Massachusetts” Award by the Massachusetts Commission on the Status of Women for work establishing statewide “Warmline” for postpartum depression and for work with Postpartum Support International
- 2007-present Faculty Nurse Scientist
Yvonne L. Munn Center for Nursing Research
Massachusetts General Hospital
- 2007 Outstanding Poster Award, Annual Research Day, Sigma Theta Tau International, Alpha Chi Chapter
- 2001-2003 Boston College University Fellow
- 2001-2002 Boston Albert Schweitzer Fellow
- 2002 Best Paper Award from Family Research Interest Group of Eastern Nursing Research Society, for “Parental Postpartum Depression and the Family”; 14th Annual Scientific Session, March 21-23, 2002, Penn State University
- 2002 Best Poster Award from Eastern Nursing Research Society for “A Narrative Study of Unaccompanied Refugees from Sudan” 14th Annual Scientific Session, March 21-23, 2002, Penn State University
- 2002 Boston College 2002 Outstanding Graduate Student Award
- 2001-2002 Woodrow Wilson Dissertation Fellowship in Women’s Studies

RESEARCH GRANTS and OTHER FUNDING

Extramural Grants

- 2010-2013 *Dyadic Intervention for Women at Risk for Postpartum Depression and their Infants*
Eunice Kennedy Shriver National Institute of Child Health and Human Development
R21 HD065156-01
Role: Principal Investigator
\$289,103

- 2010-2012 *Postnatal Parental Depression, Family Dynamics, and Early Parenting*
 Eunice Kennedy Shriver National Institute of Child Health and Human Development
 R21 HD060942-01
 Role: Co-Investigator (Principal Investigator: James Paulson)
 \$412,906 (Subcontract amount: \$37,817)
- 2009-2012 *Mother-Infant Intervention for Prevention of Postpartum Depression and Associated
 Mother-Infant Relationship Dysfunction*
 Robert Wood Johnson Foundation #66516
 Role: Principal Investigator
 \$350,000
- 2006-2008 *Women's Emotional Health before and after Childbirth: A Longitudinal Study of
 Perinatal Depression and Anxiety*
 Role: Principal Investigator
 Sharon Davies Memorial Research Award from Freedom from Fear Foundation
 \$10,000
- 2000-2004 *Parental Postpartum Depression and the Family System*
 F31 NR07842-01. Department of Health and Human Services, National Institute of
 Nursing Research
 Role: Principal Investigator
 \$61,548
- 2001 Johnson & Johnson Dissertation Grant in Women's Health
 Woodrow Wilson National Fellowship Foundation
 \$10,000
- 2001 Johnson & Johnson Marshall Klaus Mother Baby Nursing Award
 Association of Women's Health, Obstetrical, and Neonatal Nurses
 \$5,000
- 2002 Clinical Research Award
 Alpha Chi Chapter of Sigma Theta Tau
 \$1,500
- 2002 Susan Hickman Research Award
 Postpartum Support International
 \$500
- 2000-2001 *A Narrative Study of Unaccompanied Adolescent Refugees from Sudan.*
 American Nurses Foundation Grant
 Role: Principal Investigator
 \$3,457

Intramural Grants

- 2018-2019 *Internet-Based Mobile Application to Enhance a Mindfulness-Based Intervention for Perinatal Anxiety*
Role: PI
MGH Institute of Health Professions, School of Nursing Seed Grant: \$7,760.
- 2015-2016 *Development, Implementation, and Evaluation of OSCEs using Standardized Patients to Enhance Teaching and Evaluation of Student Competencies in Psychiatric Mental Health Nurse Practitioner Advanced Practice Courses*. Changing Course Faculty Teaching Fellowship, MGH Institute of Health Professions. \$5,000.
- 2006-2007 *Women's Emotional Health before and after Childbirth: a Longitudinal Study of Perinatal Depression and Anxiety*
Role: Principal Investigator
MGH Institute of Health Professions Faculty Research Fellowship Award: \$10,000

