

## Harvard Medical School Curriculum Vitae

**Date Prepared:** 06/24/18  
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### Education

2006	BA	Ancient Societies and Biology	Vassar College
2007	MPH	Public Health	Dartmouth College
2012	DO	Medicine	Philadelphia College of Osteopathic Medicine

### Postdoctoral Training

07/12 - 07/15	Resident	Family Medicine	Central Maine Medical Center
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### Faculty Academic Appointments

09/15 –	Instructor	Medicine	Harvard Medical School
01/18 –	Faculty	Family Medicine	Harvard Center for Primary Care
01/18 –	Adjunct Faculty	Medicine	MGH Institute of Health Professions

### Appointments at Hospitals/Affiliated Institutions

#### Past

2014 - 2015	Chief Resident	Family Medicine	Central Maine Medical Center
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**Current**

09/15 -	Assistant in Medicine	Medicine	Massachusetts General Hospital
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**Other Professional Positions****Past**

2006	Cancer Research Training Fellowship	National Cancer Institute	
2007 - 2008	Program Management Associate	Health Dialog	
2013 - 2015	Speakers Bureau	Planned Parenthood of Northern New England	4-6 engagements per year

**Current****Major Administrative Leadership Positions****Local**

2018 –	Medical Director	MGH Institute of Health Professions – Physician Assistant Studies Program
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**Regional****National**

2010 - 2012	Osteopathic Representative to the Student Advisory Council	Medical Students for Choice
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**Committee Service****Local**

2014 - 2015	Residency Education Committee	Central Maine Medical Center
2014 - 2015	Faculty Committee	Central Maine Medical Center
2017 -	Medical Advisory Committee	NARAL Pro-Choice Massachusetts

**Regional****National****Professional Societies**

2008 - 2012	American Medical Student Association	Member
2009 - 2010		Health Policy Chair, Philadelphia College of Osteopathic Medicine Chapter

2010 -	National Physicians' Alliance	Member
2012 - 2017	American Academy of Family Physicians	Member
2014 -	National Abortion Federation	Member
2014 - 2018	Physicians for a National Health Plan	Member
2015 - 2017	Massachusetts Academy of Family Physicians	Member
2016 - 2018	Society of General Internal Medicine	Member

### **Grant Review Activities**

### **Editorial Activities**

**Ad hoc Reviewer**

### **Other Editorial Roles**

### **Honors and Prizes**

2006	The Larkin Prize for Ancient Societies	Vassar College	Outstanding contribution to the study of ancient Mediterranean societies
2012 - 2013	Gene A. Copello Fellowship	National Physicians' Alliance	Selected for leadership training in health advocacy
2014 - 2015	Health Leadership Development	Daniel Hanley Center for Health Leadership	Selected to participate in an intensive 8-month course in collaborative leadership

## **Report of Funded and Unfunded Projects**

### **Funding Information**

#### **Past**

2016-2017 Received a Winickoff grant for development of a new Women's Health curriculum for the MGH internal medicine residency program.

#### **Current**

### **Projects submitted for Funding**

### **Training Grants and Mentored Trainee Grants**

## Unfunded Current Projects

### Report of Local Teaching and Training

#### Teaching of Students in Courses

##### HMS/HSDM/DMS courses

2015 - 2016	Professional Identity Formation 1 <sup>st</sup> Year HMS/HSDM Students	Harvard Medical School 4-hour sessions, 4 times per year
2016	Patient Doctor II 2 <sup>nd</sup> Year HMS/HSDM Students	Harvard Medical School Proctored four 4-hour OSCE sessions
2016 - 2018	Practice of Medicine 1 <sup>st</sup> Year HMS/HSDM Students	Harvard Medical School Precepted two students in teaching physical diagnosis in the inpatient setting one-two 3-hour sessions per month Currently lead weekly POM seminars and discussions at HMS campus, 2-4 hours per session, 8-12 sessions per year
2016 -	Physician Shadow Program Undergraduate Students	Massachusetts Institute of Technology Host undergrad students interested in primary care (currently have worked with six) for 1-3 clinical sessions
2016 – 2017	Primary Care Rotation Nurse Practitioner Student	Walden University Trained one NP student clinically for 144 hours
2017 –	Interprofessional Education Simulation Interdisciplinary Clinical Groups	MGH Institute of Health Professions Led interactive simulation workshops for groups of 8-10 students, 2-4 4-hour sessions per year
2017 –	Primary Care Rotation Physician Assistant Students	MGH Institute of Health Professions Currently train 1 PA student per month, 4-6 months per year, 80 hours per rotation
2017 –	Family Medicine Sub-Internship 4 <sup>th</sup> -year Medical Students	Harvard Medical School Curriculum development for a new sub-internship with a focus on women's health and procedural medicine, three 1-hour seminars and 1-2 workshops
2018 –	Core Curriculum Physician Assistant Students	MGH Institute of Health Professions Invited to present on core systematic topics in endocrinology and nephrology, 3-4 4-hour sessions per year

