

Monica Arrigo, PT, DPT, MS
School of Health and Rehabilitation Sciences
MGH Institute of Health Professions
36 1st Avenue
Boston, MA 02129-4557
(617) 447-5760
monarrigo@mghihp.edu

Education

Doctor of Physical Therapy, Simmons College, Boston, MA	2006
Master of Science in Physical Therapy, Boston University, Boston, MA	2002
Bachelor of Science in Health Studies, Physical Therapy (Cum Laude), Boston University, Boston, MA	2000

Certificates and Licensure

Massachusetts Board of Allied Health, PT License Number 16002	2002-present
Lakshmi Voelker Chair Yoga Instructor	2012

Academic Appointments

Instructor, MGH Institute of Health Professions, Boston, MA	2019-present
Seminar Facilitator and Lab Instructor, MGH Institute of Health Professions, Boston, MA	2013-2019
Clinical Instructor, MGH Institute of Health Professions, Boston University, Northeastern University, Simmons College, and University of Vermont	2003-2018

Clinical Appointments

Clinical Specialist Physical Therapist, Spaulding Hospital for Continuing Medical Care, Cambridge, MA	2012-present
Advanced Clinician Physical Therapist, Spaulding Hospital for Continuing Medical Care, Cambridge, MA	2011-2012
Physical Therapist, Spaulding Hospital for Continuing Medical Care, Cambridge, MA	2009-2011
Traveling Physical Therapist, Core Medical Group, Manchester, NH (contracts in CA, MA, WA, OR, ME)	2005-2009
Physical Therapy Clinical Practice Leader, Youville Hospital and Rehabilitation Center, Cambridge, MA	2004-2005
Staff Physical Therapist, Youville Hospital and Rehabilitation Center, Cambridge, MA	2002-2004

Honors and Awards

Partners in Excellence Award: EPIC Super-User	2017
Partners in Excellence Award: Spaulding Rehabilitation Network - MGH IHP Clinical Scholars Program	2011

Publications

Peer Reviewed Articles

1. Mack, A., **Arrigo, M.**, Fink, T., Garrity, K., Cox, D., Kwasnowski, L., & Wong, J. (2021). Fatigue and functional outcomes in cancer rehabilitation. *Supportive Care in Cancer*, 1-8.

Peer Reviewed Presentations and Abstracts

Arrigo, M. , Brady-Wagner, L., Fink, T., Garrity, K., Mack, A., Wood, L. <i>Fatigue and Functional Outcomes in Cancer Rehabilitation</i> . Annual Conference of the American Occupational Therapy Association.	2018
Arrigo, M. , Brady-Wagner, L., Fink, T., Garrity, K., Mack, A., Wood, L. <i>Fatigue and Functional Outcomes in Cancer Rehabilitation</i> . American Congress of Rehabilitation Medicine. (<i>Arch Phys Med Rehabil</i> . 2017(10).)	2017
Arrigo, M. , Brady-Wagner, L., Fink, T., Lieberman, B., Purcell, S., Trehan, R. <i>Factors Predictive of Discharge Disposition from a Long-Term Acute Care Setting in a Neurological Patient Population</i> . American Physical Therapy Association of Massachusetts Annual Conference.	2012
Arrigo, M. , Brady-Wagner, L., Fink, T., Lieberman, B., Purcell, S., Trehan, R. <i>Factors Predictive of</i>	2012

Discharge Disposition from a Long-Term Acute Care Setting in a Neurological Patient Population.
Spaulding Rehabilitation Network Trauma Rehabilitation Conference.

Invited Presentations

Peer Assisted Learning Strategies to Promote Student Success in the Cognitive, Affective and Psychomotor Domains. Clinical Faculty Development Workshop, MGH Institute of Health Professions, Boston, MA. 2016

Oncology Rehabilitation. Spaulding Hospital Cambridge, Cambridge, MA. 2015

Challenging Assumptions About Effective Clinical Education: Is 1:1 Really Better? Invited panelist, NEC ACCE Nancy Peatman Clinical Faculty Institute. Simmons College, Boston, MA.