PUBLICATIONS

Peer-Reviewed Articles

- Goodman, J.H.** (2019). Perinatal depression and infant mental health. *Archives of Psychiatric Nursing*. (epub ahead of print). doi: <https://doi.org/10.1016/j.apnu.2019.01.010>
- Goodman, J.H.**, Beyan, E., & Johnson, E. (2018). Improving nursing and midwifery education in a resource-limited context: An initial evaluation. *Journal of Nursing Education*, 57(12):712-719. doi: 10.3928/01484834-20181119-03
- Mitchell, J. & **Goodman, J.H.** (2018). Comparative effects of antidepressant medications and untreated major depression on pregnancy outcomes: A systematic review, *Archives of Women's Mental Health*, 21(5):505-516. doi: 10.1007/s00737-018-0844-z
- Luberto, C. M., Park, E. R., & **Goodman, J. H.** (2018). Postpartum outcomes and formal mindfulness practice in Mindfulness-Based Cognitive Therapy for perinatal women. *Mindfulness*. 9(3):850-859. doi: <https://doi.org/10.1007/s12671-017-0825-8>
- Goodman, J.H.**, & Winter, S. (2017). Use of standardized patients in psychiatric nursing education: An integrative review of the research and simulation description literature. *Journal of the American Psychiatric Nurses Association*. 23(5): 360-374. doi: 10.1177/1078390317712697
- Goodman, J.H.**, Watson, G.R., & Stubbs, B. (2016). Anxiety disorders in postpartum women: A systematic review and meta-analysis. *Journal of Affective Disorders*, 2013:292-331. doi: 10.1016/j.jad.2016.05.033.
- Paulson, J.F., Bazemore, S.D., **Goodman, J.H.**, & Leiferman, J.A. (2016). The course and interrelationship of maternal and paternal perinatal depression. *Archives of Women's Mental Health*. 19(4):655-63. doi: 10.1007/s00737-016-0598-4.

Goodman, J.H., Prager, J., Goldstein, R., & Freeman, M.P. (2014). Perinatal Dyadic Psychotherapy for postpartum depression: A randomized controlled pilot trial. *Archives of Women's Mental Health*, 18(3):493-506. doi: 10.1007/s00737-014-0483-y

Goodman, J.H., Chenausky, K. L., & Freeman, M.P. (2014). Anxiety disorders during pregnancy: A systematic review. *Journal of Clinical Psychiatry*, 75(10):1153-e1184.

LeTourneau, K., **Goodman, J.H.** (2014). A patient-centered approach for addressing physical activity in older adults: Motivational Interviewing. *Journal of Gerontological Nursing*, 8:1-7.

Hickey, K.T., Hodges, E.A., Thomas, T.L., Coffman, M.J., Taylor-Piliae, R.E., Johnson-Mallard, V.M., **Goodman, J.H.**, Jones, R.A., Kuntz, S., Galik, E., Gates, M.G., Casida, J.M. (2014). Initial evaluation of the Robert Wood Johnson Foundation Nurse Faculty Scholars (RWJF NFS) Program. *Nursing Outlook*, 62(6):394-401. doi: 10.1016/j.outlook.2014.06.004.

Goodman, J.H., Guarino, A.J., Chenausky, K., Klein, L., Prager, J., Petersen, R., Forget, A., & Freeman, M. (2014). CALM Pregnancy: Results of a pilot study of mindfulness-based cognitive therapy for perinatal anxiety. *Archives of Women's Mental Health*. 17(5):373-87. doi: 10.1007/s00737-013-0402-7.

Goodman, J.H., Guarino, A.J., & Prager, J. (2013). Perinatal Dyadic Psychotherapy: Intervention development and preliminary report. *Journal of Family Nursing*, 19(3):291-294. PMID: 23562990

Coffman, M.J., **Goodman, J.H.**, Thomas, T.L., & Roberson, D. (2013). The Robert Wood Johnson Foundation Nurse Faculty Scholar Program: An opportunity for junior nurse faculty. *Nursing Outlook*, 61(1):25-30.

Goodman, J.H., Reidy, P., & Cartier, J. (2012). Role preparation for advanced practice nursing: Practicing consultation and collaboration skills. *Journal of Nursing Education*, 51(1): 59-60.

Goodman, J.H. & Santangelo, G. (2011) Group treatment for postpartum depression: A systematic review. *Archives of Women's Mental Health*, 14(4):277-293.

Goodman, J.H. & Tyer-Viola, L. (2010). Detection, treatment, and referral of perinatal depression and anxiety by obstetrical providers. *Journal of Women's Health*, 19(3), 477-490.