## **Formal Teaching of Residents, Clinical Fellows and Research Fellows (post-docs)**

### **Teaching prior to start of current HMS appointment**

2014	Correlating Socioeconomic Status with Neonatal Mortality PGY1-3 Residents	Central Maine Medical Center  1 hour lecture
2015	The Future of Health Care Reform PGY1-3 Residents	Central Maine Medical Center 1 hour lecture
2016 -	Performing and Interpreting Gynecologic Exams and Pap Smears PGY1-3 Residents	Massachusetts General Hospital  1.5 hour skills workshop, offered 3-6 times per year
2016 –	Abnormal Uterine Bleeding PGY 1-3 Residents	Massachusetts General Hospital 1 hour lecture, offered 3-6 times per year
2017 –	Menopause PGY 2-3 Residents	Massachusetts General Hospital 1 hour lecture, offered 3-6 times per year

### **Clinical Supervisory and Training Responsibilities**

#### **Supervisory and training responsibilities prior to the start of current Harvard appointment**

2013 - 2015	Inpatient and Outpatient Care Delivery Senior Resident and Chief Resident / Central Maine Medical Center	4-20 hours per week
2014 - 2015	Multidisciplinary Inpatient Care Chief Resident /Central Maine Medicine Center	50-70 hours per week on inpatient rotations

#### **Teaching during current Harvard appointment**

2015 -	Primary Care Clerkship Preceptor/ Massachusetts General Hospital	4 hours per student every other week, typically assigned 3-4 students at any given time
2016 - 2017	Foundations of Clinical Care/ Massachusetts General Hospital	4 hours every 2-4 weeks

### **Laboratory and Other Research Supervisory and Training Responsibilities**

#### **Formally Mentored Harvard Medical, Dental and Graduate Students**

2016 –	Serve as a mentor to Alison Holliday, an aspiring primary care physician at HMS who will be applying to begin residency in 2019
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#### **Other Mentored Trainees and Faculty**

2016 –	Worked extensively in training Christine Prifti, MD (current MGH PGY-2) on gynecologic procedural training
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### **Formal Teaching of Peers (e.g., CME and other continuing education courses)**

2018 – Boston and several international locations (Portugal, Spain, and Canada) Will be presenting leadership development curriculum as an element of the “Charting the Future of Primary Care” series offered by the Harvard Center for Primary Care

### **Local Invited Presentations**

2017 Presented 2-hour case-based seminar on challenging cases in abortion care at regional meeting of Reproductive Health Access Project

## **Report of Regional, National and International Invited Teaching and Presentations**

### **Invited Presentations and Courses**

#### **Regional**

*No presentations below were sponsored by outside entities*

2015 Assessing Community Needs in the Underserved Elderly / Workshop  
Maine Hospital Association, Augusta, ME

2016 – Annual Medical Students for Choice Abortion Provider Panel / Panel Discussions  
Tufts Medical School, Boston, MA

2016 Medical Students for Choice Abortion Provider Panel / Panel Discussion  
University of Massachusetts Medical School, Worcester, MA

#### **National**

*No presentations below were sponsored by outside entities*

2012 Integration of Abortion in Osteopathic Graduate Residency Education / Keynote  
Presentation  
Medical Students for Choice National Meeting, Baltimore, MD

#### **International**

## **Report of Clinical Activities and Innovations**

### **Current Licensure and Board Certification**

2015 – Maine Medical License

2015 – Massachusetts Medical License

## Practice Activities

2015 - Ambulatory Primary Care      Ambulatory Practice of the Future, MGH      7 Sessions per week

## Clinical Innovations

Introduction of expanded women's health services at Ambulatory Practice of the Future      In an effort to expand primary care services and reduce the need for referrals to additional providers, I have worked across disciplines to integrate gynecologic procedures such as IUD insertion/removal, Nexplanon insertion/removal, and endometrial biopsy into ambulatory outpatient primary care practice. We are currently collecting data with regard to outcomes and reduced rate of referrals to outside services.

Integration of technology targeting mental health care needs      Evaluation of mobile technology offered via a private sector partnership to expand availability of longitudinal, asynchronous mental health care resources.

