

MONICA ARRIGO, PT, DPT, MS

CURRICULUM VITAE

EDUCATION

2006	Doctor of Physical Therapy	Simmons College, Boston, MA
2002	Master of Science in Physical Therapy	Boston University, Boston, MA
2000	Bachelor of Science in Health Studies	Boston University, Boston, MA

PROFESSIONAL LICENSURE AND CERTIFICATES

2002-present	Massachusetts PT License Number 16002
2014	Reiki Level II Certification
2012	Lakshmi Voelker Chair Yoga Instructor

ACADEMIC APPOINTMENTS

2019-present	<i>Instructor (half-time appointment)</i> MGH Institute of Health Professions, Boston, MA School of Health and Rehabilitation Sciences, Department of Physical Therapy
2013-present	<i>Seminar Facilitator and Lab Instructor</i> MGH Institute of Health Professions, Boston, MA School of Health and Rehabilitation Sciences, Department of Physical Therapy
2003-2005 & 2010-present	<i>Clinical Instructor</i> for students from MGH Institute of Health Professions, Boston University, Northeastern University, Simmons College, and University of Vermont
2013, 2014, 2016-present	<i>Clinical Coordinator</i> of the Inpatient Integrated Clinical Experience for students from MGH Institute of Health Professions in 8:1 model

CLINICAL APPOINTMENTS

2012-present	<i>Clinical Specialist Physical Therapist (per diem, 2019)</i> Long Term Acute Care; Oncology, Transplant, Neurology and Complex Medical Units Spaulding Hospital for Continuing Medical Care, Cambridge, MA
2011-2012	<i>Advanced Clinician Physical Therapist</i> Long Term Acute Care; Oncology, Neurology, and Complex Medical Units Spaulding Hospital for Continuing Medical Care, Cambridge, MA
2009-2011	<i>Physical Therapist</i> Long Term Acute Care; Oncology, Neurology, and Complex Medical Units Spaulding Hospital for Continuing Medical Care, Cambridge, MA
2005-2009	<i>Traveling Physical Therapist</i> Inpatient Acute Rehabilitation, Sub-Acute Rehabilitation, Long-Term Care, Assisted Living, Home Care, and Outpatient settings Core Medical Group, Manchester, NH

2004-2005 *Physical Therapy Clinical Practice Leader*
Long Term Acute Care; Oncology & Neurology Units
Youville Hospital and Rehabilitation Center, Cambridge, MA

2002-2004 *Staff Physical Therapist*
Long Term Acute Care; Oncology Unit
Youville Hospital and Rehabilitation Center, Cambridge, MA

HONORS AND AWARDS

2017 Partners in Excellence Award: EPIC Super-User

2011 Partners in Excellence Award: Spaulding Rehabilitation Network - MGH IHP Clinical Scholars Program

PEER REVIEWED PUBLICATIONS AND PRESENTATIONS

Arrigo, M., Brady-Wagner, L., Fink, T., Garrity, K., Mack, A., Wood, L. *Fatigue and Functional Outcomes in Cancer Rehabilitation. Arch Phys Med Rehabil.* 2017(10).

Arrigo, M., Brady-Wagner, L., Fink, T., Garrity, K., Mack, A., Wood, L. *Fatigue and Functional Outcomes in Cancer Rehabilitation.* Platform presentation: Annual Conference of the American Occupational Therapy Association, Salt Lake City, UT, 4/2018.

Arrigo, M., Brady-Wagner, L., Fink, T., Garrity, K., Mack, A., Wood, L. *Fatigue and Functional Outcomes in Cancer Rehabilitation.* Platform presentation: American Congress of Rehabilitation Medicine, Atlanta, GA, 10/2017.

Arrigo, M., Brady-Wagner, L., Fink, T., Lieberman, B., Purcell, S., Trehan, R. *Factors Predictive of Discharge Disposition from a Long-Term Acute Care Setting in a Neurological Patient Population.* Platform Presentation: American Physical Therapy Association of Massachusetts Annual Conference, Waltham, MA, 11/2012.