Goodman, J.H. (2009). Women's attitudes, preferences, and perceived barriers to treatment for perinatal depression. *Birth: Issues in Perinatal Care*, 36 (1), 61-70.

Goodman, J.H. (2008). Influences of maternal postpartum depression on fathers and on father-infant interaction. *Infant Mental Health Journal*, 29(6), 624-643.

Goodman, J.H. (2005). Becoming an involved father of an infant. *Journal of Obstetric, Gynecological, and Neonatal Nursing*, 34, (2), 190-200.

Horowitz, J.A., & **Goodman, J.H.** (2005). Identification and treatment of postpartum depression, *Journal of Obstetric, Gynecological, and Neonatal Nursing*, 34, (2), 264-273.

Goodman, J.H. (2004). Postpartum depression beyond the early postpartum period. *Journal of Obstetric, Gynecological, and Neonatal Nursing*, 33, (4), 410-420.

Goodman, J.H. (2004). Paternal postpartum depression, its relationship to maternal postpartum depression, and implications for family health. *Journal of Advanced Nursing*, 45 (1), 26-35.

Horowitz, J.A., & **Goodman, J.H.** (2004). A longitudinal study of maternal postpartum depression symptoms. *Research and Theory for Nursing Practice*, 18(2/3): 149-164.

Goodman, J.H. (2004). Coping with trauma and hardship among unaccompanied refugee youths from Sudan. *Qualitative Health Research*. 14, (9), 1177-1196.

Book Chapters

Goodman, J.H. & Liu, C. (2016). Maternal psychopathology and child attachment. In A. Wenzel & S. Stuart (Eds). *The Oxford Handbook of Perinatal Psychology*. Oxford, England: Oxford University Press.

Goodman, J.H. & Liu, C. (May, 2014). Maternal psychopathology and child attachment. In A. Wenzel & S. Stuart (Eds). *Oxford Handbook Online*. Retrieved May 13, 2014 from <http://www.oxfordhandbooks.com/view/10.1093/oxfordhb/9780199778072.001.0001/oxfordhb-9780199778072-e-011?rskey=CVorqf&result=1> doi: 10.1093/oxfordhb/9780199778072.013.011

Horowitz, J.A. & **Goodman, J.H.** (2005). Maternal postpartum depressive symptoms: A longitudinal study. In A. Williams, B. Hagerty, & S. Ketefian (Eds.), *Depression Research in Nursing – Global Perspectives*. New York: Springer Publishing Co.

Editorials

Goodman, J.H. (2018). Appreciation for our peer reviewers. *Journal of the American Psychiatric Nurses Association*, 24(6):480-481. doi: 10.1177/1078390318805982..

Goodman, J.H. (2005). Editorial: Women's mental health. *Journal of Obstetric, Gynecological, and Neonatal Nursing*, 34, (2), 245.

Other

Goodman, J.H. (2004). *Influences of maternal postpartum depression on fathers and on the father-infant relationship*. Doctoral Dissertation. William F. Connell School of Nursing, Boston College, Boston, MA.

Goodman, J.H. (1985) *Eating behavior and self-esteem in adolescent girls*. Masters thesis, Hunter Bellevue School of Nursing, Hunter College, City University of New York.