## Report of Teaching and Education Innovations

Harvard Home for Family Medicine  
MGH Primary Care Residency      Co-lead a team that aims to engage students and further interest in family medicine at HMS through an array of invited presents and practical activities.  
Assisted in development of new women's health curriculum, in which I now also serve as a core faculty member, focused primarily on procedural skills and reviews of evidence-based approaches to contraception, menopause, and abortion care.

## Report of Technological and Other Scientific Innovations

## Report of Education of Patients and Service to the Community

### Activities

*No activities below were sponsored by outside entities*

- 2007      Vermont Department of Health, Burlington, VT / Presentation  
Offered foundations for the development of a Regional Community Assessment Tool for the state of Vermont.
- 2012      Health and Human Services Department, Portland, ME / Invited Presentation  
Asked to work with a senior group to help enhance understanding of the Affordable Care Act.
- 2014      The University of Southern Maine, Portland, ME / Invited Presentation  
Asked to speak in an open community forum on addressing abortion in popular media.

## **Educational Material for Patients and the Lay Community**

### **Books, monographs, articles and presentations in other media**

*No educational materials below were sponsored by outside entities*

2012	Maine Voices: Patients Can't Afford to Lose Protections of the Affordable Care Act	Author	Portland Press Herald, Opinion Piece
2012	Affordable Care Act Already Proving Its Value	Author	The Press of Atlantic City, Opinion Piece
2015	Maine Voices: Women Empowered by Having Access to Health Care, Including Abortion	Author	Portland Press Herald, Opinion Piece

### **Educational material or curricula developed for non-professional students**

### **Patient educational material**

### **Recognition**

## **Report of Scholarship**

### **Publications**

#### **Peer-Reviewed Scholarship in print or other media**

#### **Non-Peer Reviewed scientific or medical scholarship/materials in print or other media**

#### **Professional Educational Materials or Reports in print or other media**

### **Clinical Guidelines and Reports**

Authored chapters on Menopause and Contraception, and co-authored chapter on Vaginitis for the second edition of "Pocket Primary Care," a reference guide published 2018.

### **Thesis**



## **Abstracts, Poster Presentations and Exhibits Presented at Professional Meetings**

1. Woods, PA; **Hoffman, AR**; Crump, T. A Novel Approach to Evaluating Continuity of Care in Team-Based Environments. Presented at the Family Medicine Forum, Toronto, ON. 2012.

## **Narrative Report**

Having initially been drawn to medicine following my experience in college working with the hungry and homeless community, I have consistently approached clinical care with an emphasis on treating patients in the context of their individual socioeconomic, psychological, and community infrastructures. This has evolved into my development as a teacher and peer leader. In my current role at MGH, my clinical effort is spent in the ambulatory outpatient primary care setting, where I strive to apply my interests in preventive medicine, women's health, and clinical innovation. I also integrate clinical teaching through my roles as a clinical preceptor for HMS and IHP students, as well as my role at the Center for Primary Care. A small proportion of my time is dedicated to curriculum development within the MGH primary care residency, clinical research activities involving expanding the scope of primary care, and medical student and resident coaching and mentorship.

My primary area of excellence encompasses clinical expertise and innovation, as supported by my longtime involvement with evaluating national healthcare policy as it relates to patient care, and specifically advocating for the ongoing availability of full-spectrum women's healthcare, including abortion services. I also have developed a research interest in working to better evaluate quality and continuity in the context of newer team-based models of care. I have worked with a collaborative group to establish a framework that may be used to apply quantitative analyses to non-binary continuity environments, recognizing that patient's may identify with a care team in addition to a specific primary care provider.

My role as a teacher evolved considerably throughout residency, specifically as chief resident, and now as I have assumed formal roles at the Center for Primary Care and as Medical Director for a PA training program. I worked with my residency faculty and leaders within my organization to improve residency education for both medical students and residents. I helped to establish a dedicated block of protected time in the weekly schedule dedicated to formal didactics, and recruited local experts and specialists to augment our clinical exposure. I have received recognition from Boston University, Tufts University, the University of Vermont, and the University of New England for high-quality clinical teaching of their medical students in both inpatient and outpatient settings. I am now working to transition those experiences and passions into a role with the residency community at MGH, specifically involving the implementation of a women's health curriculum for primary care residents.

My dedication to the medical profession, coupled with my enthusiasm for improving the delivery of healthcare services and for fostering a supportive, educational environment is clearly reflected in my trajectory as a clinician and teacher. I am constantly seeking to inspire the passions of those around me, and I believe that my strong interpersonal and communication skills have benefitted me as I continue to evolve in these capacities. I intend to further my formal role as a teacher, and continually seek faculty development work in addition to my clinical duties, as I believe firmly that I can be a positive force in helping others to embrace the inherent sense of purpose that inspires me as a physician and educator.