

# **Daniel H. McGovern, PT, DPT, SCS, ATC, CSCS**

MGH Institute of Health Professions  
School of Health and Rehabilitation Sciences  
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## **Education**

Massachusetts General Hospital Institute of Health Professions, Boston, MA  
Certificate of Advanced Study, September 2006  
Doctor of Physical Therapy, September 2007

University of Connecticut Storrs, CT  
BS, Sports Medicine, May 1986  
BS, Physical Therapy, May 1988

## **Licensure**

Massachusetts Physical Therapist, 1988 to present #6953  
Massachusetts Athletic Trainer, 1991 to present #551

## **Other Related Certifications**

Cardiopulmonary Resuscitation Certification, 1986 to present  
Certified Strength and Conditioning Specialist (NSCA), 1989 to present, #89278  
Certified Athletic Trainer (NATA), 1991 to present, #029104246  
Basic Water Safety, American Red Cross, 1991 to present  
Board Certified Clinical Specialist in Sports Physical Therapy, 1995-2005,  
Recertified 2006-2015, 2016-Present  
Credentialed Clinical Instructor (APTA), 2006  
Certified Graston Technique Provider, 2007  
Certified Golf Fitness Instructor Level 1 (Titleist Performance Institute), 2008  
Certified Functional Movement Screen (FMS) Professional, 2014  
Emergency Medical Responder (EMR), 2016  
Certification in Applied Functional Science (CAFS), 2017  
Three-Dimensional Movement Analysis and Performance System (3DMAPS), 2017  
Fellow of Applied Functional Science (FAFS), 2018

## **Employment and Positions Held**

MGH Institute of Health Professions, Charlestown, MA  
Department of Physical Therapy  
Instructor, Doctor of Physical Therapy Program, 2018-Present  
Lab Instructor, Doctor of Physical Therapy Program, 2017-2018

Newton-Wellesley Hospital, Newton, MA Clinical Specialist  
Sports Physical Therapist Boston College Athletics, 2015 – Present

Endicott College, Beverly, MA School of Sport Science and Fitness Studies  
Assistant Professor, 2016-2017

MCPHS University, Worcester, MA School of Physical Therapy  
Assistant Professor of Physical Therapy, 2011-2016

Harborview Training Systems, Inc., Cohasset, MA President, 2002-Present  
Next Level Physical Therapy, Owner, 2014-Present Scituate, MA  
SPORT-Rx Athletic Performance Systems, Co-Founder, 2002-2011  
Norwell, Bridgewater, Pembroke, MA

Prescription Orthopedic and Sports Therapy, Cohasset, MA  
Physical Therapist, 2011 to 2013  
Clinical Director, 2010-2011

Seamans Media, Quincy, MA New England Lacrosse Journal  
Sports Medicine Columnist, 2010-2014

Train Boston Physical Therapy, Wellesley, MA  
Director, Physical Therapy Services 2009-2010

Boston University Physical Therapy Center, Boston, MA  
College of Health & Rehabilitation Sciences  
Interim Clinical Director, 2005-2008  
Sports Medicine Director, 1999-2005  
Clinical Lecturer, 1993-2008  
Physical Therapist, 1993-1996

Brigham and Women's Hospital, Chestnut Hill, MA  
Sports Medicine and Rehabilitation Services  
Clinical Supervisor of Physical Therapy, April 1999-September 1999

Cape Cod Rehabilitation, Mashpee, MA Staff Physical Therapist 1990-1991

Sports Medicine Boston, Boston, MA  
Senior Staff Physical Therapist 1991-1992, March 1994-August 1994  
Director of Physical Therapy - 1992-1994

Health South Braintree Rehabilitation Hospital, Braintree, MA  
Lead Clinician/Orthopedic Physical Therapy 1998-1999  
Clinical Instructor, Sports Physical Therapy, 1996-1998  
Director, Sports Medicine Program 1996-1998  
Resource Clinician, 1990  
Staff Physical Therapist, 1988-1990

## **Adjunct Academic Appointments**

Northeastern University, Boston, MA College of Professional Studies Health,  
Sports and Human Performance  
Senior Lecturer, 2008-2011

## **Invited Scientific and Professional Presentations**

**McGovern D.** Is There a Role for Open Kinetic Chain Quadriceps Exercises in ACL Reconstruction Rehabilitation? Educational session at APTA of MA 2017 Annual Conference and Exposition. Norwood, MA, 2017.

**McGovern D.** McGovern B. The relationship of a self-report measure of function to a physical performance measure in subjects following anterior cruciate ligament reconstruction. Poster presentation at APTA of MA 2015 Annual Conference and Exposition. Norwood, MA, 2015.

Kucharski-Howard J, Tsoumas LJ, **McGovern D**, Charrette A, Kistner F, Elliott B, Babin C, Inacio CA, von der Luft G. Using progressive and cumulative practical exams to determine student clinical readiness. Platform presentation at Educational Leadership Conference, Baltimore, MD, 2015.