PEER-REVIEWED PRESENTATIONS

- Goodman, J.H.**, Luberto, C.M., Schuman-Olivier, D., Jollotta, R., Audi, J., Crute, S. & Gardiner, P. *Internet-Based Mobile Application to Enhance a Mindfulness-Based Intervention for Perinatal Anxiety: Usability, Feasibility, and Acceptability Testing* (poster presentation). Eastern Nursing Research Society 31st Annual Scientific Sessions, April 4, 2019 in Providence, R.I.
- Goodman, J.H.** & Pearson, G. *Writing for publication: Turning good ideas into published work* (Workshop). American Psychiatric Nurses Association 32nd Annual Conference, Columbus, Ohio on October 25, 2018.
- Pearson, G. & **Goodman, J.H.**. *Reviewing scholarly manuscripts submitted for journal publication.* (Workshop). American Psychiatric Nurses Association 32nd Annual Conference, October 26, 2018, Columbus, Ohio.
- Mitchell, J. & **Goodman, J.H.** *Comparative effects of antidepressant medications and untreated major depression on pregnancy outcomes: A systematic review* (Poster). MGH Nursing Research Day, May 10, 2018, Boston, MA.
- Mitchell, J. & **Goodman, J.H.** *Antidepressant medications and untreated depression in pregnancy: A systematic review of comparison research on fetal outcomes* (Poster) American Psychiatric Nurses Association 31st Annual Conference, October 18-21, 2017, Phoenix, Arizona.
- Pearson, G. & **Goodman, J.H.** *Reviewing scholarly journal submissions* (Workshop) American Psychiatric Nurses Association 31st Annual Conference, October 18-21, 2017, Phoenix, Arizona.
- Goodman, J. H.**, Luberto, C. M., & Park, E. R. *Mindfulness-Based Cognitive Therapy for perinatal anxiety: Postpartum follow-up and the role of home practice* (Poster). MGH Nursing Research Day. May 2017. Boston, MA.
- Goodman, J. H.** *Pharmacologic management during pregnancy and lactation* (Podium presentation). International Society of Psychiatric Nurses 2017 Annual Psychopharmacology Institute. March 7-8. 2017, Baltimore, MD.
- Goodman, J. H.**, Luberto, C. M., & Park, E. R. *Mindfulness-Based Cognitive Therapy for perinatal anxiety: Postpartum follow-up and the role of home practice* (Podium presentation). Eastern Nursing Research Society 29th Annual Scientific Sessions, April 6, 2017. Philadelphia, PA.
- Luberto, C. M., Park, E. R., & **Goodman, J. H.** *Postpartum outcomes and mindfulness practice in Mindfulness-Based Cognitive Therapy for perinatal women* (Poster). 2017 World Congress of Integrative Medicine and Health, May 3-5, 2017. Berlin, Germany.

Luberto, C.M., Park, E.R., & **Goodman, J.H.** *Postpartum outcomes and home practice in mindfulness-based cognitive therapy for perinatal women.* (Poster). Integrative Medicine Network Forum, 2016: Convening the Community. November 19, 2016. Boston, MA.

Goodman, J.H. *Perinatal depression, infant mental health, and strategies for intervention.* *child/adolescent psychiatric mental health nursing symposium: Infant mental health.* (Podium presentation). 2016 International Society of Psychiatric-Mental Health Nurses' Psychopharmacology Institute and Annual Conference. April 12-16, 2016. Minneapolis, Minn.

Goodman, J.H. & Stevens, S. *Using Standardized patients to enhance psychotherapy skills training and assessment.* (Podium presentation). 2016 International Society of Psychiatric-Mental Health Nurses' Psychopharmacology Institute and Annual Conference. April 12-16, 2016. Minneapolis, Minn.

Goodman, J.H. *Perinatal Dyadic Psychotherapy for Depressed Mothers and their Infants: A Randomized Controlled Pilot Trial* (Podium presentation). 27th Annual ENRS Scientific Sessions. April 15 - 17, 2015. Washington, D.C.

Goodman, J.H. & Reidy, P. *Using objective structured clinical exams to enhance psychotherapy skills training and assessment* (Podium presentation). National Organization of Nurse Practitioners Faculty (NONPF) 41st Annual Meeting. April 25, 2015. Baltimore, MD.

Goodman, J.H. *Mindfulness and Mental Health: Integrating Mindfulness in Psychiatric/Mental Health Nursing* (Podium presentation). 2015 International Society of Psychiatric-Mental Health Nurses' Psychopharmacology Institute and Annual Conference. March 24-28, 2015. Seattle, Washington.

Goodman, J.H. *Mindfulness Based Interventions: Mindful Integration into PMH Nursing Practice* (Podium presentation). American Psychiatric Nurses Association 28th Annual Conference. October 22-25, 2014. Indianapolis, Indiana.

Goodman, J.H. *Mindfulness Based Cognitive Therapy for perinatal anxiety* (Podium presentation). American Psychiatric Nurses Association 28th Annual Conference. October 22-25, 2014. Indianapolis, Indiana.

Goodman, J.H. *Screening for postpartum depression: persistence of symptoms and resultant diagnoses.* (accepted but withdrawn). International Marcé Society Conference. September 10-12, 2014. Swansea, Wales.

Goodman, J.H. *Perinatal dyadic psychotherapy for depressed mothers and their infants* (Podium presentation). 14th Annual World Association of Infant Mental Health World Congress. June 14-18, 2014. Edinburgh, Scotland.

