

Katherine E. Simmonds, PhD, MPH, RN, WHNP-BC
School of Nursing
MGH Institute of Health Professions
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Education

PhD, University of Rhode Island, College of Nursing, Kingston, RI	2018
MPH Harvard School of Public Health, Masters in Public Health, Concentration in Maternal Child & Family/Community Health, Boston, MA	2001
MS, MGH Institute of Health Professions, Women's Health Nurse Practitioner Specialty, Boston, MA	1993
Bachelor of Arts, Major Government, Cornell University, Ithaca, NY	1986
Visiting student San Jose, Friends World College, Costa Rica	1985

Certificates and Licensure

RN, Commonwealth of Massachusetts, Lic # 202148	1992-present
NP, Commonwealth of Massachusetts, Lic # 202148	1994-present
RN, State of Maine, Lic # RN65894	2015-present
NP, State of Maine, Lic # CNP151003	2015-present
Women's Health NP certification, National Certification Corporation	1994-present

Academic Appointments

Associate Professor, School of Nursing, MGH Institute of Health Professions	2020-present
Assistant Professor, School of Nursing, MGH Institute of Health Professions	2005-2020
Clinical Instructor, Nursing, MGH Institute of Health Professions	2000-2005
Course Instructor, MGH Institute of Health Professions	1999
Clinical Instructor, Community Health Nursing Program, Northeastern University	1995-96

Clinical Appointments

Clinic RN, Reproductive Health clinic, Cambridge Health Alliance-Revere, Cambridge, MA	2018-present
Nurse Practitioner, Portland Community Free Clinic, Portland, Maine	2015-present
Nurse Practitioner, MGH Chelsea-Roca Health Center	2012-2014
Nurse Practitioner, Adolescent Reproductive Health Services, MGH-Charlestown Health Center, Charlestown, MA	2012-2014
Nurse Practitioner, Women's Health Services, Martha Eliot Health Center, Jamaica Plain, MA	1994-2011
Nurse Practitioner, Gynecology Clinic, Planned Parenthood League of Massachusetts, Boston, MA	2000-2006
Clinic Nurse, Reproductive Health Educator and Abortion Counselor, Gynecare, Boston, MA	1991-1993
Clinic Nurse, East Coast Migrant Farmworkers Clinic, Princess Ann, MD	1991
Post-partum Health Educator and Homecare Provider, MotherCare Services, Lexington, MA	1991
Labor Support and Clinic Assistant, Holy Family Birthing Center, Harlingen, TX	1989

Administrative and other Professional Appointments

Coordinator, Women's Health Nurse Practitioner Specialty, School of Nursing, MGH Institute of Health Professions	2007-present
Trainer, Action for Boston Community Development, Family Planning Program, Boston, MA	2000-present
Faculty presenter, Fitzgerald Health Education Associates, Andover, MA	2005-2012
Trainer, Values Clarification for Health Professionals, National Abortion Federation, Washington, DC	2008-2009
Director, the Reproductive Options Education Consortium for Nursing, Cambridge, MA	2002-2006
Consultant, Adolescent Reproductive Health Access Project, Action for Boston Community Development, Boston Family Planning (BFP)	2002-2004
Consultant, Clinical Protocol Revision, Action for Boston Community Development, Boston Family Planning (BFP)	2001-2002
Consultant, Perinatal Smoking Surveillance Project, City of Portland Public Health Division, Portland, ME	2000
Associate, Navin Associates	2000

Honors and Awards

Inge Corless Research Award, Upsilon Lambda chapter, Sigma Theta Tau	2018
Nancy T. Watts Award for Excellence in Teaching, MGH Institute of Health Professions	2015
Jonas-American Academy of Nursing Health Policy Scholar	2014-2016
Jonas Scholar	2014-2016
CoreAlign Generative Fellow	2014-2015

Grants

Completed

University of New Mexico, Grant Building Nursing Workforce Capacity in Sexual & Reproductive Health, Anonymous funder Total grant: \$1.2 million Role: Consultant and Leadership Team member	2015-2017
Reproductive Options Education Consortium for Nursing, Kathy Simmonds (PI) Funder: The Jessie B. Cox Charitable Trust Total grant: \$80,000 Role: Project Director (50% effort) Publications	2002-2004

Awarded

MGH Institute of Health Professions, School of Nursing Faculty Research Scholarship of Discovery Seed Grant: <i>Nurse practitioners' and nurse midwives' experiences providing comprehensive early abortion care in "limited access" states</i>	2019-present
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Peer-reviewed articles