**McGovern D.** Update on an Epidemic: ACL Injuries in Female Athletes Occasion: Massachusetts Chapter APTA Monthly Meeting, April, 2003.

**McGovern D.** Resistance Training for the Young Athlete, Update on an Epidemic: ACL Injuries in Female Athletes Massachusetts Chapter APTA Annual Meeting, October 2002.

**McGovern D.** Rehabilitation Considerations for the PCL Injured and Reconstructed Knee Occasion: Athletic Trainers of Massachusetts and Rhode Island Athletic Trainers Meeting, May, 2000.

**McGovern D.** Redesigning Resistance Training Programs Massachusetts Chapter APTA Annual Meeting, October, 1996.

**McGovern D.** Lower Extremity Anatomy Review, Lab Instructor, Eastern Athletic Trainers' Association Preconference Workshop, January, 1996 & 1997.

**McGovern D.** Rehabilitation Considerations for the Young Athlete, Massachusetts Chapter APTA Annual Meeting: October, 1995.

**McGovern D.** The Compulsive Athlete: Training vs. Pounding, New England Chapter American College of Sports Medicine: November, 1992.

## **Peer-Reviewed Abstracts**

Contributed several abstracts of published literature for the *Compendium of Strength and Conditioning 2nd ed*, American Physical Therapy Association, 1994

### **Non-Peer Reviewed Professional Presentations**

**McGovern D**, Tiberio D, Wayslow A. Functional Strategies for ACL Injury Prevention, April 2018.

**McGovern D**. Lumbopelvic Educational Series, Private Practice In House Training Program, Spring & Fall, 2007.

**McGovern D**. The Ankle Dissection Workshop, New England Baptist Hospital Continuing Education, September, 1998.

**McGovern D**. When the Feet Hit the Ground Everything Changes, Lab Instructor, Continuing Education, March, 1989.

### **Membership/Service in Scientific, Professional and Honorary Societies**

American Physical Therapy Association, 1988-2010, 2011-Present

Massachusetts Chapter, 1988-2010, 2011-Present

Special Interest Groups: Manual Therapy, Shoulder, and Private Practice

American Academy of Sports Physical Therapy, APTA, 1988-2010, 2011-Present

Special Interest Groups: Professional/Collegiate Therapist, Sports

Performance Enhancement, Golf and Golf Performance, Knee, Shoulder, and Residency and Fellowship

Academy of Physical Therapy Education, APTA, 2012-Present

Section on Clinical Electrophysiology and Wound Management, APTA, 2012-2015

Private Practice Section, APTA, 2013-2015

Massachusetts State Representative Network for the Sports Section, APTA, 2006-2007

Sports Physical Therapy Section Mentorship Program, APTA, 2006-2010

Sports Medicine Journal Club, The College of the Holy Cross, Facilitator, 2011-2013

American Board of Physical Therapy Specialties, 2012-2013

Item Writer (Sports Physical Therapy),

Specialization Academy of Content Experts

United States Figure Skating Association, Member Sports Medicine Society, 2000-2007

American Academy of Orthopedic Manual Physical Therapists, 1994-2010,  
2015-Present

AAOMPT Academic and Clinical Faculty SIG, 2015-Present

National Athletic Trainers' Association Inc., 1990-Present

Athletic Trainers of Massachusetts, 1990-Present

National Strength and Conditioning Association, 1988-2010, 2011-Present

### **Consultative and Advisory Positions**

Manuscript Reviewer: International Journal of Sports Physical Therapy, 2013-Present.

Editorial Advisory Group: *PT in Motion*, 2012-Present.

Sports Injury Consultant: Boston Bandits Hockey Club, Bridgewater, MA,  
2011 – 2016.

Sports Medicine Columnist, *New England Lacrosse Journal*, 2010-2014

Editorial Advisory Board: *Today in PT*, 2007-2012.

Strength and Conditioning Specialist:

United States Figure Skating Championships, Boston, MA, 2006

High Performance Evaluation Faculty:

United States Figure Skating Championships, Boston, MA, 2006

Injury Management Consultant:

Boston University Varsity and Club Sports, 1994-1996, 9/99-7/08)

Boston College Varsity Sports (9/02-5/04), Boston, MA

Sports Physical Therapist: Clinical Preceptorship

Harvard University Sports Medicine Department, Cambridge, MA, 1995.

Athletic Training Intern, Boston College Sports Medicine, Chestnut Hill, MA, 1990

### **Community Service**

- Member, UCONN Doctor of Physical Therapy Program Advisory Council, 2017-Present

- Member, University of Connecticut: College of Agriculture, Health and Natural Resources and the College Alumni Association (UCAHNRAA), 2014-Present

- Program Coordinator, ACL Injury Prevention Program, 2012-Present

- Booster Member, Cohasset High School Boys/Girls Ice Hockey, Cohasset 2010-Present
- Coach, Cohasset Youth Lacrosse, Cohasset 2002-2016
- Coach, Cohasset Youth Basketball, Cohasset 2001-2011
- Coach, Cohasset Youth Soccer, Cohasset 2000-2010
- Parishioner, Saint Anthony Parish, Cohasset, 1992-Present

