

**Sheila Swales, MS, RN, PMHNP-BC**  
 School of Nursing  
 MGH Institute of Health Professions  
 36 1st Avenue  
 Boston, MA 02129-4557  
 (617) 643-3910  
 sswales@mghihp.edu

<b>Education</b>	<b>MGH INSTITUTE OF HEALTH PROFESSIONS</b> , Boston, MA Master of Science in Nursing	2007
	<b>BENTLEY COLLEGE</b> , Waltham, MA Bachelor of Science in Economics / Finance	1990
<b>Honors/ Awards</b>	Harriet Towle Excellence in Clinical Nursing Practice Award Beta Gamma Sigma Honor Society of Business and Management	
<b>Postgraduate Training</b>	<b>HARVARD VANGUARD MEDICAL ASSOCIATES</b> , Wellesley MA <i>Fellow - Counseling and Behavioral Health</i>	2007 - 2008
<b>Academic Appointments</b>	<b>MGH INSTITUTE OF HEALTH PROFESSIONS</b> , Boston MA Instructor - School of Nursing	2013 - present
<b>Licensure</b>	Board Certified as an Adult Psychiatric & Mental Health Nurse Practitioner by American Nurse Credentialing Center present	2007 - present
	Advanced Practice Registered Nurse in Massachusetts	2007 - present
<b>Publications Peer-Reviewed</b>	Stevens, S., Acker, S., Green, K., Swales, S., Fulmer, H., Fortinsky, R., & Nicholas, P. Understanding the mental health impact of human trafficking. <i>Journal of the American Association of Nurse Practitioners</i> . Published online 5/2019.	
<b>Presentations Peer-Reviewed</b>	Kristina Green, DNP, RN, FNP-BC; PA-C; Susan Stevens, DNP, RN; Shekitta Acker, MS, Sheila Swales, MS, RN, PMHNP-BC ; Patrice K. Nicholas, DNSc, DHL (Hon.), MPH, MS, RN, NP-C, FAAN, The Role of Advanced Practice Clinicians in Interprofessional Care of Trafficked Persons, National Organization of Nurse Practitioner Faculties (NONPF), Conference 2018 Podium Presentation, April 18-22, Indianapolis, MN  Shekitta Acker, MS, PA-C; Susan Stevens, DNP, RN Sheila Swales, MS, RN, PMHNP- BC; Kristina Green, DNP, RN, FNP-BC; Patrice K. Nicholas, DNSc, DHL (Hon.), MPH, MS, RN, NP-C, FAAN, The Role of Physician Assistants and Nurse Practitioners in Addressing Human Trafficking, American Association of Physician Assistants (AAPA), Conference 2018 Poster Presentation, May 19-23, New Orleans, LA  Shekitta Acker, MS, PA-C; Susan Stevens, DNP, RN Sheila Swales, MS, RN, PMHNP-BC; Kristina Green, DNP, RN, FNP-BC; Patrice K. Nicholas, DNSc, DHL (Hon.), MPH, MS,	

RN, NP-C, FAAN, The Role of Physician Assistants and Nurse Practitioners in Addressing Human Trafficking, National School-Based Health Care Conference 2018 Poster Presentation, June 25, Indianapolis, IN

**Clinical  
Experience**

**PSYCHIATRIC MENTAL HEALTH NURSE PRACTITIONER,** 2012 -present  
Wakefield, MA

- Private practice providing psychopharmacological and psychotherapy services to adult and geriatric populations

**MASSACHUSETTS INSTITUTE OF TECHNOLOGY,**

Cambridge, MA 2012 - 2015

- Provide weekend on-call psychiatric services to MIT community
- Conduct needs assessments by telephone and/or in-person to determine appropriate level of care
- Conduct safety risk assessments and coordinate emergency interventions when indicated
- Provide psychopharmacological and brief psychotherapy interventions
- Consult with MIT psychiatric and medical professionals in coordination of care

**HARVARD VANGUARD MEDICAL ASSOCIATES,**  
Peabody, MA

2008 - 2013

- Provide psychiatric evaluations, psychopharmacological services and short and long-term psychotherapy to a diverse adult patient population in outpatient clinical setting
- Provide case management services to facilitate patient access to social services
- Consult and collaborate on diagnostics and treatment planning with clinicians in General and Specialty Medicine Departments
- Conduct clinical peer review of mental health colleagues
- Provide supervision to Nurse Practitioners in Behavioral Health Fellowship Program

**Professional  
Affiliations**

American Psychiatric Nursing Association  
International Society of Psychiatric Nurses  
Massachusetts Association of Advanced Practice Psychiatric Nurses  
Massachusetts Coalition of Nurse Practitioners