- Goodman, J.H.** and Chenausky, K. *CALM Pregnancy: Results of a Pilot Study of Mindfulness-Based Cognitive Therapy for Perinatal Anxiety* (Podium presentation). 26th Annual Eastern Nursing Research Society Scientific Sessions. April 9 - 11, 2014. Philadelphia, PA.
- Goodman, J.H.** *Understanding and addressing infant mental health in psychiatric-mental health nursing* (Podium presentation). American Psychiatric Nurses Association 26th Annual Conference, November 7-10, 2012 in Pittsburgh, Pennsylvania.
- Baim, M., **Goodman, J. H.**, Jussaume, S., Kagan, L., Miller, K., & Potter, M. *Development and implementation of a new mind body spirit nursing academic certificate program* (Podium presentation). American Holistic Nurses Association 32nd Annual Conference, June 13, 2012. Snowbird, UT.
- Goodman, J.H.** *Group treatment for postpartum depression: A systematic review* (Poster). Marce Society International Conference, Oct. 27th – 30th, 2011. Pittsburg, PA.
- Goodman, J.H.** *Perinatal anxiety disorders, symptoms, and comorbidity* (Podium presentation). Council for the Advancement of Nursing Science 2010 State of the Science Congress on Nursing Research. September 27-29, 2010. Washington, DC.
- Goodman, J.H.** *Anxiety from pregnancy through six months postpartum and its comorbidity with depression* (Podium presentation). Anxiety Disorders Association of America 30th Annual Conference. March 4-7, 2010. Baltimore, MD.
- Tyer-Viola, L., **Goodman, J.H.**, & Guarino, A.J. *Differences between native born and immigrants on prevalence, detection and treatment of perinatal depression and anxiety* (Poster). Association for Psychological Science 22nd Annual Convention. May 27-30, 2010, Boston, MA.
- Goodman, J.H.**, & Schappert, C. *A randomized controlled trial to test the effect of a brief dyadic intervention on factors relevant to the development of the mother-infant relationship* (Podium presentation). Sigma Theta Tau International's 21st International Nursing Research Congress. July 12-17, 2009. Orlando, Florida.
- Goodman, J.H.** *Depression and anxiety from pregnancy through six months postpartum* (Podium presentation). 2009 ENRS 21st Annual Scientific Sessions. March 19-21st, 2009. Boston, MA.
- Goodman, J.H.** & Tyer-Viola, L. *Detection, treatment and referral of perinatal depression by obstetrical providers* (Podium presentation). 2008 National State of the Science Congress in Nursing Research, October 2-4, 2008. Washington, D.C.
- Goodman, J.H.** & Tyer-Viola, L. *Detection, treatment and referral of perinatal depression by obstetrical providers* (Poster). MGH Nursing Research Day. May 2008. Boston, MA.

- Goodman, J.H.**, *What women want and why they don't get it: Mental health treatment for childbearing women* (Podium presentation). 3rd International Congress on Women's Mental Health. March 17-20, 2008. Melbourne, Australia.
- Goodman, J.H.** & Cartier, J. *Beyond the essentials: The post-master's DNP symposium: Lessons learned* (Poster). 34th Annual Meeting for National Organization of Nurse Practitioner Faculties. April 10-13, 2008. Louisville, KY.
- Goodman, J.H.** & Tyer-Viola, L. *Childbearing women's attitudes, preferences, and perceived barriers to mental health treatment* (Poster). MGH Nursing Research Day. May, 2007. Boston, MA.
- Goodman, J.H.** & Tyer-Viola, L., *Childbearing women's attitudes, preferences, and perceived barriers to mental health treatment* (Podium presentation). Eastern Nursing Research Society 19th Annual Scientific Sessions. April 12-14, 2007. Providence R.I.
- Goodman, J.H.**, *Postpartum depression and fathers* (Podium presentation). American Psychiatric Nurses Association 19th Annual Conference. November 2-5, 2005. Nashville, TN.
- Goodman, J.H.**, *Influences of Maternal postpartum depression on fathers and on father-infant interaction* (Podium presentation). 19th Annual Postpartum Support International Conference: Overcoming Barriers to Mental Health Treatment in Childbearing Women. June 25, 2005. San Jose, CA.
- Goodman, J.H.**, *Influence of maternal postpartum depression on fathers and on father-infant interaction* (Podium presentation). Eastern Nursing Research Society 17th Annual Scientific Sessions, April 7-9, 2005. New York, NY.
- Horowitz, J.A., & **Goodman, J.H.** *A longitudinal study of maternal postpartum depression symptoms* (Podium presentation). 2nd World Congress on Women's Mental Health. March 2004. Washington, DC.
- Horowitz, J.A., & **Goodman, J.H.** *A longitudinal study of maternal postpartum depressive symptoms* (Poster). Sigma Theta Tau International 15th International Nursing Research Congress. July 2002. Brisbane, Australia.
- Goodman, J.H.** & Horowitz, J.A., *Predicting depression scores of at-risk women at 6 weeks and 4 months postpartum* (Poster). Association for Women's Health, Obstetric, and Neonatal Nursing (AWHONN) Conference, June 2002. Boston, MA.
- Goodman, J.H.**, *A narrative study of unaccompanied refugee minors from Sudan* (Poster). International Qualitative Health Research Conference, April 2002., Banff, Alberta, Canada.
- Goodman, J.H.**, *A narrative study of unaccompanied refugee minors from Sudan* (Poster). 14th Annual Scientific Session, Eastern Nursing Research Society, March 2002. Penn State University, PA.