Rehabilitation in the Long Term Acute Care Setting. Spaulding Hospital Cambridge, Cambridge, MA. 2014

Standards of Care in Rehabilitation after Bone Marrow Transplant. Spaulding Hospital Cambridge, Cambridge, MA. 2013

Optimizing Care in Oncology Rehabilitation. Spaulding North End and Spaulding West Roxbury, Boston, MA. 2012

Hematological Laboratory Values and Rehabilitation; A Reference Guide. Spaulding Hospital Cambridge, Cambridge, MA. 2012

Educational Activities

Courses Taught

PT880 Oncology Elective 2019-2020

PT850 Capstone 2019-present

PT741 Clinical Experience I 2019-present

PT742 Clinical Experience II 2019-present

PT843 Clinical Internship 2019-present

Clinical Supervision

Full-time DPT Clinical Experience Instructor, Spaulding Hospital for Continuing Medical Care 2010-2018

Full-time DPT Clinical Experience Instructor, Youville Hospital and Rehabilitation Center 2003-2005

Curriculum Development

Re-designed PT741 10 week Clinical Experience into a 4 week Clinical Experience course (due to pandemic) 2021

Oncology elective 2019

Mentoring

Students

Benjamin Gordon, Rebecca Langdon, Ryan Beierle; DPT Capstone Project 2019-2020

Samantha Jozwik, Samantha Yarbrough, Jacqueline Maestas, Derick Garza; DPT Capstone Project 2020-2021

Professional Development

American Physical Therapy Association Combined Sections Meeting, Virtual 2021

MGH IHP Manuscript Writing Group 2019

APTA Educational Leadership Conference, Bellevue, WA 2019

New England Consortium of Clinical Educators Clinical Faculty Institute, Simmons College, Boston, MA 2019

Spaulding Rehabilitation Network - MGH Institute of Health Professions Clinical Scholars Program 2013-2019

American Congress of Rehabilitation Medicine Annual Conference, Atlanta, GA 2017

New England Consortium of Clinical Educators Clinical Faculty Institute, Simmons College, Boston MA 2015

Reiki Level I and II Training, Spaulding Rehabilitation Hospital, Boston, MA 2014

Lakshmi Voelker Chair Yoga Teacher Training, Kripalu Center for Yoga and Health, Stockbridge, MA 2012

American Physical Therapy Association of Massachusetts Annual Conference, Waltham, MA 2012

<i>Therapeutic Yoga: Bridging Ancient Practices with Traditional Therapy Techniques</i> , Manchester, NH	2011
<i>Designing Clinical Research (HP-720, 2 credits)</i> . MGH Institute of Health Professions, Boston, MA	2010
<i>Facilitating and Assessing Clinical Reasoning: An Essential Skill in Clinical Education</i> , New England Consortium of Clinical Educators Clinical Faculty Institute, Springfield, MA	2010

Professional Membership and Activities

American Physical Therapy Association (MA Chapter, Education & Oncology Sections)	2011-present
---	--------------

Institutional Service

Reviewer, Collaborative to Recognize Sites of Excellence in Clinical Education, New England and New York/New Jersey Consortiums of Clinical Education	2021-present
Member, DPT Committee of Academic Policies and Procedures, MGH Institute	2020-present
Member, DPT Leadership, Enrichment, Achievement Program (LEAP) Committee, MGH Institute	2019-present
Chair, Rehabilitation Education Committee, Spaulding Hospital Cambridge	2013-2019
Member, Patient Experience Committee, Spaulding Hospital Cambridge	2011-2019
Member, Epic Electronic Medical Record 'Super-User' Committee, Spaulding Hospital Cambridge	2017
Member, Oncology Inservice Committee	2016-2017
Member, Rehabilitation Practice Council, Spaulding Hospital Cambridge	2015-2017
Member, Employee Satisfaction Rehabilitation Task Force, Spaulding Hospital Cambridge	2015
Member, Restraint Committee, Youville Hospital	2003-2005

Community Service

MGH Institute Charlestown Community Service Day Volunteer	2019
---	------