

## **Elizabeth Cornforth, PT, DPT, NCS**

**MGH Institute of Health Professions  
School of Health and Rehabilitation Sciences  
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### **Work Experience**

Physical Therapist, Instructor, MGH Institute of Health Profession, Boston, MA  
1/2019- present, Faculty

- To co-instruct clinical neurologic content
- Clinical Instructor at the Physical Therapy Center for Clinical Education and Health Promotion (Pro-Bono Clinic)

9/2012-12/2019, Adjunct Faculty

- Lab instructor and seminar facilitator:
  - PT 601/602 Fundamentals of Patient/client Management
  - PT 710: Patient/Client Management: Balance
  - PT 711: Patient/Client Management: Acquired Brain Injury
  - PT 712: Patient/Client Management: Developmental and Degenerative Conditions Across the Lifespan
  - PT 713: Patient/Client Management: Spinal Cord Injury and Amputation
- Clinical instructor at the Physical Therapy Center for Clinical Education and Health Promotion (Pro-Bono Clinic)

Physical Therapist, Clinical Specialist, *currently per diem status*

3/2012-present, Outpatient Department at Spaulding Rehabilitation Hospital, Boston, MA

- Provides physical therapy evaluations and implements appropriate treatment modalities in the outpatient department. Diagnoses include vestibular disorders, TBI, CVA, SCI, multiple sclerosis, Parkinson disease and cerebral palsy. Treatment modalities include use of the Lokomat for robotic assisted gait training, RTI 300 electrical stimulation bike and Bioness L300 for foot drop.
- Functions as a neurological clinical resource; advises and educates other staff through discussion, hands on collaboration and inservice training
- Supervises and instructs physical therapy students

Senior Physical Therapist

4/2008-2/2012, New England Sinai Hospital, Stoughton, MA

- Provides positive, goal-oriented supervision to six staff members
- Functions as a neurological clinical resource; advises and educates physical therapy staff through regular discussion, hands on collaboration and inservice training

- Works with support services and other departments to provide a safe and efficient environment for patient care
- Assists in preparation for accreditation surveys
- Maintains a 50% case load; completes physical therapy evaluations and implements appropriate treatment modalities at a 212 bed long-term acute care hospital working with adult and geriatric patients with complex, multi-system involvement. Diagnoses include CVA, Parkinsons disease, Multiple Sclerosis, brain injury as well as a large pulmonary population including patients with ventilator dependency.

#### Physical Therapist, Resource Clinician

12/2006-4/2008, New England Sinai Hospital, Stoughton, MA

- Functioned as a resource to staff members with a focus on neurological physical therapy and evidenced based practice
- Developed and facilitated a monthly journal club to critically analyze current physical therapy and medical literature and its application to clinical practice
- Provided staff assistance in evaluation and treatment of neurological patients through use of brainstorming, co-treatments, inservicing and clarification of foundation principles
- Maintained a high volume case load providing physical therapy evaluations and treatment modalities with adult and geriatric populations with complex medical and rehabilitation needs

#### Staff Physical Therapist

8/2002-12/2006, New England Sinai Hospital, Stoughton, MA

- Assessed rehabilitative needs of the patient and developed a patient and family centered plan of care and realistic, objective short and long term goals
- Planned and implemented physical therapy modalities and treatment programs including use of body weight supported treadmill training and functional electrical stimulation
- Completed a 6 month rotation providing home physical therapy services to discharged patients through an affiliation with the Brockton Visiting Nurses Association
- Supervised and instructed six physical therapy students

### **Education**

3/2017 Cervicogenic Dizziness: An Evidenced-Based Competency Course

- Worcester, MA

4/2016 Vestibular Rehabilitation: A Competency-Based Course

- Atlanta, GA

2010 ABPTS (The American Board of Physical Therapy Specialties) certified Neurological Clinical Specialist

5/2008 Transitional Doctorate of Physical Therapy

- Massachusetts General Hospital Institute of Health Professions, Boston MA

11/2005 NDT/Bobath Certificate Course in the Management and Treatment of Adults with Hemiplegia

- Sunrise, FL

6/2002 Masters of Science, Physical Therapy

- Northeastern University, Boston, MA

6/2001 Bachelors of Science, Rehabilitative Science

- Northeastern University, Boston, MA

### **Professional Activities**

12/2016-3/2018, Member of the APTA Orthotics and Neuroprosthetics Clinical Practice Guidelines Critical Appraisal Team

1/2012-12/2015, Member of the APTA Specialization Academy of Content Experts (SACE) for the neurology specialty area

APTA member