Goodman, J.H. & Horowitz, J.A., *Sorting out the pieces of the puzzle: A grounded theory analysis of the process of mothering with postpartum dysphoria* (Poster). 14th Annual Scientific Session, Eastern Nursing Research Society, March 2002. Penn State University, PA.

Goodman, J.H., *Parental postpartum depression and the family*. (Podium presentation). 14th Annual Scientific Session, Eastern Nursing Research Society, March 2002. Penn State University, PA.

Horowitz, J.A., **Goodman, J.H.,** & Sokol, E. *A longitudinal study of dysphoria and maternal experience* (Poster). Alpha Chi Annual Research Day, May 2001. Boston College, Chestnut Hill, MA.

INVITED PRESENTATIONS

Goodman, J. H. *Mindfulness-based interventions for perinatal mental health*. 28th Annual Partners in Perinatal Health (PIPH) Conference. May 2, 2017. Norwood, MA.

Goodman, J.H. *Management of perinatal psychiatric disorders*. Atrius/Harvard Vanguard Medical Associates Annual Meeting, May 24, 2016. Waltham, MA.

Goodman, J.H., Reidy, P., & Stevens, S. *Development, implementation, and evaluation of OSCEs using standardized patients to enhance teaching and evaluation of student competencies in psychiatric mental health nurse practitioner advanced practice courses*. IHP Faculty Development Day. May 5, 2016. Boston, MA.

Goodman, J.H. *Postpartum anxiety disorders: The continuum of care*. Harvard Vanguard Medical Associates CME Event. February 4, 2015. Boston, MA.

Goodman, J.H., Byatt N., and Quinn D. *Continuum of care: Evidenced based approaches to perinatal mental health*. 2013 Association for Women's Health, Obstetric, and Neonatal Nursing Convention. June 16-19, 2013. Nashville, TN.

Goodman, J.H. (Keynote) *Management of perinatal psychiatric disorders*. 6th Annual Psychopharmacology Institute and ISPN (International Society of Psychiatric- Mental Health Nurses) 15th Annual Conference. April 16-20, 2013. San Antonio, TX.

Goodman, J.H. *Perinatal mood disorders: Overview and identification* (general session). Psychiatric Nursing 2012 (Contemporary Forums) – April 18-21, 2012, Philadelphia, PA.

Goodman, J.H. *Management of mood disorders during pregnancy and postpartum* (concurrent session). Psychiatric Nursing 2012 (Contemporary Forums) – April 18-21, 2012, Philadelphia, PA.

Goodman, J.H. *Identification and management of perinatal psychiatric disorders*. 17th Annual Conference for Northeast Regional Psychiatric Nursing. October 18-19, 2011. Bedford, NH.