1. Nicholas, P., Breakey, S.E., Tagliareni, E., Simmonds, K., & Sabo, K. (accepted; in press). Climate Change and the Health of Populations: Incorporating Stages of Nursing's Political Development. *Nursing Outlook*.
2. Simmonds, K., Cappiello, J., & Hoyt, A. (2019). Sexual and reproductive health content in nurse practitioner transition to practice training programs. *Contraception: X, 1*, 100005. <https://doi.org/10.1016/j.conx.2019.100005>
3. Nicholas, P. K., Breakey, S., Tagliareni, E., Tuck, I., Neal-Boylan, L., Ladd, E., Corless, I. B., Reynolds, R., Lussier-Duynstee, P., & Simmonds, K. (2019). Advancing a School of Nursing Center for Climate Change, Climate Justice, and Health. *Annual Review of Nursing Research*. 38, 145-167.
4. Cappiello, J., Simmonds, K., & Bamrick, K. (2019). A Survey of Characteristics of Transition to Practice Nurse Practitioner Programs. *The Journal for Nurse Practitioners*. 15, 241-244.
5. Johnson-Mallard, V., Kostas-Polston, E. A., Woods, N. F., Simmonds, K. E., Alexander, I. M., & Taylor, D. (2017). Unintended pregnancy: a framework for prevention and options for midlife women in the US. *Women's Midlife Health*, 3(1), 8.
6. Bosse, J., Simmonds, K., Hanson, C., Pulcini, J., Dunphy, L., Vanhook, P., & Poghosyan, L. (2017). Position statement: Full practice authority for advanced practice registered nurses is necessary to transform primary care. *Nursing outlook*, 65(6), 761-765.
7. Simmonds, K. E., Beal, M. W., & Eagen-Torkko, M. K. (2017). Updates to the US Food and Drug Administration regulations for mifepristone: implications for clinical practice and access to abortion. *Journal of Midwifery & Women's Health*, 62(3), 348-352.
8. Simmonds, K., Hewitt, C. M., Aztlan-James, E. A., & Skinner, E. (2017). Pathways to competence in sexual and reproductive health care for advanced practice nurses. *Journal of Obstetric, Gynecologic & Neonatal Nursing*. 46 (5), e168–e179.
9. Foster, A. M., Jackson, C. B., LaRoche, K. J., Simmonds, K., & Taylor, D. (2015). From qualified physician to licensed health care professional: The time has come to change mifepristone's label. *Contraception*, 92(3), 200-202.
10. Simmonds, K. & Likis, F. (2011) Caring for Women with unintended pregnancies. *Journal of Obstetric Gynecologic and Neonatal Nurses, In Focus Series*, 40, 794-807.
11. Cappiello, J., Beal, M., Simmonds, K. (2011) Post-abortion care for the primary care nurse practitioner. *The Nurse Practitioner*, 36(5), 35-40.
12. Taylor, D., Levi, A., & Simmonds, K. (2010) Editorial: Framing unintended pregnancy prevention: a public health model, *Contraception*, 81, 365-366.
13. Levi, A., Simmonds, K., & Taylor, D. (2009) The Role of nursing in the management of unintended pregnancy, *Nursing Clinics of North America*, 44(3): 301-314.
14. Simmonds, K., Foster, A., & Zurek, M. (2009) From the outside in: a unique model for stimulating curricula reform in nursing education. *The Journal of Nursing Education*, 48(10), 583-587.
15. Foster, A., Polis, C., Allee, M., Simmonds, K., & Zurek, M. (2006) Abortion education in nurse practitioner, physician assistant and nurse midwifery programs: A national survey. *Contraception*, 73(4), 408-414.
16. Andrist, L.C., Simmonds, K., Liebermann, E., & Healey, K. (2006). Women's experiences of medical abortion using mifepristone and misoprostol. *The American Journal for Nurse*

Practitioners, 10 (7/8), 59-65.

17. Simmonds, K. & Likis, F. (2005) Providing options counseling for women with unintended pregnancies. *JOGNN*, 34 (3), 373-379.
18. Beal, M.W. & Simmonds, K.E. (2002). Clinical uses of mifepristone: an update for women's health practitioners. *Journal of Midwifery and Women's Health*, 47(6), 451-460.