Arrigo, M., Brady-Wagner, L., Fink, T., Lieberman, B., Purcell, S., Trehan, R. *Factors Predictive of Discharge Disposition from a Long-Term Acute Care Setting in a Neurological Patient Population.* Poster: Spaulding Rehabilitation Network Trauma Rehabilitation Conference, Boston, MA, 5/2012.

PROFESSIONAL PRESENTATIONS

Naidoo, K., **Arrigo, M.** *Peer Assisted Learning Strategies to Promote Student Success in the Cognitive, Affective and Psychomotor Domains.* Presentation at the Clinical Faculty Development Workshop, MGH Institute of Health Professions, Boston, MA, 12/2016.

Arrigo, M., Garrity, K. *Oncology Rehabilitation.* Presentation at Spaulding Hospital Cambridge, Cambridge, MA. 5/2015.

McCauley A, Holmes MB, Naidoo K. *Challenging Assumptions About Effective Clinical Education: Is 1:1 Really Better?* Invited panelist at NEC ACCE Nancy Peatman Clinical Faculty Institute. Simmons College, Boston MA, 3/2015.

Arrigo, M., Garrity, K., Morrisette, K. *Rehabilitation in the Long Term Acute Care Setting.* Presented to executives from Cambridge Medical & Rehabilitation Center in United Arab Emirates. Spaulding Hospital Cambridge, Cambridge, MA, 2/2014.

Arrigo, M., Garrity, K. *Standards of Care in Rehabilitation after Bone Marrow Transplant.* Presented to executives of Toronto Rehabilitation Institute. Spaulding Hospital Cambridge, Cambridge, MA, 10/2013.

Arrigo, M. *Optimizing Care in Oncology Rehabilitation*. Presented to Spaulding North End and Spaulding West Roxbury staff. Boston, MA, 4/2012 & 5/2012.

Arrigo, M. *Hematological Laboratory Values and Rehabilitation; A Reference Guide*. Spaulding Hospital Cambridge, Cambridge, MA, 3/2012.

HOSPITAL APPOINTED COMMITTEES AND PROGRAM DEVELOPMENT

2017-present Development and implementation of Spaulding Cambridge Oncology Rehabilitation Competency
2013-present Chair, Spaulding Cambridge Rehabilitation Education Committee
2013-present Development and implementation of biweekly chair yoga program for Spaulding Cambridge inpatients
2011-present Development and coordination of Spaulding Cambridge Rehabilitation Journal Club
2011-present Spaulding Cambridge Patient Experience Committee
2017 Spaulding Cambridge Epic electronic medical record 'Super-User'
2016-2017 Spaulding Cambridge Oncology Inservice Committee
2015-2017 Spaulding Cambridge Rehabilitation Practice Council
2015 Development of Spaulding Cambridge Oncology Rehabilitation resource materials
2014 Spaulding Cambridge Weekend Scheduling Task Force
2012 Spaulding Cambridge Employee Satisfaction Rehabilitation Task Force
2012 Spaulding Cambridge Hematology Laboratory Rehabilitation Guidelines & Competency
2003-2005 Youville Hospital Restraint Committee

PROFESSIONAL DEVELOPMENT

2010-present Spaulding Rehabilitation Network - MGH Institute of Health Professions Clinical Scholars Program
2017 American Congress of Rehabilitation Medicine Annual Conference, Atlanta, GA
2015 New England Consortium of Clinical Educators Nancy Peatman Clinical Faculty Institute, Simmons College, Boston MA
2014 Reiki Level I and II Training, Spaulding Rehabilitation Hospital, Boston, MA
2012 Lakshmi Voelker Chair Yoga Teacher Training, Kripalu Center for Yoga and Health, Stockbridge, MA
2012 American Physical Therapy Association of Massachusetts Annual Conference, Waltham, MA
2011 *Therapeutic Yoga: Bridging Ancient Practices with Traditional Therapy Techniques*, Manchester, NH
2010 *Designing Clinical Research (HP-720, 2 credits)*. MGH Institute of Health Professions, Boston, MA
2010 *Facilitating and Assessing Clinical Reasoning: An Essential Skill in Clinical Education*, New England Consortium of Clinical Educators Clinical Faculty Institute, Springfield, MA