- Goodman, J.H.** *Presentation of research program on perinatal depression.* Grand Rounds, Center for Women's Mental Health at MGH. April 2011.
- Goodman, J.H.** *Postpartum depression, infant mental health, and strategies for intervention.* Postpartum Depression and Infant Mental Health Conference, Dec. 15, 2010. Visiting Nurses Service of Newport and Bristol Counties, Newport, RI.
- Goodman, J.H.** *Postpartum psychiatric illness.* Postgraduate Program in Infant-Parent Mental Health at UMass Boston, September, Oct. 9th, 2010, Boston, MA.
- Goodman, J.H.** *Detection, treatment and referral of perinatal depression by obstetrical providers.* MGH Nursing Research Journal Club, Sept. 8, 2010. Boston, MA.
- Goodman, J.H.** *Postpartum mood and anxiety disorders and implications for child health and development.* Thom Mystic Valley Early Intervention, July 20 2010, Woburn, MA
- Goodman, J.H.** *Early development of a research program in maternal mental health.* MGH Institute of Health Professions Faculty Research Presentation. April 29, 2009, MGH Institute of Health Professions, Boston, MA.
- Goodman, J.H.** & Schappert, K. *A randomized controlled trial to test the effect of a mother-infant intervention on maternal depression, parenting stress, and maternal attachment to the infant.* Touchpoints National Forum, (invited speaker), April 24-25, 2009. Boston, MA.
- Goodman, J.H.** *Postpartum depression and the family.* VNS Home Health Services Conference. April 12, 2006. Narragansett, RI.
- Goodman, J.H.** *Funding and NRSAs from the sponsor and student perspective.* Boston College PhD Colloquium. October 2002, Boston, MA.
- Goodman, J.H.,** *MGH Institute of Health Professions/Harvard Medical School obstetrical seminar on women's mental health,* fall 2006.

PROFESSIONAL SERVICE AND ACTIVITIES

Institute Professional Service

2017-2018	Member, Research Operations Committee (and Research Mentoring Program subcommittee)
2016-2017	Member, Quantitative Methodologist Search Committee
2016 – present	Chair, Appointment and Promotion Committee
2013 – 2015	Member, Appointment and Promotion Committee
2013 – present	Member, Faculty Senate
2011-2012	Member, Amelia Peabody Endowed Chair Search Committee
2009-2013	Member, IHP Research and Scholarship Committee
2008-2009	Member, Faculty Research Committee
2008	Co-Chair, Associate Director Search Committee

Department (School of Nursing) Professional Service

2018- present	Member, Curriculum Committee
2018- present	Member, Appeals Committee
2018	Member, Addictions Certificate development team
2018-	Member, Jacques Mohr Endowed Professor Search Committee
2016	Reviewer, Colvin Scholarly Project Award
2015-2018	Chair, Appeals Committee
2015-2017	Member, Judicial Board
2009-2015	Member, SON Appeals Committee
2009	Member, DNP Capstone Policy Task Group
2008	Reviewer, Colvin Scholarly Project Award
2007-2010	Member, Doctorate of Nursing Practice Committee
2007-2009	Member, Nursing Curriculum Committee
2006-2009	Member, Nursing Admissions Committee
2004-2010	Member, Advanced Practice Nursing Committee
2004-2009	Member, Nursing Practice Committee
2004-2005	Member, Steering Committee

State, National, and International Professional Service

2019	Visiting Professor, Mother Patern College of Health Sciences, Monrovia, Liberia. Taught Research and Evidence-Based Nursing in the Master of Science in Nursing Education program, and mentored program faculty.
2018- present	Member, Mothers with Substance Use Disorders Work Group (subcommittee of the Massachusetts State Postpartum Depression Commission).
2017	Visiting Professor, Mother Patern College of Health Sciences, Monrovia, Liberia. Taught Research and Evidence-Based Nursing in the Master of Science in Nursing Education program.
2016-2017	Member, Conference Planning Committee, Annual Psychopharmacology Institute, International Society of Psychiatric Nurses
2015-present	Member, Research Council Steering Committee, American Psychiatric Nurses Association
2014	Visiting Professor, Mother Patern College of Health Sciences, Monrovia, Liberia. Taught Research and Evidence-Based Nursing in the Master of Science in Nursing Education program. Guest lecturer in the graduate social work program. Revised undergraduate psychiatric/mental health curriculum and courses.
2014-2017	Member, Board of Directors, International Society of Psychiatric Nurses Foundation
2014-2017	Chair, Research Council, International Society of Psychiatric Nurses Foundation
2013-2015	Member, Graduate Education Council, American Psychiatric Nurses Association
2012-2015	Member, Advisory Board, MotherWoman (a nonprofit organization aimed at creating community safety nets for mothers at risk for or experiencing perinatal depression and anxiety)
2011-present	Commissioner, Massachusetts Special Legislative Commission on Postpartum Depression
2011-2015	Member, Research Advisory Panel, Association of Women's Health, Obstetric and Neonatal Nurses