Books and chapters

1. Simmonds, K.E., & Likis, F. (2020). Pregnancy diagnosis, decision-making support, and resolution. In K. Schuiling & F. Likis, (Eds.) *Women's Gynecologic Health* (3rd ed.). Jones & Bartlett.
2. Simmonds, K.E., Levi, A. & Cappiello, J. (in press). Integrating sexual and reproductive healthcare training in advanced-practice clinical programs. In U. Landy, P. Darney & J. Steinauer (Eds.). *Medical Education in Sexual & Reproductive Health: A Systems Approach to Provider Competence in Abortion & Contraception*. Cambridge University Press.
3. Flinter, M., Dunphy, L. & Simmonds, K. (2018). The Primary Care Nurse Practitioner. In M. Tracy & E. O'Grady (Eds.). *Hamric and Hanson's Advanced Practice Nursing* (6th ed.). Elsevier Health Sciences.
4. Simmonds, K., Likis, F. & James, E. (2016) Unintended Pregnancy. In K. Schuiling & F. Likis (Eds.) *Women's Gynecologic Health* (3rd ed.). Sudbury, MA: Jones & Bartlett.
5. Simmonds, K. & Stern, L. (2016). The Challenge of Unintended Pregnancy. I. Alexander, V. Johnson-Mallard, E. Kostas-Polston, C. Fogel & N. Woods (Eds). *Women's Health Care in Advanced Practice Nursing*. (2nd ed.). Springer Publishing Company.
6. Simmonds, K. & Likis, F. (2013) Unintended Pregnancy. In K. Schuiling & F. Likis (Eds.) *Women's Gynecologic Health* (2nd ed.). Jones & Bartlett.
7. Simmonds, K. (2008) Reproductive Rights. In W. A. Darity, Jr. (Ed.), *International Encyclopedia of the Social Sciences*, 2nd edition. Vol 7 (182-184). Macmillan Reference.
8. Simmonds, K. & Likis, F. (2006) Unintended Pregnancy. In K. Schuiling & F. Likis (Eds.), *Women's Gynecologic Health* (1st edition). Jones and Bartlett.
9. Simmonds, K.E. (2002) Pregnancy. In J. Fox (Ed.). *Primary Care of Infants, Children and Adolescents* (2nd ed.). CV Mosby Corporation.
10. Simmonds, K.E. (1997) Pregnancy. In J. Fox (Ed.). *Primary Care of Infants, Children and Adolescents*. (1st ed.). CV Mosby Corporation.

Peer-Reviewed Presentations and Abstracts

National

- Simmonds, K. Erickson-Owens, D., & Schwartz-Barcott, D. Nurse Practitioners' and Nurse-Midwives' Experiences of Providing Comprehensive Early Abortion Care. Eastern Nursing Research Society 31st Annual Scientific Sessions. 2019
- Schneller, H., Kaye, J., Simmonds, K. & Weems, H. Proactive professional and legal strategies to challenge abortion provider restrictions. Society for Family Planning. 2018
- Simmonds, K., Erickson-Owens, D. & Schwarz-Barcott, D. Nurse practitioners' and Nurse midwives' experiences providing comprehensive early abortion care in New England. (Poster presentation). The National Abortion Federation 42nd Annual Meeting. 2017
- Cappiello, J. & Simmonds, K. Sexual and reproductive health offerings & needs of Primary Care NP Residency/Fellowship programs, National Organization of Nurse Practitioner Faculties, 43rd Annual Conference. 2015
- Levi, A., McLemore, M., Simmonds, K. & Battistelli, M. Nursing and Reproductive Health, Society for Family Planning Annual Conference. 2015
- Simmonds, K. Promoting a public health framework for unintended pregnancy prevention in health professions education and practice, American Public Health Association 140th Annual meeting. 2012
- Cappiello, J. & Simmonds, K. An Evidence-based framework for unintended pregnancy prevention. Sigma Theta Tau International, 41st Biennial Conference. 2011
- Cappiello, J. & Simmonds, K. Application of a professional ethical framework to the nursing care of a woman seeking an abortion. Poster presentation, Association of Women's Health, Obstetric and Neonatal Nursing, Annual Convention. 2011
- Simmonds, K. Educational strategies for teaching sexual and reproductive health. Armchair discussion, National Organization of Nurse Practitioner Faculties, 37th Annual conference. 2011
- Simmonds, K. What are nursing programs teaching students about reproductive health? A survey of Program Directors in Massachusetts. Poster presentation. Annual Meeting of the National Abortion Federation 2008
- Simmonds, K. The ROE Consortium for Nursing: An innovative program to increase Reproductive Options Education curricula in nursing. Poster presentation, The Association of Women's Health, Obstetric and Neonatal Nurses Annual conference. 2005
- Simmonds, K. Making Abortion accessible: The ROE Consortium. Annual conference the Association for Reproductive Health Professionals. 2005
- Simmonds, K. Tools and strategies for integrating reproductive health into nurse practitioner curricula. Workshop presentation, the National Organization of Nurse Practitioner Faculties 32nd Annual meeting. 2005
- Andrist, L., Simmonds, K. & Liebermann, E. Women's experiences of medical abortion. Podium presentation. National Association of Nurse Practitioners in Women's Health (NPWH) Annual Conference. 2005