### **College/University Service: Committees/Councils/Commissions**

Massachusetts College of Pharmacy and Health Sciences (MCPHS University)

- Member, Division of Health Sciences, Teacher of the Year Committee, 2013
- Member, University, IEC Committee, 2013-2016

### **School of Physical Therapy**

- Chair, Assessment Committee, 2012-2016
- Member, Cumulative Practical Exam Committee, 2012-2016
- Member, Admissions Committee, 2012-2016
- Member, Professional Development Committee, 2014-2016
- Member, Scholarship Committee, 2011-2012
- Member, Professional and Academic Review Committee, 2011-2012
- Member, Student Advisory Committee, 2011-2012
- Member, Curriculum Committee, 2011-2012
- Member, Faculty Search Committee, 2011-2013

### **Boston University, Boston, MA.**

- Sargent Clinic Council Representative, 1994-1996
- Physical Therapy Curriculum Committee Member, Sargent College, 1994-1995
- Committee of Academic Policy and Procedures, 1995-1996

### **Short Courses/ Continuing Education (selected list of past 10 years)**

- Blood Flow Restriction Rehabilitation, Owens Recovery Science, 2017.
- NEXT Conference & Exposition, 2017.
- 5th Annual New England Sports and Orthopedic Rehabilitation Summit: Advances in Anterior Cruciate Ligament Surgery, Rehabilitation, & Injury Prevention, 2017.
- Foundations in Dry Needling for Orthopedic Rehab & Sports Performance, 2017 (Lab Instructor).
- Residency and Fellowship 101, APTA Learning Center, 2016.
- Emergency Medical Responder (EMR Full Course), Sports Physical Therapy Section, 2016.
- Y-Balance Screen Certification (YBT), 2016.

- University of St. Augustine for Health Sciences
  - Foundations of Clinical Orthopaedics, 2015.
  - Current Issues in Health Sciences Education, 2015.
  - Technology in Higher Education, 2015.
  - Curriculum Development in Health Sciences Education, 2014.
  - Teaching Online, 2014.
  - Foundations of Teaching and Learning, 2013.
  - Introduction to Scholarly Studies, 2013
- APTA of MA Annual Conference and Exposition, 2015.
  - Critically analyzing plantar heel pain: implications for the examination and management of plantar fasciitis/fasciosis
  - Managing Hip, Pelvis & Lower Kinetic Chain Injury in the Endurance Athlete
  - Beyond Manipulation: Mobilization and manual therapy techniques for the thoracic spine and rib cage
- Dr. Ma's Systematic Dry Needling for Sport Performance, 2015.
- The ACL: Where Have We Been and Where are We Now? A Comprehensive Approach to the Care of the ACL Injured Patient, 2015.
- Why an Annual PT Checkup Should and Could Be a Service Your Clinic Offers- APTA Webinar, 2014.
- Preventing Discrimination and Sexual Violence: Title IX and the SaVE Act for Faculty and Staff, 2014.
- MT-1: Essential Peripheral Seminar, Maitland Australian Physiotherapy Seminars (MAPS), 2014.
- Functional Movement Screen- Home Study, 2014.
- Therapeutic Modalities: An Evidence-Based Approach, 2013.
- EEO Laws and Discrimination Prevention for Higher Education, 2013.
- FERPA for Higher Education, 2013.
- Hazard Communications OSHA, 2013.
- Unlawful Harassment Prevention for Higher Education Faculty, 2013.
- Magna Online Seminar series, MCPHS Faculty Development, 2012-2013, 8 hrs
  - What to Teach When There Isn't Time to Teach Everything
  - How to Deepen Learning through Critical Reflection
  - Five Strategies to Engage Today's Students
  - Learner-centered Technology: Aligning Tools with Learning Goals
- CAPTE Self-study Workshop, Greenwich, CT, 2012.
- A Faculty Development Workshop for New PT and PTA Faculty--From Clinic to Classroom: A Road Map for Success, Ithaca, NY, 2012.
- National Strength & Conditioning Association: National Conference and Exhibition, Providence, RI, 2012.

- An Integrated Approach to Change the Outcome: Part 1: Neuromuscular Screening Methods to Identify High ACL Injury Risk Athletes, National Strength & Conditioning Association: National Conference and Exhibition, Pre-Conference Session Providence, RI, 2012.
- An Integrated Approach to Change the Outcome: Part 2: Targeted Neuromuscular Training Techniques to Reduce Identified ACL Injury Risk Factors, National Strength & Conditioning Association: National Conference and Exhibition, Pre-Conference Session, Providence, RI, 2012.
- ACL Research Retreat, Greensboro, NC, 2012.
- Current Management Techniques for Sports Related Concussion: Practical Applications, New Britain, CT, 2009.
- Sport Related Conference on Concussion & Spine Injury, Boston, MA, 2009.
- Second Annual Distinguished Lecture Series in Sports Medicine: Northeastern University, Boston, MA, 2008.
- TPI Certified Golf Fitness Instructor Program: Level 1, Providence, RI, 2008.