- 2011-2015 Member, Research Council, American Psychiatric Nurses Association
- 2010 Provided expert testimony on behalf of House Bill 3897, *An Act Relative to Postpartum Depression*, at the Massachusetts Statehouse before the House of Representatives Joint Committee on Financial Services, Jan. 28 2010.
- 2009-2012 Member, Professional Advisory Board, Postpartum Support International of Massachusetts
- 2006-2008 Member, Advisory Committee, Perinatal Depression Project, and MA Maternal and Infant Mental Health Partnership, two HRSA funded projects of the Bureau of Family and Community Health within the Massachusetts Dept. of Public Health.
- 2002-2006 State Coordinator, Postpartum Support International. Established state-wide toll-free perinatal depression “Warmline”. Expanded resource directory for state perinatal mental health resources. Continued development of state-wide network and coordinated interests between international and local/state organizations.
- 2004-2014 Project Coordinator, Midwife Kit Project, St. Paul Lutheran Church, Arlington, MA
- 2001-2002 Sudanese Advisory Committee, Arlington, MA
- 1991-1998 La Leche League Leader, N. Quincy, MA
- 1985-1987 Nassau County Services to Rape Victims Task Force, NY

Editorial Activities

- 2016-present Associate Editor, *Journal of the American Psychiatric Nurses Association*
- 2015-present Manuscript Reviewer, *Research in Nursing and Health*
- 2015-2016 Editorial Board Member, *Journal of Psychosocial Nursing and Mental Health Services*
- 2014-2016 Manuscript Reviewer, *Journal of Psychosocial Nursing and Mental Health Services*
- 2009-present Manuscript Reviewer, *Journal of Obstetric, Gynecological, and Neonatal Nursing*
- 2009-2016 Manuscript Reviewer, *Journal of the American Psychiatric Nurses Association*
- 2007-present Manuscript Reviewer, *Archives of Women’s Mental Health*
- 2007-2009 Manuscript Reviewer, *Journal of Women’s Health*
- 2006-2013 Manuscript Reviewer, *Public Health Nursing*
- 2005 Guest Editor, Women’s Mental Health Issue, *Journal of Obstetric, Gynecological, and Neonatal Nursing*

Additional Manuscript Reviews: *American Journal of Psychiatry; Archives of General Psychiatry; Archives of Psychiatric Nursing; British Journal of Psychiatry; Journal of Clinical Psychiatry; Journal of Psychosomatic Obstetrics & Gynecology; Maternal and Child Health Journal; Social Science and Medicine; The Lancet, Journal of Reproductive and Infant Psychology, Journal of Affective Disorders; Mindfulness*

Research Proposal Review Activities

- 2016 External research grant reviewer, *PSI Foundation*, Canada
- 2015 External research grant reviewer, *Health Research Board*, Ireland
- 2014-2017 Coordinator, Research and Travel Scholarship Award Committee, International Society of Psychiatric Nurses
- 2012-2014 Member, Research Grant Review Committee, *AWHONN*
- 2011-present Member, Research Grant Review Committee, *American Psychiatric Nurses Foundation*
- 2011-present Member, Research Grant Reviewer Committee, *Sigma Theta Tau International*

- 2010-2012 Reviewer, Scientific abstract review for Council for the Advancement of Nursing Science State of the Science Congress on Nursing Research
- 2010-2013 Reviewer, Faculty Research Fellowship Grants, MGH Institute of Health Professions
- 2008-present Member, Nursing Research Grant Reviewer Committee, *American Nurses Foundation*

PROFESSIONAL MEMBERSHIPS

Marce Society

American Psychiatric Nursing Association

Sigma Theta Tau International Honor Society of Nursing

Eastern Nursing Research Society

Massachusetts Association of Advanced Practice Psychiatric Nurses (MAAPPN)