	2003
Simmonds, K., & Likis, F. Caring for the woman with an unintended pregnancy: Teaching what midwives need to know. American College of Nurse Midwifery (ACNM) Annual Meeting.	2003
Simmonds, K. Challenges of teaching reproductive options, the National Organization of Nurse Practitioner Faculties Annual Meeting, Philadelphia, PA.	2002
The Prevalence of Battering Among Pregnant Women Presenting to the Chelsea-MGH Memorial Health Center Prenatal Clinic, 6 th Annual Nursing Network on Violence Against Women, International Conference	1994

Invited Presentations

International

Building reproductive health care nursing research skills.
University of Pretoria, Pretoria, RSA. 2012

National

“Pipeline and Distribution Issues” The Mullan Institute for Health Workforce Equity, Reproductive 2019

Regional

Contraception Update. Presentation at the Pharmacology Update V: Innovation and Evidence, Massachusetts General Hospital. 2014

Values clarification workshop: Unintended pregnancy and abortion. Presented to students at Tufts Medical School, Harvard Medical School and the University of New England, Health Sciences Program. 2008

The role of the nurse in patient education on birth control and reproductive health. Annual convention, New York & New Jersey State Nurses' Associations. 1998-2002

Caring for the Woman with an Unintended Pregnancy. Presentations delivered at nursing schools throughout Massachusetts and New England, ABCD/Boston Family Planning Counselor and Provider Training Programs, Neighborhood Health Plan, MA, Massachusetts Coalition of Nurse Practitioners/New Hampshire Nurse Practitioner Annual Primary Care Conference, BayState Health Center 1998-2000

The Prevalence of Battering Among Pregnant Women Presenting to the Chelsea MGH Memorial Health Center Prenatal Clinic. Presentations delivered at Clinical Forum, Martha Eliot Health Center, Children’s Hospital-Boston, Nursing Grand Rounds, Eastern Regional Nursing Research Conference 1993-95

Professional Memberships and Activities

Peer reviewer, <i>BMC Women's Health</i>	2019, 2020
Peer reviewer, <i>Women's Health Issues</i>	2019
Peer reviewer, <i>The Journal for Nurse Practitioners</i>	2019
Peer reviewer, <i>Women and Birth</i>	2018
Secretary, Upsilon Lambda chapter, Sigma Theta Tau International	2016-2019
Member, Sigma Theta Tau International	2011-present
Member, Clinicians in Abortion Care	2017-present
Member, Maine Coalition for Nurse Practitioners	2015-present
Advisory Committee, Reproductive Options Education Consortium	2007-2015
Co-chair, Special Interest Group in Sexual and Reproductive Health, National Organization of Nurse Practitioner Faculties	2010-2012
Member, National Organization of Nurse Practitioner Faculties	2006-present
Peer Reviewer, CORE Curricula, Association for Reproductive Professionals	2006-2008
Member, Association for Reproductive Health Professionals	2003-2019
Member, American Public Health Association	2001-present
Advisory Committee Member, Clinicians for Choice/ National Abortion Federation	1997-2005
Member, Massachusetts Coalition of Nurse Practitioners	1994-2014
Member, Nurse Practitioners in Women's Health	1994-present

Institutional Service MGH Institute of Health Professions

Course and Curriculum Review Committee (CCRC) (current Chair)	2017-present
Faculty Search Committee (Co-chair)	2018-present
Curriculum Committee, School of Nursing, member	2015-present
Search Committee for Assistant Dean for School of Nursing, member	2017
Policy Committee, School of Nursing, member	2013-2015
Co-chair, Advanced Practice Committee, School of Nursing, member	2010-2013
Evaluation Committee, School of Nursing, member	2010-2013
Appeals Committee, School of Nursing, member	2010-2013
Faculty Search Committee, School of Nursing, member	2009-2011
Admissions Committee, School of Nursing, member	2008-2010
Continuing Education Committee, School of Nursing	2008-2010
Steering committee, Graduate Program in Nursing	2006
Diversity Committee	2004-2008
Faculty Search Committee, Graduate Program in Nursing	2004-2008

Community Service

In Her Presence, Volunteer health educator, Portland, ME	2018-present
Member, Portland Playback Theater	2019-present
Chair, Peaks Island Elementary School Parent-Teacher Organization	2016-2018
Member, True Story Theater Troupe	
Steering Committee member, Reproductive Empowerment and Decision-making for Young Adults Project (Ready), Medical Advisory Committee, Massachusetts NARAL	2004-2013
Board Member, AGELESS (Avra Greenspan Early Loss Education and Support Services) for All Foundation	2006-2008
Volunteer, Tufts Center for Conservation Medicine	2002-2004
Emergency Contraception Working Committee, Massachusetts Department of Public Health	2002-2004
Volunteer, Eastern Massachusetts Abortion Fund	2001-2003